

# Wing-T Playbook

I. Alignment & Formations

II. 10 Series

III. 20 Series

IV. 30 Series

V. 40 Series

VI. 50 Series

VII. 60 Series

VIII. 80 Series

IX. 90 Series

# Alignment & Formations

---

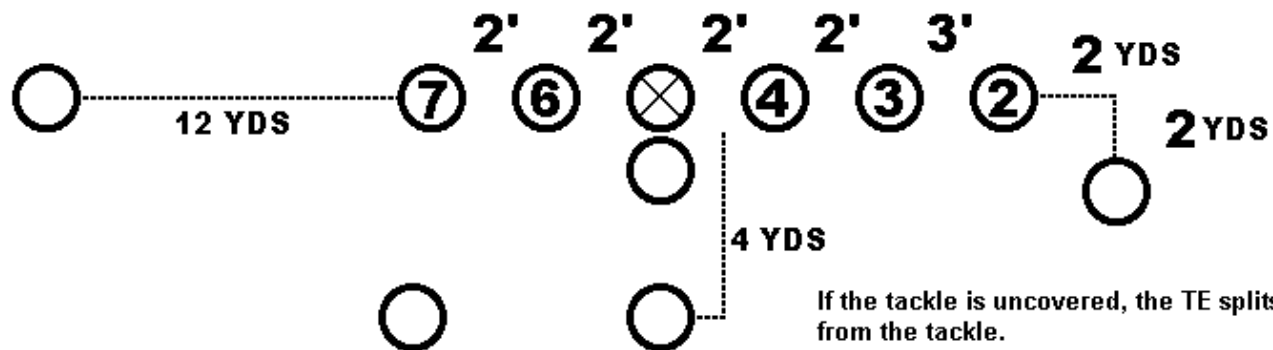
**Three digit play calling system - 121**

- 1. First digit is the formation - 100**
- 2. Second digit is the series - 20**
- 3. Third digit is the hole - 1**

---

**SPLITS AND ALIGNMENT**

We can widen our splits  
1' with defender head up.



If the tackle is uncovered, the TE splits 6' from the tackle.

If TE splits wider than 3', the wing aligns 2 yards from the normal 3' alignment of the TE. This places the wing 3 yards from the tackle's outside leg, regardless of TE's split.

---

**LINEMEN - get as far back of the line of scrimmage(LOS) as is legal in a balanced 3 point stance with head up and flat back**

**FULLBACK - depth of 4 yards off of LOS behind the Center in a balanced 2 point stance with eyes forward**

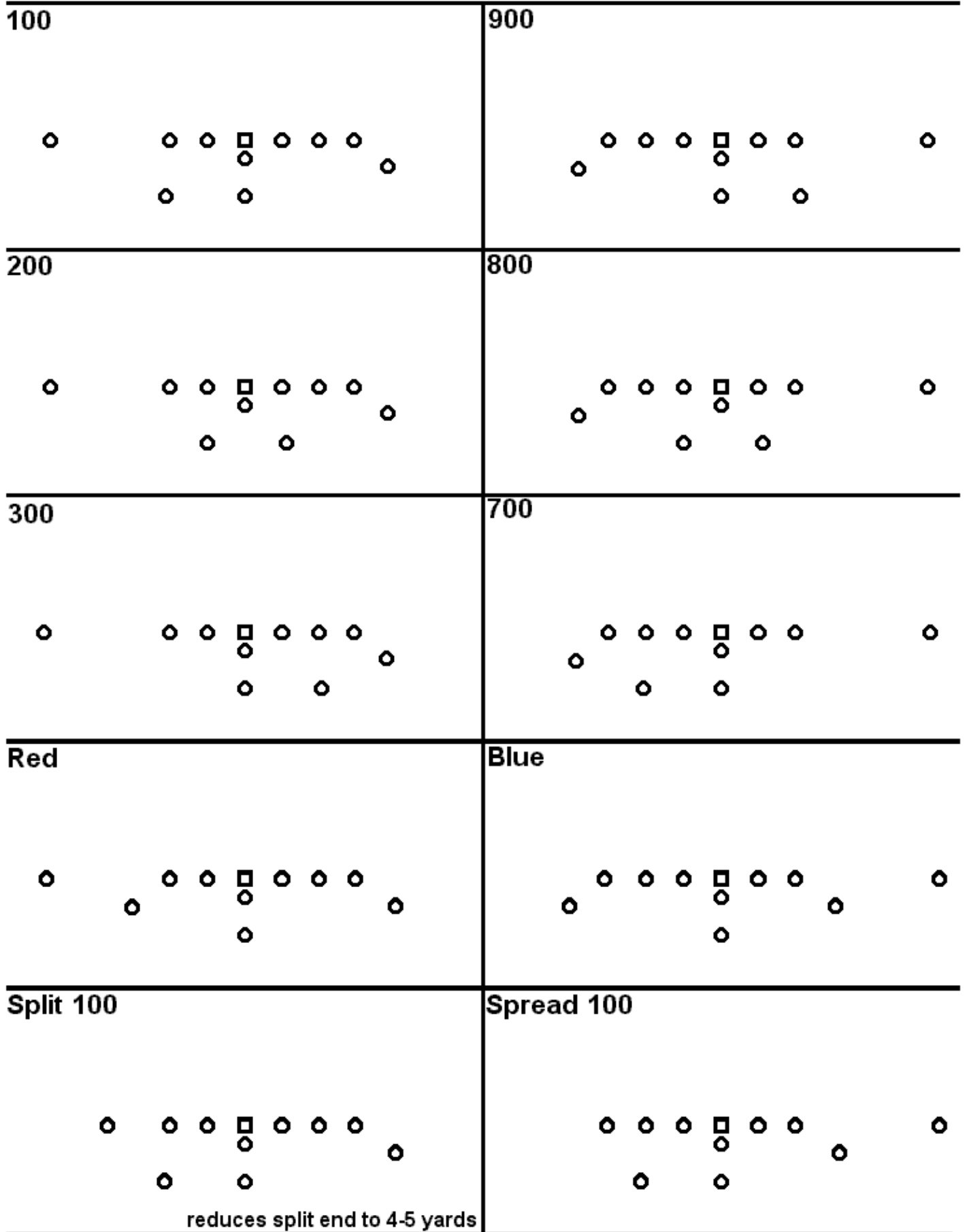
**HALFBACKS - align at fullback's depth just a few inches wider than the Offensive Tackle in a balanced two point stance with eyes forward**

**WINGBACK - align 2 yards of LOS and 2 yards outside Tight End in a balanced 2 point stance with eyes forward**

**SPLIT END - align 12 yards from Offensive Tackle in a 2 point stance with the inside foot back and eyes on ball**

**QUARTERBACK - align directly behind the Center**

---



Slot 100



Right 100



both ends on same side

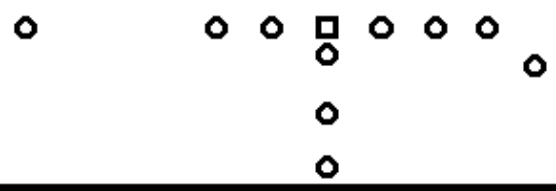
Tight 100



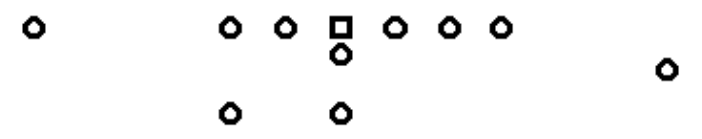
Loose 100



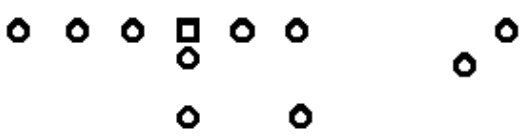
I 100



Pro 100



Twins 100



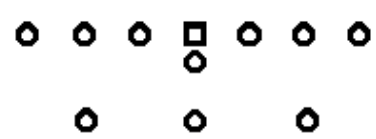
Trips 100



Quads 100



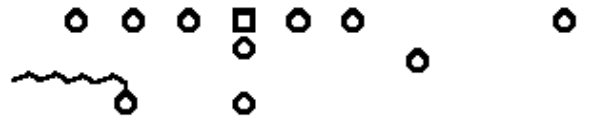
Tight T



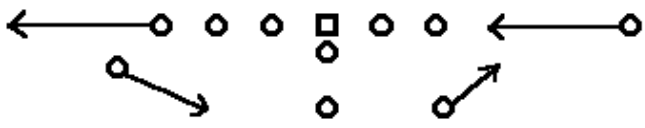
**Motion To**



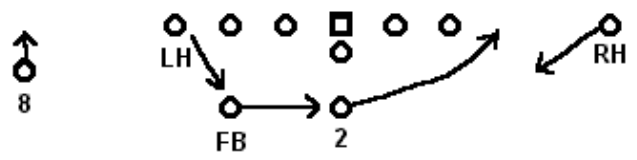
**Motion Away**



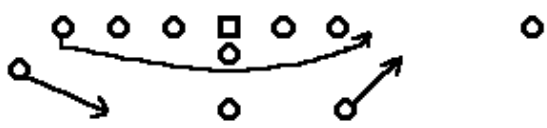
**Shift To 100**



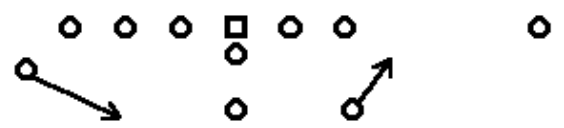
**Flip To 100**



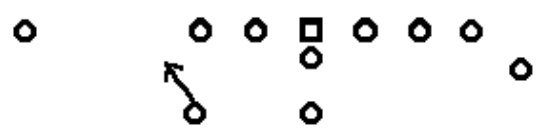
**Slide To Right 100**



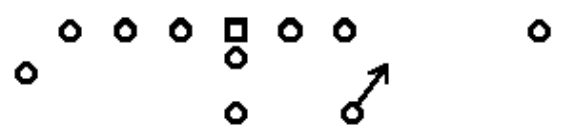
**Jump To Spread 100**



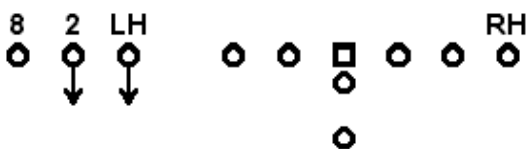
**Lex To Red**



**Rex To Blue**



**Step To Trips**

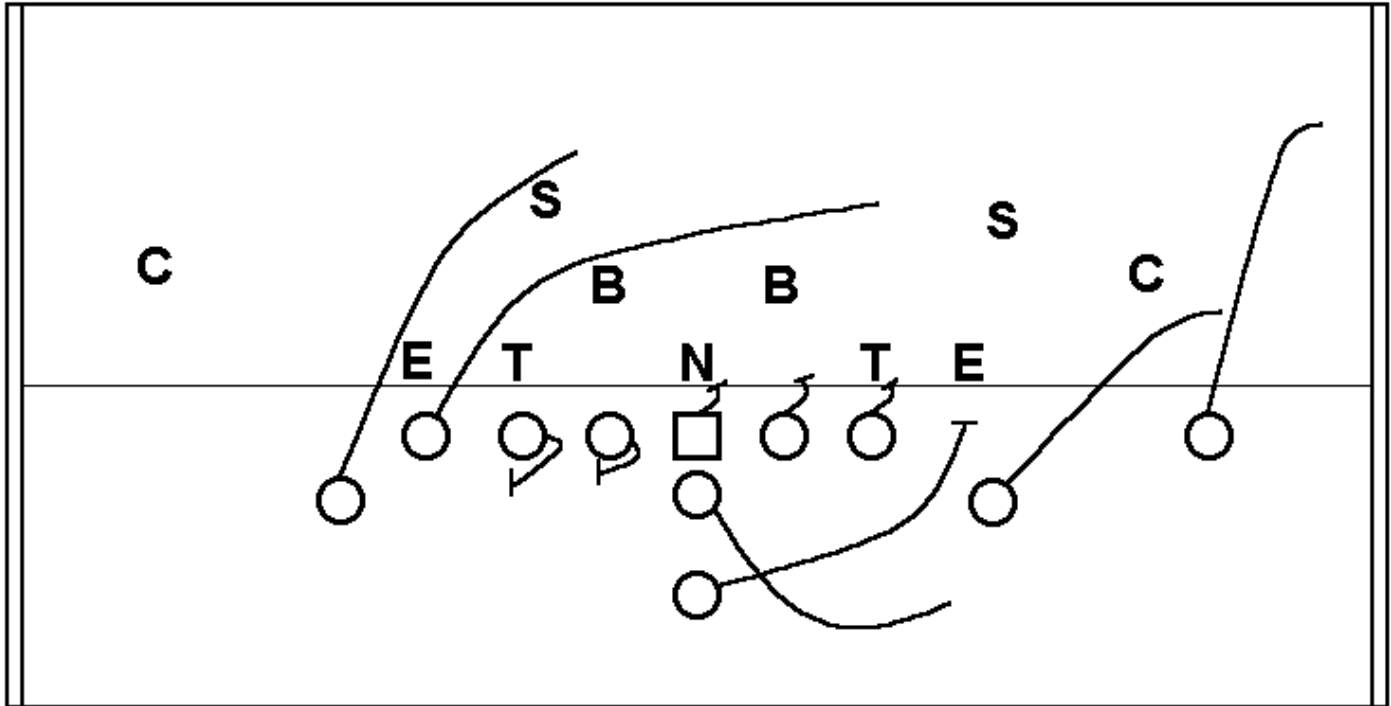


# 10 Series

1. Blue 11/Red 19



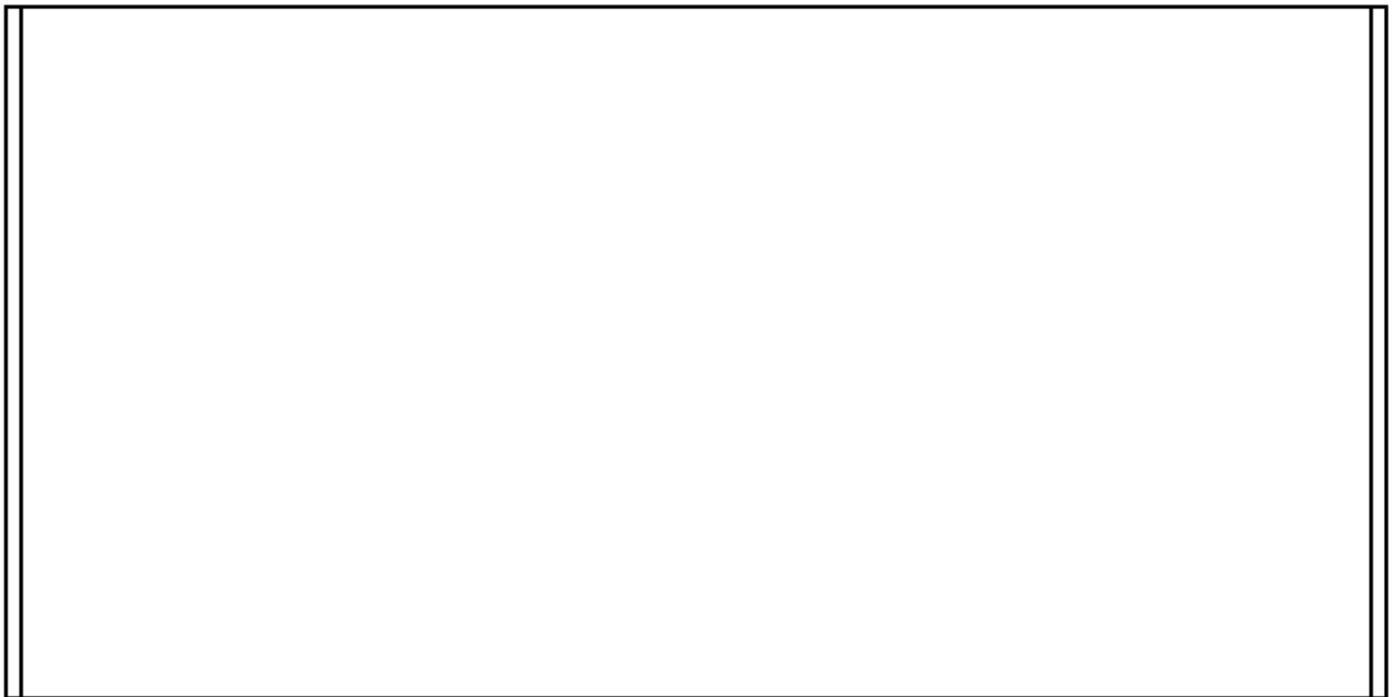
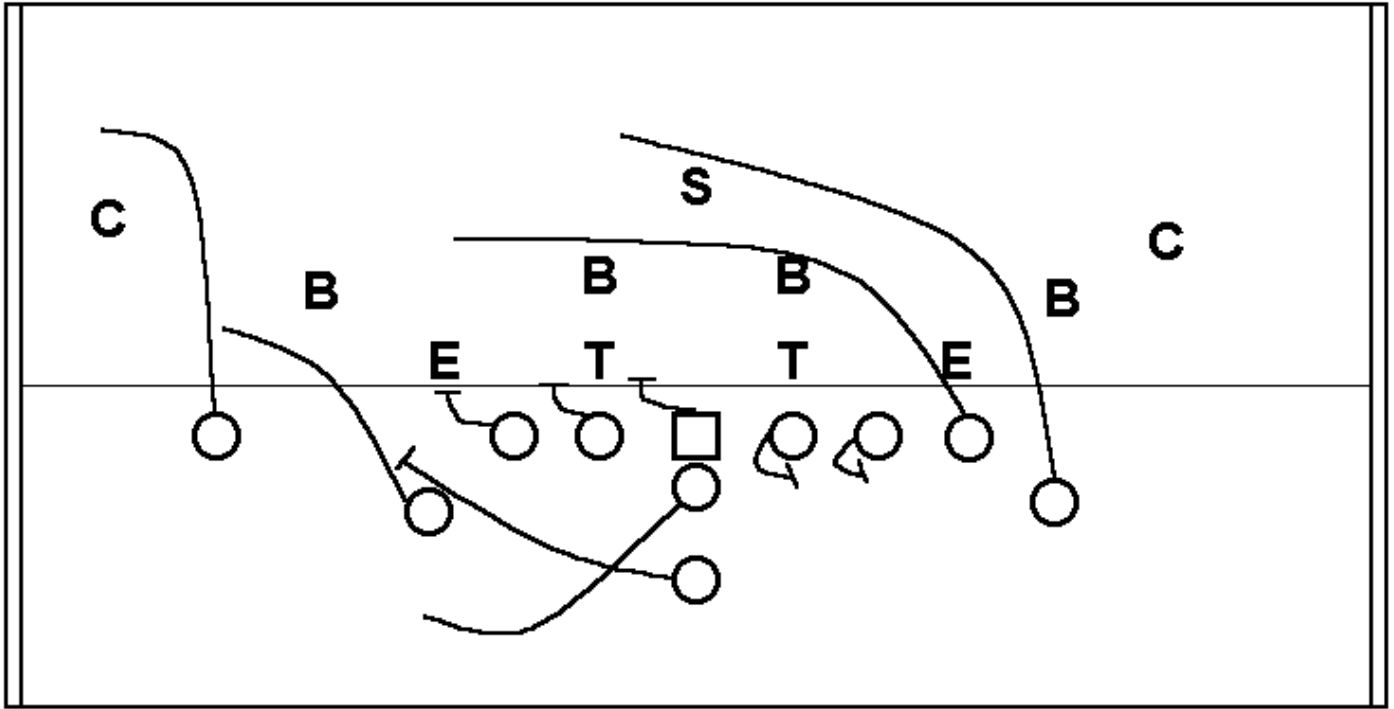
# Blue 11



- 2 - Run "out" pattern at 12 yards
- 3 - Reach-on-area
- 4 - Reach-on-area
- 5 - Reach-on-area
- 6 - Reach and cup
- 7 - Reach and cup
- 8 - Crossing pattern
- QB - Sprint out right-option run or pass
- LH - Soft cross
- RH - Flat pattern
- FB - Aggressively block first free man at flank

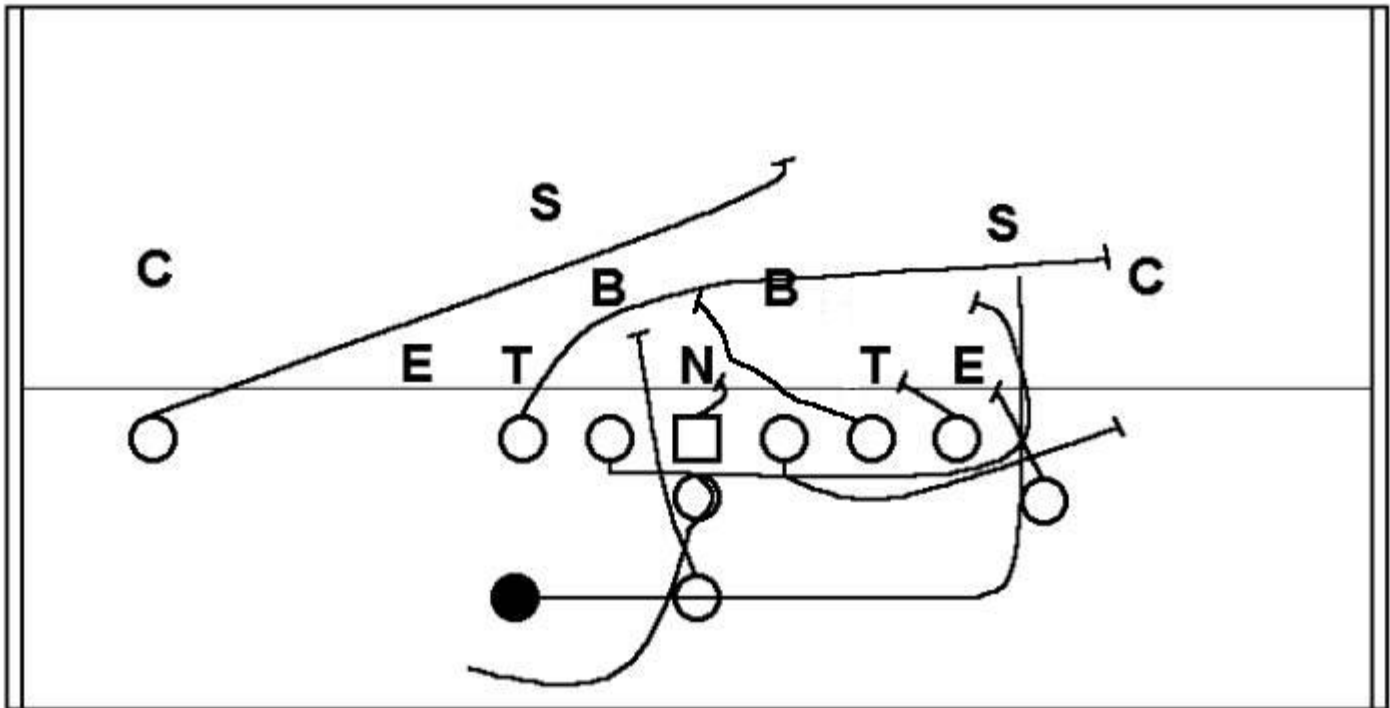


# Red 19

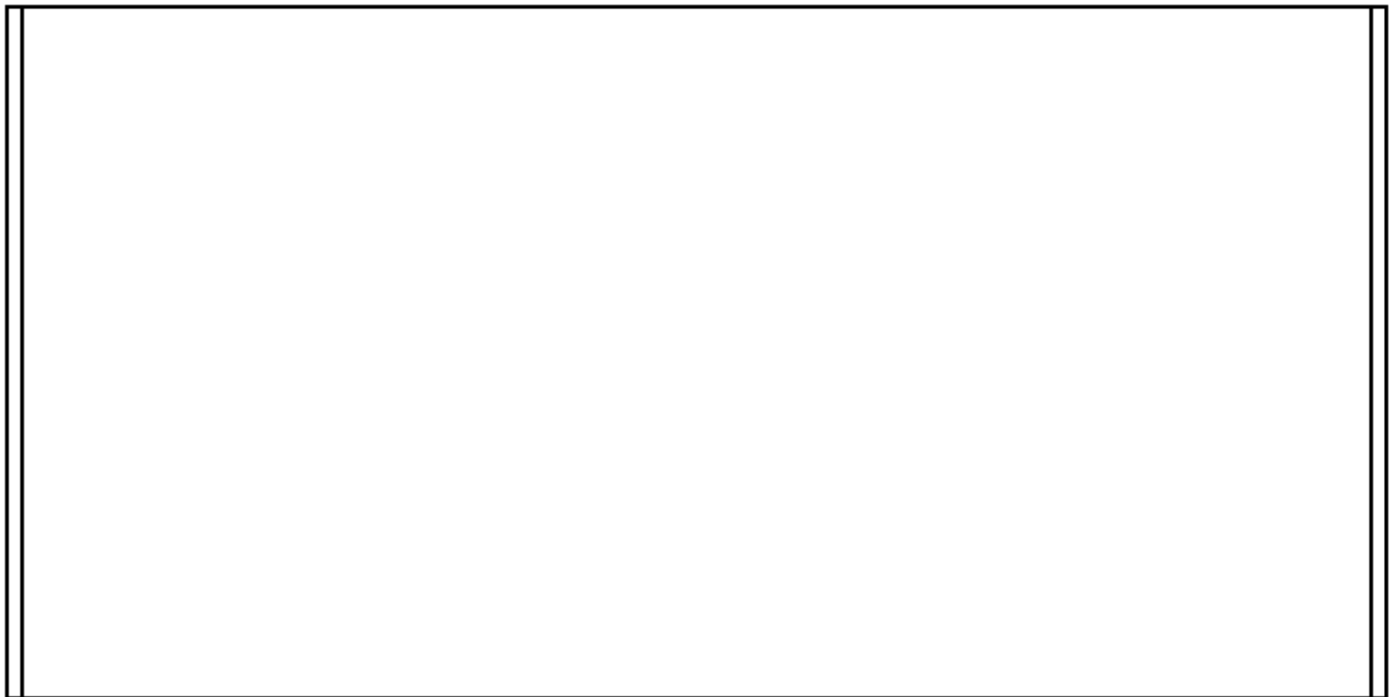
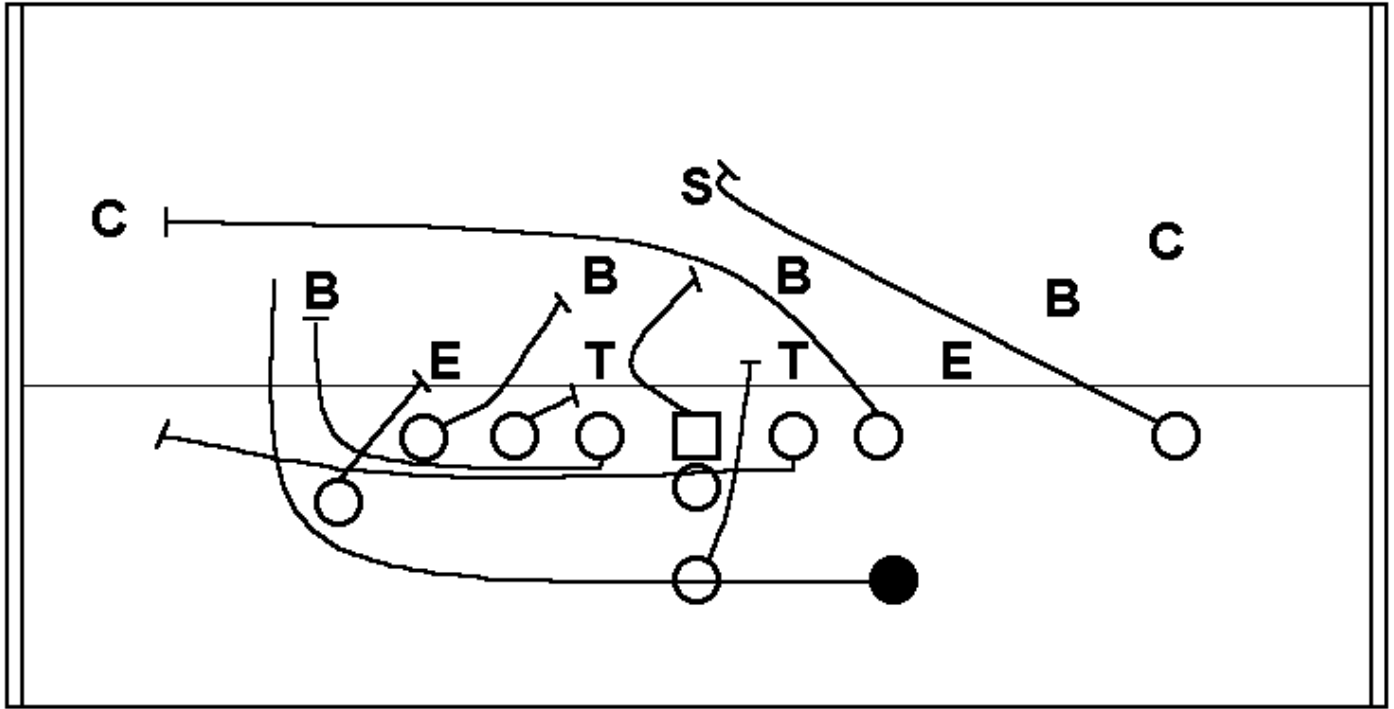


## 20 Series

1. 121/929
2. Slot 121 Trap Option/Slot 929 Trap Option
3. 121 Waggle/929 Waggle
4. 122 Gut/928 Gut
5. Loose 123 GT/Loose 927 GT
6. 124/926
7. 124 GT/926 GT
8. 126 Gut/924 Gut
9. 129/921
10. Red 21 Jet/Blue 29 Jet
11. Red 24 Jet GT/Blue 26 Jet GT
12. Red 29 Jet/Blue 21 Jet
13. Red 21 Waggle Block/Blue 29 Waggle Block
14. Red 21 Waggle Solid/Blue 29 Waggle Solid
15. Red 29 Waggle Solid/Blue 21 Waggle Solid
16. Red 21 Waggle Screen to LH/Blue 29 Waggle Screen to RH
17. Blue 21 Option Pass/Red 29 Option Pass
18. Blue 21 Waggle
19. Right Loose Red 21 Trap Option Load/Left Loose Blue 29 TOL



- 2 - Gap-down-backer
- 3 - Gap-down-backer
- 4 - Pull block out first man outside RH's block
- 5 - Reach left
- 6 - Pull-wall off
- 7 - Cut off
- 8 - Cut off
- QB - Reverse pivot-follow midline-hand off to LH-bootleg left
- LH - Carrier-receive handoff
- RH - Block first free man inside
- FB - Dive for left foot of 5 man

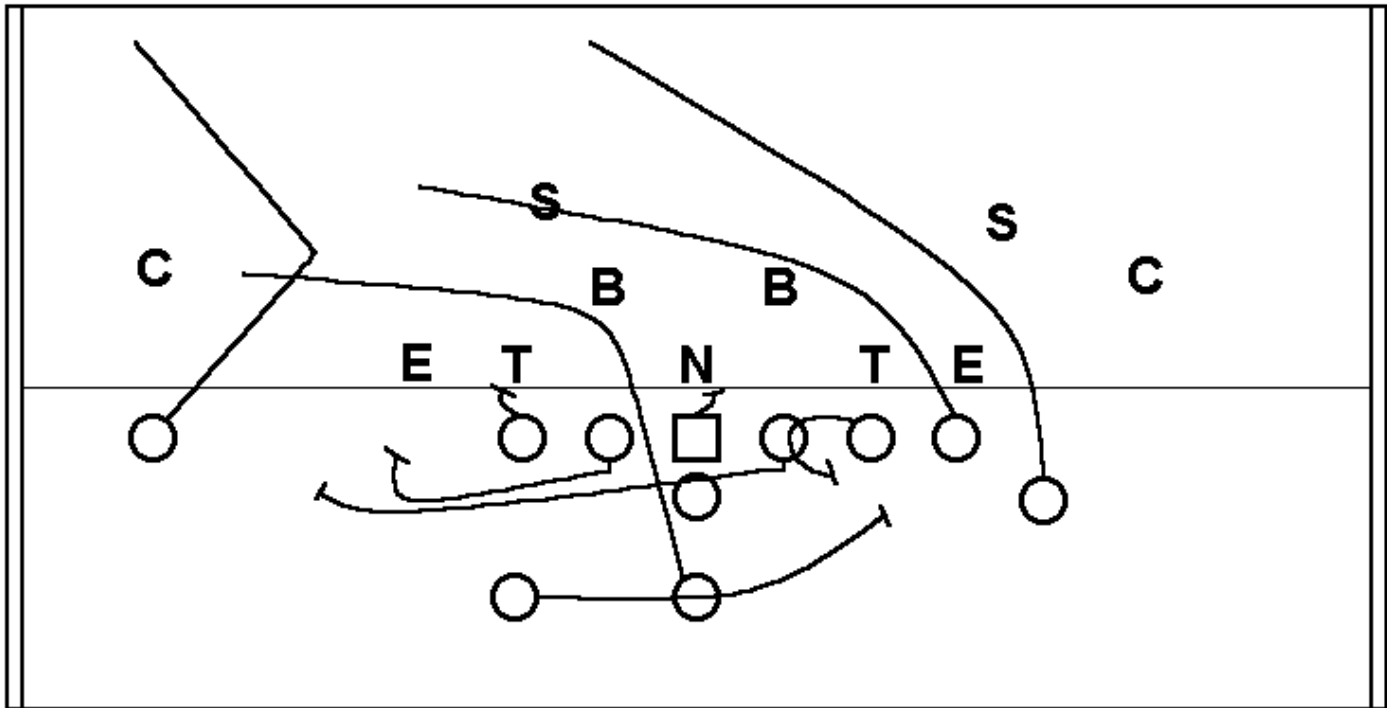








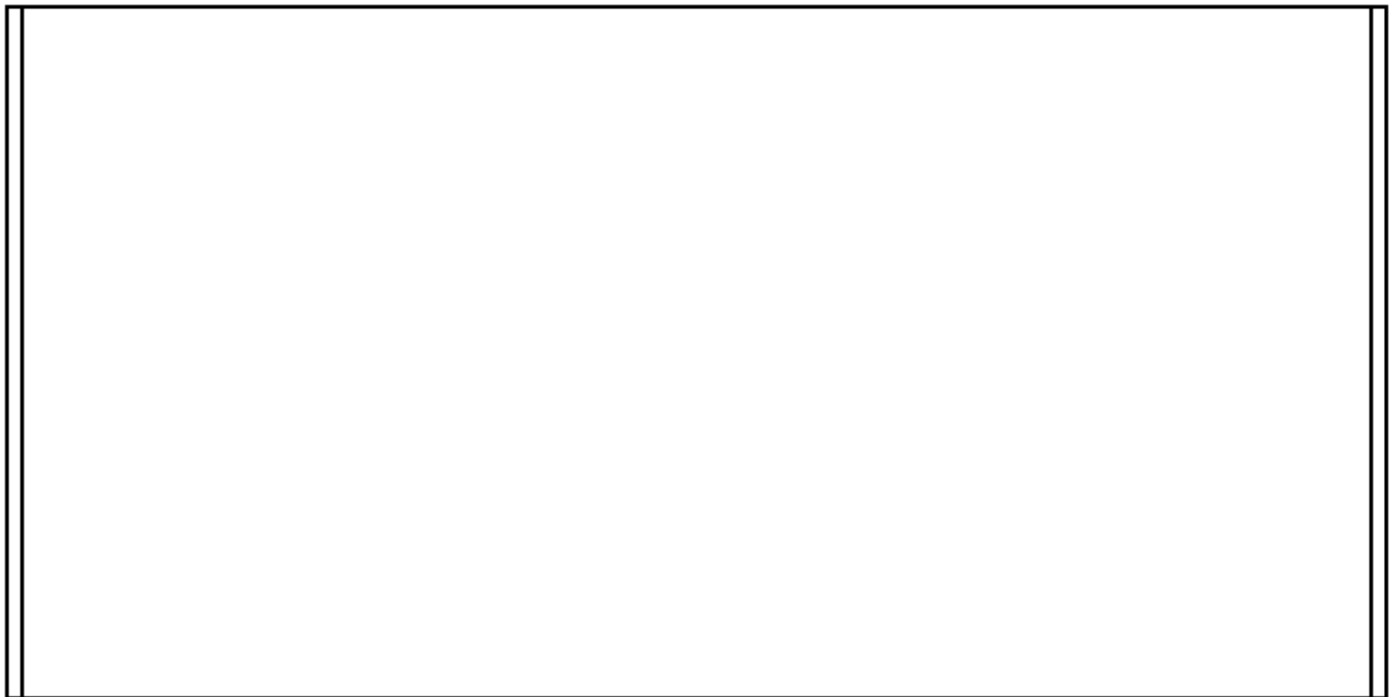
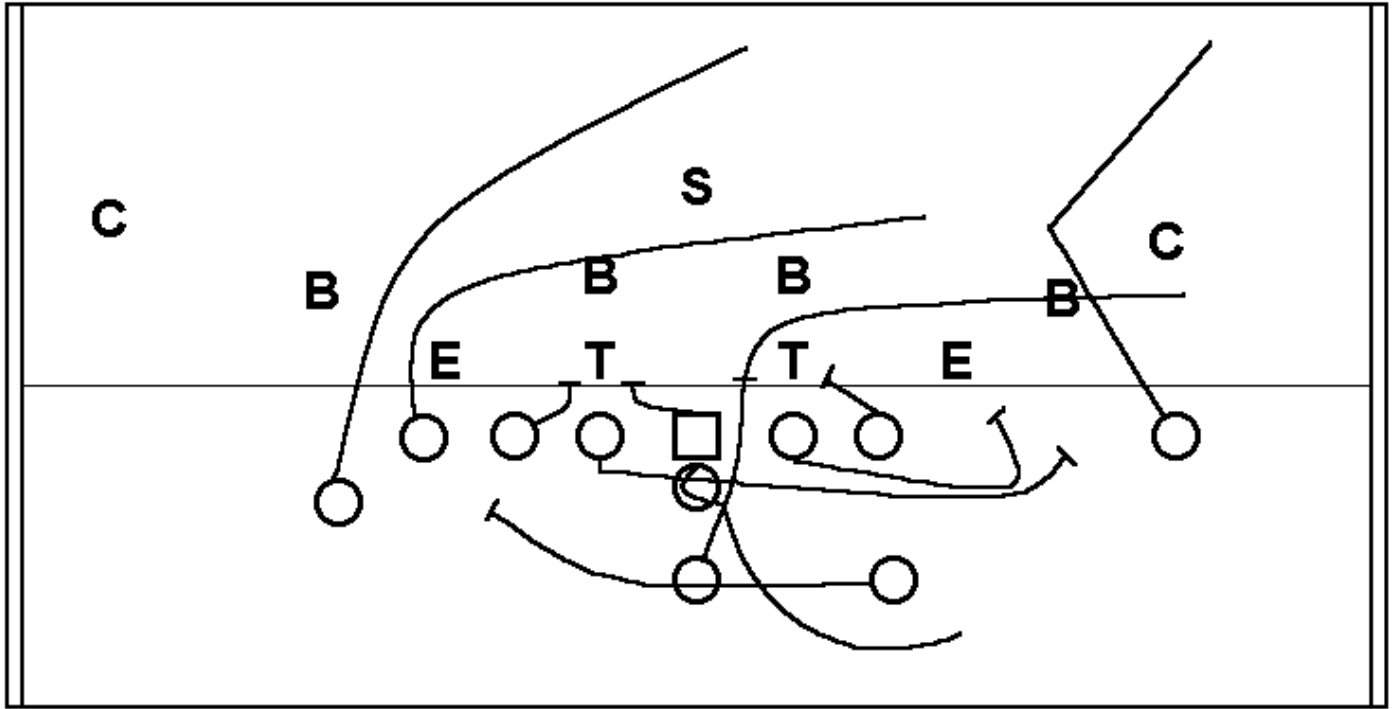
# 121 Waggle



- 2 - Run crossing pattern
- 3 - Gap-on area(pull check on "odd" call)
- 4 - Pull-read 6's block-clean up chase-block out(do not pull vs. eagle)
- 5 - Reach-right
- 6 - Pull-hook 2nd man from 5
- 7 - Gap-down-on
- 8 - Waggle pattern
- QB - Reverse pivot-fake to LH-option run or pass
- LH - Fake 121-block first man outside of 5
- RH - Run post pattern
- FB - Dive for inside foot of 6 man-block 6 man's area-slide delayed into flat

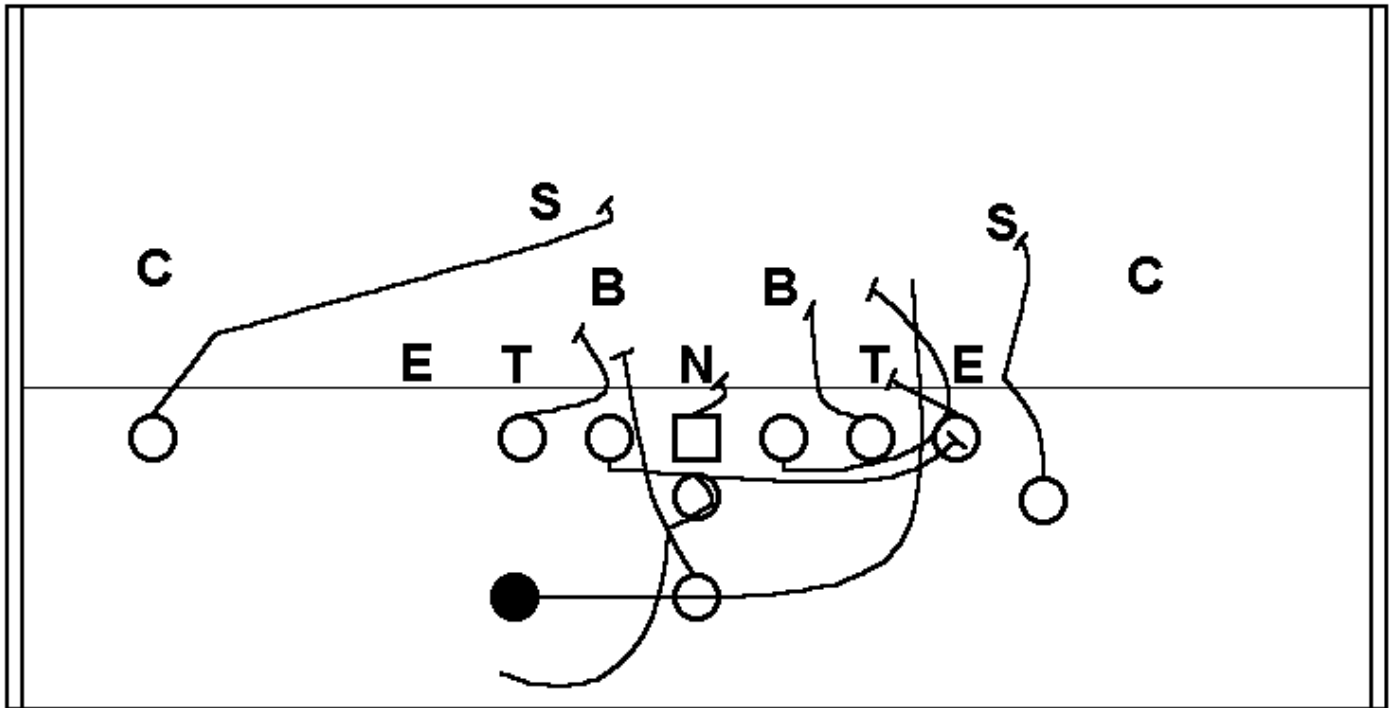


# 929 Waggle





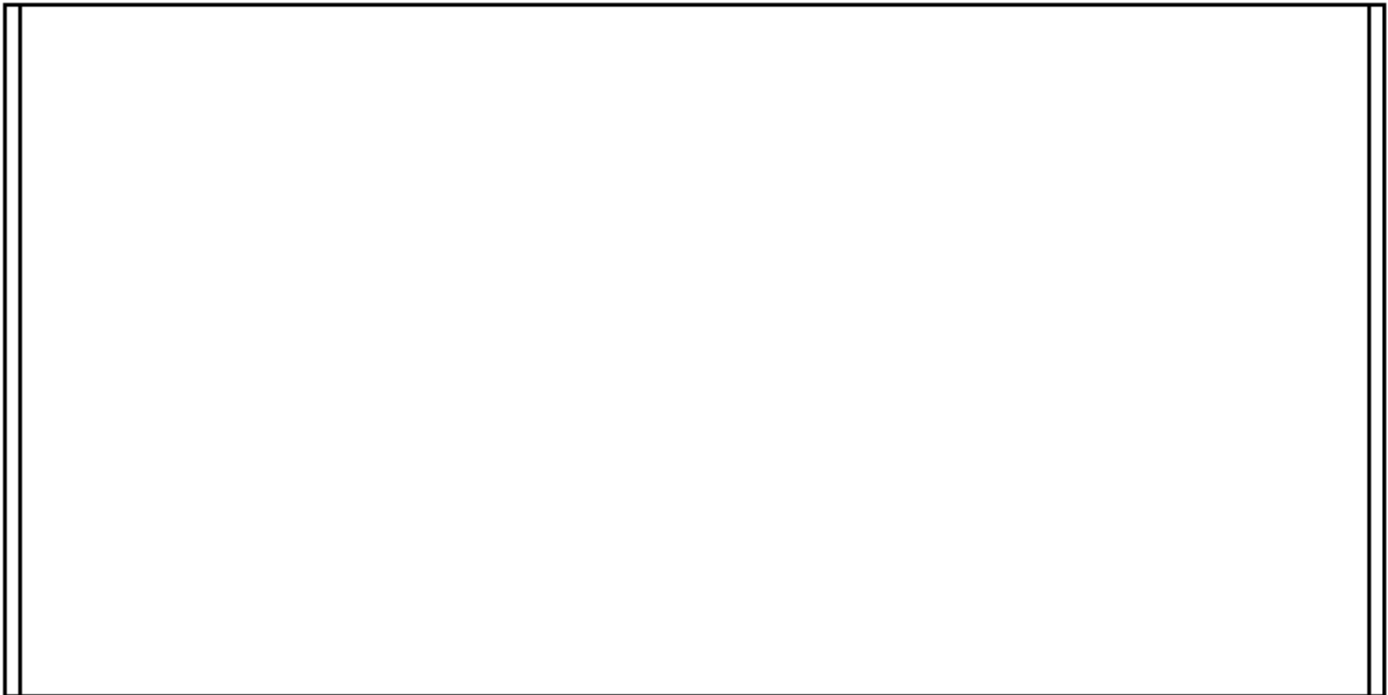
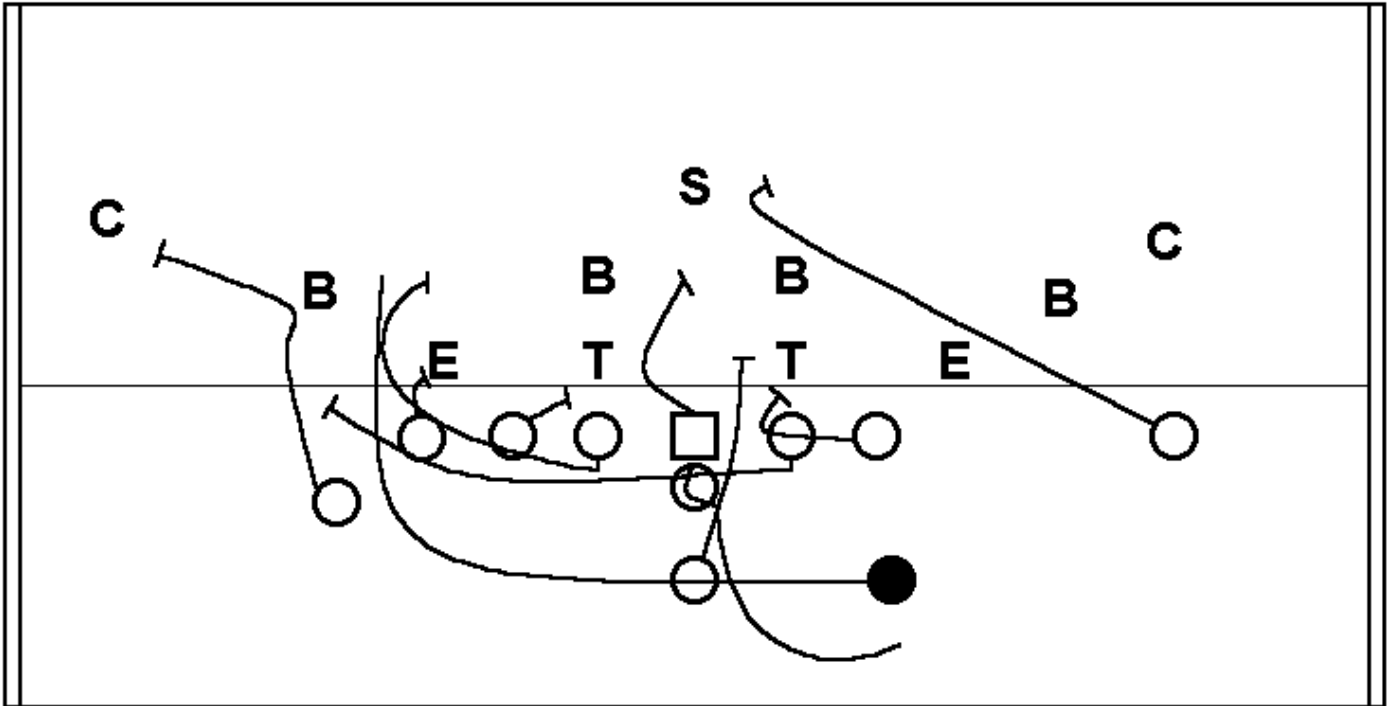
# 122 Gut



- 2 - Down-backer
- 3 - Gap-down-backer
- 4 - Pull-gut
- 5 - Reach-left
- 6 - Pull-inside out
- 7 - Pull-check
- 8 - Cutoff
- QB - Reverse pivot-hand off to LH-bootleg left
- LH - Carrier: Receive ball-cut inside of 6 man's block
- RH - influence 1st man on or outside of 2 man-wall off
- FB - Fake 21

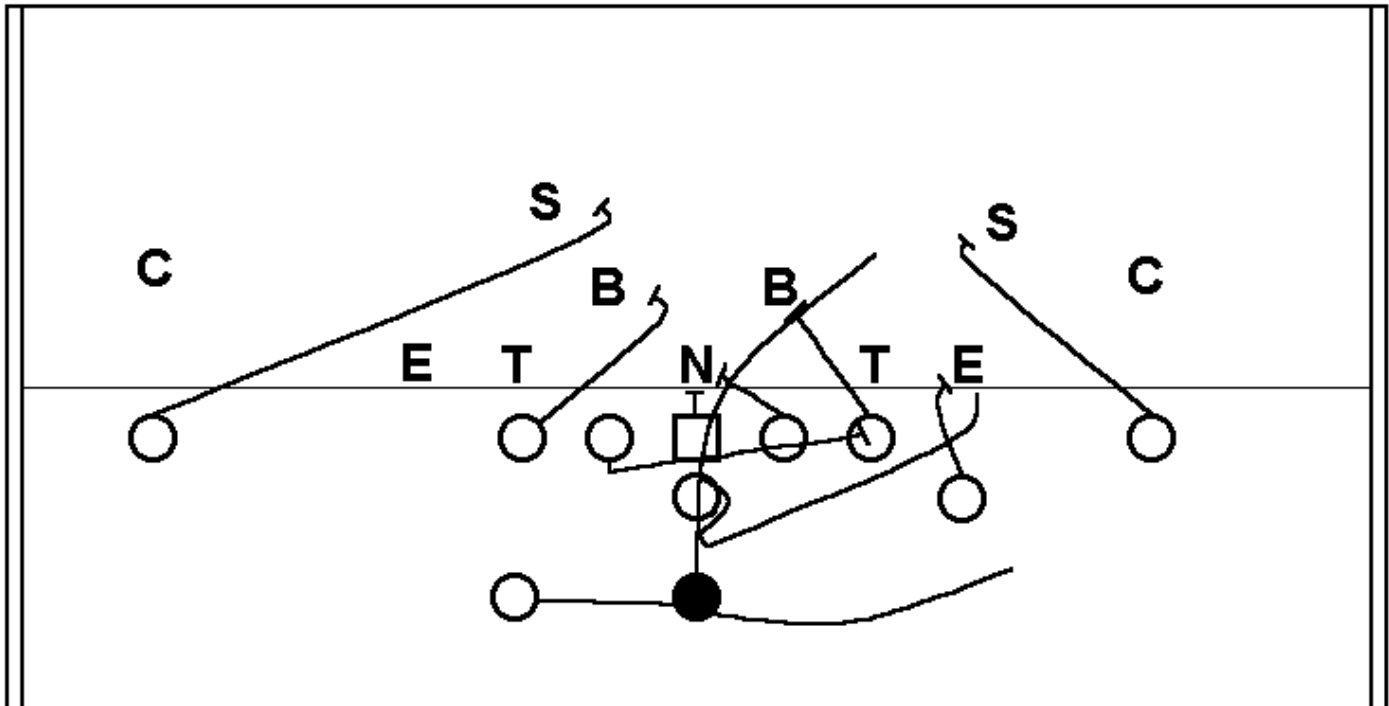


# 928 Gut





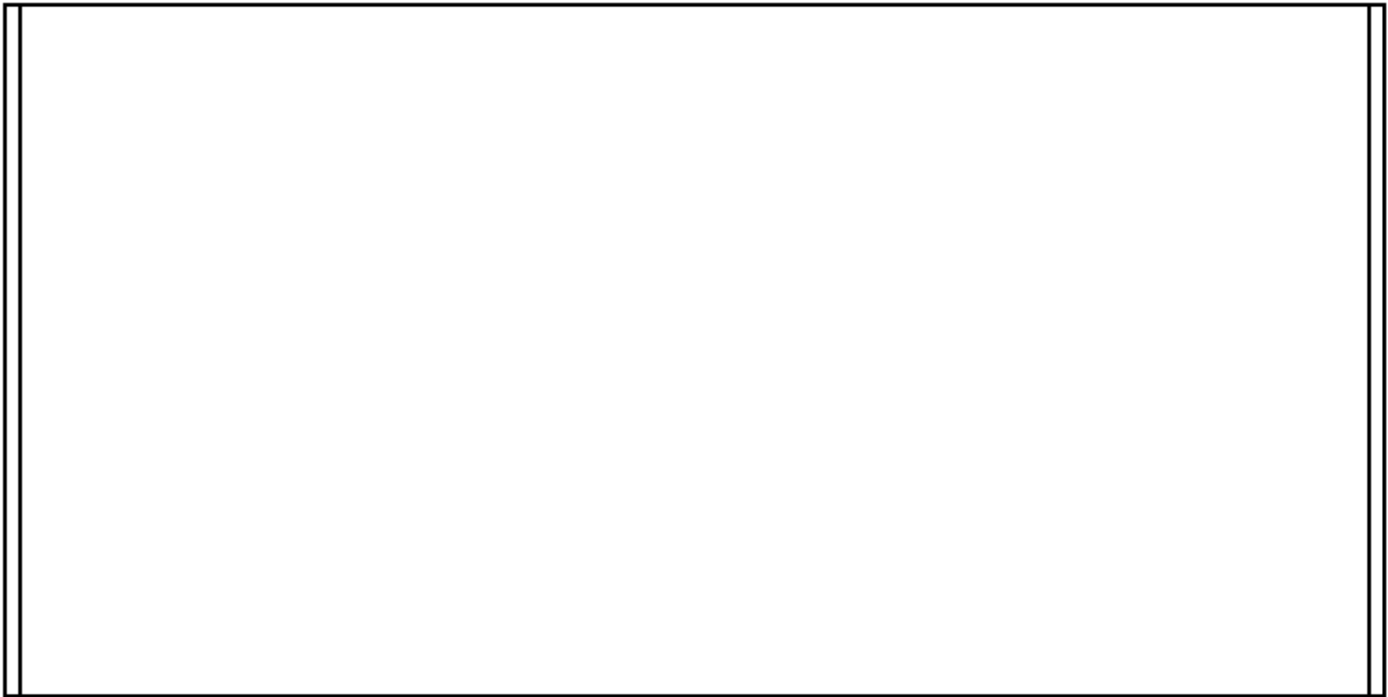
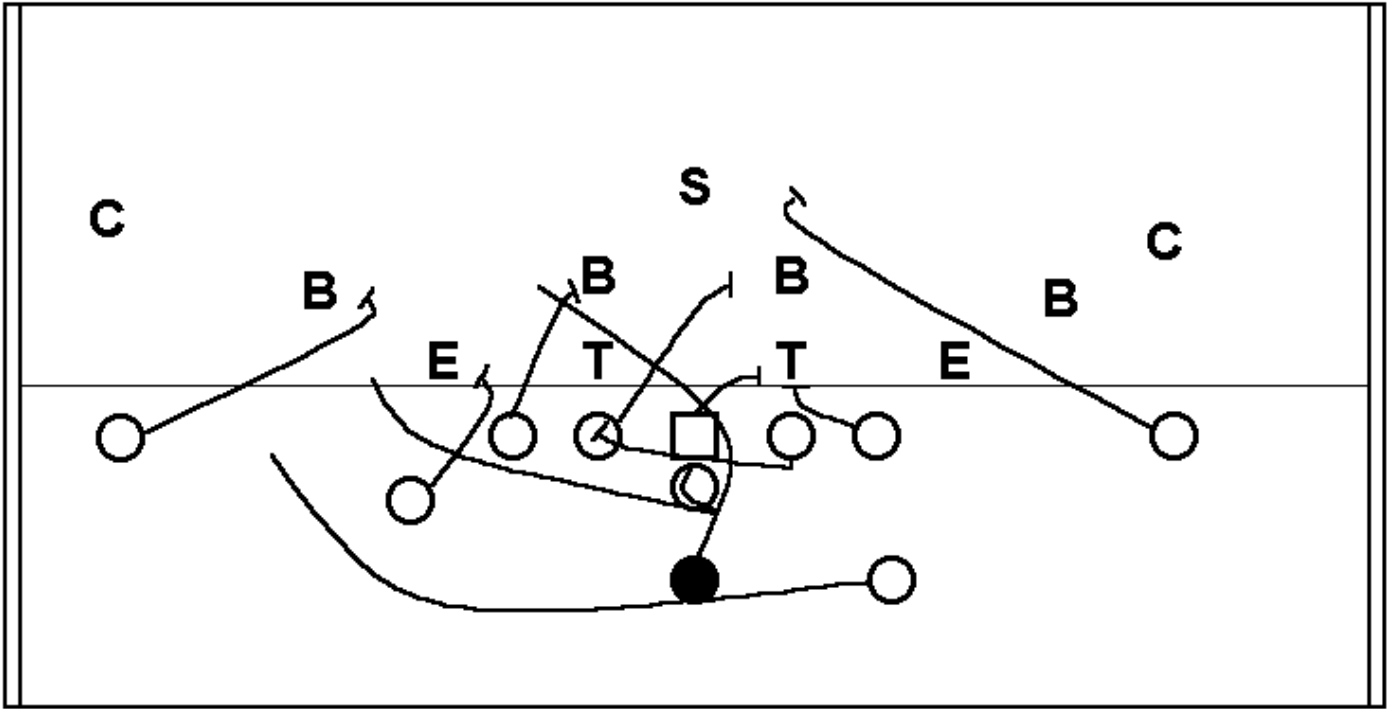
# Loose 123 GT

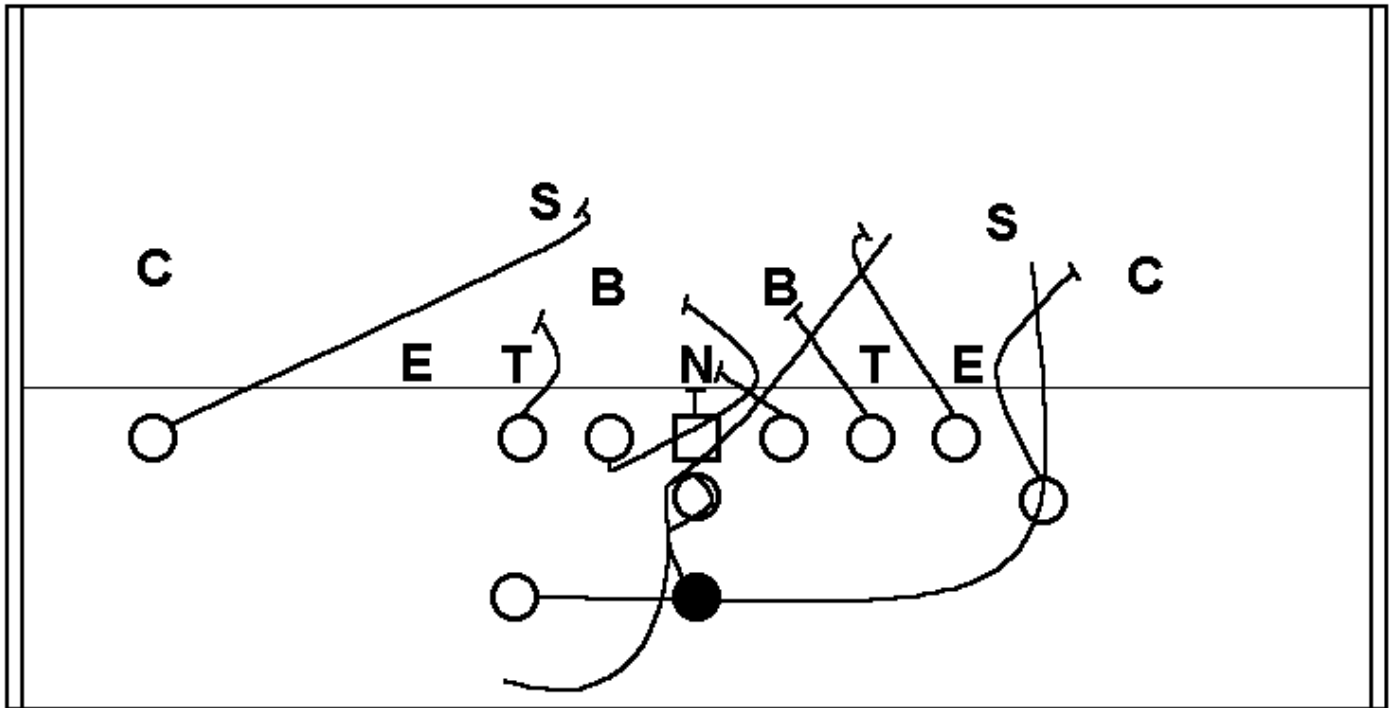


- 2 - Tight: Backer-outside
- Spread(split or slot): Crack
- 3 - Bump-lead-backer
- 4 - Gap-on-lead-backer
- 5 - Post-area-left
- 6 - Pull-inside out
- 7 - Gap-backer-on
- 8 - Cutoff
- QB - Reverse pivot-hand off to FB-fake 21 trap option
- LH - Fake 21 trap option
- RH - Block first backer versus even-DE versus odd
- FB - Carrier: Dive for right foot of 5 man



# Loose 927 GT

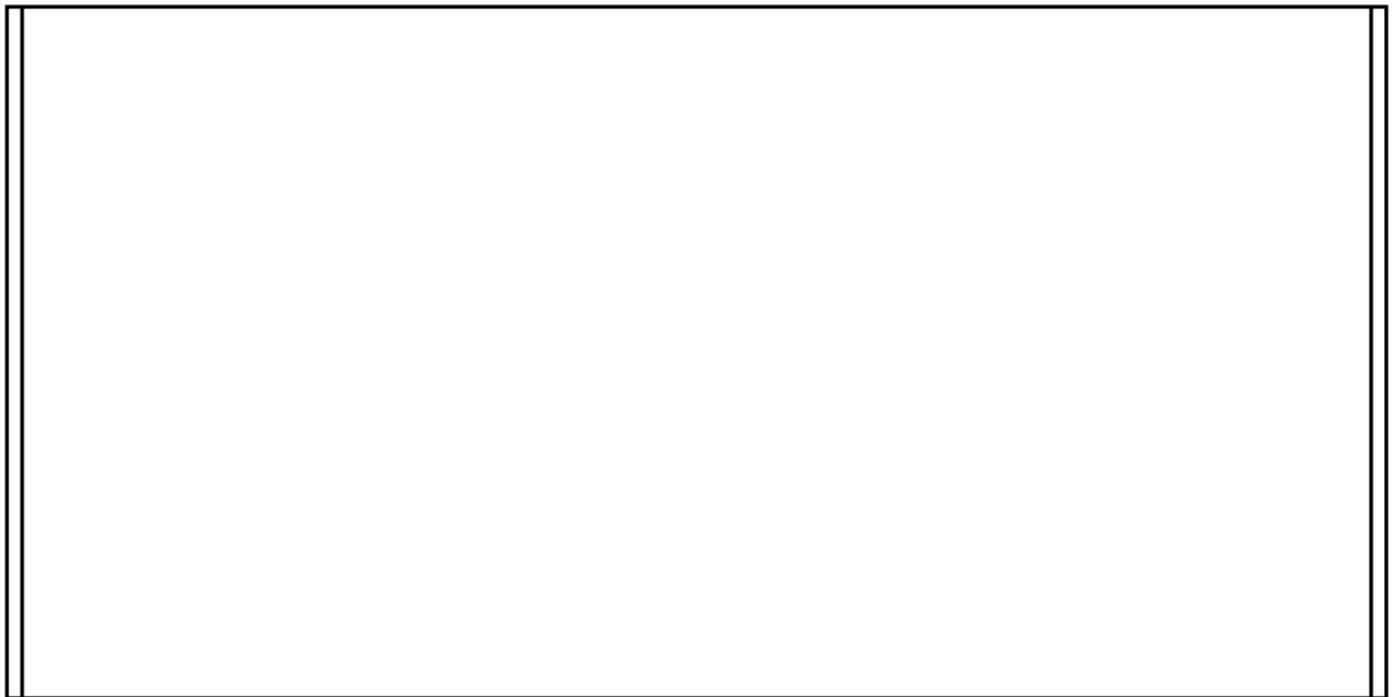
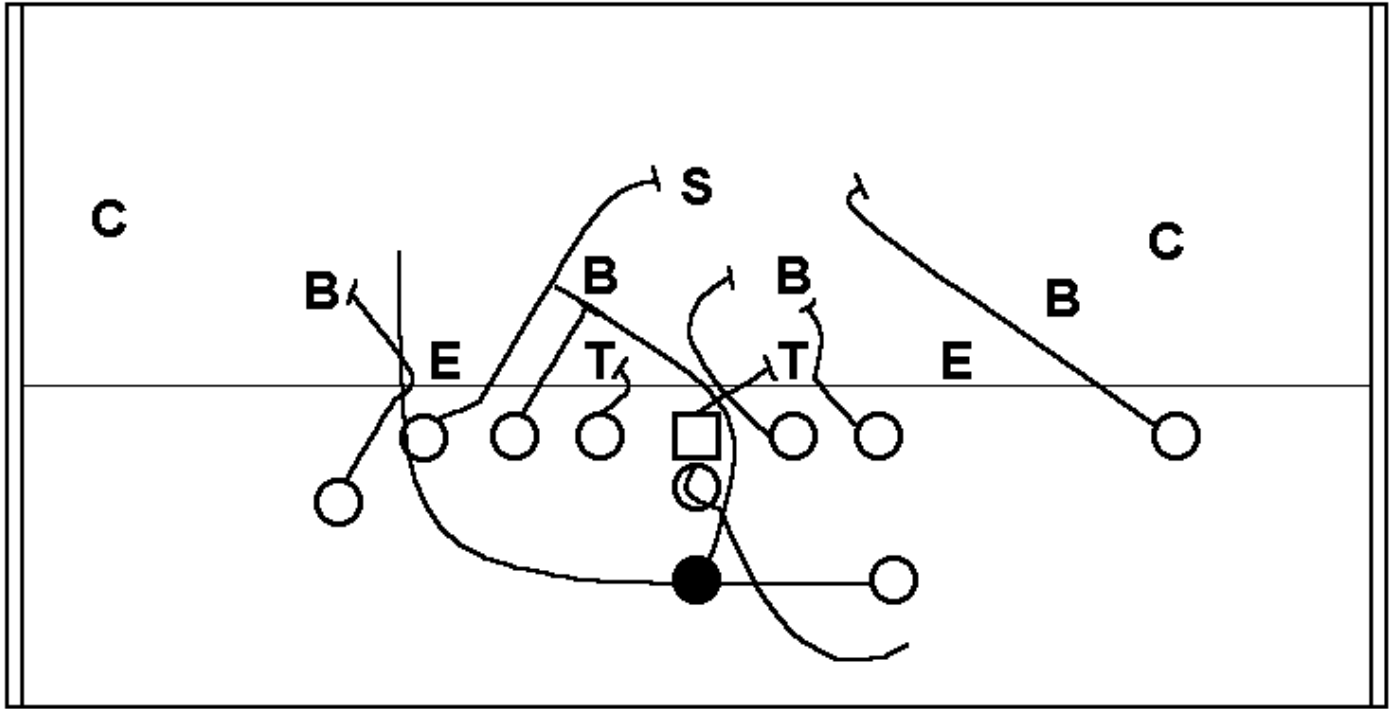




- 2 - Tight: Gap-cutoff
- Spread: Out cut
- 3 - Gap-on-backer
- 4 - Gap-on-lead
- 5 - Post-left
- 6 - Pull-block through hole
- 7 - Gap-backer-on
- 8 - Gap-cutoff
- QB - Reverse pivot-hand off to FB-bootleg left
- LH - Fake 21
- RH - Fake 21-cutoff
- FB - Carrier: Dive for left foot of 5 man

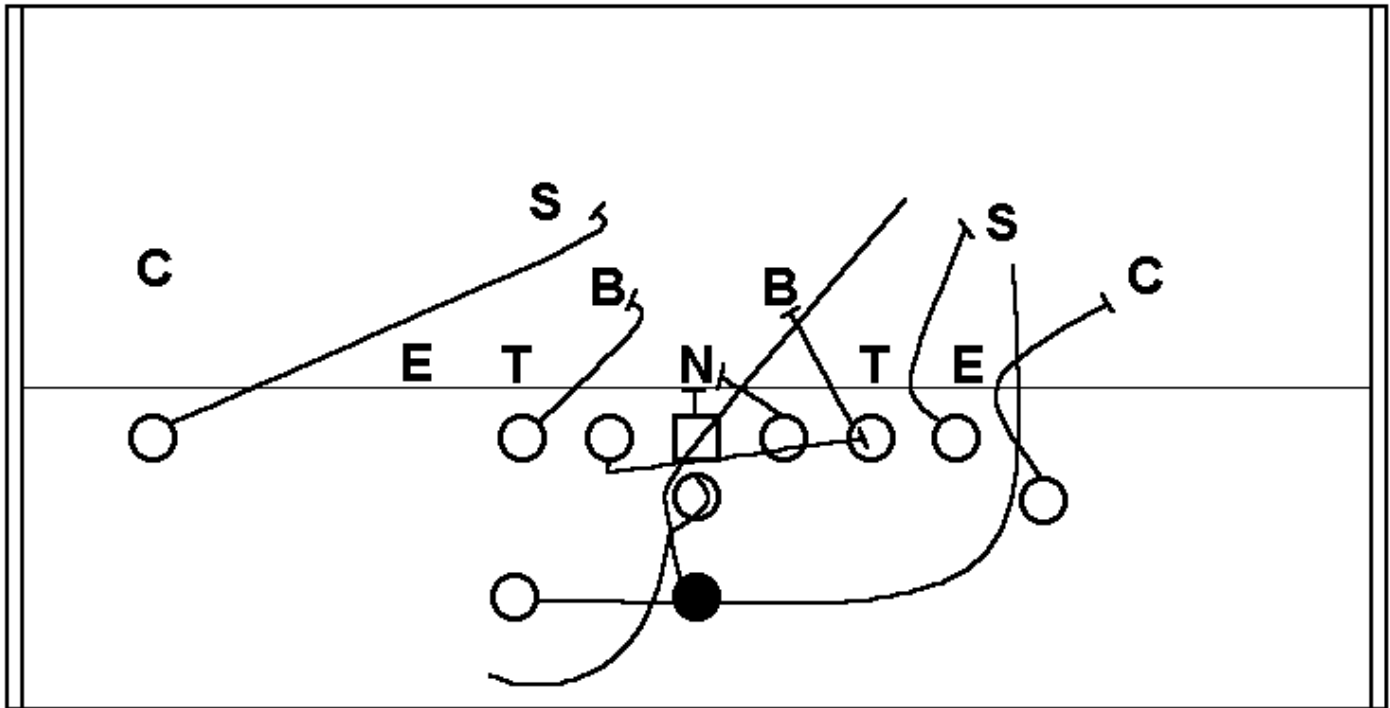


926





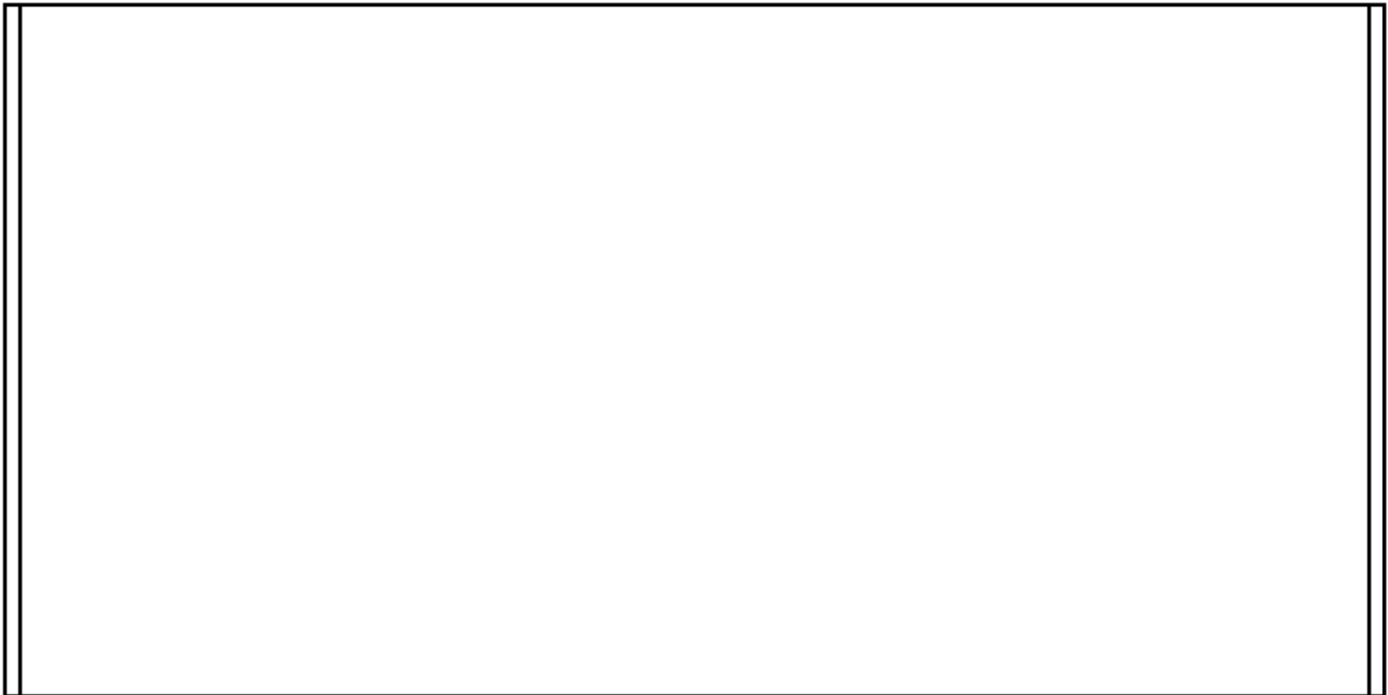
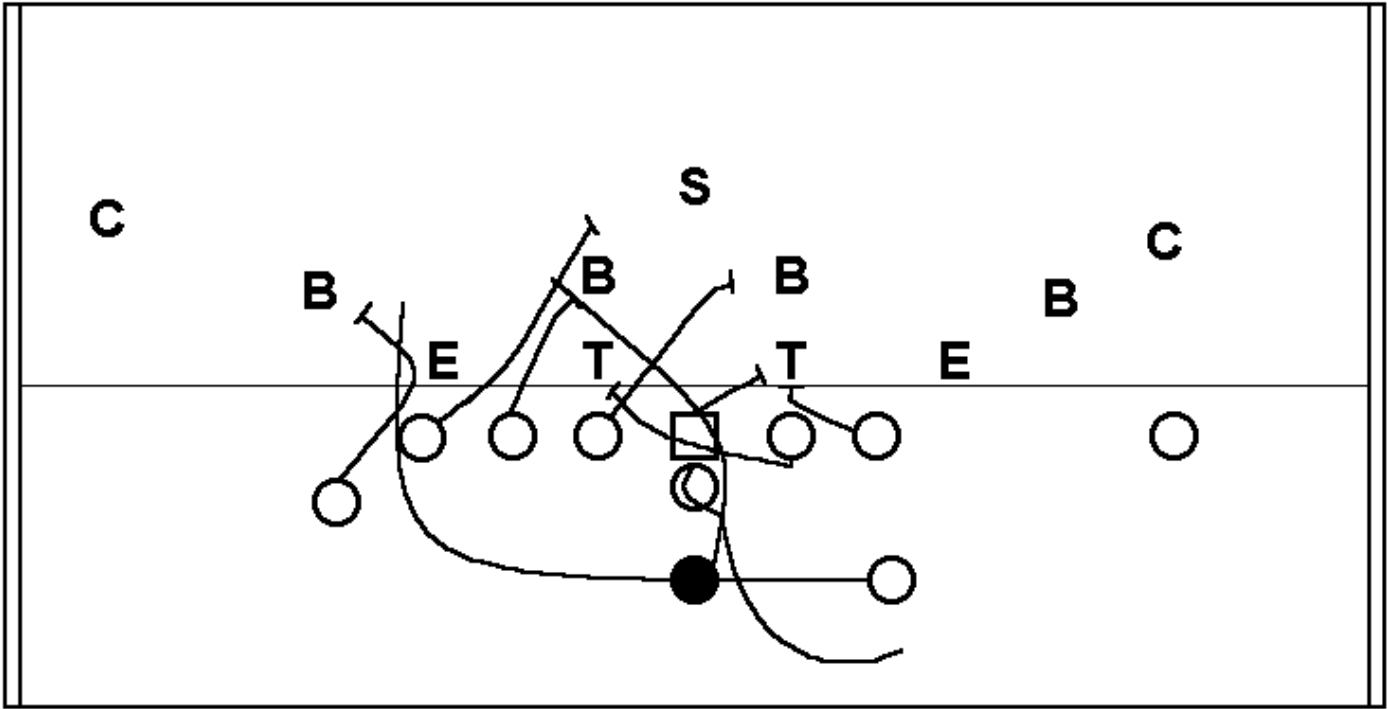
# 124 GT



- 2 - Spread: Out cut
- 3 - 1st backer from 5 man
- 4 - Gap-lead-backer-influence
- 5 - Post-left
- 6 - Pull-inside out
- 7 - Gap-backer-on
- 8 - Spread: Cutoff
- Tight: Gap-cutoff
- QB - Reverse pivot-hand off to FB-bootleg left
- LH - Fake 21
- RH - Fake 21-cutoff
- FB - Carrier: Dive for left foot of 5 man

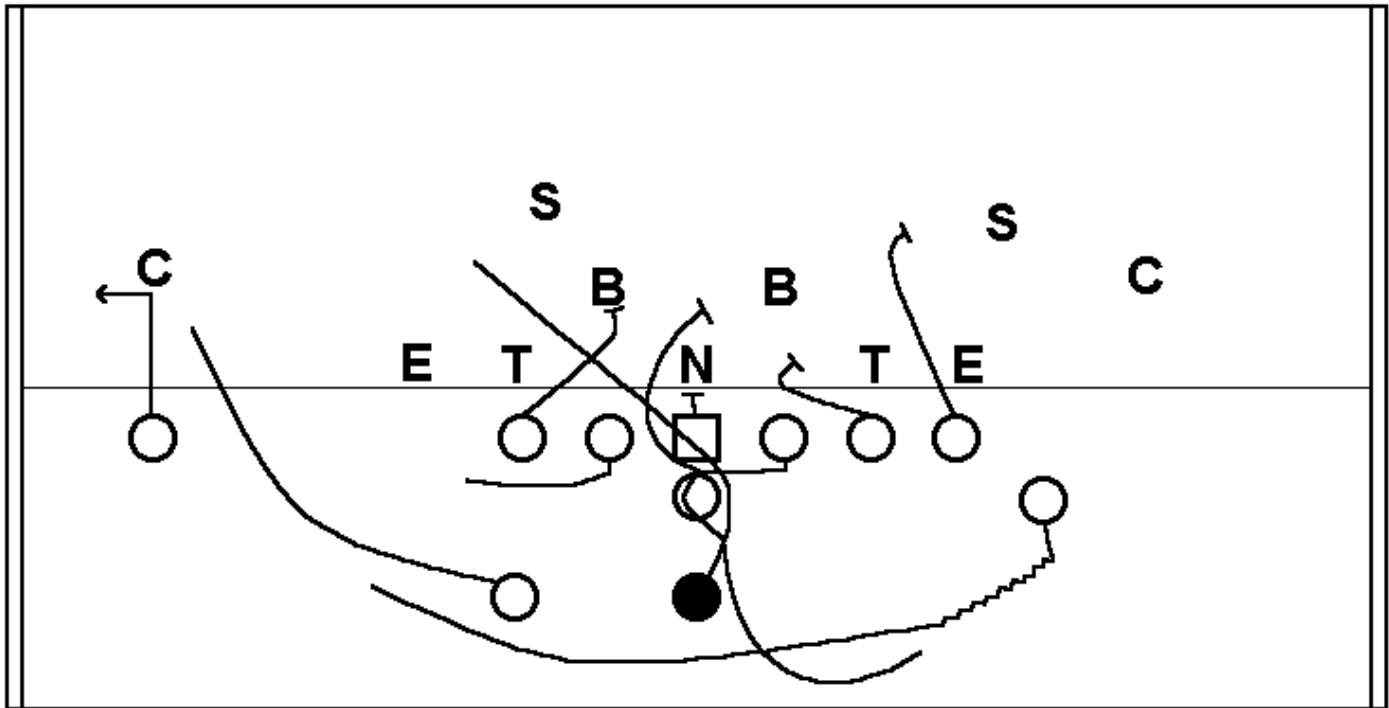


# 926 GT





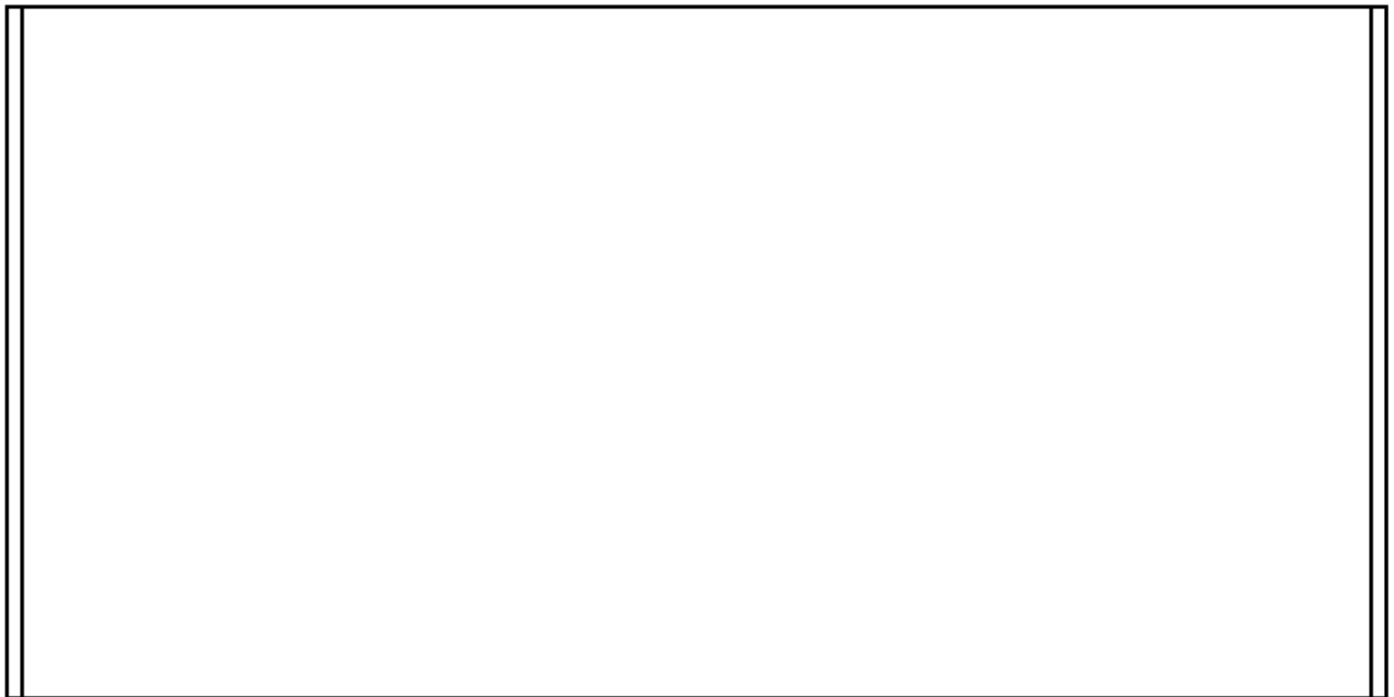
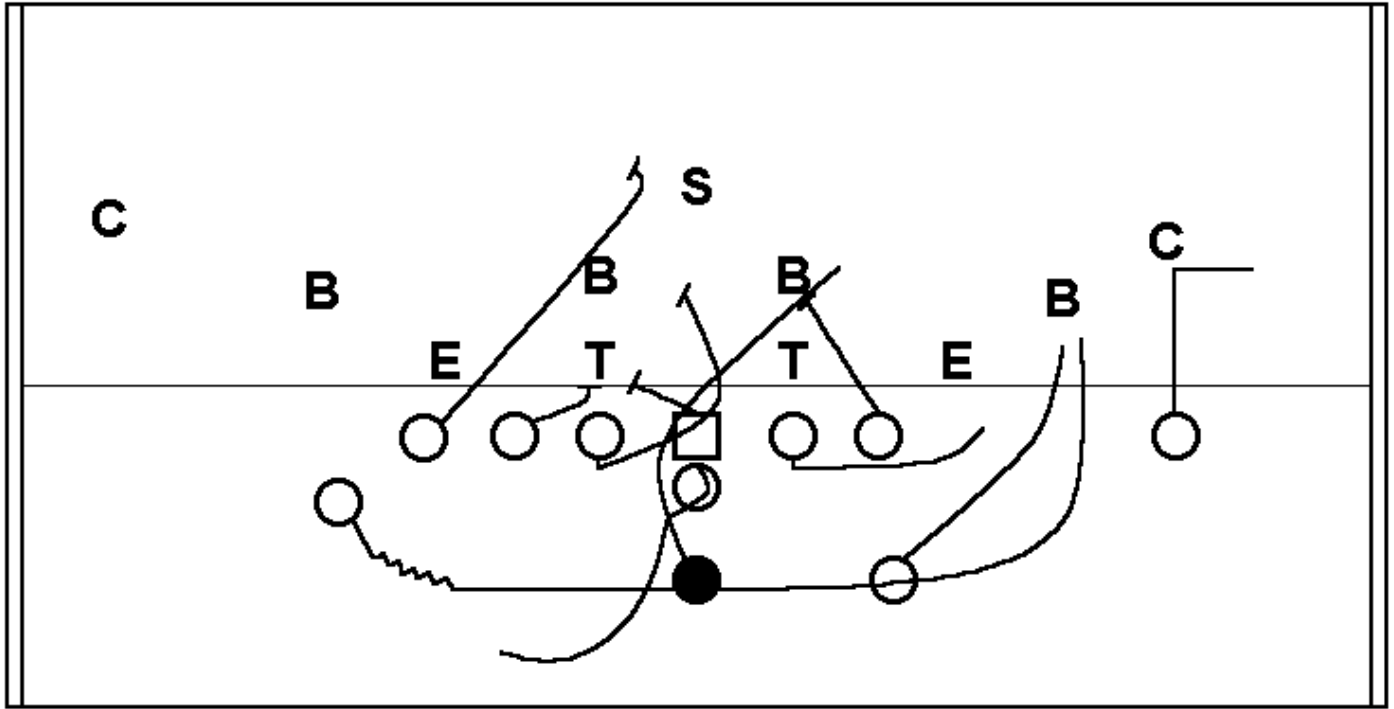
# 126 Gut

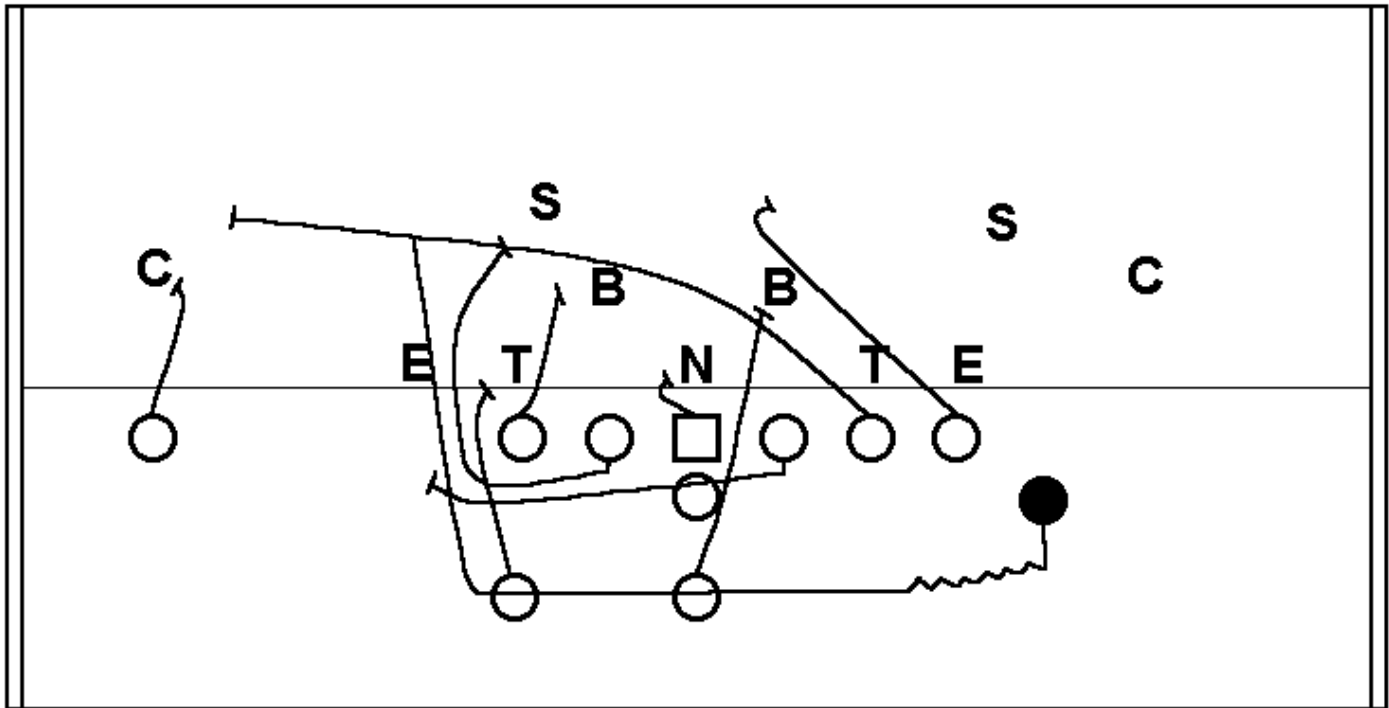


- 2 - Gap-cutoff
- 3 - Gap-backer-on
- 4 - Pull-block through hole
- 5 - On-right
- 6 - Pull-fake 29
- 7 - 1st backer from 5 man
- 8 - Spread: Out cut  
Tight: Gap-backer-cutoff
- QB - Reverse pivot-hand off to FB-bootleg right
- LH - Fake 29
- RH - Fake 29
- FB - Carrier: Dive for right foot of 5 man



# 924 Gut

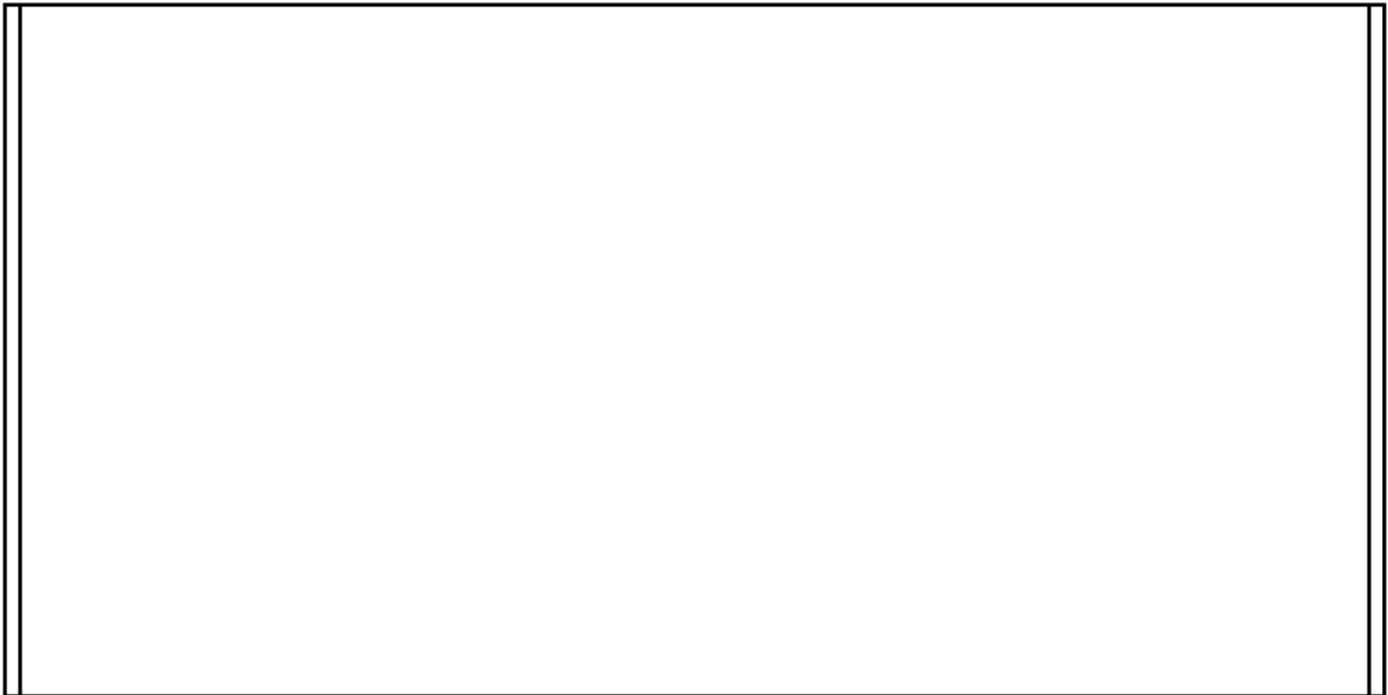
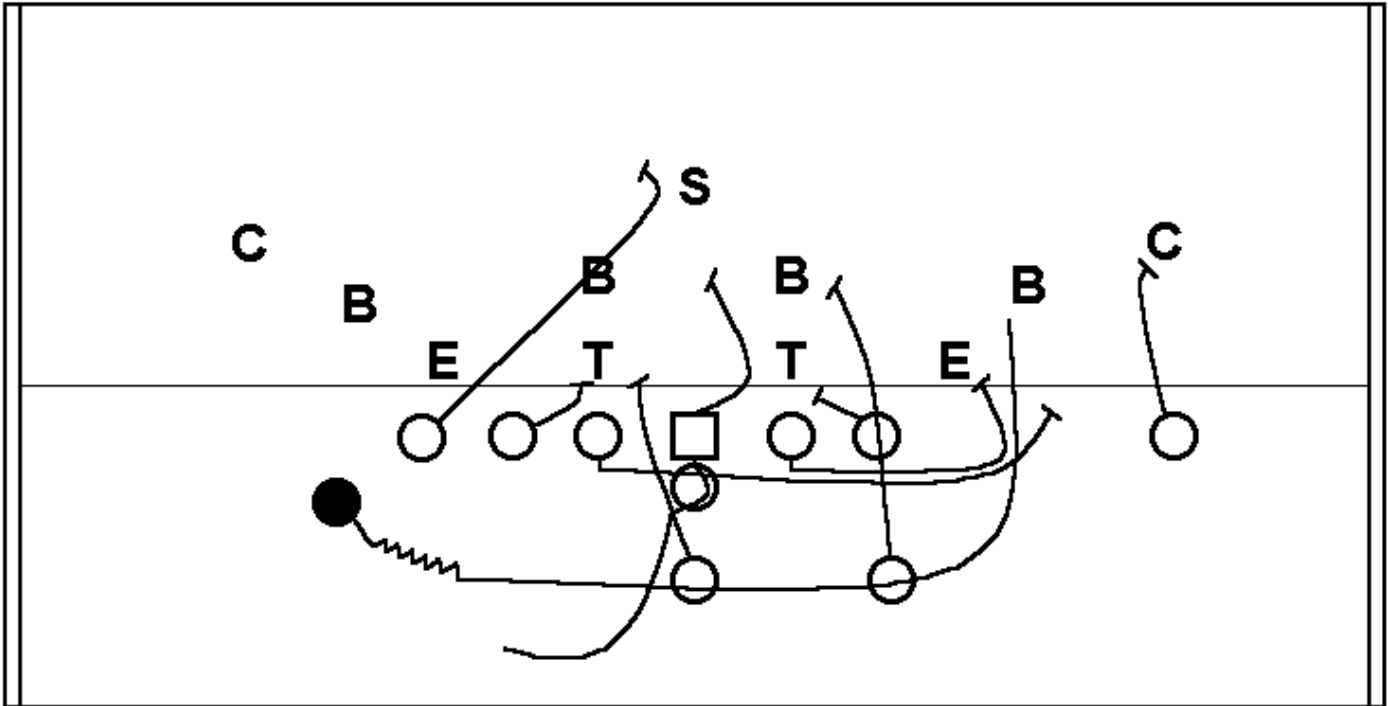




- 2 - Cutoff
- 3 - Cut off
- 4 - Pull-Wall off
- 5 - Reach right
- 6 - Pull-block out on first man outside of LH's block
- 7 - Gap-down-backer
- 8 - Stalk 1
- QB - Reverse pivot-follow midline-hand off to RH-bootleg right
- LH - Block first free man inside
- RH - Carrier: Receive handoff
- FB - Dive for right foot of 5 man

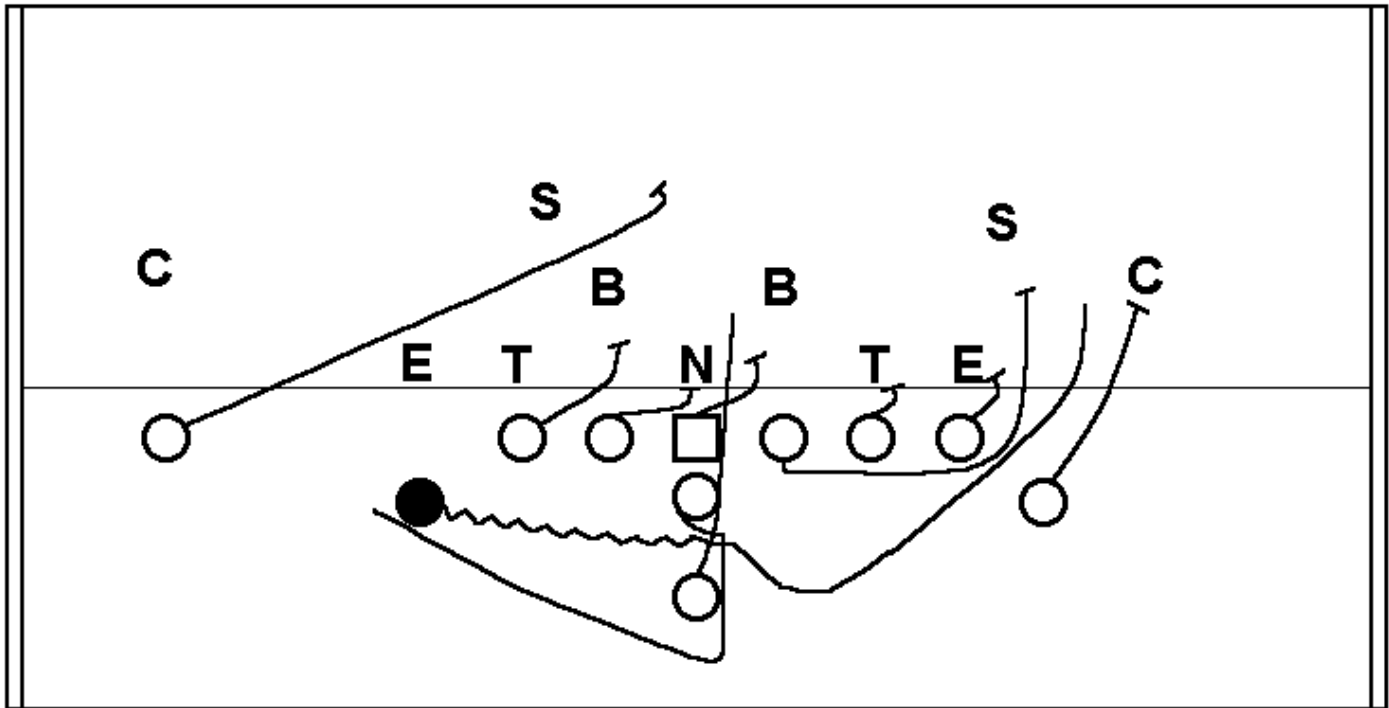


921





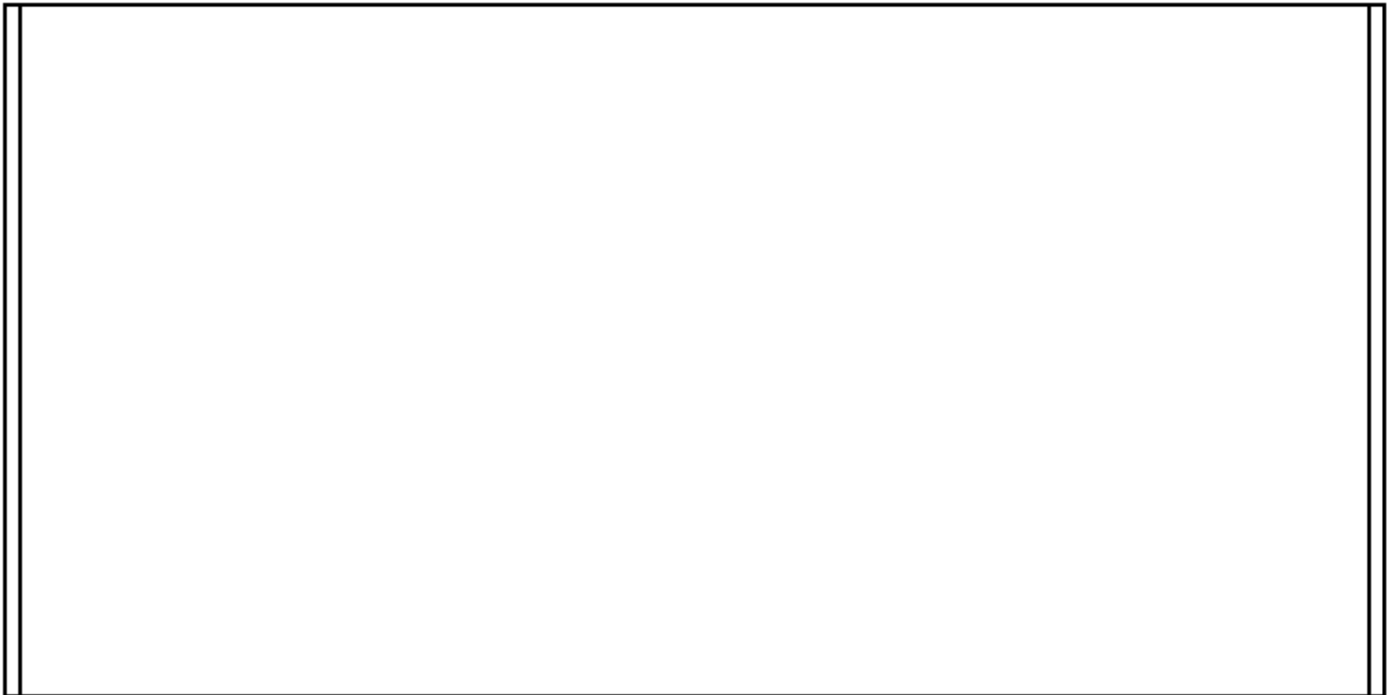
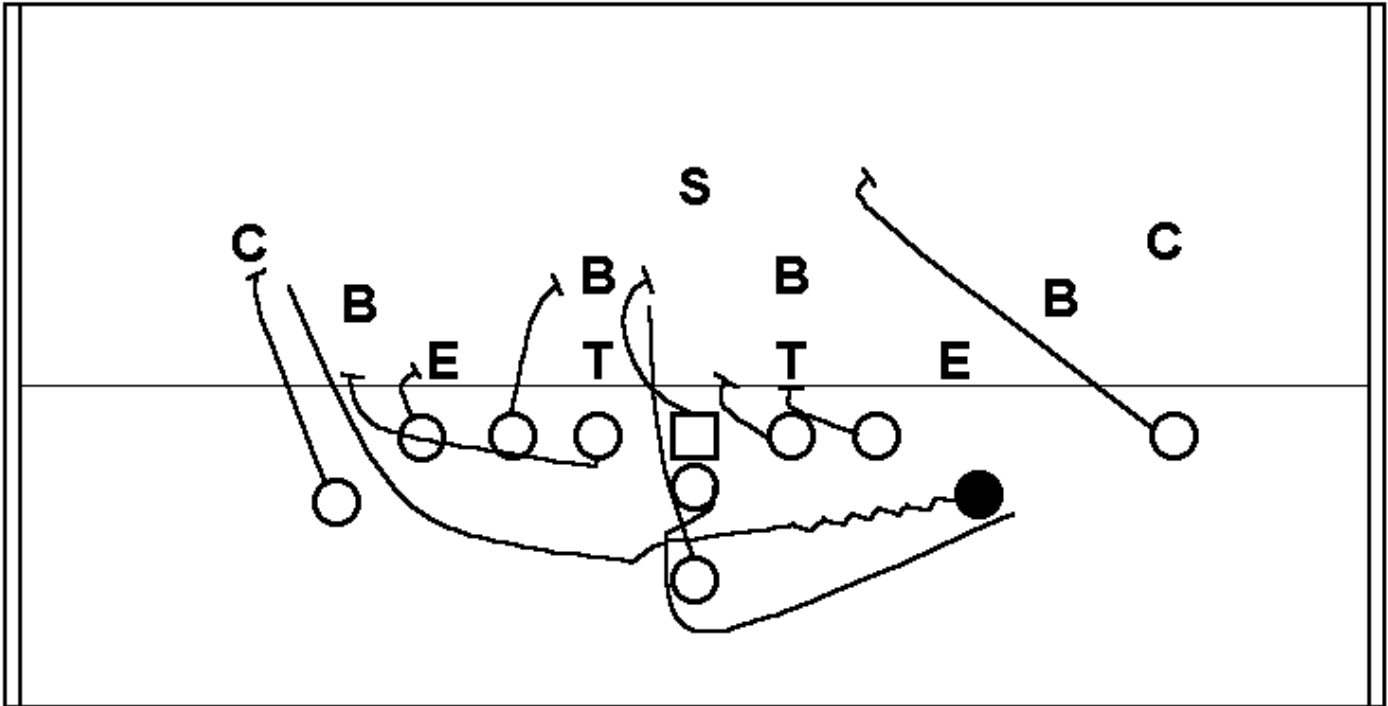
## Red 21 Jet



- 2 - Block first man outside C gap
  - 3 - Block first man outside B gap
  - 4 - Pull- block first man outside of 3 man's block
  - 5 - Reach playside
  - 6 - Reach playside
  - 7 - Reach playside
  - 8 - Cutoff
- QB - Call cadence so ball is snapped when LH is in backside B gap-  
Reverse pivot-handoff to playside A gap-run to hash**
- LH - Carrier: Leave in early motion in a full sprint-receive hand off in front  
side A-run to the corner**
- RH - Stalk 1**
- FB - Dive for left foot of 5 man**

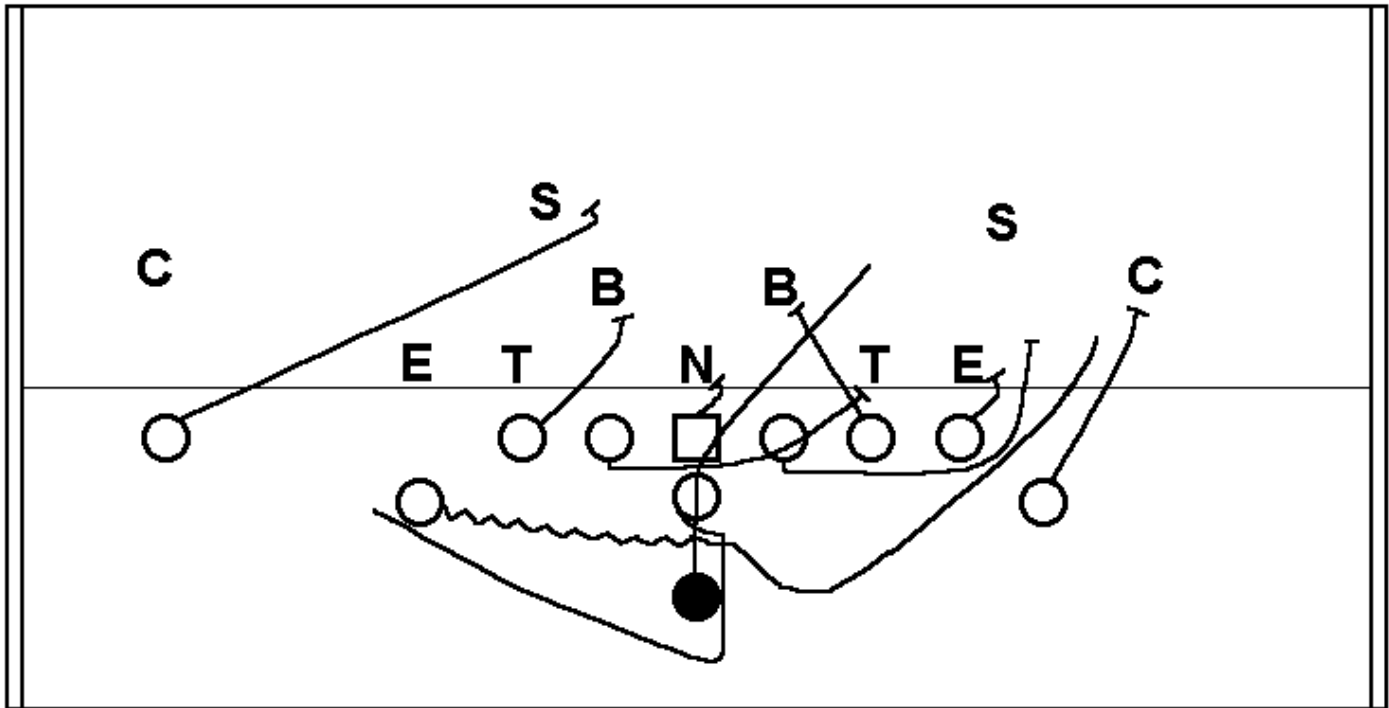


# Blue 29 Jet





## Red 24 GT Jet



2 - Block first man outside C gap

3 - 1st backer from 5 man

4 - Pull- block first man outside of 3 man's block

5 - Reach on-backside

6 - Pull inside out

7 - Reach playside

8 - Cutoff

QB - Call cadence so ball is snapped when LH is in backside B gap-

Reverse pivot-handoff to playside A gap-run to hash

LH - Leave in early motion in a full sprint-fake 21

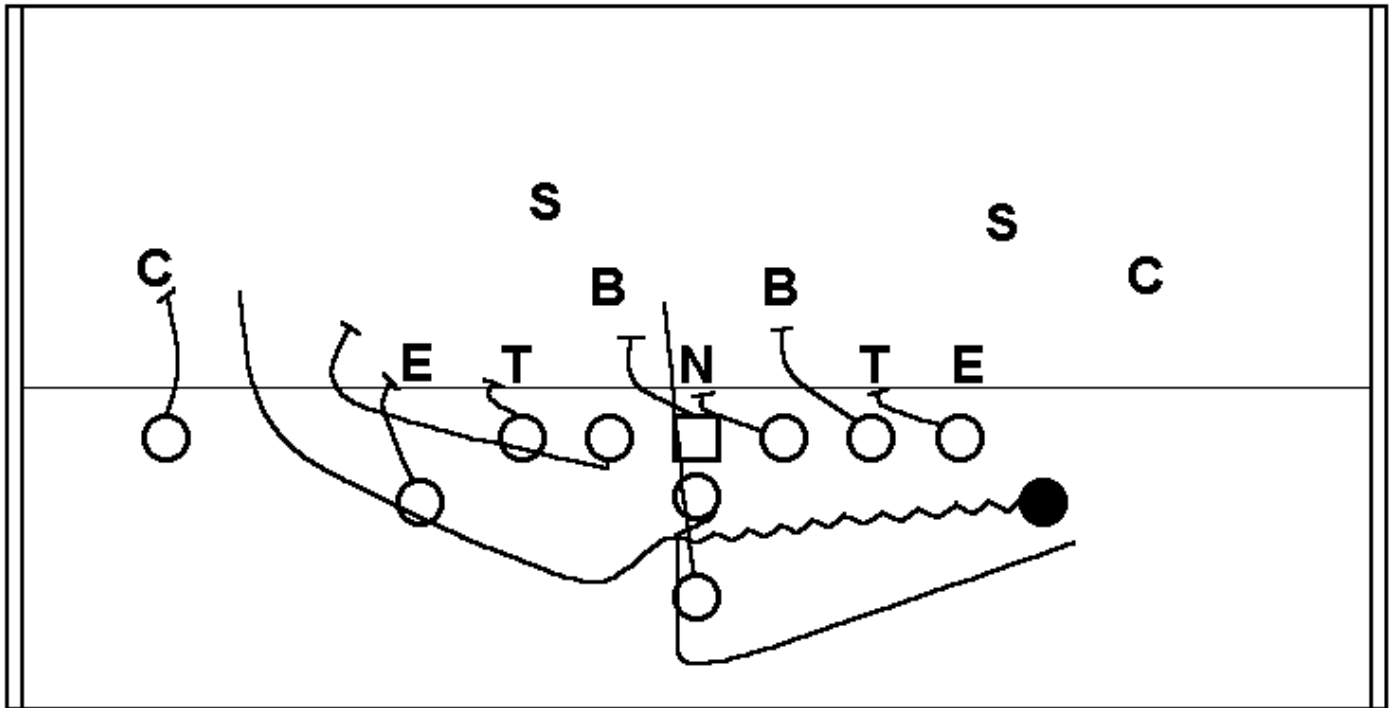
RH - Stalk 1

FB - Carrier: Dive for right foot of 5 man





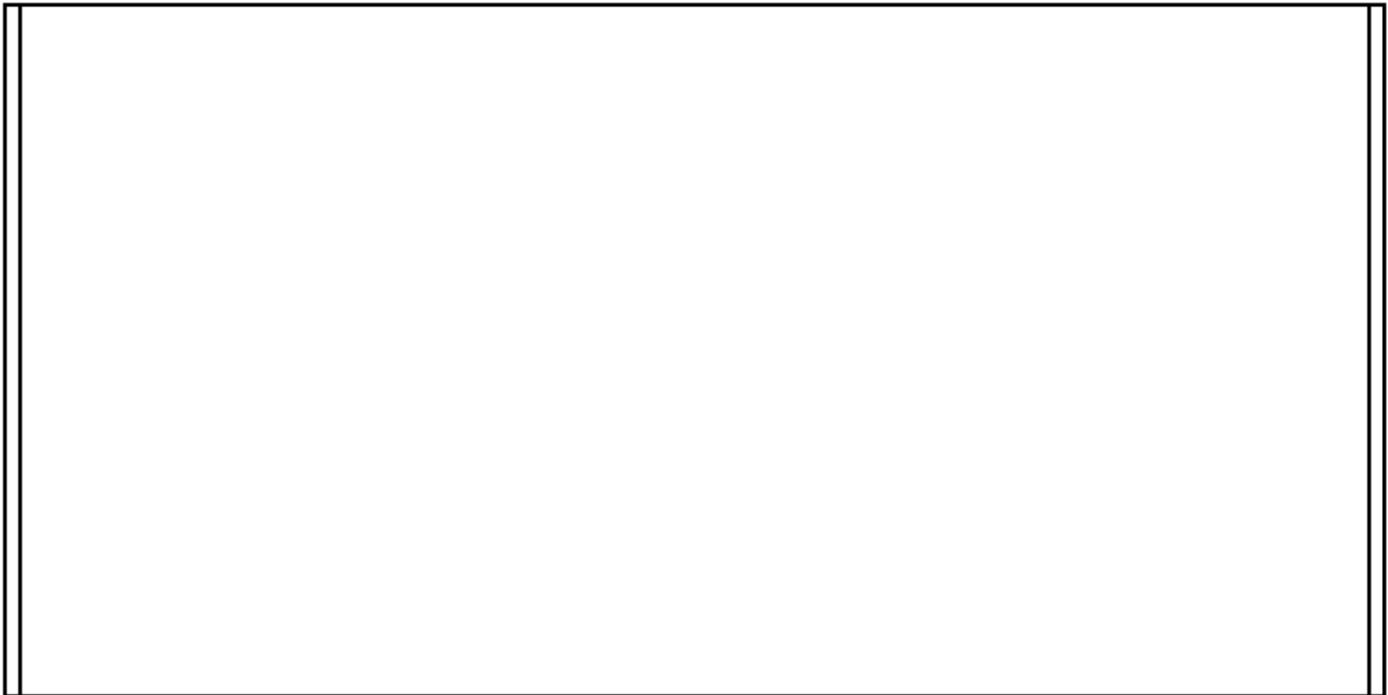
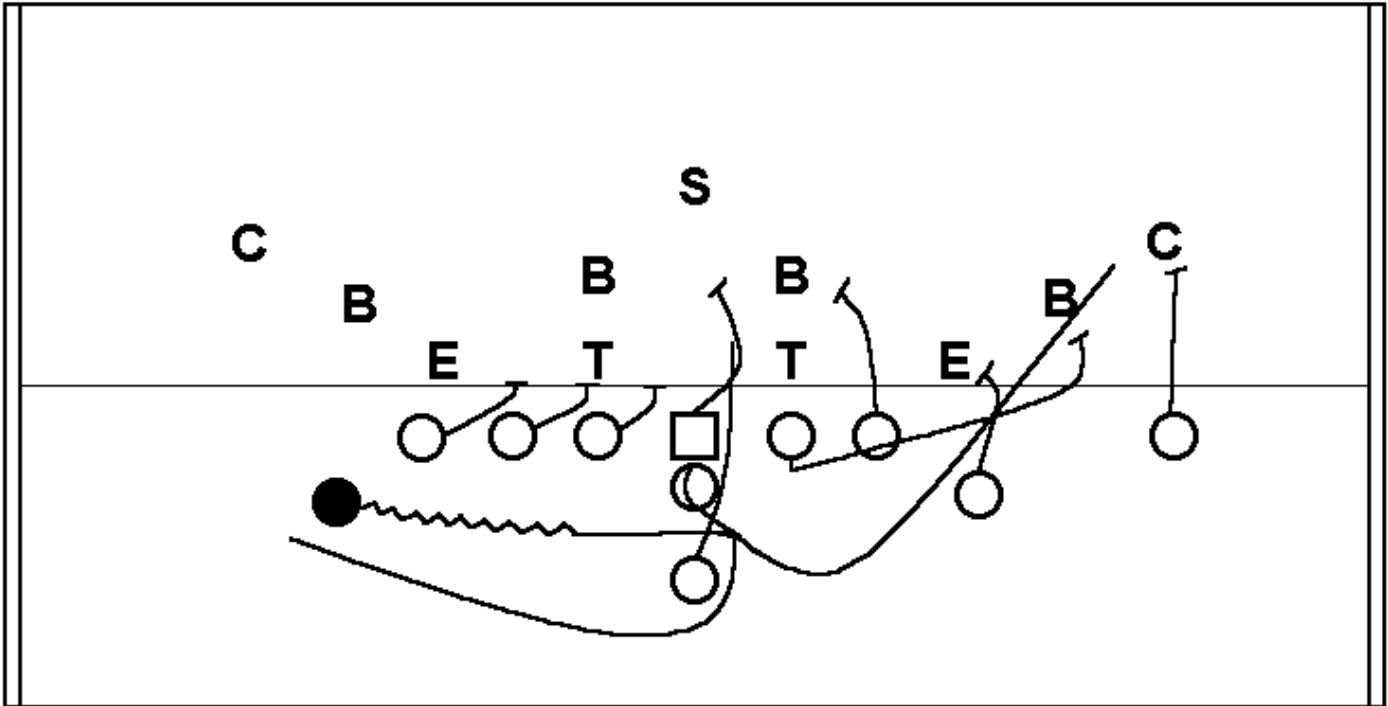
## Red 29 Jet



- 2 - Reach playside
- 3 - Reach playside
- 4 - Reach playside
- 5 - Step playside regardless of front
- 6 - Pull-block first man outside of LH's block
- 7 - Block first man outside of B gap
- 8 - Stalk 1
- QB - Call cadence so ball is snapped when RH is in backside B gap.  
Reverse pivot-handoff to playside A gap-run to hash
- LH - Block first man outside of 7 man's block
- RH - Carrier: Leave in early motion in a full sprint-receive handoff in  
frontside A-run to the corner
- FB - Dive for right foot of 5 man

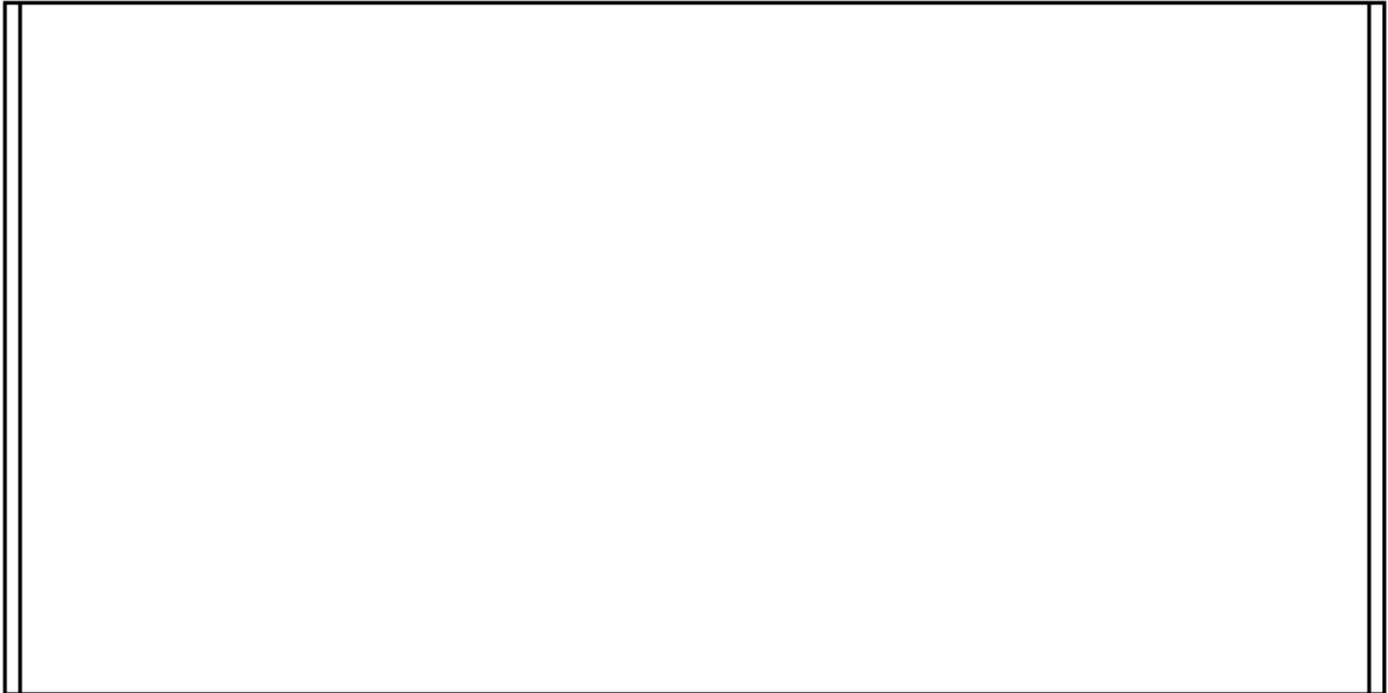
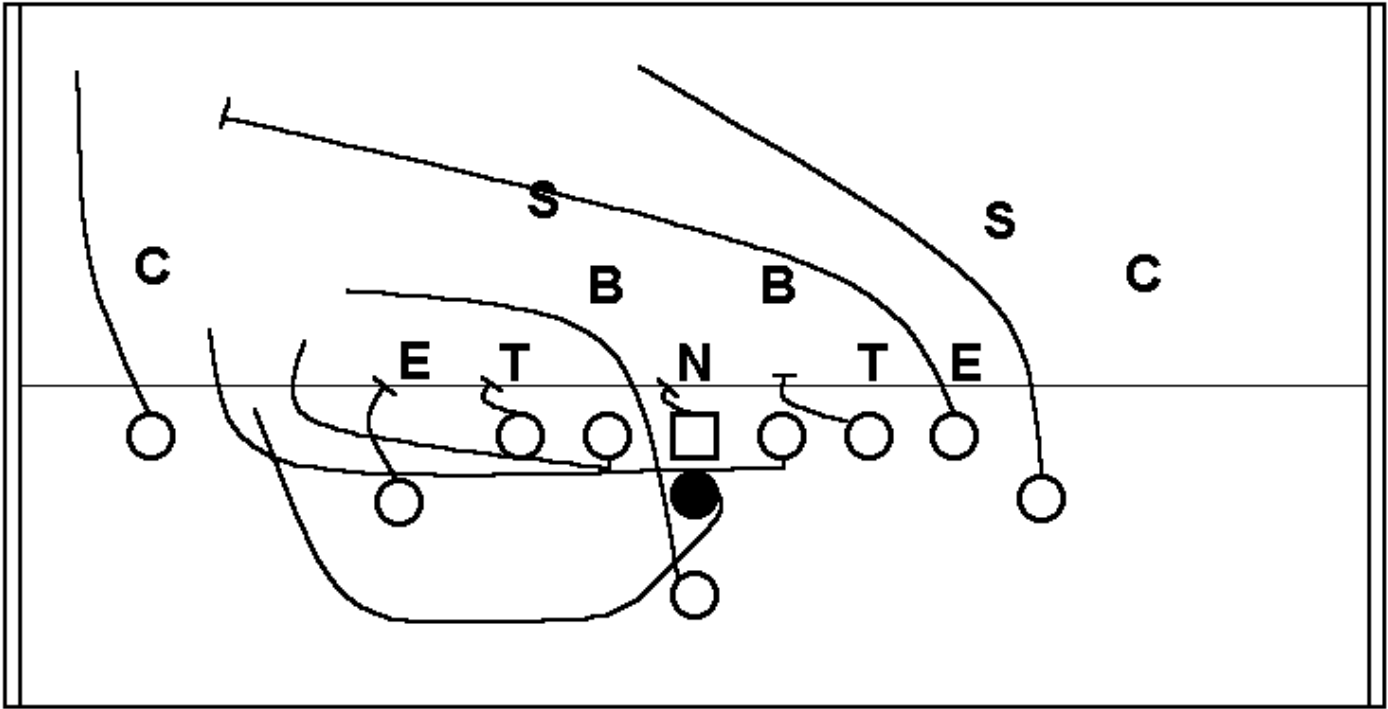


# Blue 21 Jet



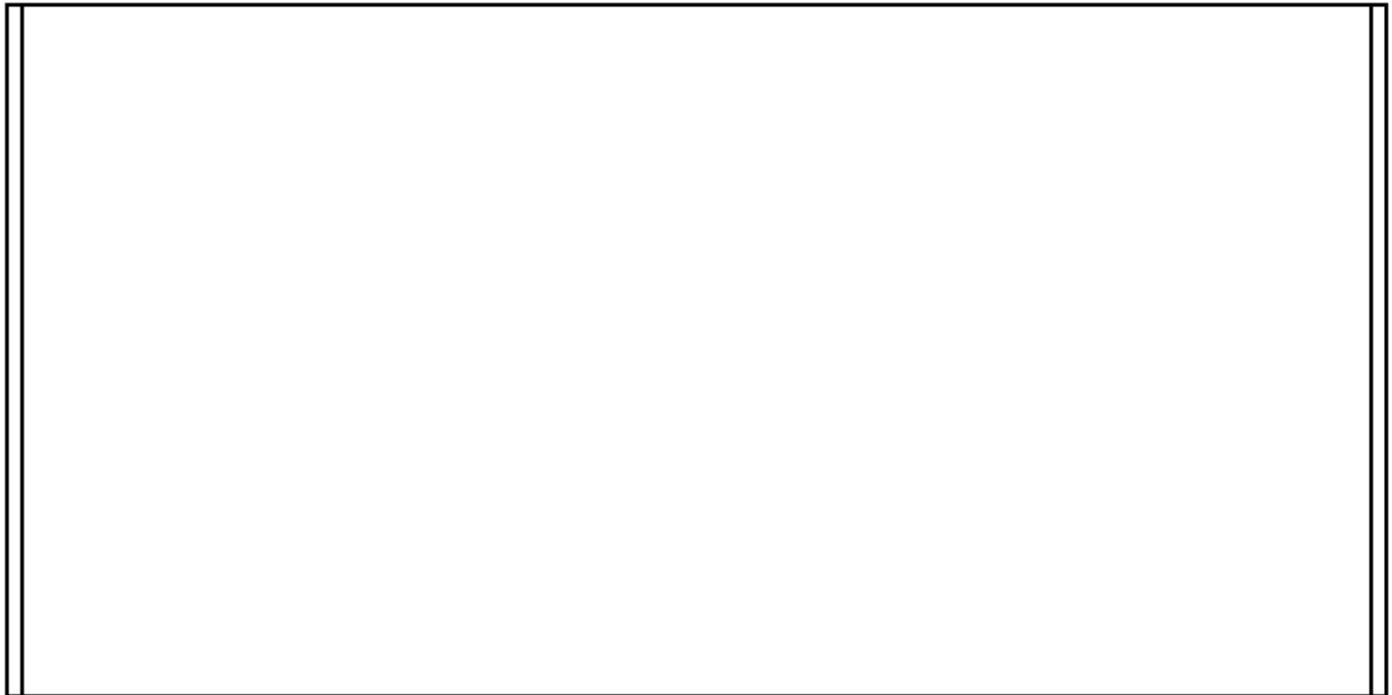
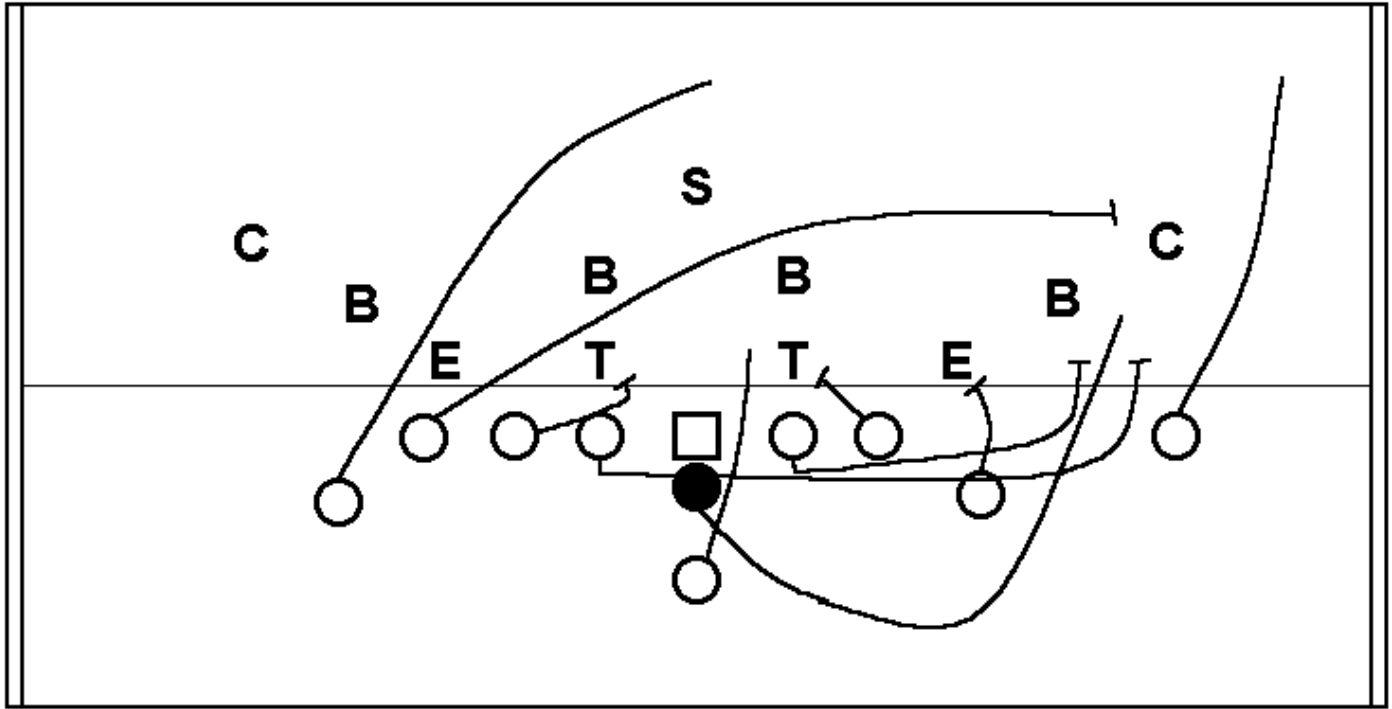


# Red 21 Waggle Block



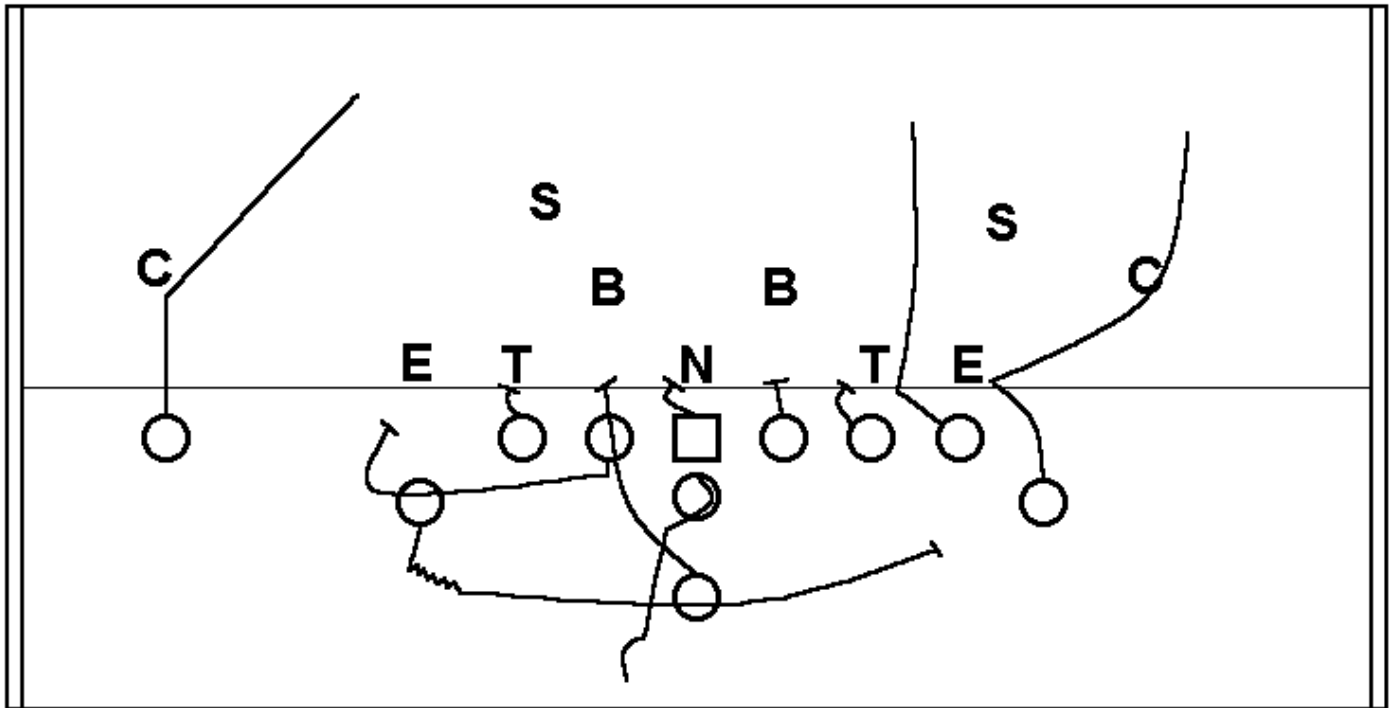


# Blue 29 Waffle Block





## Red 21 Waggle Solid



**2 - Fake 21-release through inside shoulder of safety**

**3 - Gap-on-area**

**4 - Gap-on-area**

**5 - Reach-right**

**6 - Gap-on-pull**

**7 - Gap-on-outside**

**8 - Post**

**QB - Reverse pivot-fake to LH-begin waggle path-set up on inside foot of 7 man at depth of 7 yards**

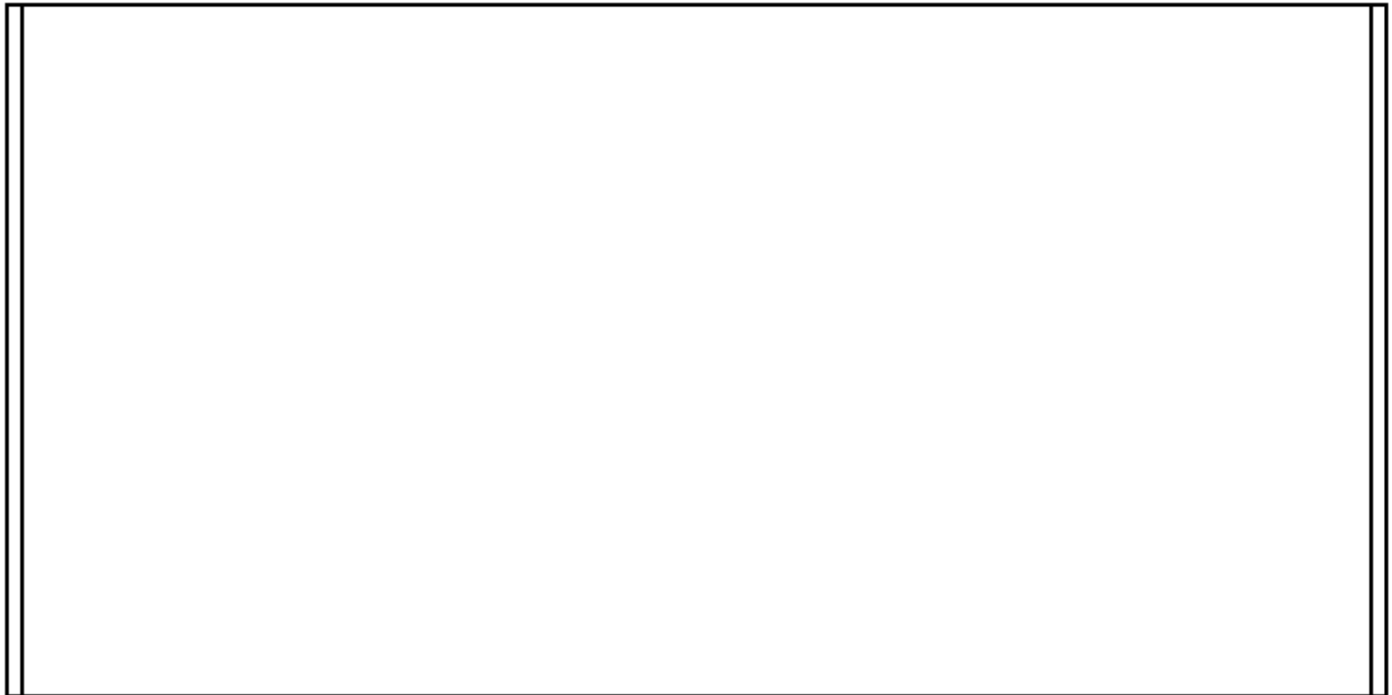
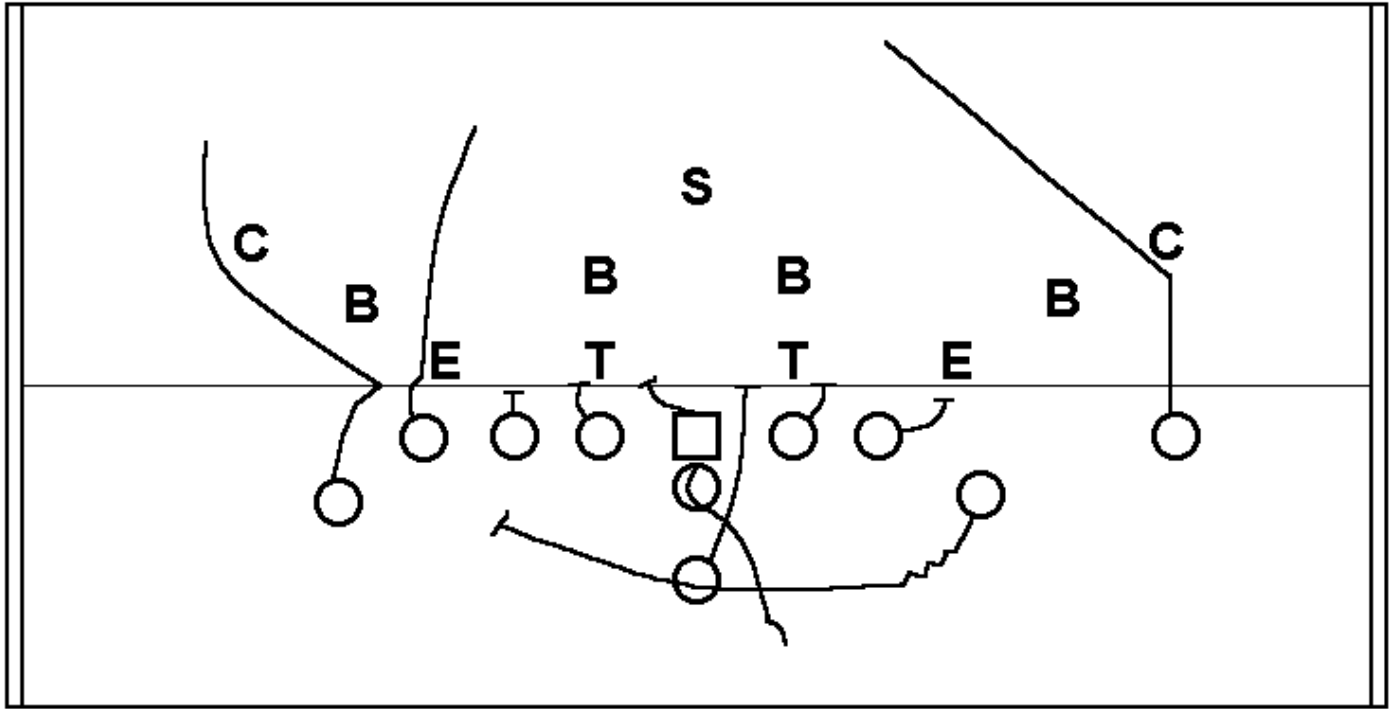
**LH - Fake 21-block 3rd man-flare**

**RH - Fake 21-run fly pattern**

**FB - Dive for left foot of 5 man-block backer**

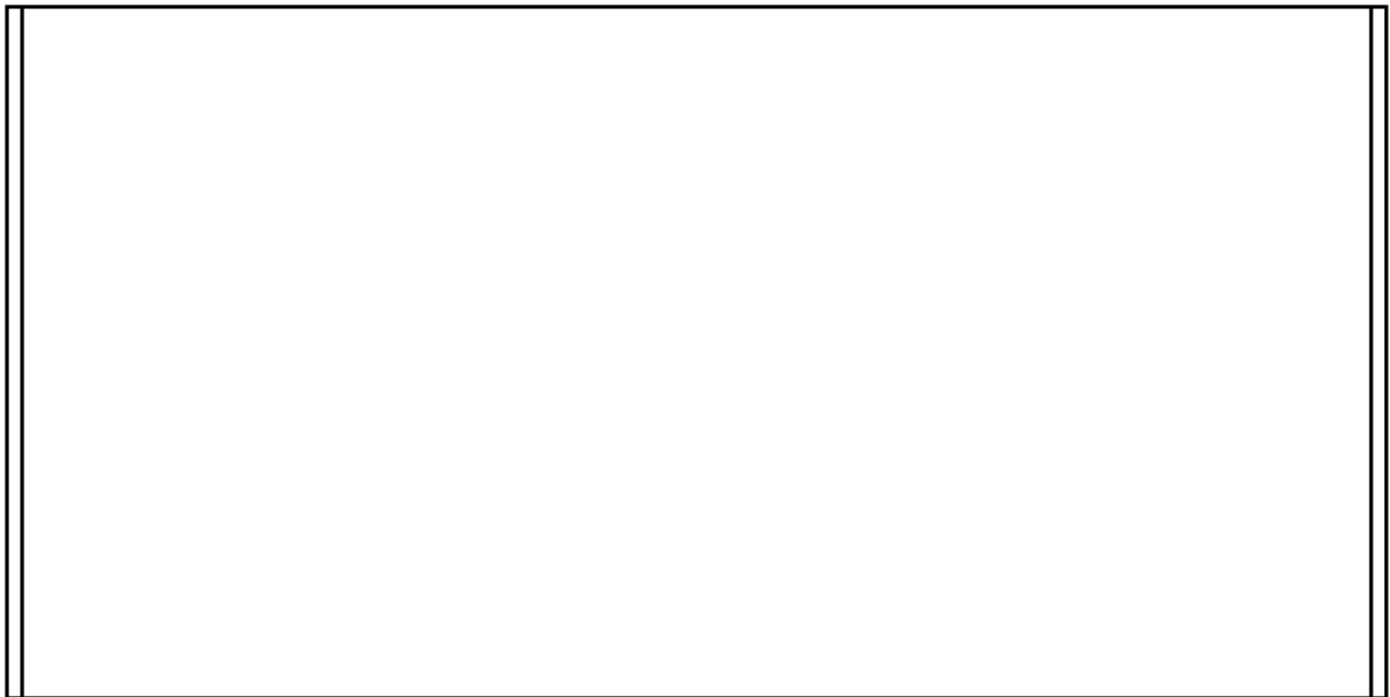
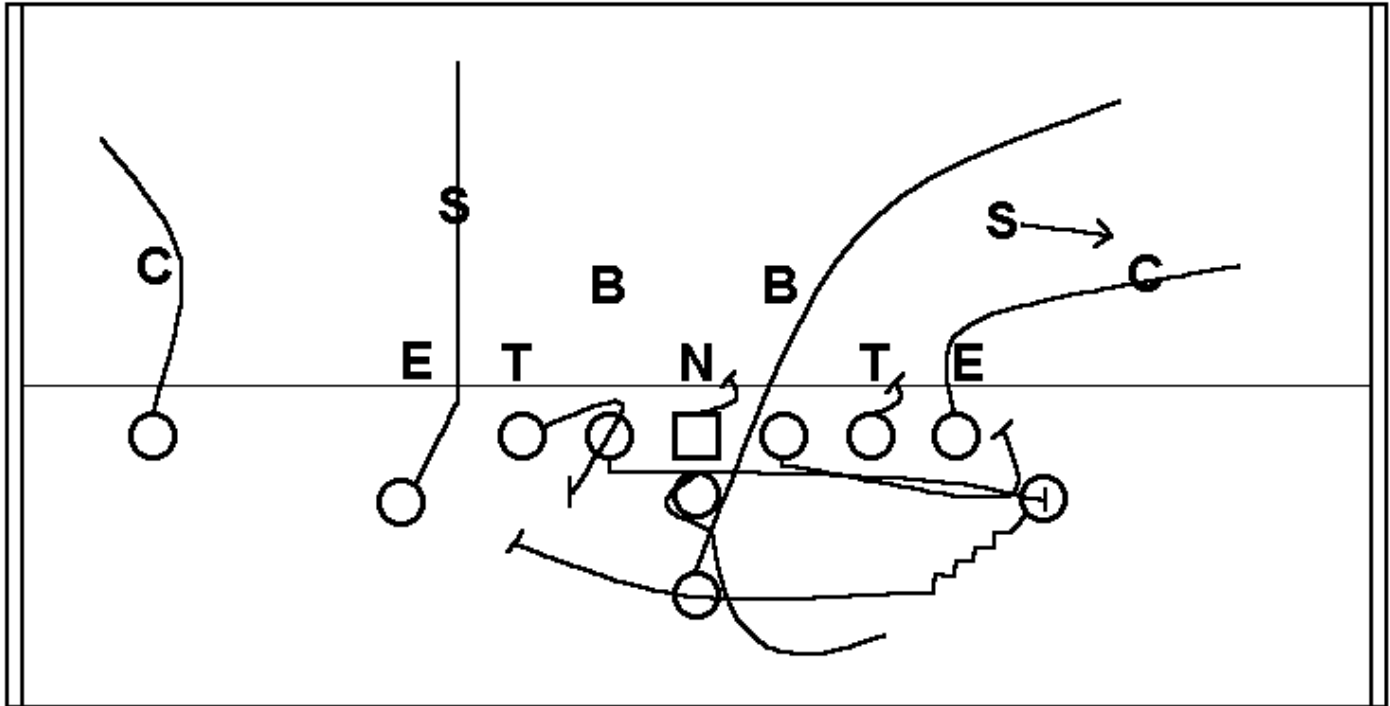


# Blue 29 Waggle Solid



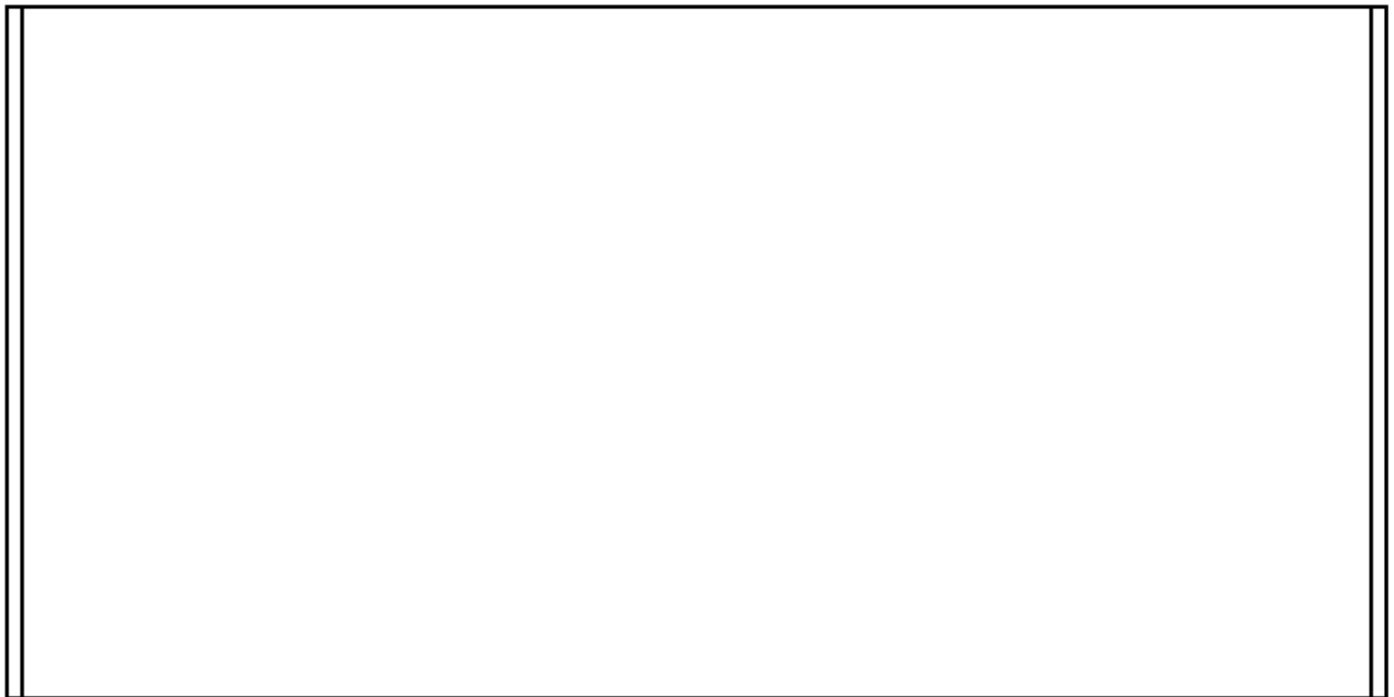
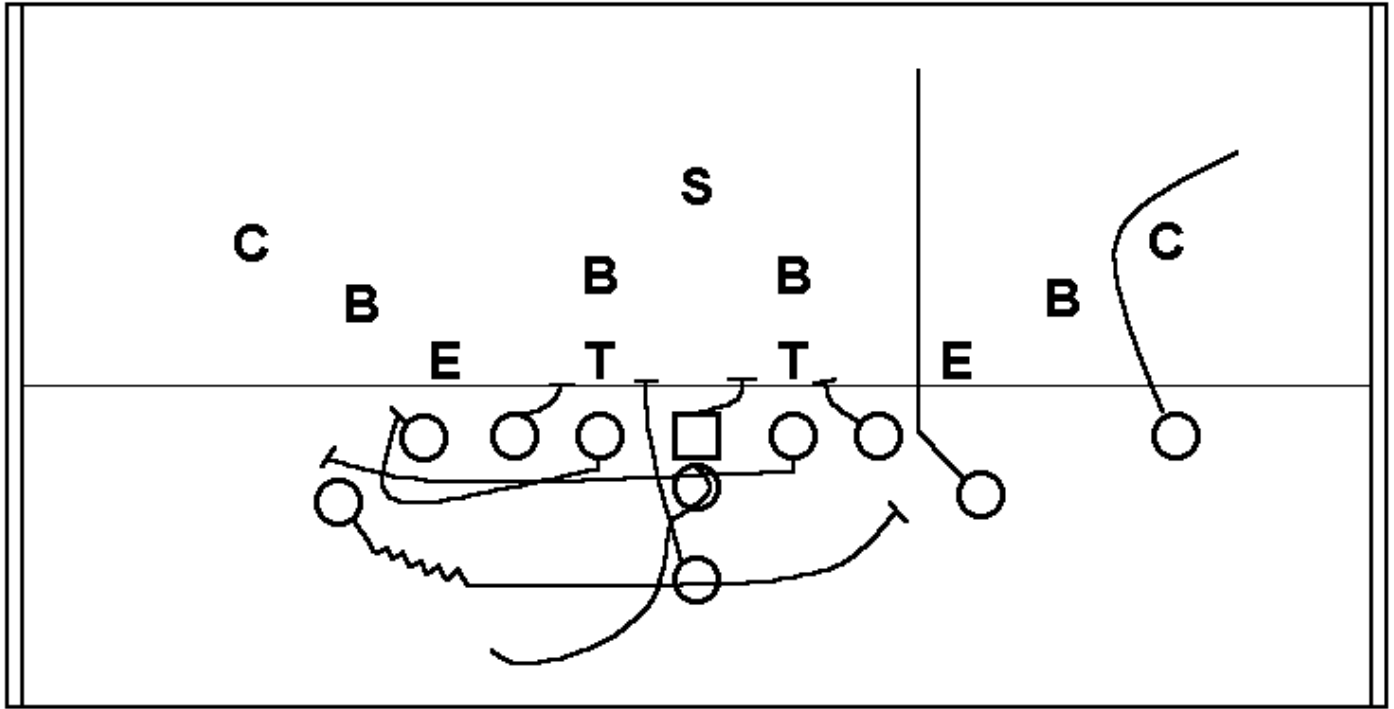


# Red 29 Waggler Solid



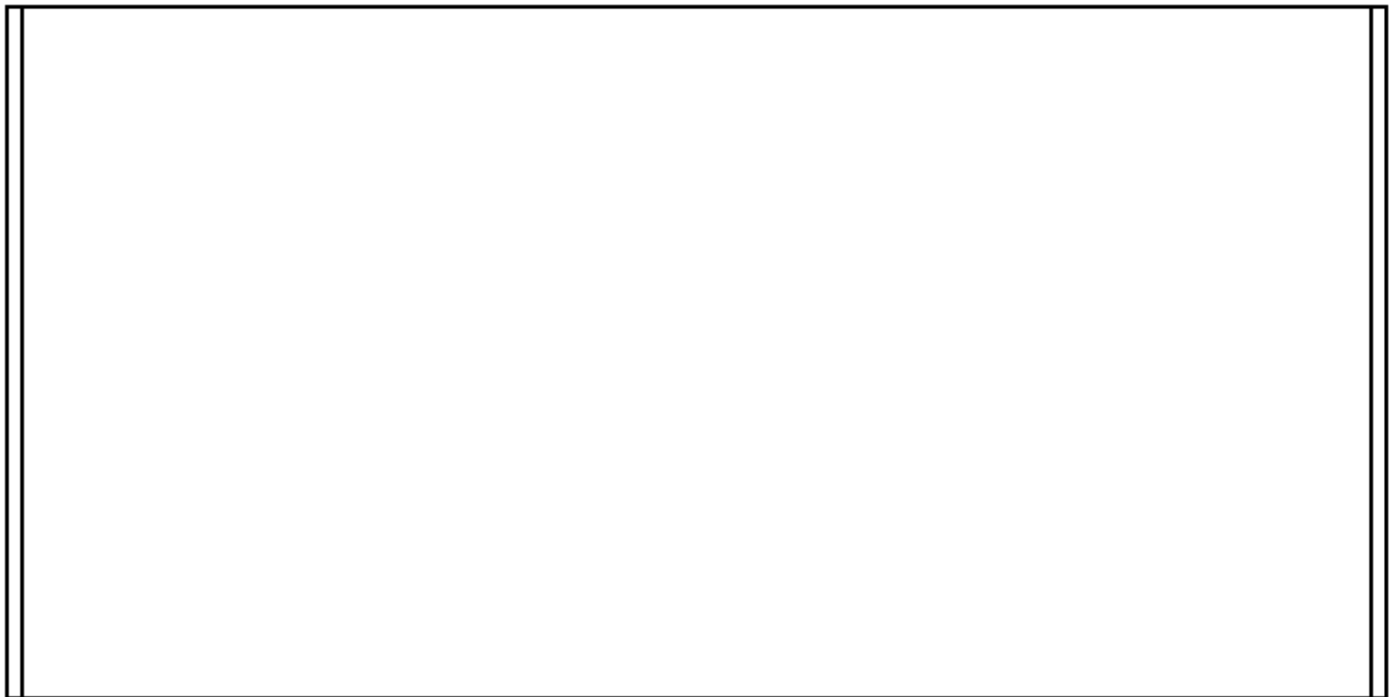
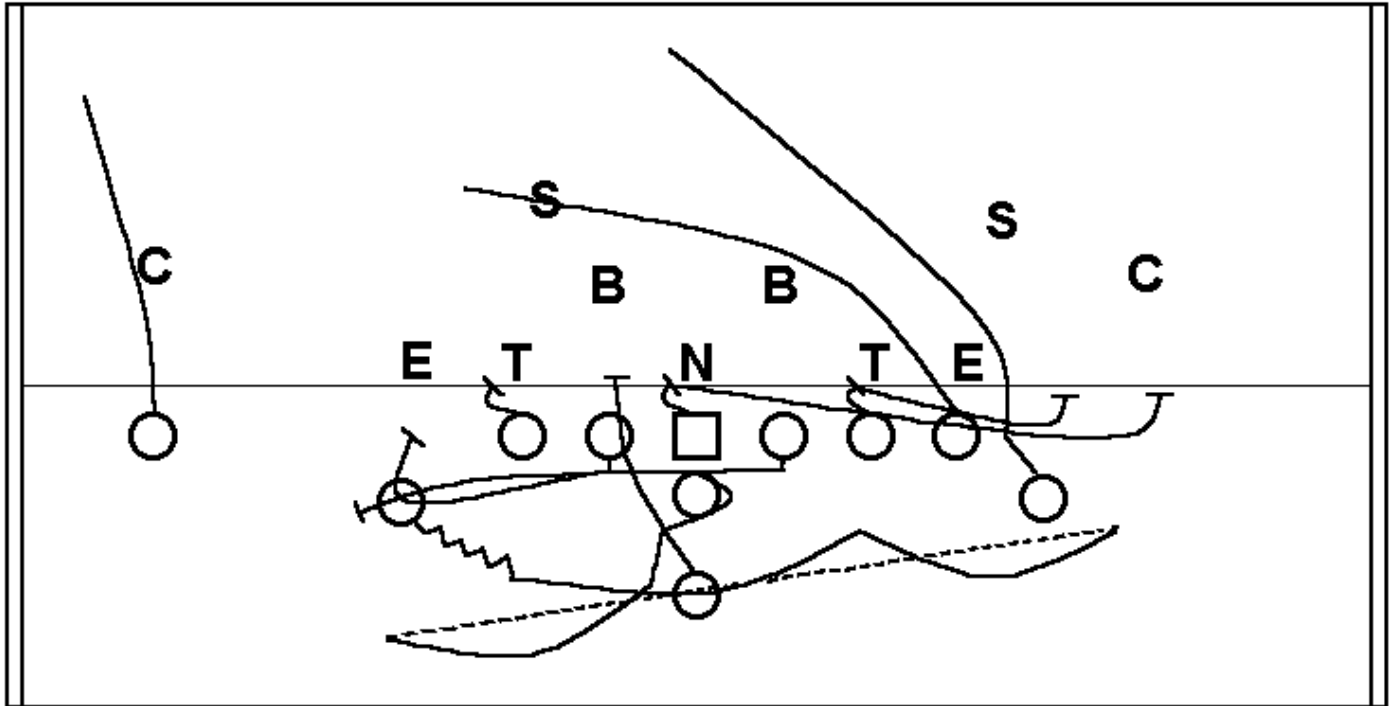


# Blue 21 Waggle Solid



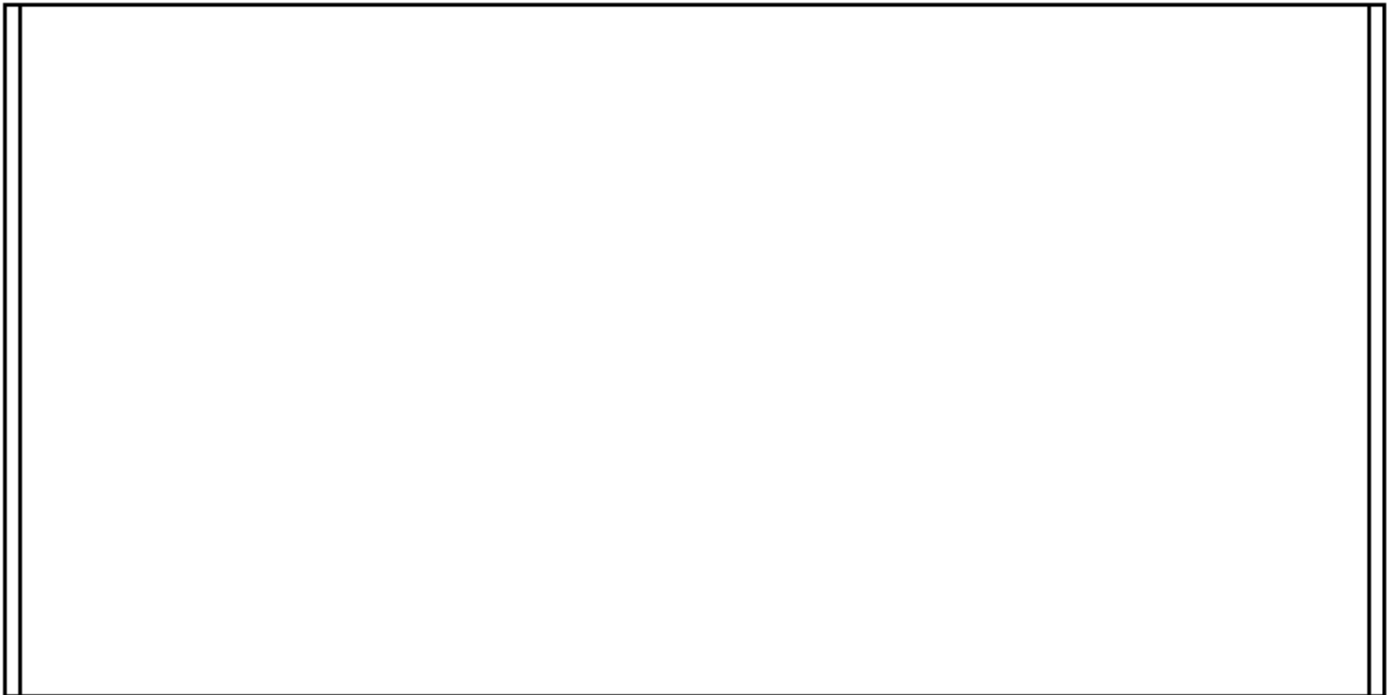
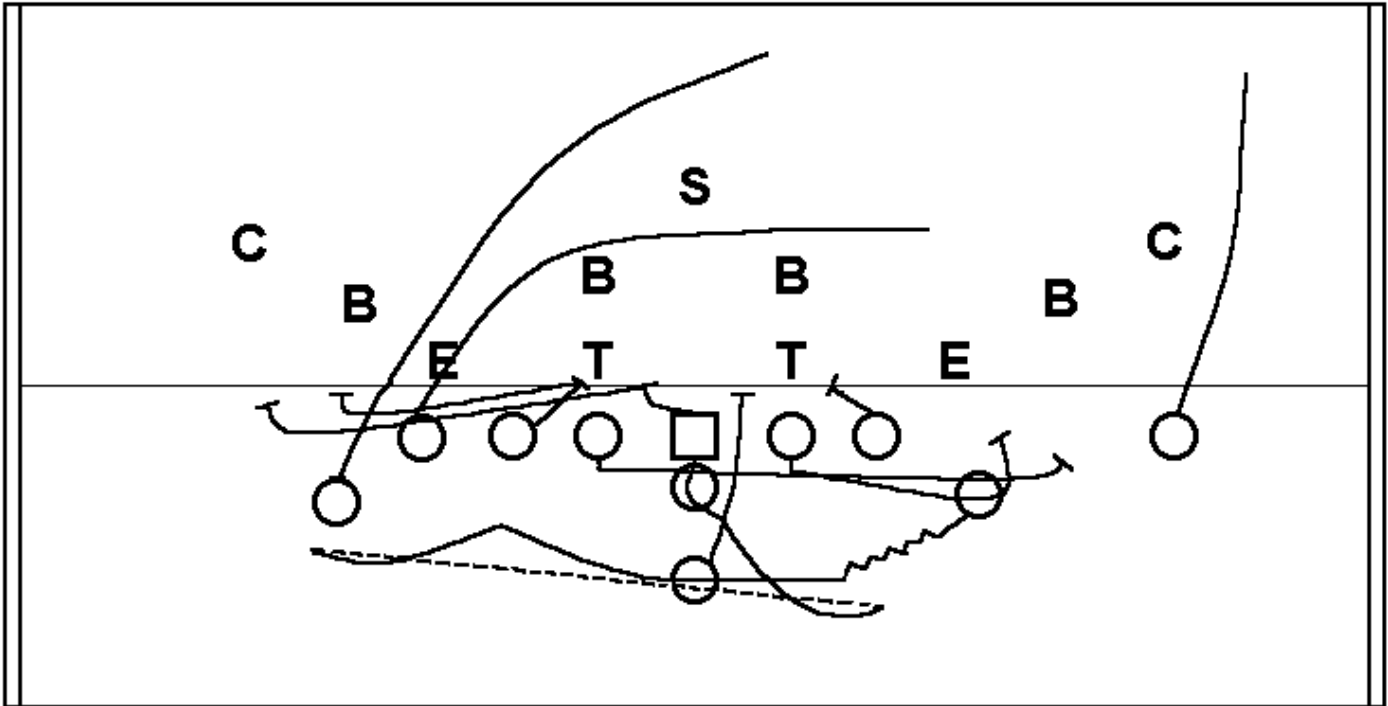


# Red 21 Waggle Screen To LH



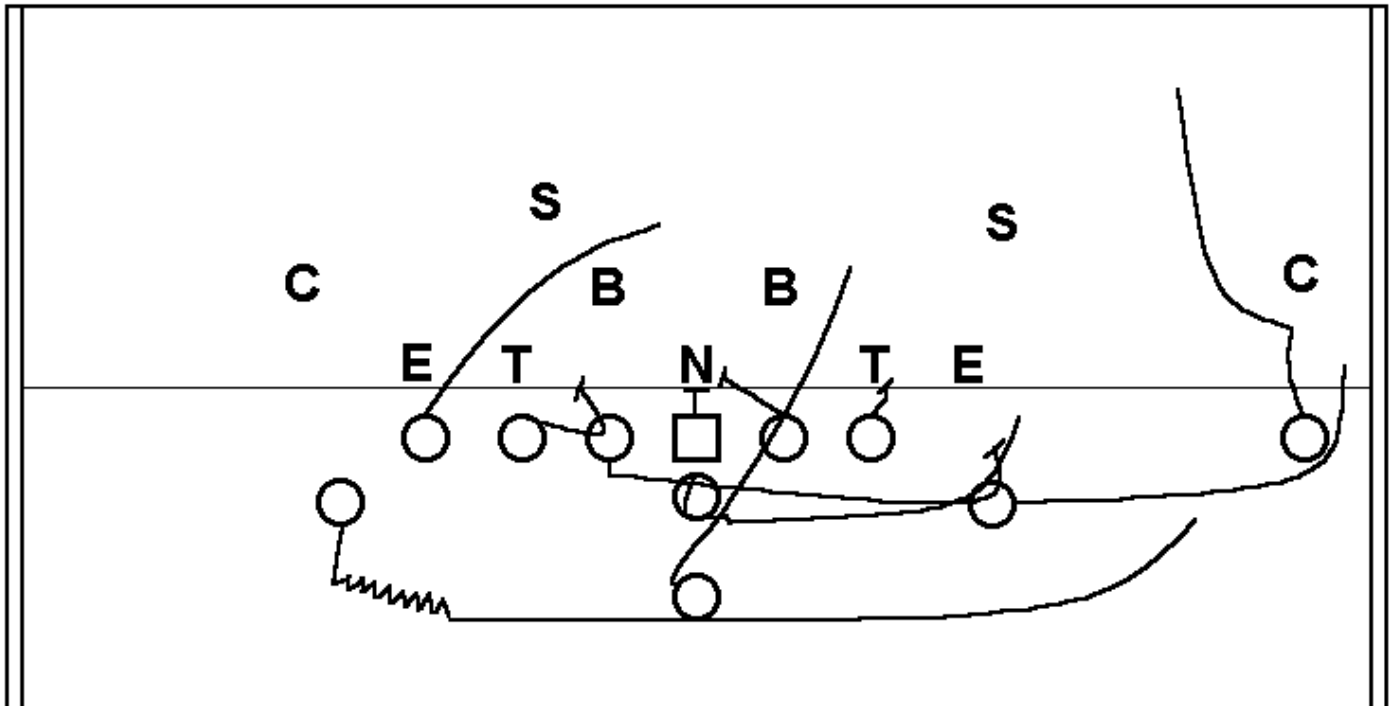


# Blue 29 Waggle Screen To RH





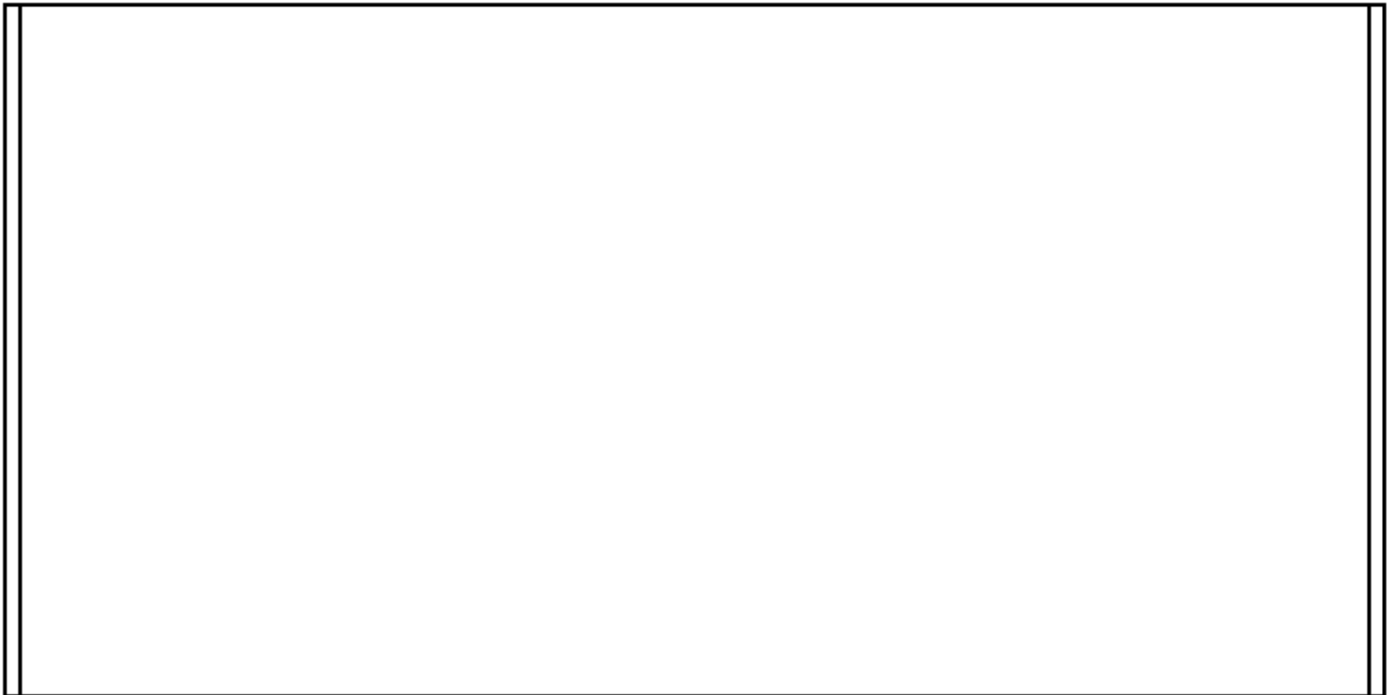
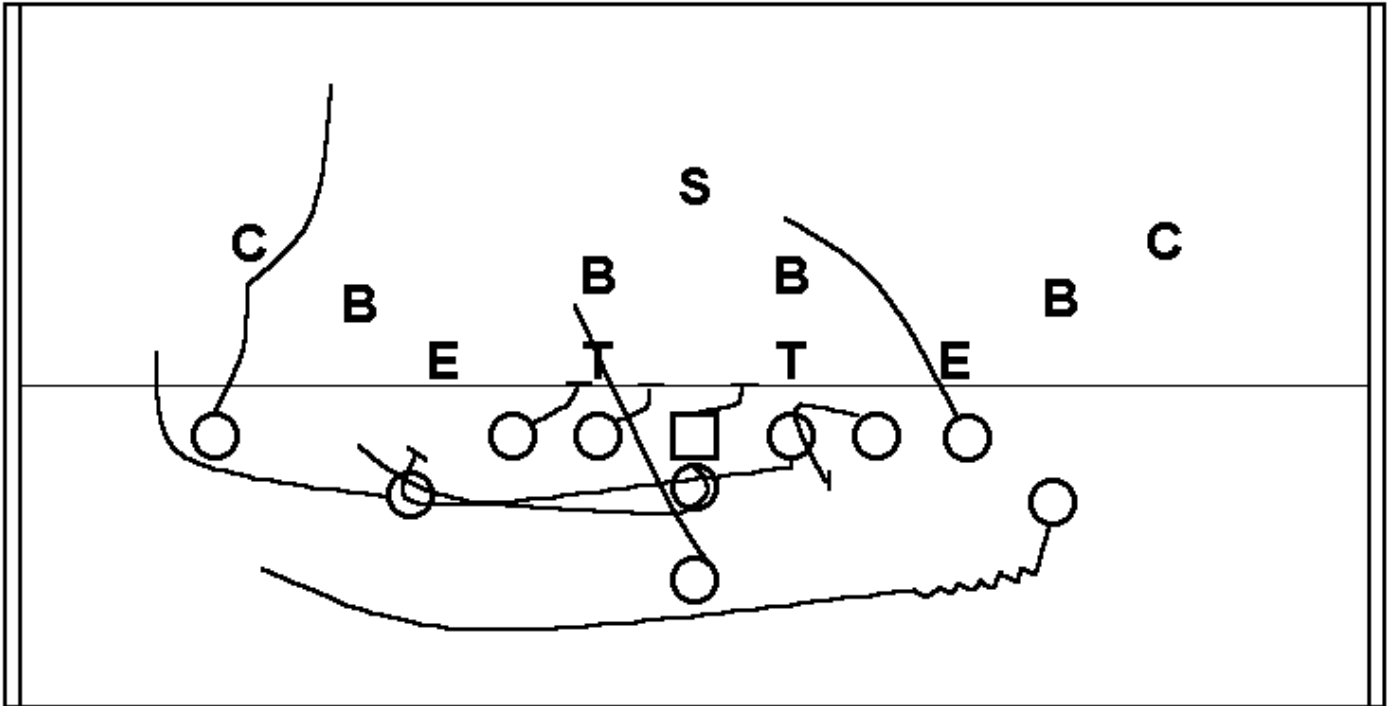
## Blue 21 Option Pass



- 2 - Slant
- 3 - Gap-on
- 4 - Gap-lead-down
- 5 - Post-left
- 6 - Pull-log 1st man outside 3 man
- 7 - Pull-check
- 8 - Release inside-crossing
- QB - Reverse pivot to midline for 2 steps-read secondary-pass-or option
- LH - Take off on snap-run option path-look for pitch
- RH - Flare outside slant pattern-look for pass over inside shoulder
- FB - Fake 24 GT

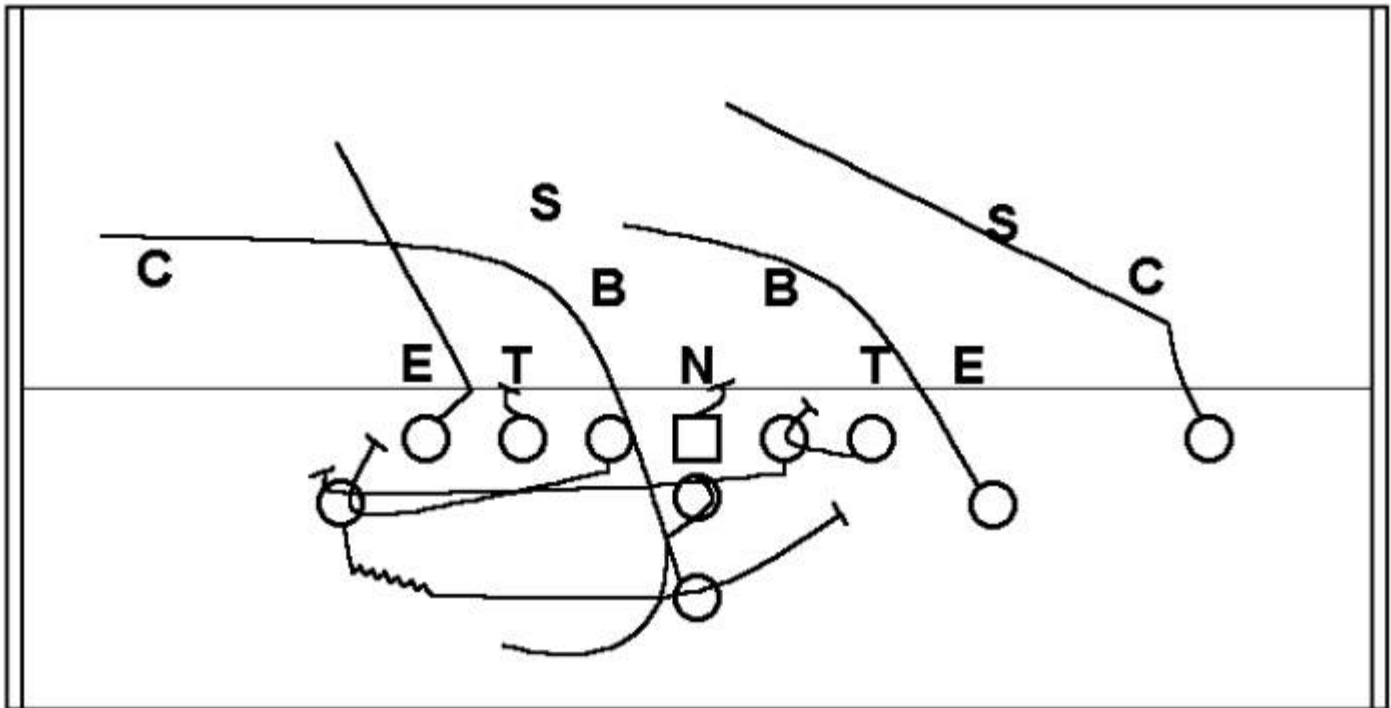


# Red 29 Option Pass





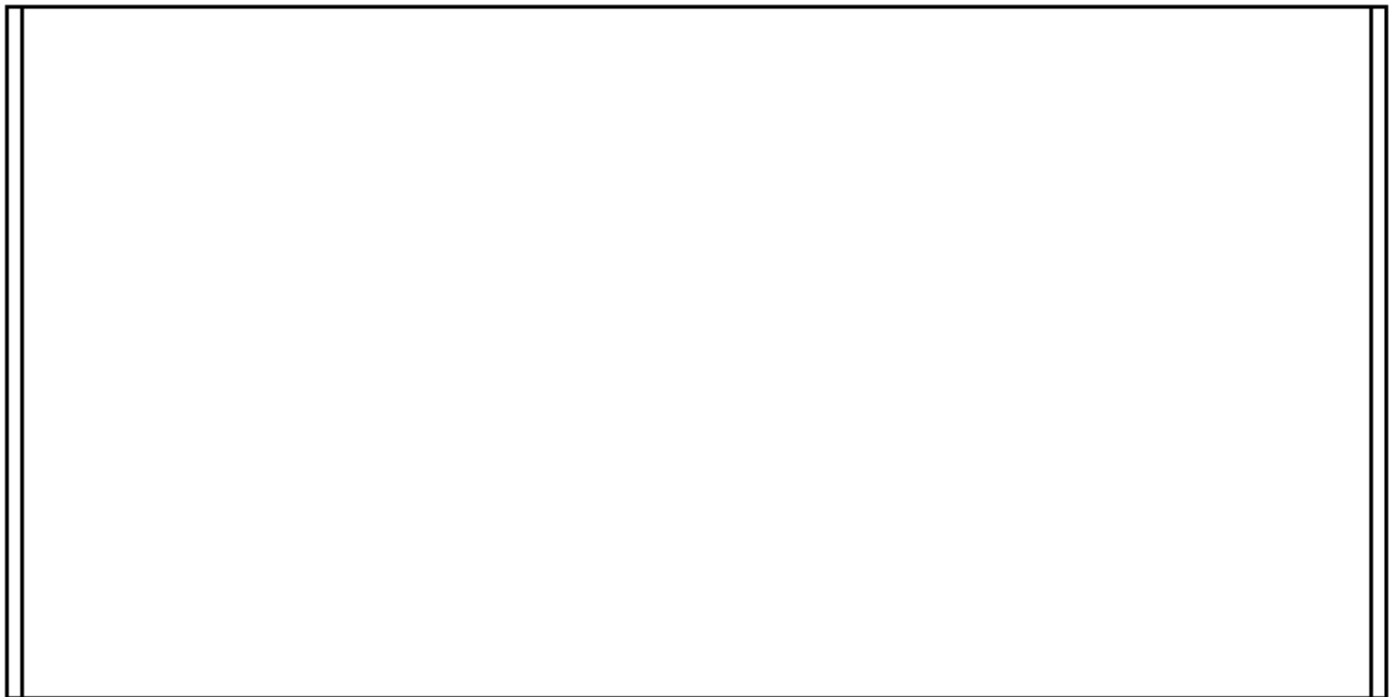
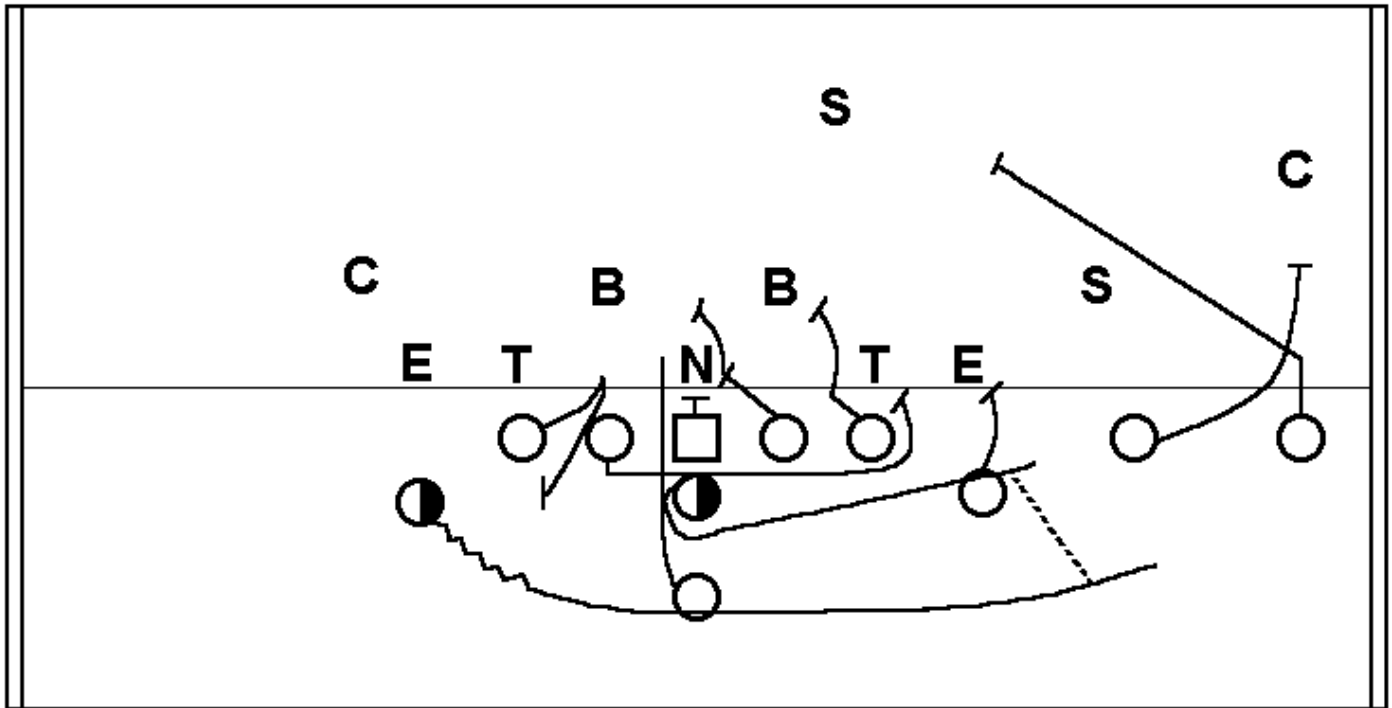
## Blue 21 Waggle



- 2 - Tight: Crossing pattern(read safety)  
Spread: Post pattern-key HB's pattern
- 3 - Gap-on area(pull check on "odd" call)
- 4 - Pull-read 6's block-clean up chase-block out(do not pull vs. eagle)
- 5 - Reach-right
- 6 - Pull-hook 2nd man from 5
- 7 - Gap-down-on
- 8 - Tight: Waggle pattern  
Spread-fly
- QB - Reverse pivot-fake to LH-option run or pass
- LH - Start in motion-block first man outside of 3 man's block
- RH - Fake 921-key middle safety-run crossing pattern
- FB - Dive for inside foot of 6 man-block 6 man's area-slide delayed into flat

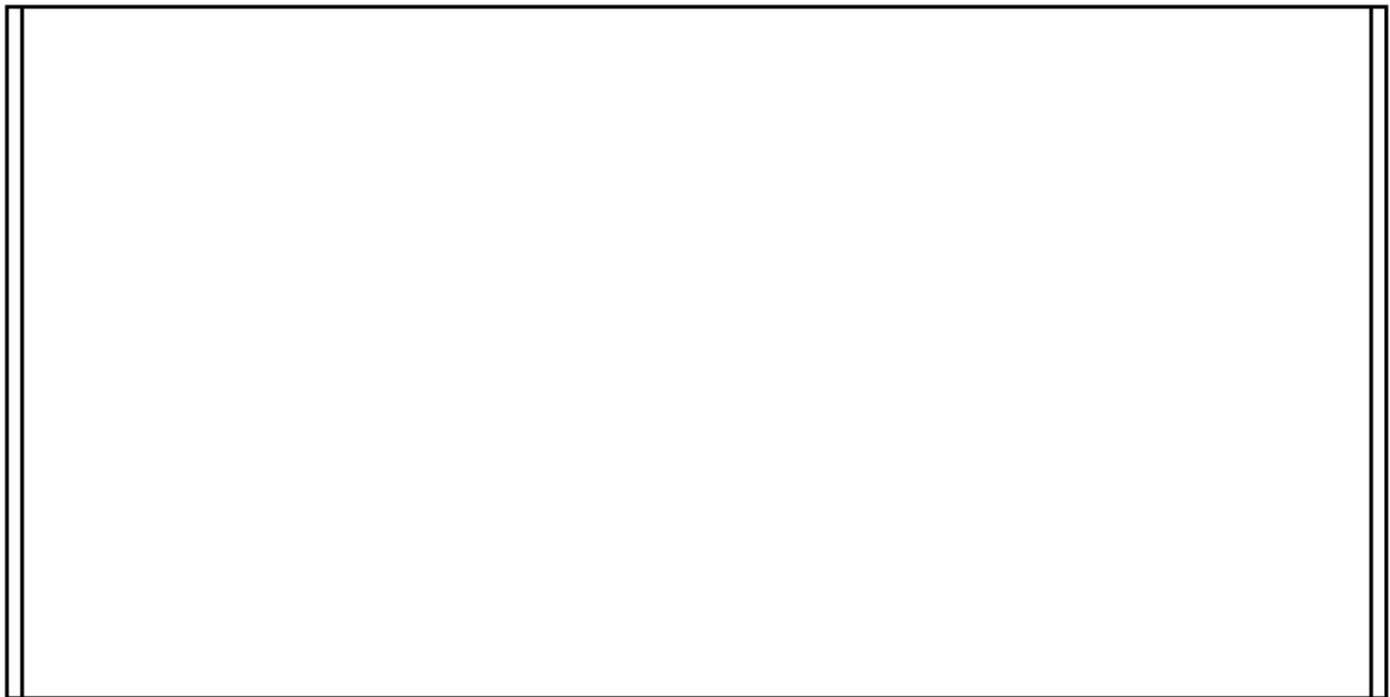
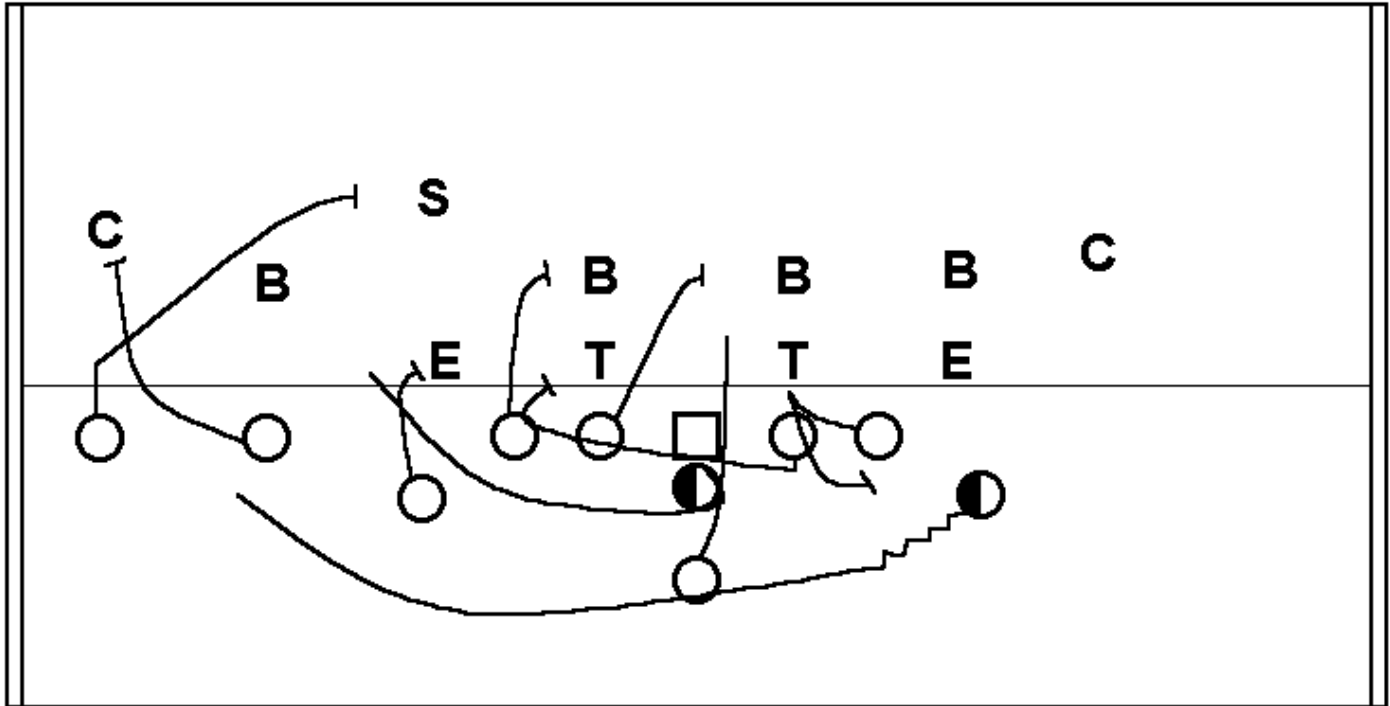


# Right Loose Red 21 Trap Option Load



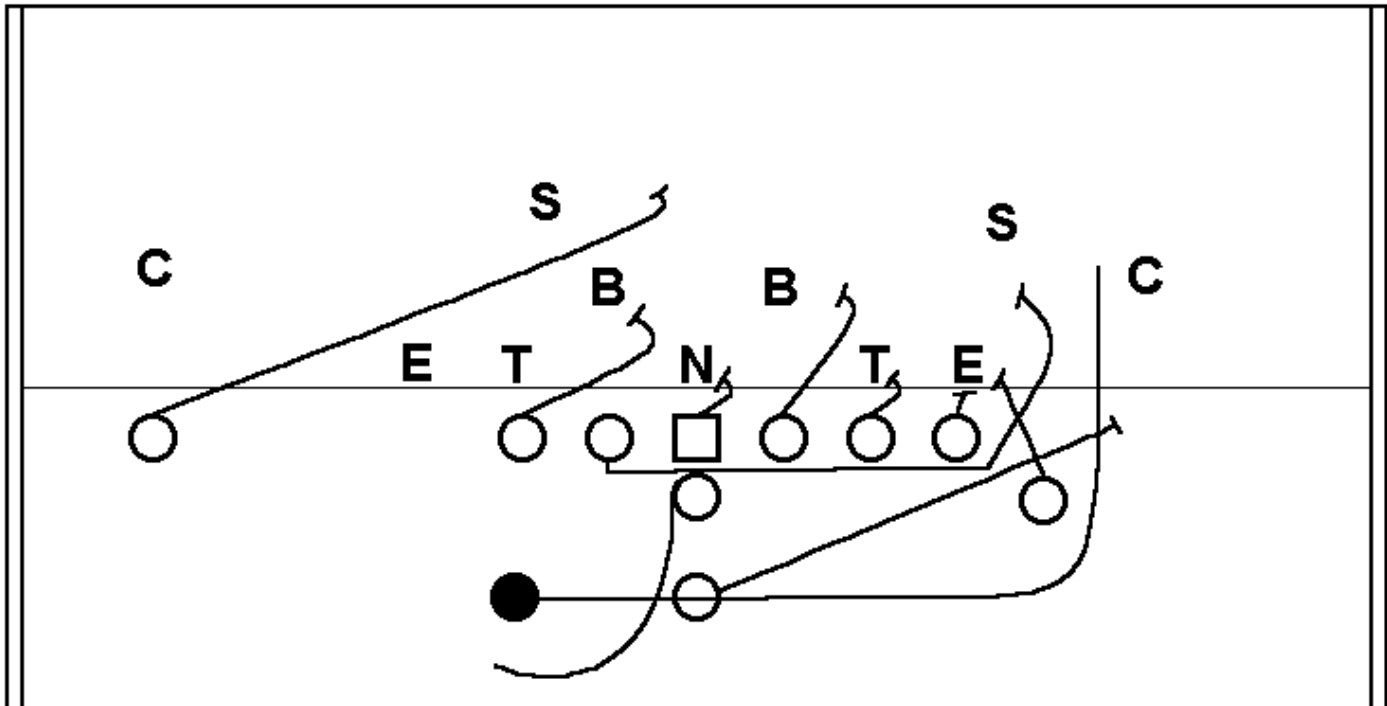


# Left Loose Blue 29 Trap Option Load



## 30 Series

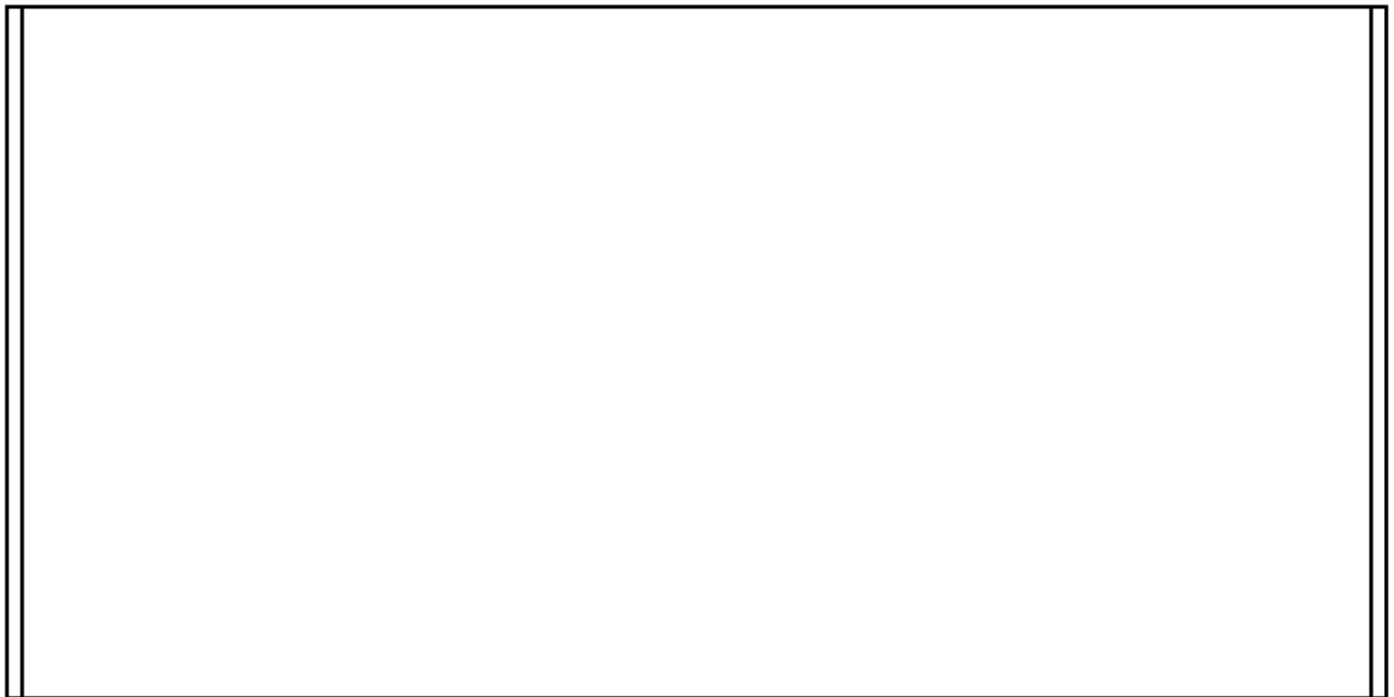
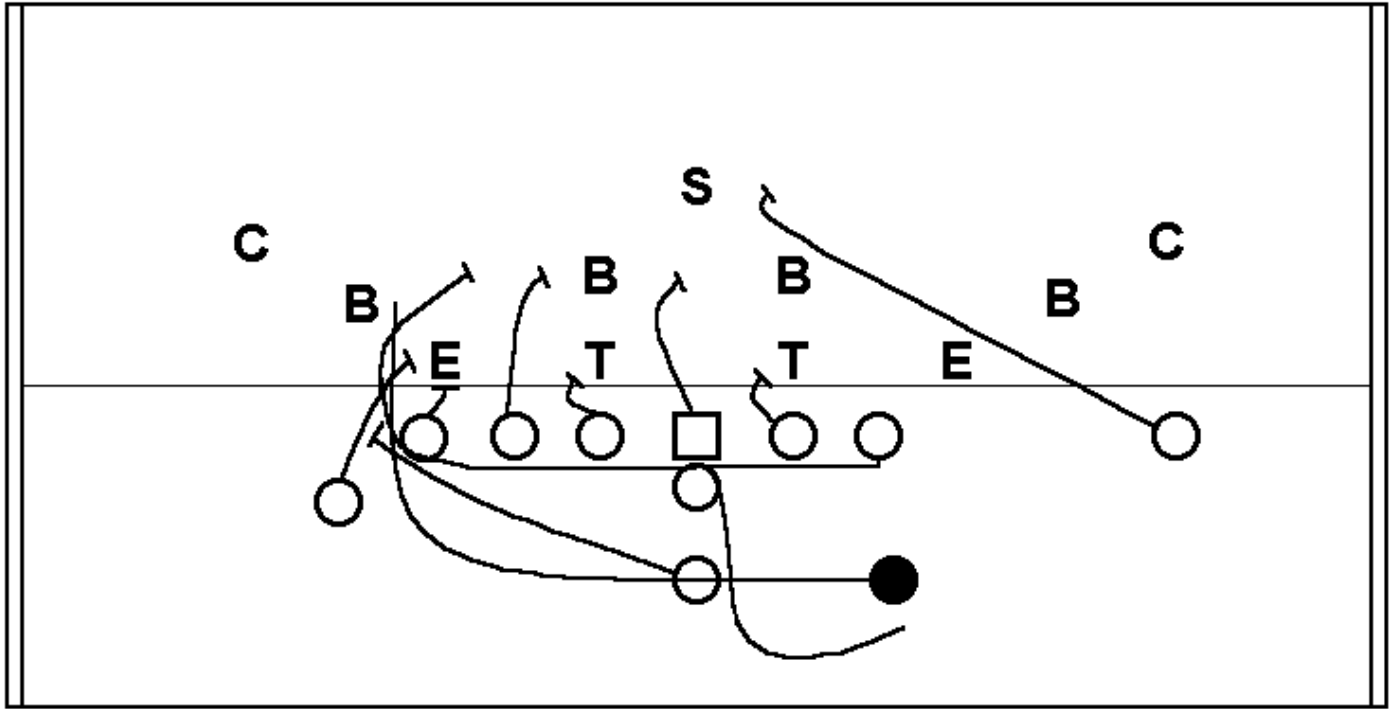
1. 131/939
2. Tight 131 Pass/Tight 939 Pass
3. 132/938
4. Tight 132 Keep Pass/Tight 938 Keep Pass
5. 134 CT/936 CT
6. Slot 134 CT at 8/Slot 936 CT at 2
7. Slot 134 CT Short/Slot 936 CT Short
8. 134 CT Boot Pass/936 CT Boot Pass
9. Tight 137 CTXX/Tight 933 CTXX
10. Slot 138 CTXX/Slot 932 CTXX
11. Tight 139 CTXX/Tight 931 CTXX
12. Tight 139/Tight 931
13. Loose M 131 Option Wall/Loose M 939 Option Wall
14. Loose 131 Load/Loose 939 Load
15. Loose Z 131 Option/Loose Z 939 Option
16. Slot 131 Fan/Slot 939 Fan
17. Slot 133/Slot 937
18. Slot 932 CT Shuffle Pass/Slot 138 CT Shuffle Pass
19. Tight 132 CT/Tight 938 CT
20. Tight 134 CT Jump Pass/Tight 936 CT Jump Pass
21. Tight 137 Dive to LH/Tight 933 Dive to RH
22. Tight 138 CTXX Boot Pass/Tight 932 CTXX Boot Pass
23. Tight 936 CT Pass/Tight 134 CT Pass
24. X139/X931



- 2 - Gap-conditional-post-read
- 3 - Reach-on-backer-pull if uncovered
- 4 - Reach-on-backer
- 5 - Reach-on-backer
- 6 - Reach-on-backer
- 7 - Pull if uncovered-man on-reach
- 8 - Cut off
- QB - Reverse pivot0follow midline-hand off to LH-bootleg left
- LH - carrier
- RH - block first free man inside
- FB - Head for tail of 2 man-block first man outside of RH's block

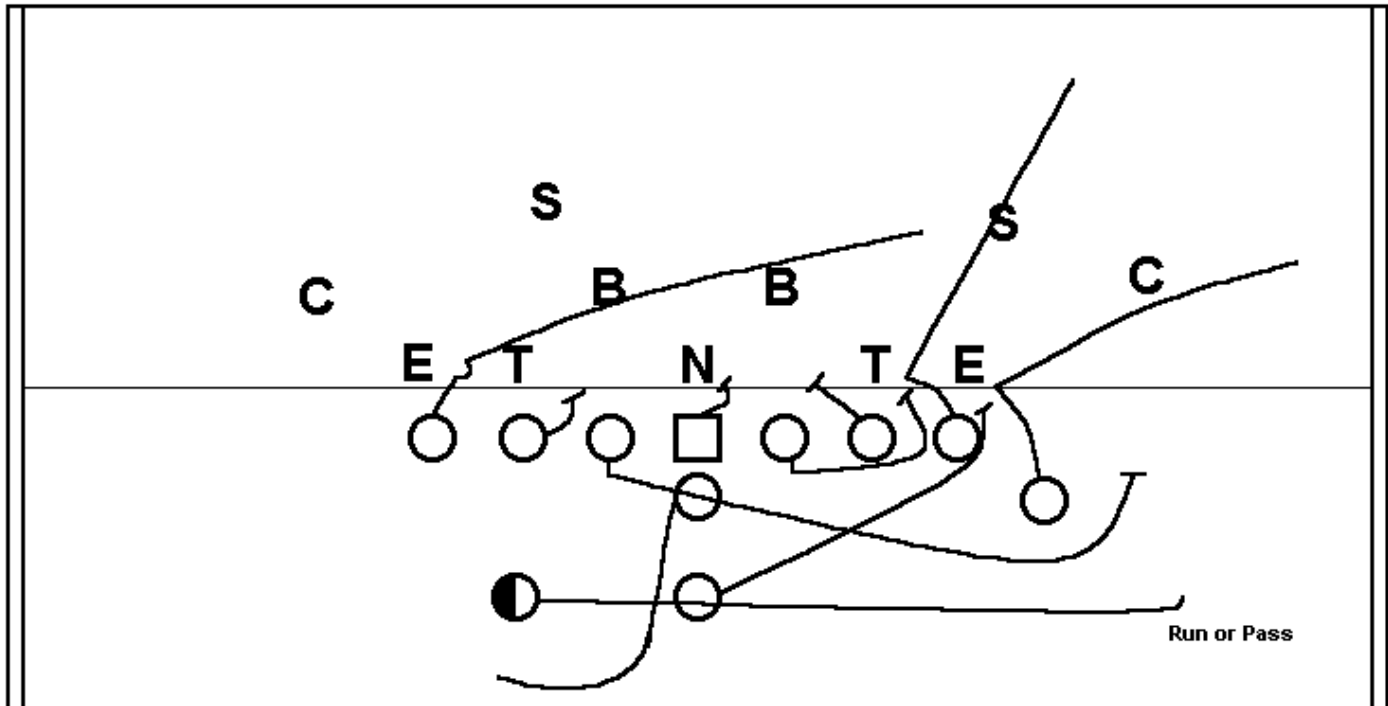


939



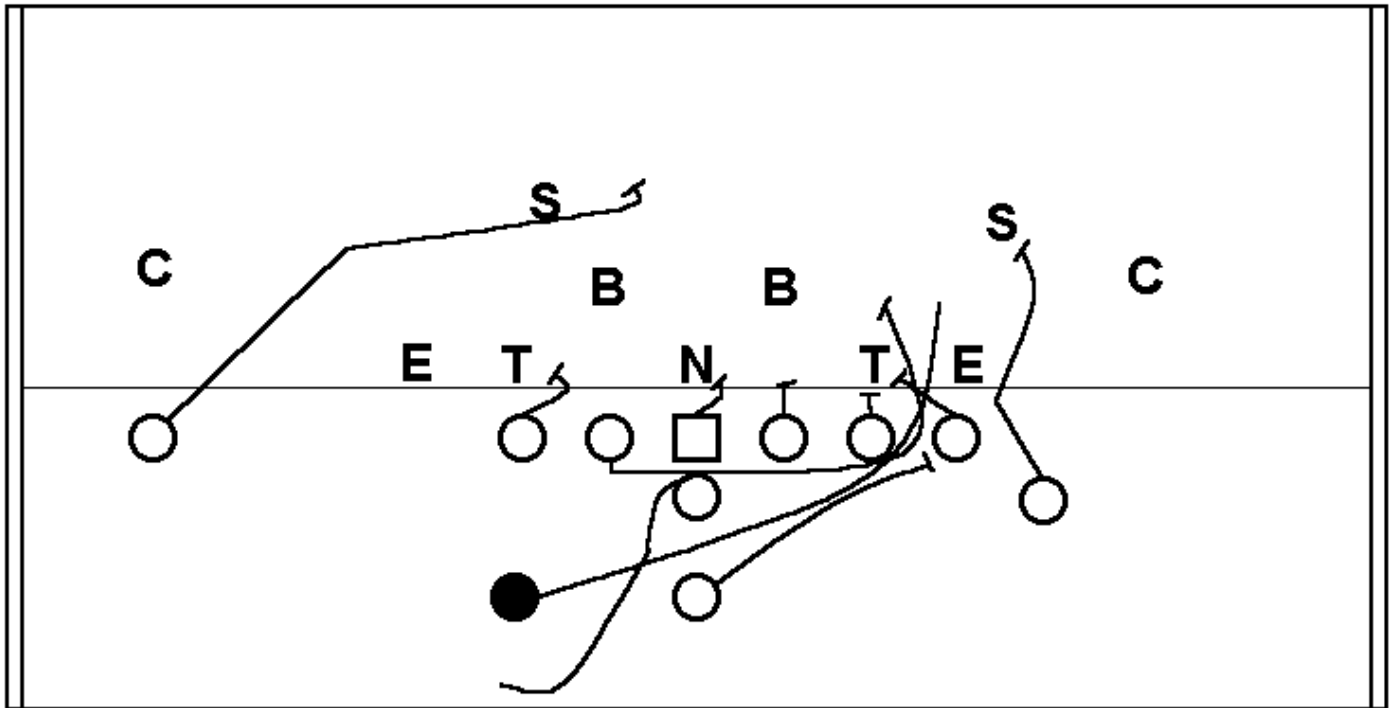


## Tight 131 Pass



- 2 - Fake gap block-run flag pattern
- 3 - Gap-inside
- 4 - Pull-block first man outside of 3
- 5 - On-right
- 6 - Pull-react to LH's call-block on line of scrimmage or turn up
- 7 - Block 1st man outside of 5
- 8 - Run crossing pattern
- QB - Reverse pivot-handoff to LH-fake bootleg at nine
- LH - Carrier: Receive ball-if RH is open dump pass the ball-if defense drops off call "go" and run
- RH - Fake gap block-run into flat at 5 yards
- FB - Block 1st man outside of 3's block

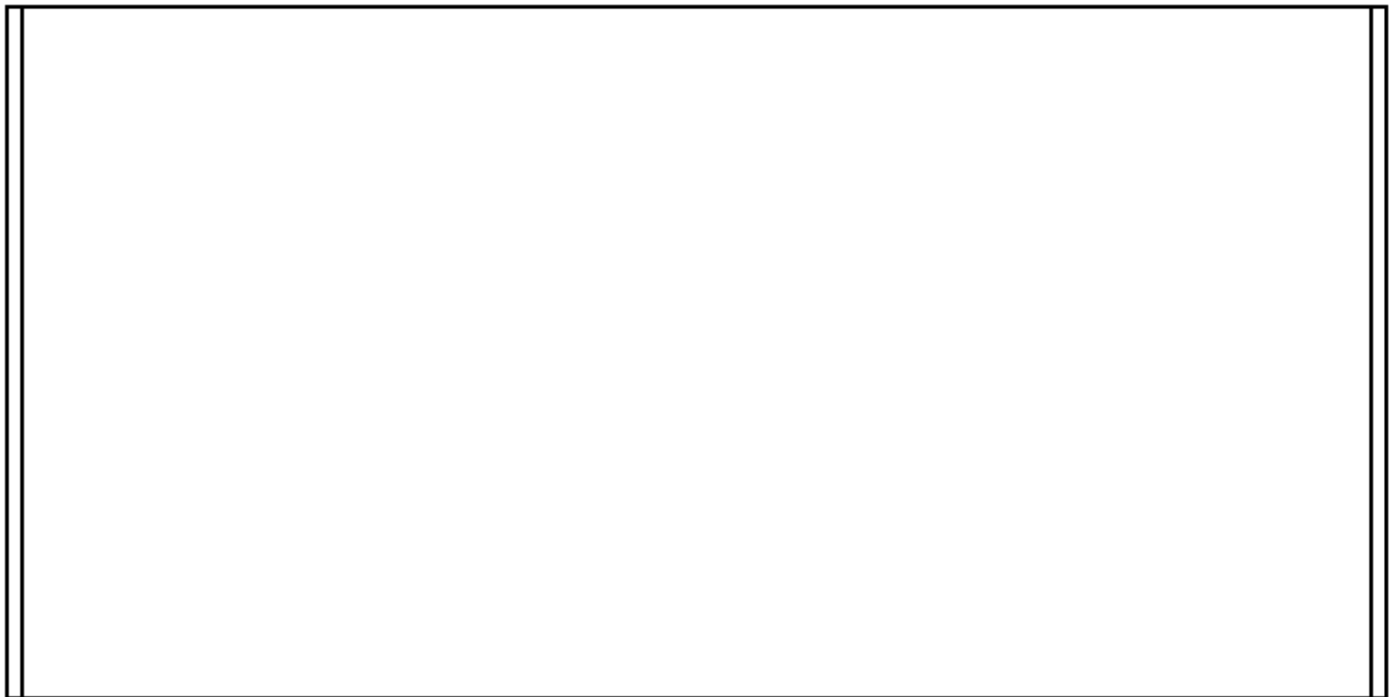
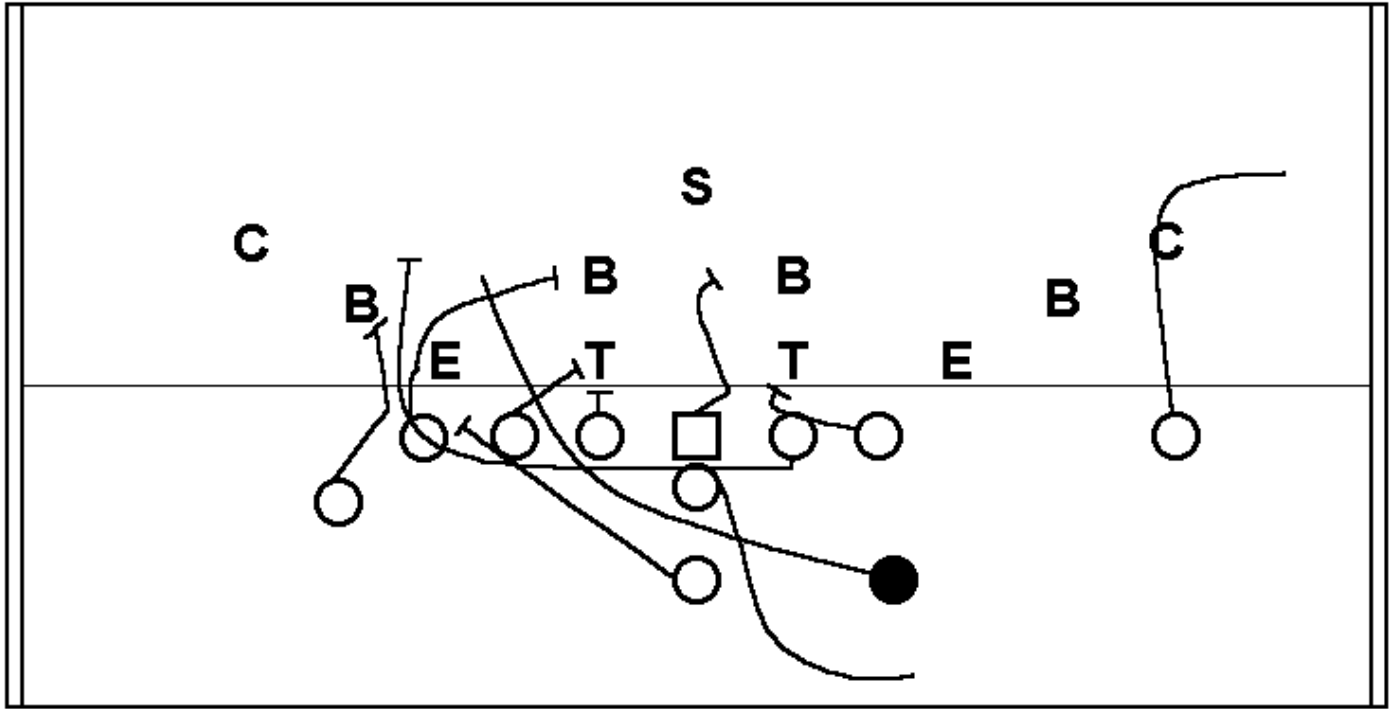




- 2 - Lead("60" call)-backer-influence block right
- 3 - Gap-post(man on "60" call)-lead("blue" call)
- 4 - Gap-area-post(man on)
- 5 - On-area-left
- 6 - Pull-wall off
- 7 - Pull-check
- 8 - Out cut
- QB - Reverse pivot-handoff-bootleg left
- LH - Carrier: Run directly for hole
- RH - Influence first man on or outside of 2-wall off
- FB - Head for tail of 3 man-block first man outside of 3 man

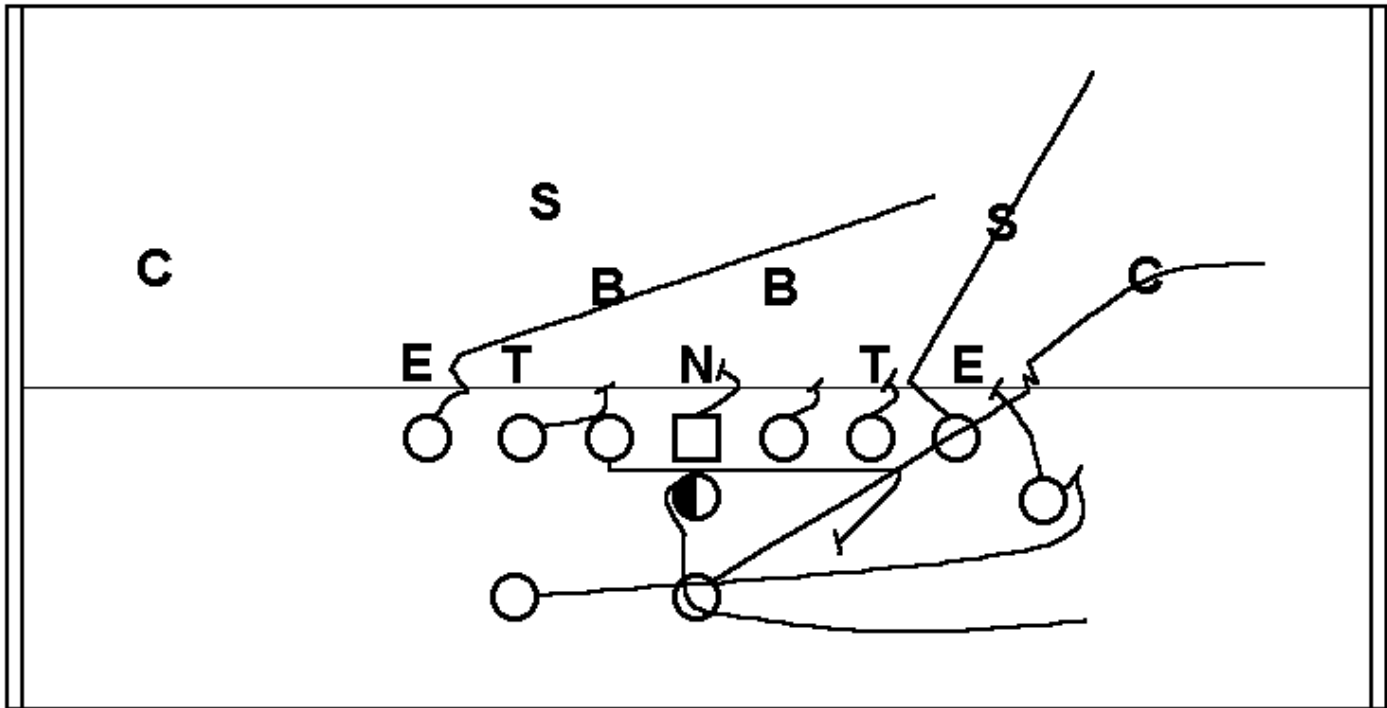


938





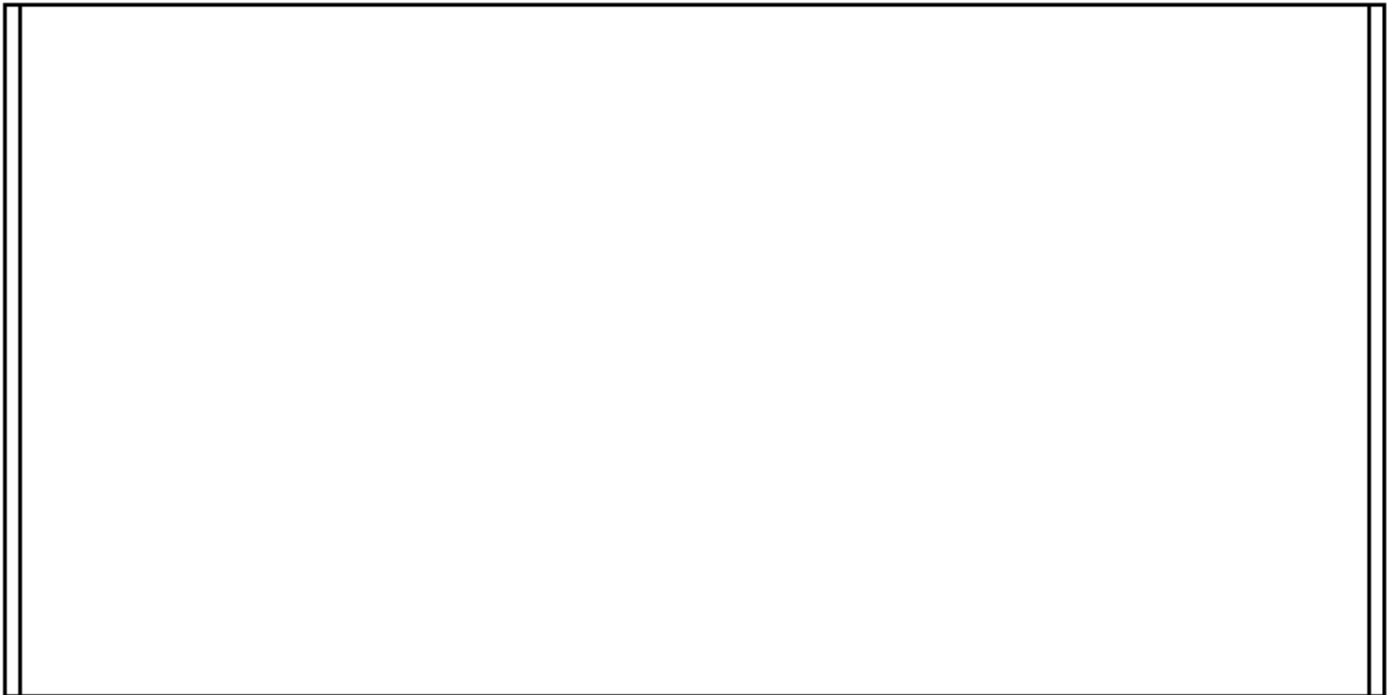
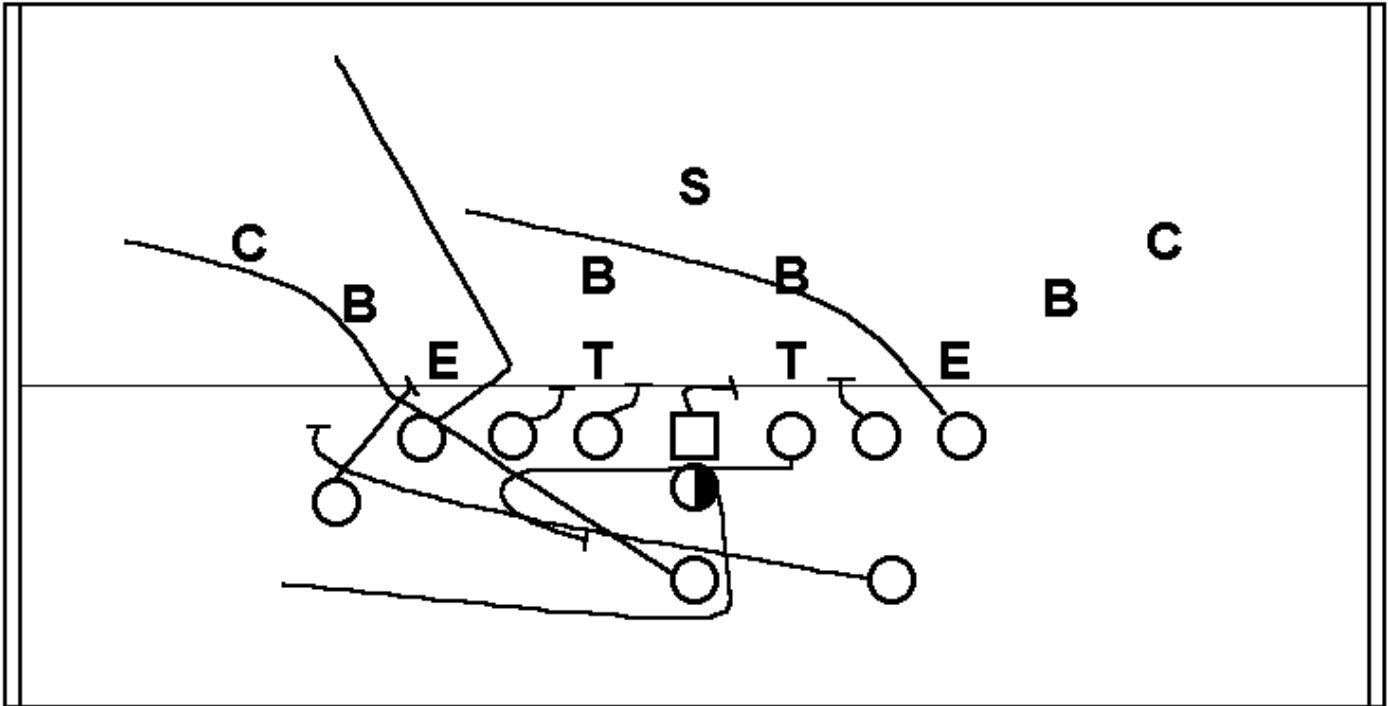
## Tight 132 Keep Pass



- 2 - Gap (If you block call "2")-no one in gap run flag pattern
- 3 - Gap-area-on
- 4 - Gap-area
- 5 - Gap-area-left
- 6 - Pull to outside leg of 3-2 steps depth-block back
- 7 - Block 2nd man outside 5
- 8 - Crossing pattern-split FB and deep receiver
- QB - Reverse pivot-fake ball to LH and roll at one-Turn on speed no deeper than 5 1/2 yards-if they give it to you, run
- LH - Fake 132-flatten out behind 3 and block 1st man outside of RH's block (or 2's block)
- RH - If end calls "2" run flag pattern-if you hear nothing block 1st man on or outside of end
- FB - Run directly at first man outside of RH-fake block-slip him and run into flat at 5 yards

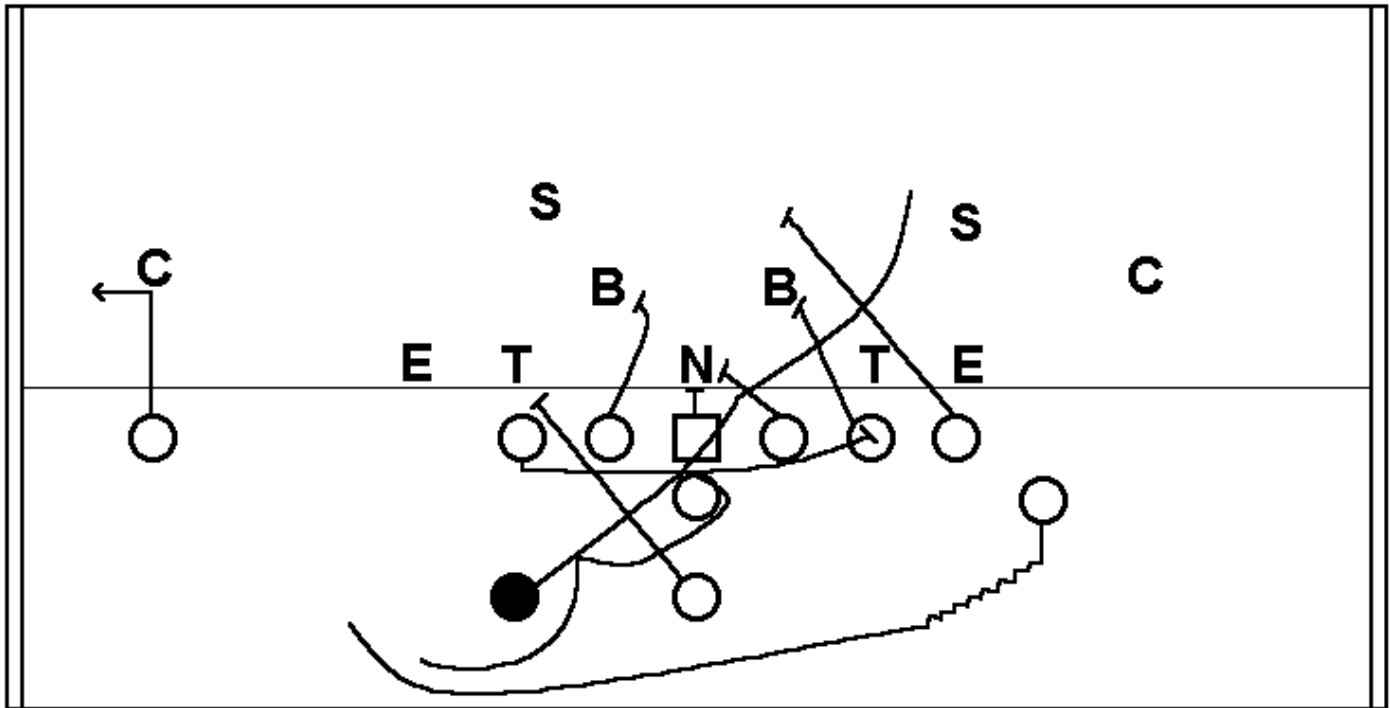


# Tight 938 Keep Pass





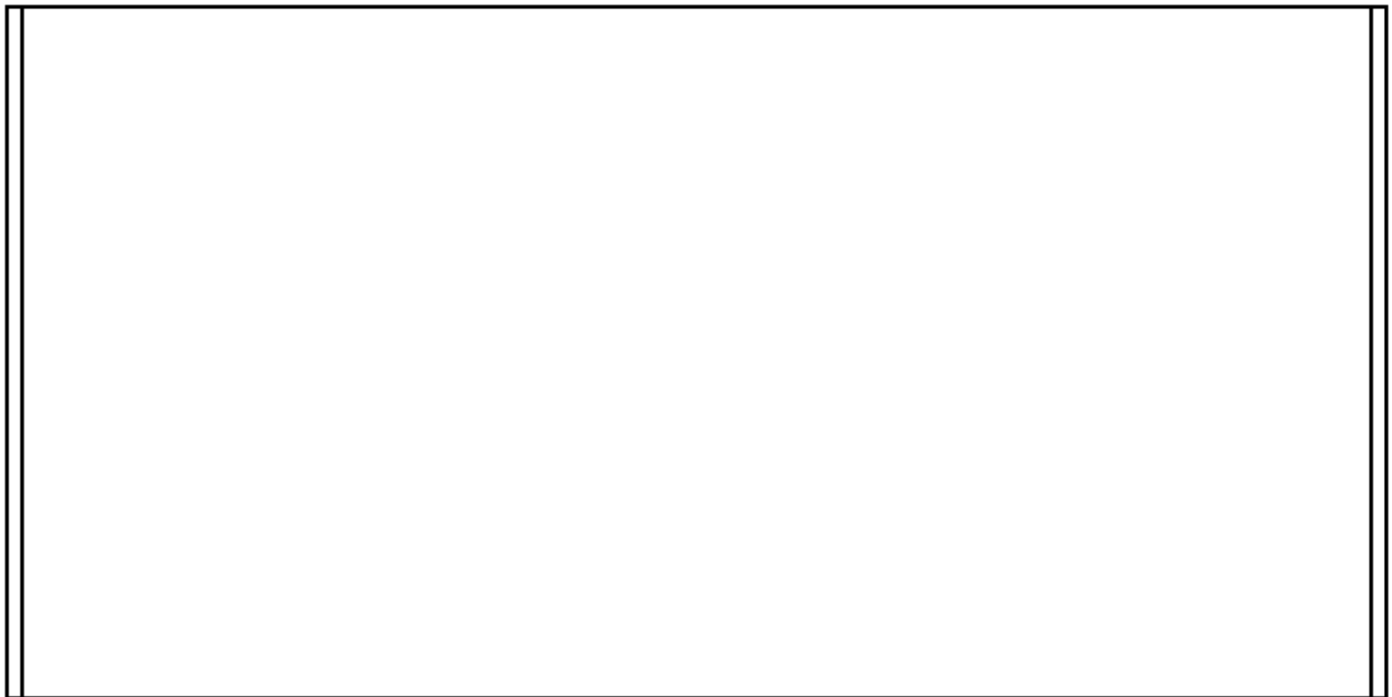
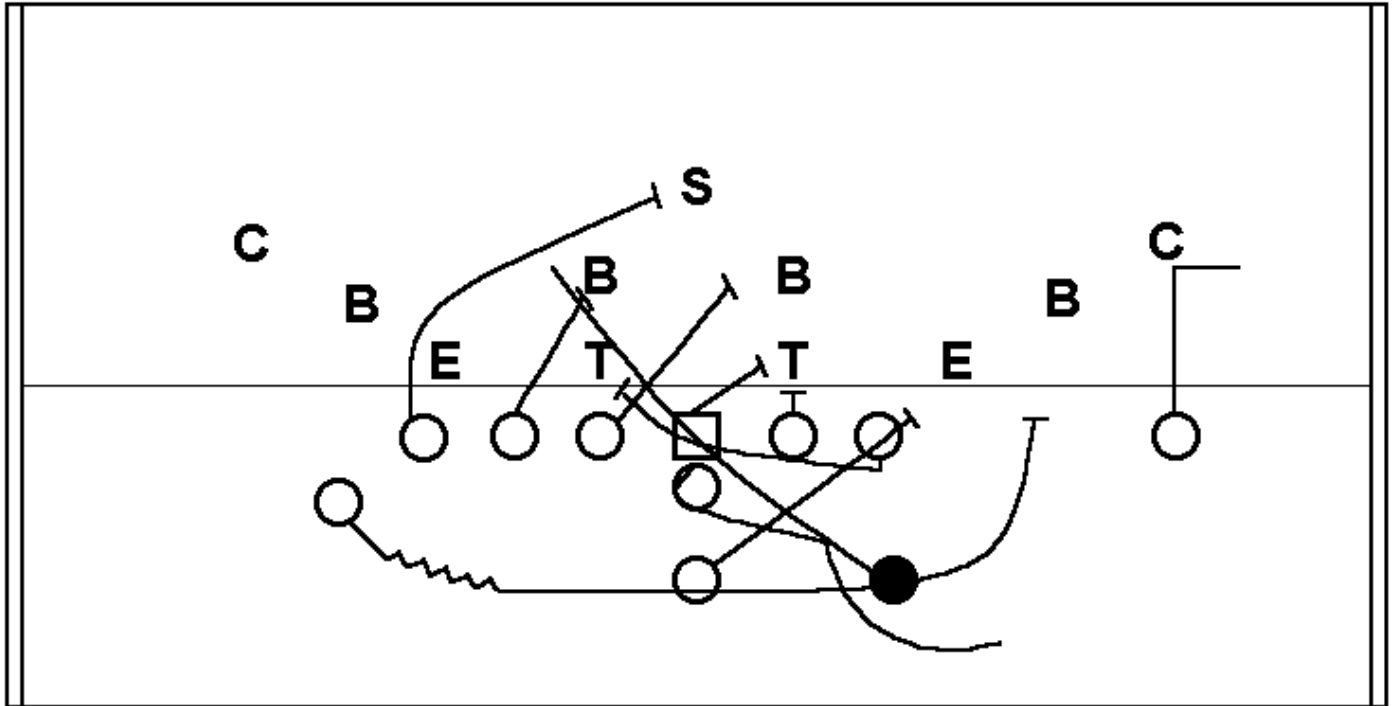
# 134 CT



- 2 - Gap-backer
- 3 - First backer from 5 man-block safety
- 4 - Gap-lead-backer(influence)
- 5 - Post-lead-backer
- 6 - Area-post
- 7 - Pull-inside out
- 8 - Spread: Out cut  
Tight: Cutoff
- QB - Reverse pivot-hand ball off to LH-bootleg left
- LH - Carrier: Rock weight on left foot-receive inside handoff
- RH - Leave in early motion-block 1st man outside of 8 man
- FB - Drive for 6-7 seam-block 1st man in area

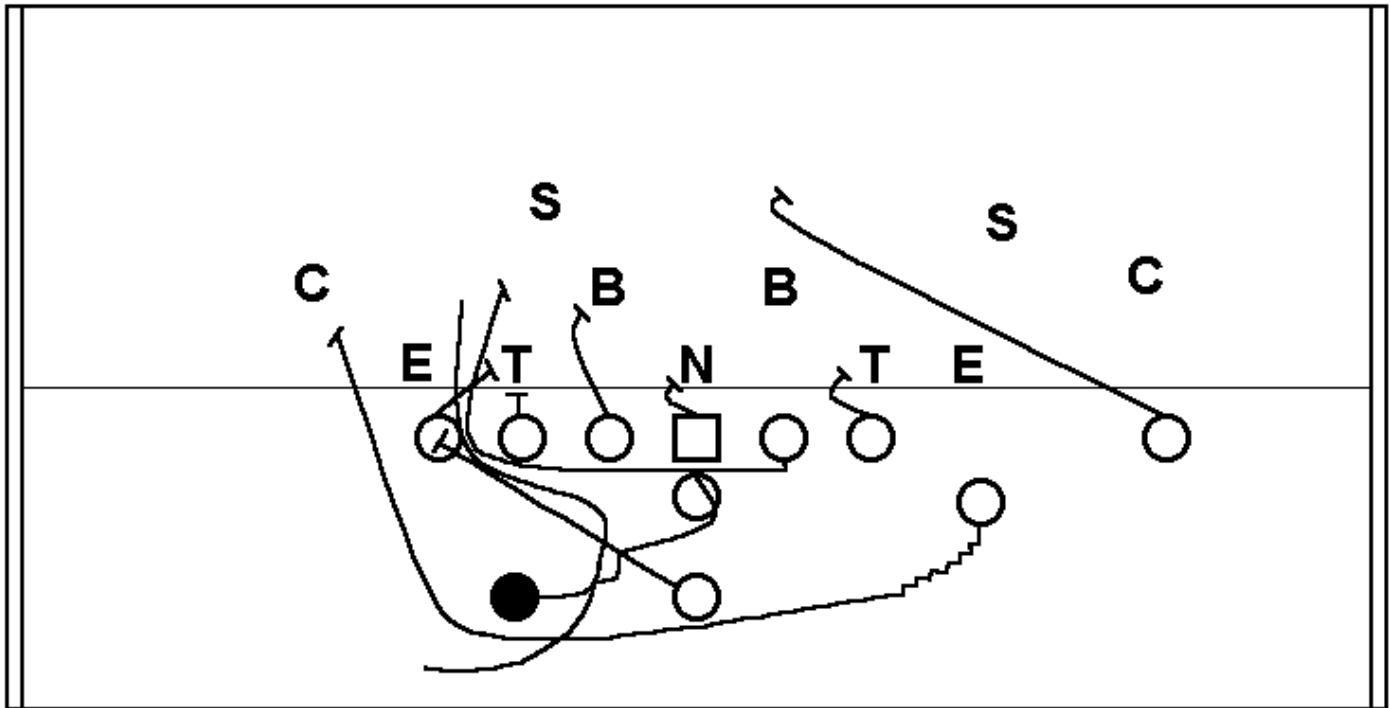


# 936 CT





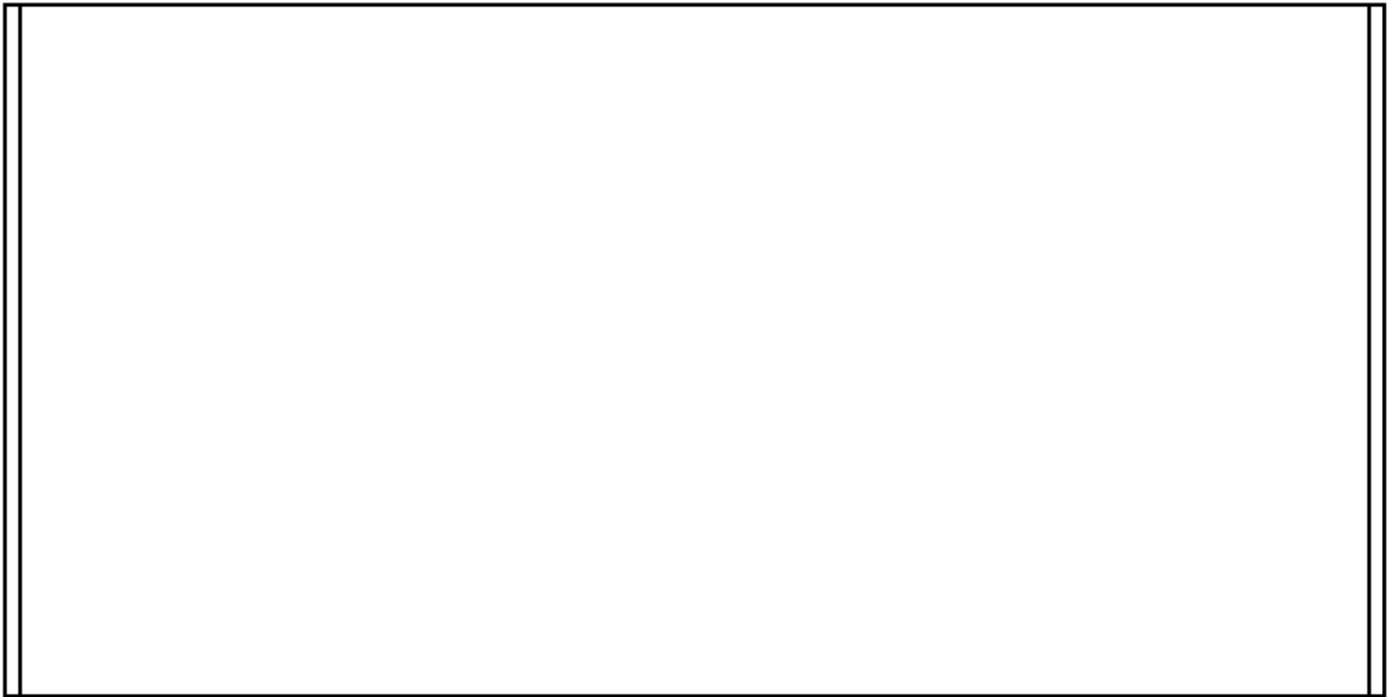
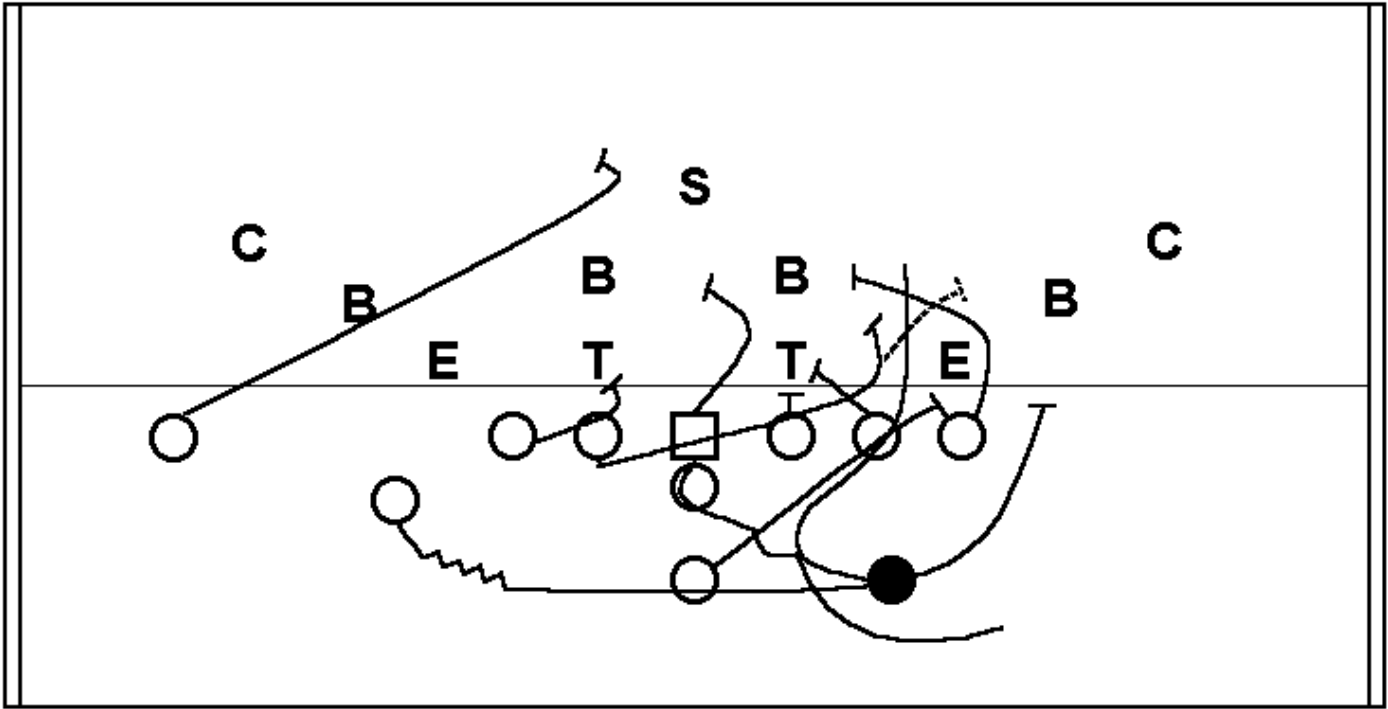
## Slot 134 CT at 8



- 2 - Cutoff
- 3 - Pull-check
- 4 - Pull-wall off
- 5 - On-area-right
- 6 - Gap-area-post
- 7 - Gap-post-lead
- 8 - Lead-backer-influence block left
- QB - Reverse pivot-hand ball of to LH-bootleg right
- LH - Carrier: Rock weight on left foot-receive inside handoff
- RH - Leave in early motion-block 1st man outside of 8 man
- FB - Head for tail of 7 man-block 1st man outside of 7 man

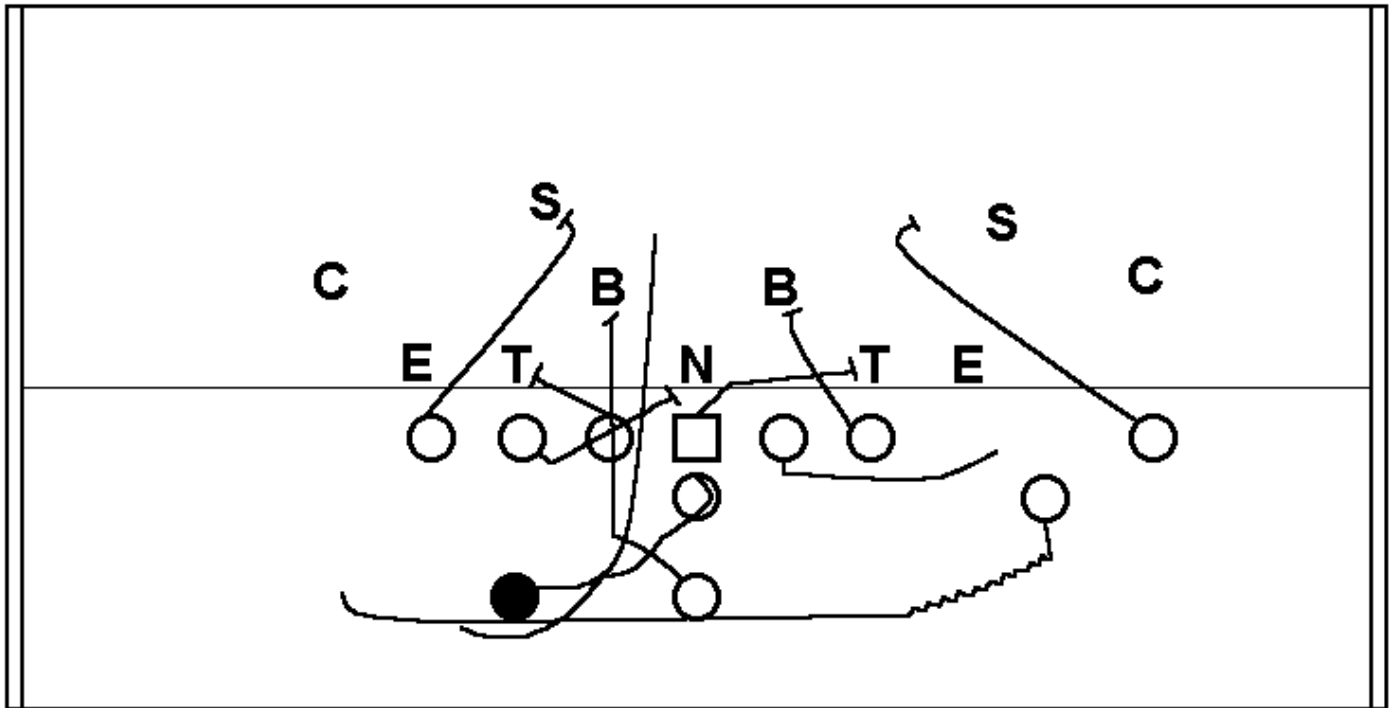


# Slot 936 CT at 2





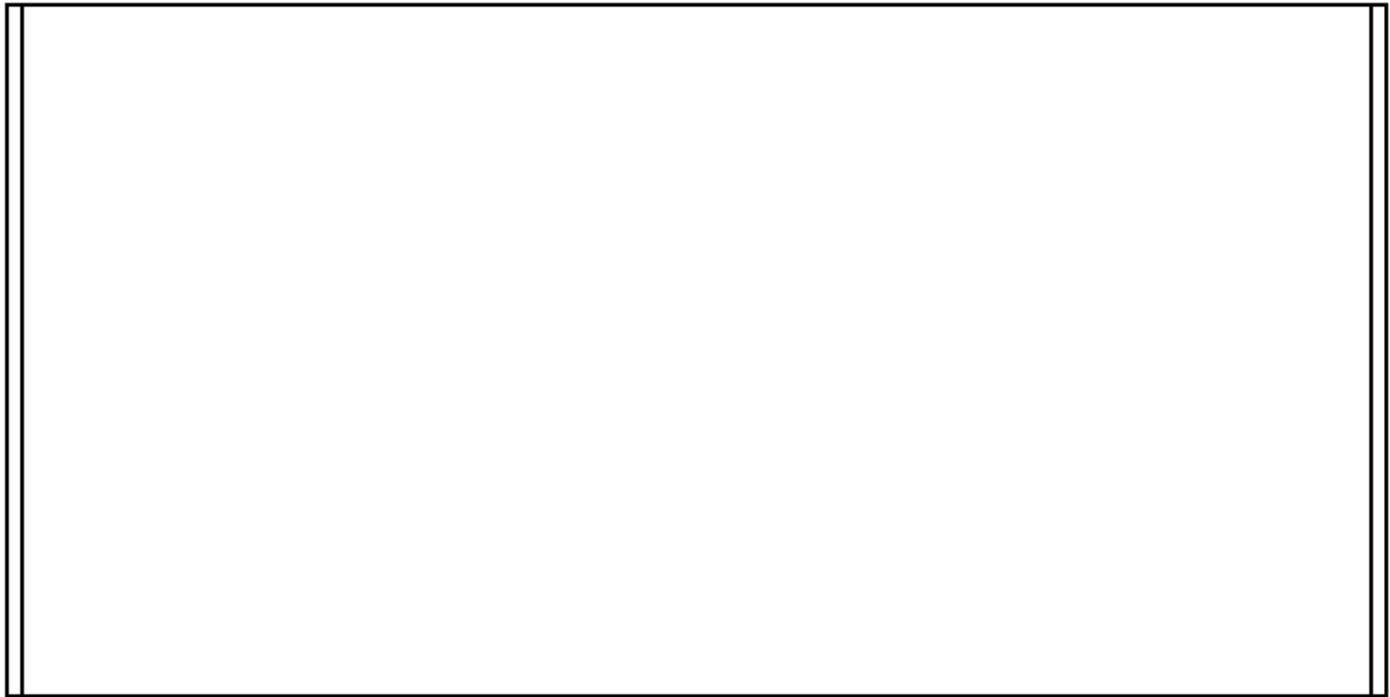
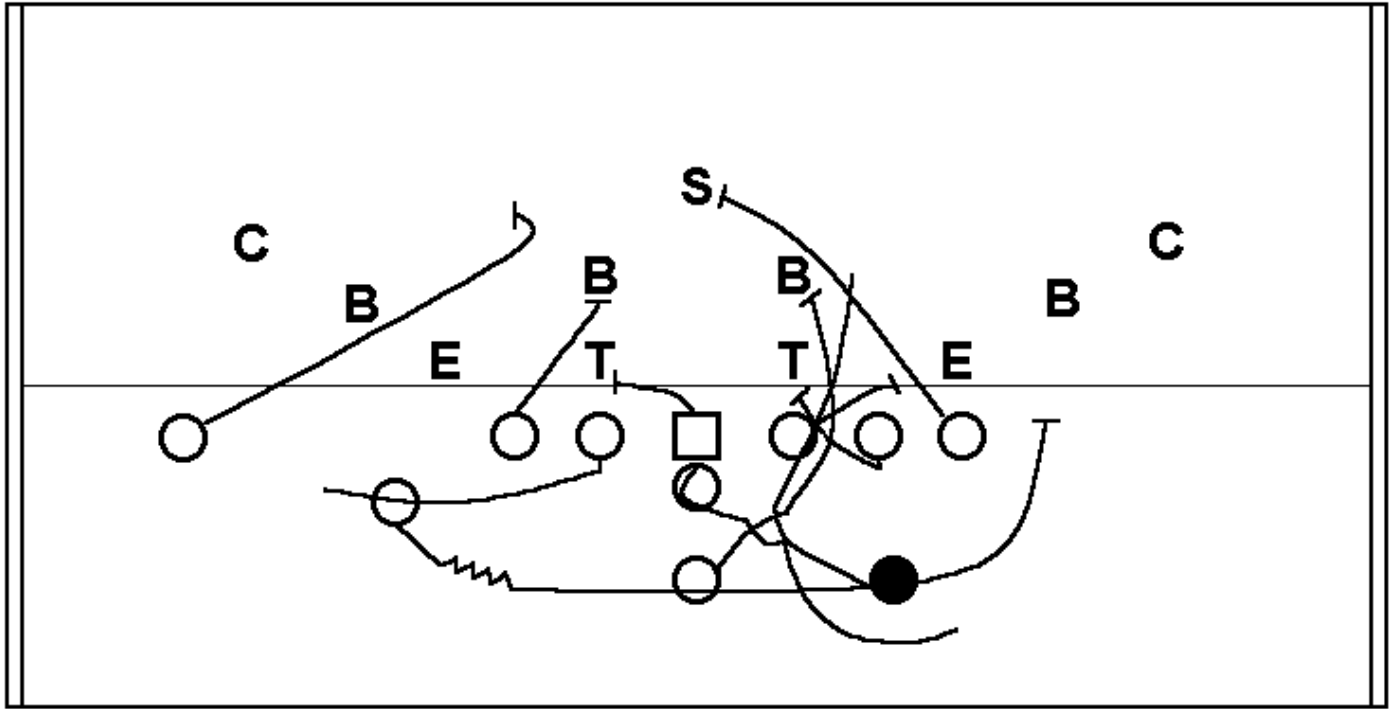
## Slot 134 CT Short



- 2 - Cutoff
- 3 - Backer
- 4 - Pull away
- 5 - Reach-release down L.O.S.
- 6 - Outside
- 7 - Pull-inside out(noseguard on "odd" call)
- 8 - Cutoff
- QB - Reverse pivot-hand ball off to LH-bootleg left
- LH - Carrier: Rock weight on left foot-receive inside handoff
- RH - Leave in early motion-block 1st man outside of 8 man
- FB - Drive for 6-7 seam-block first man in area(backer on "odd" call)

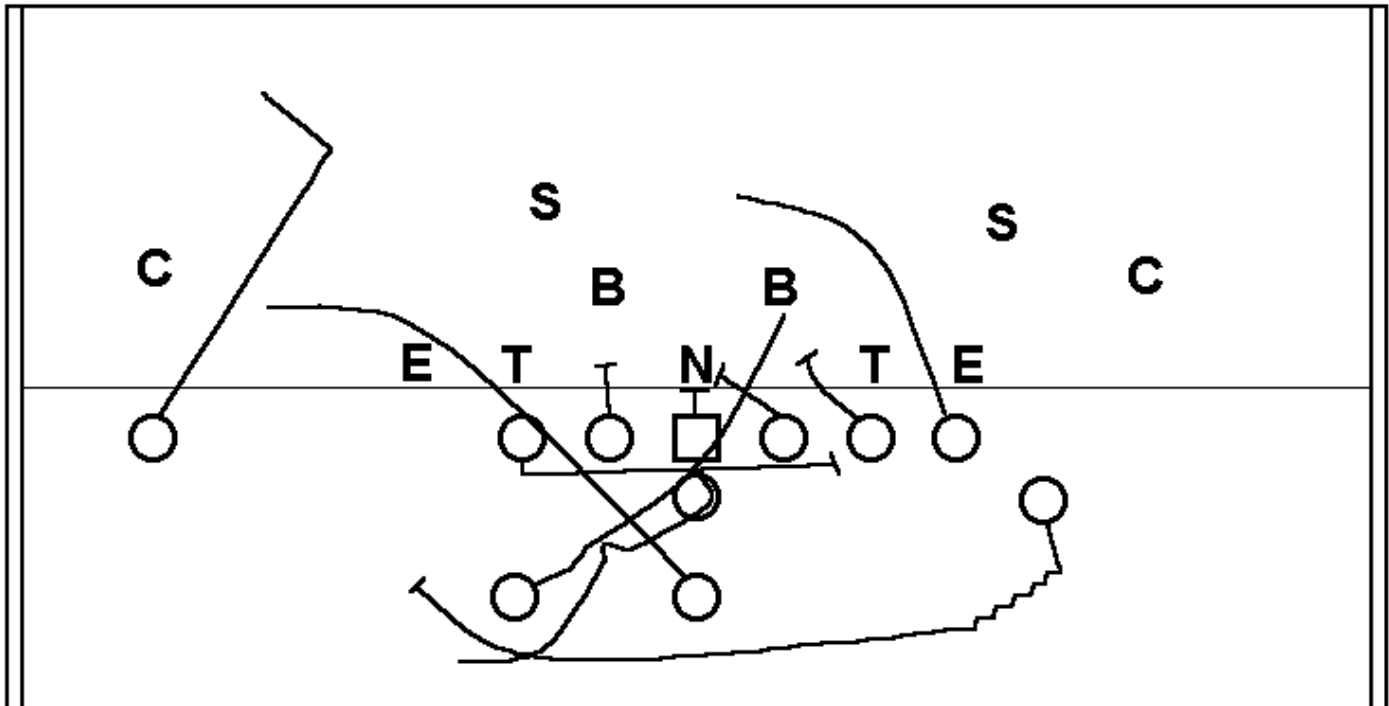


# Slot 936 CT Short





## 134 CT Boot Pass



2 - Tight: Crossing pattern

Spread: Post

3 - Gap-on-area

4 - Gap-on-lead

5 - Post-lead

6 - Area-post

7 - Pull-block chase

8 - Angle flag pattern-if covered sideline at no less than 15 yards

QB - Reverse pivot-fake 34 Counter-bootleg run or pass option

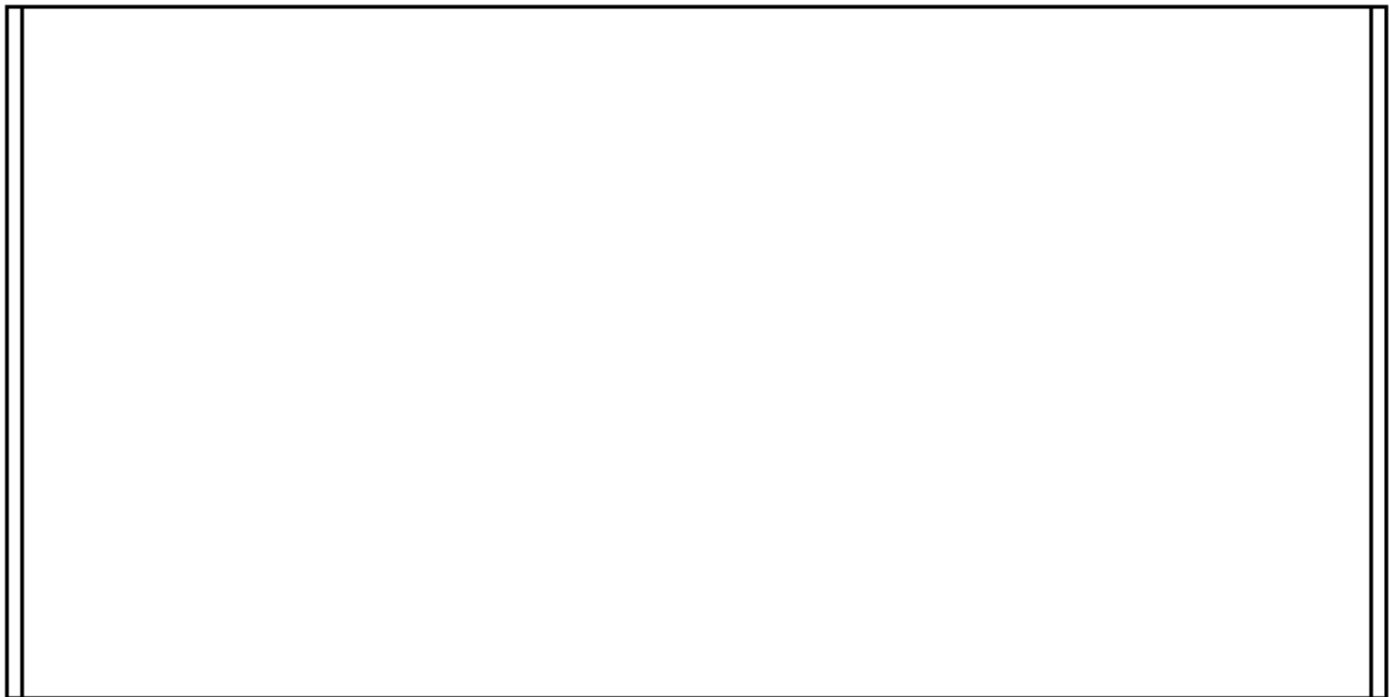
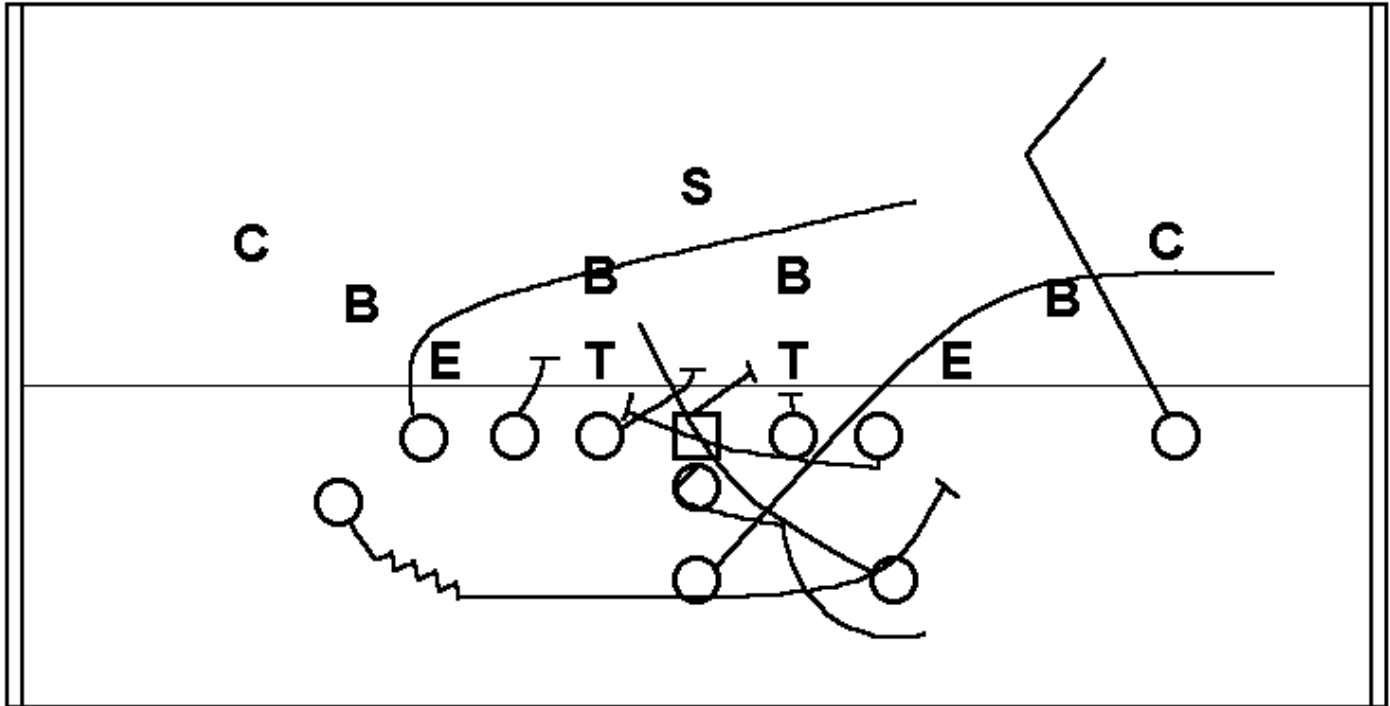
LH - Fake 3 Counter

RH - Leave in early motion-block 1st free man off corner

FB - Run 34 Counter-run into flat at 5 yards

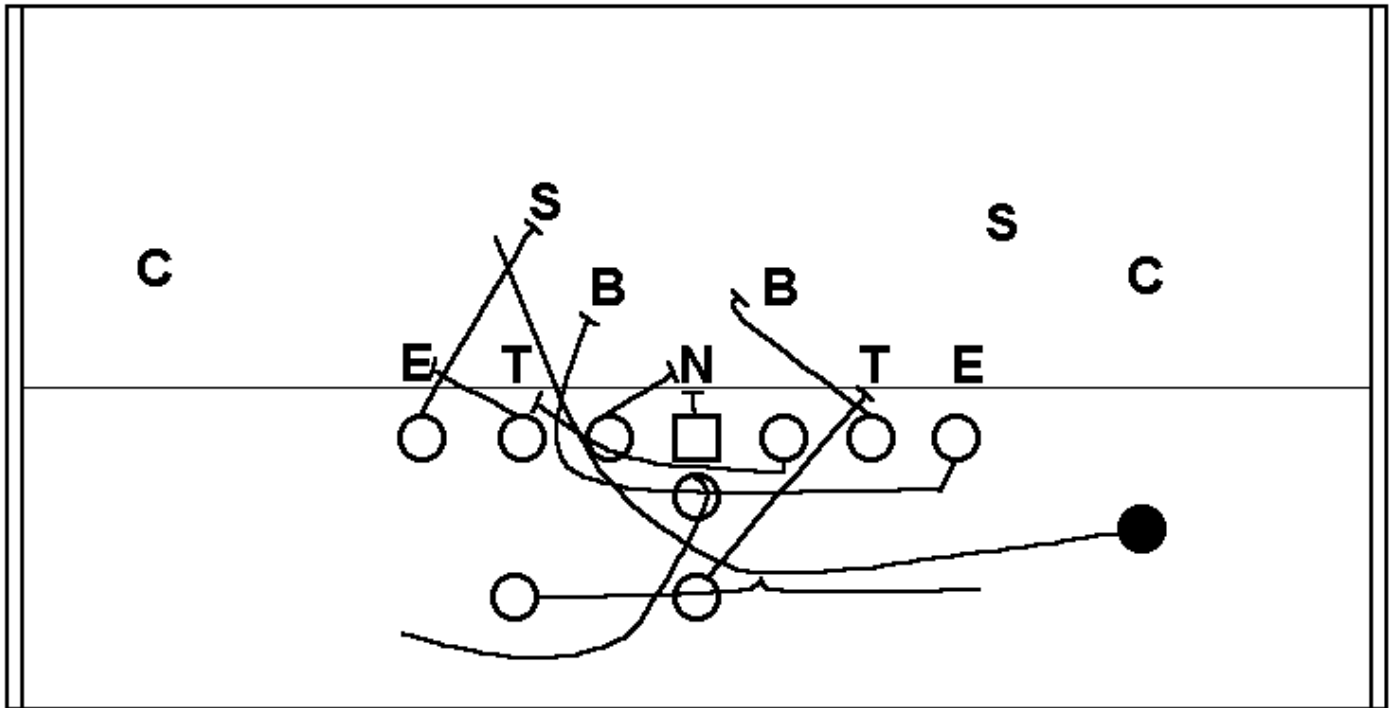


# 936 CT Boot Pass





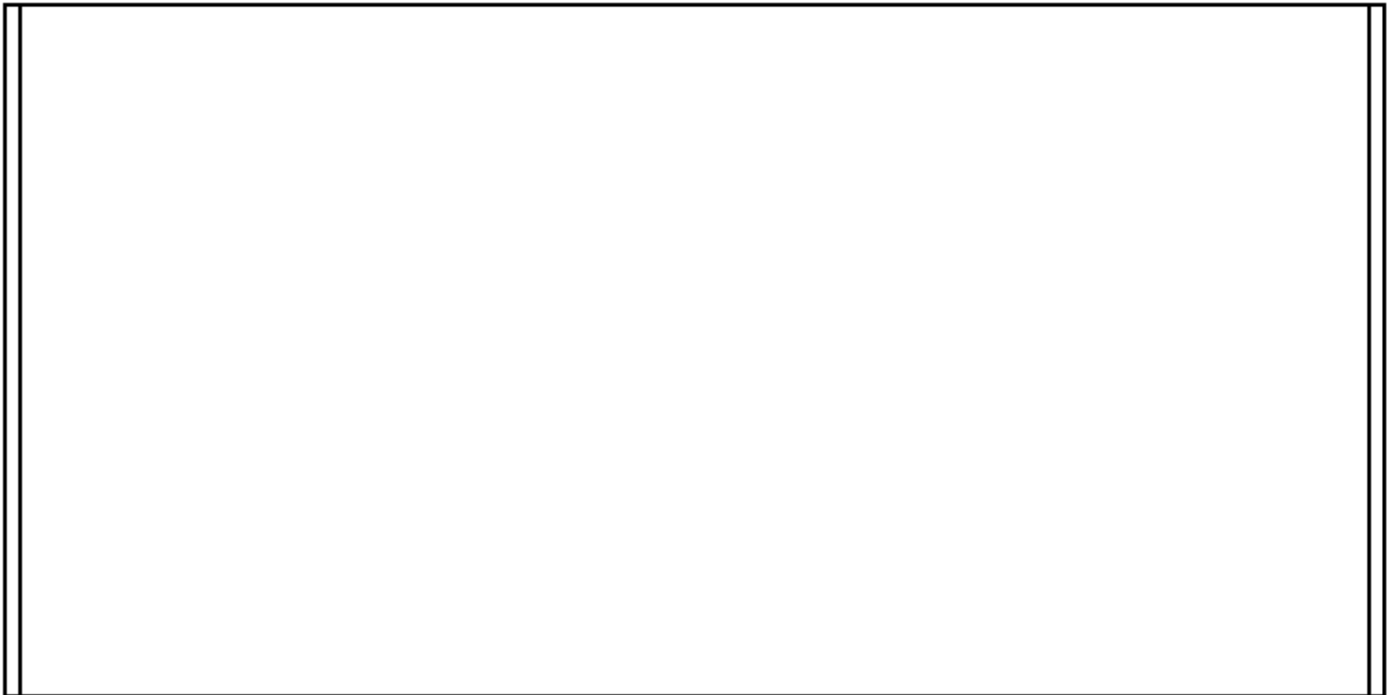
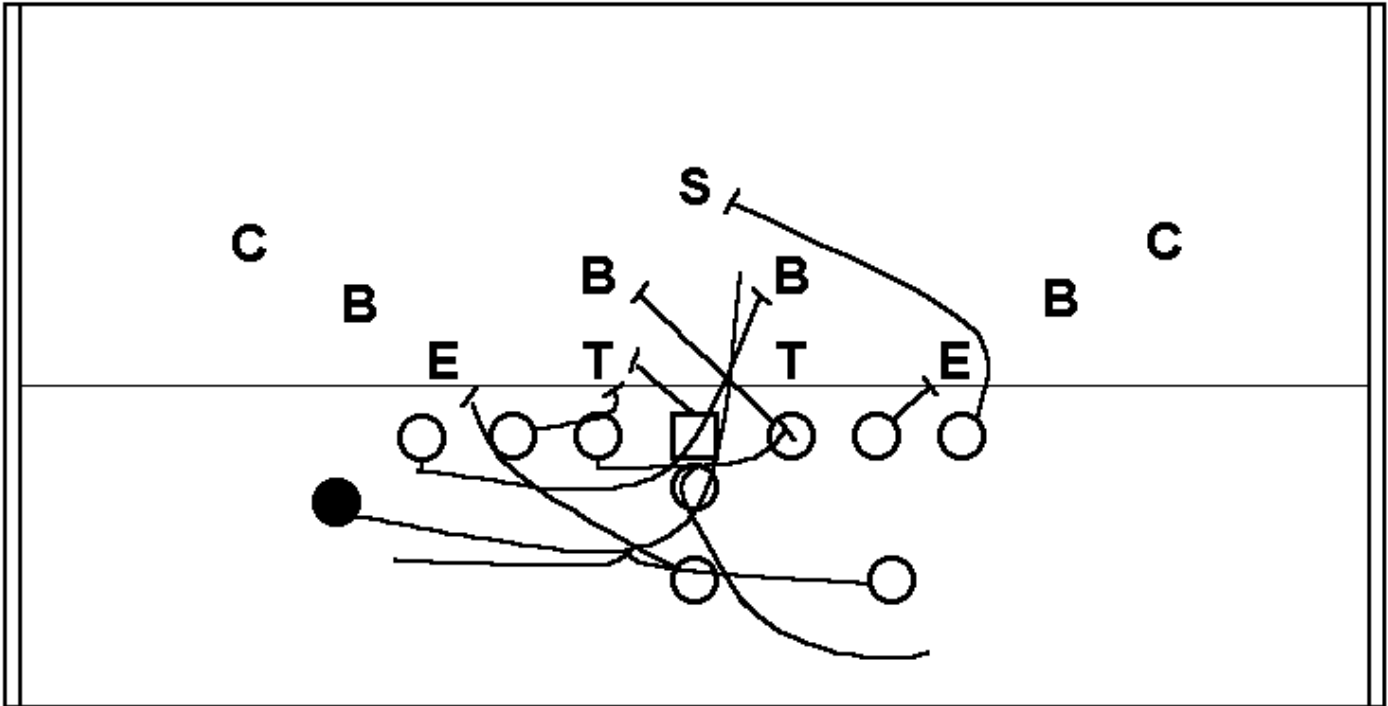
# Tight 137 CTXX



- 2 - Pull-block through hole-wall off
- 3 - Pull-check
- 4 - Pull-block inside out
- 5 - Post-area-right
- 6 - Gap-post-lead
- 7 - Gap-lead-influence-block left(gap stack-backer)
- 8 - Split: wall off  
Spread: Cutoff
- QB - Reverse pivot-hand off to LH-bootleg left
- LH - Receive handoff from QB-give ball inside to to RH-fake at 31
- RH - Carrier: Receive handoff from LH-head for tail of 6 man
- FB - Dive for outside foot of 3 man-block 1st man off 2 man's tail

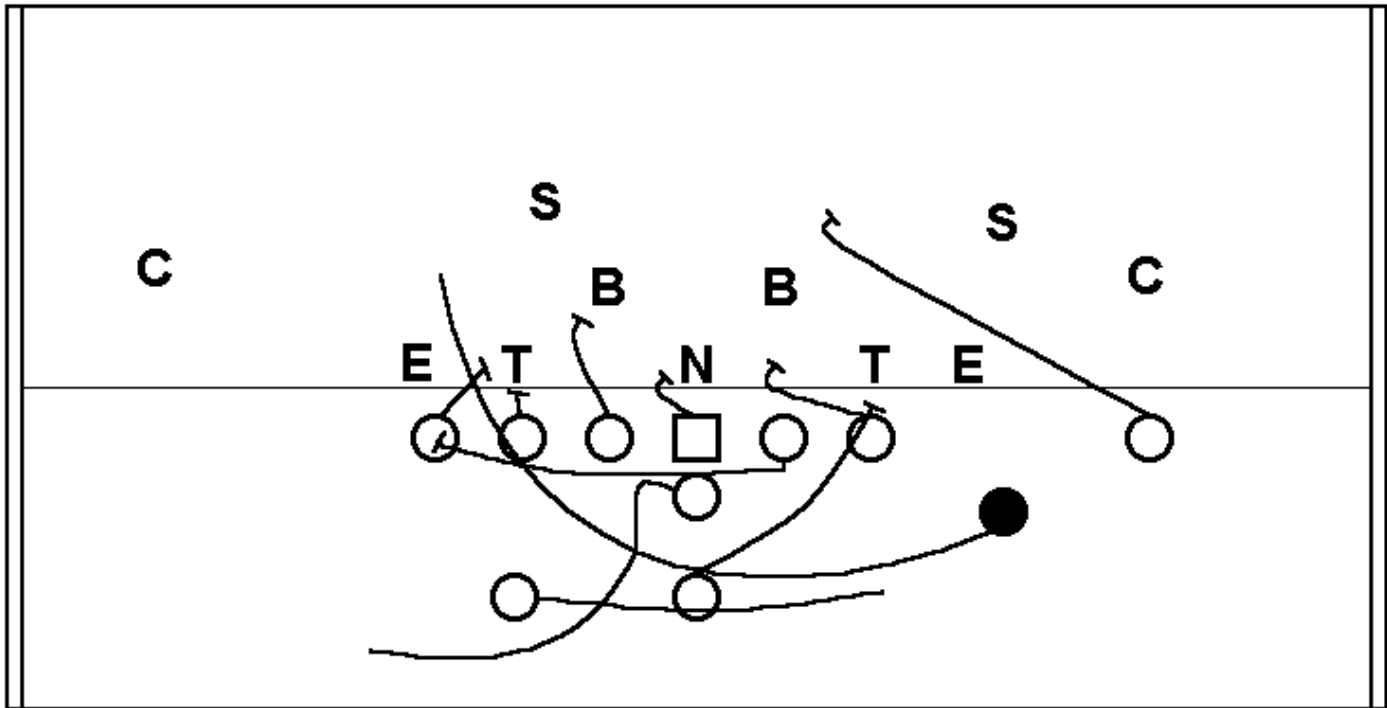


# Tight 933 CTXX





## Slot 138 CTXX

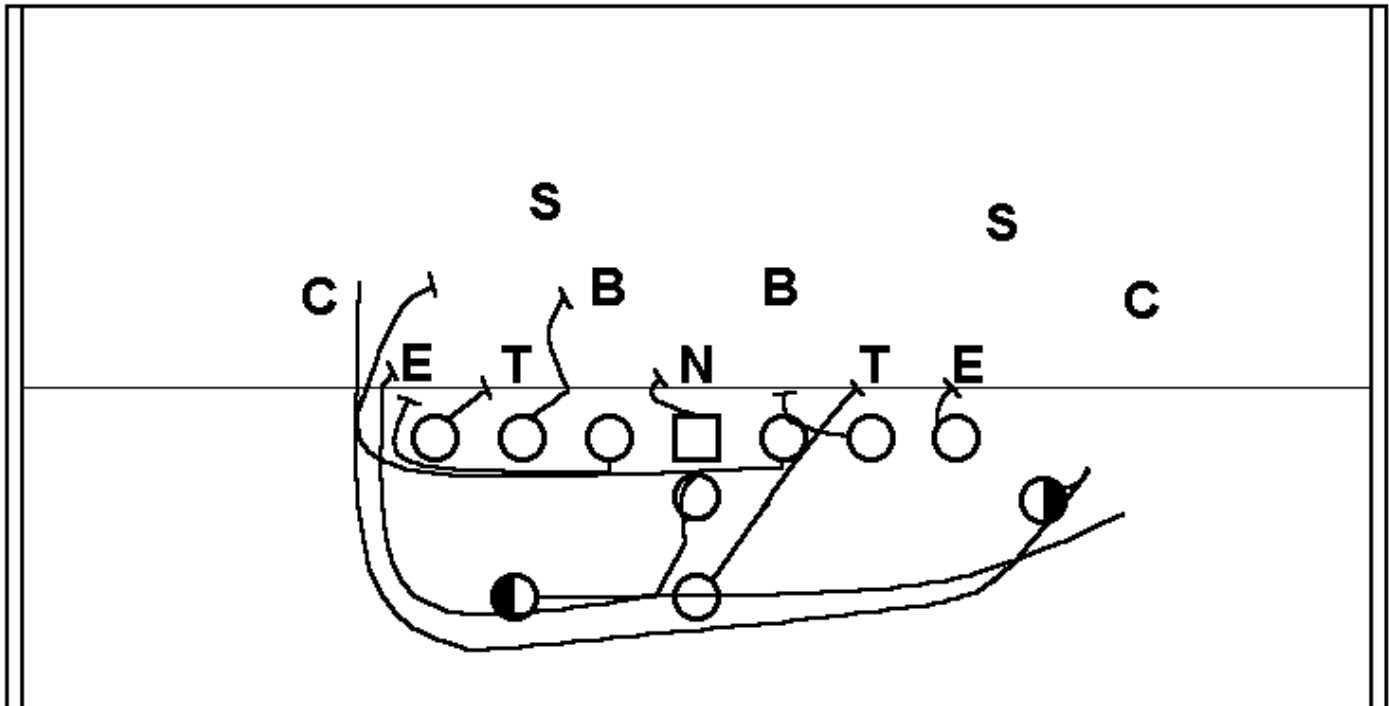


- 2 - Tight: Pull-wall off  
Spread or slot: Cutoff
- 3 - Pull-check(pull-wall off without TE)
- 4 - Pull-insdie out
- 5 - On-area-right
- 6 - Gap-area-post
- 7 - Gap-post-lead
- 8 - Lead-backer-influence-block left
- QB - Reverse pivot-hand off to LH-bootleg left
- LH - Receive handoff from QB-give ball inside to RH-fake at 31
- RH - Carrier: Receive handoff from LH-head for tail of 7 man
- FB - Dive for outside foot of 3 man-block first man off 2 man tail





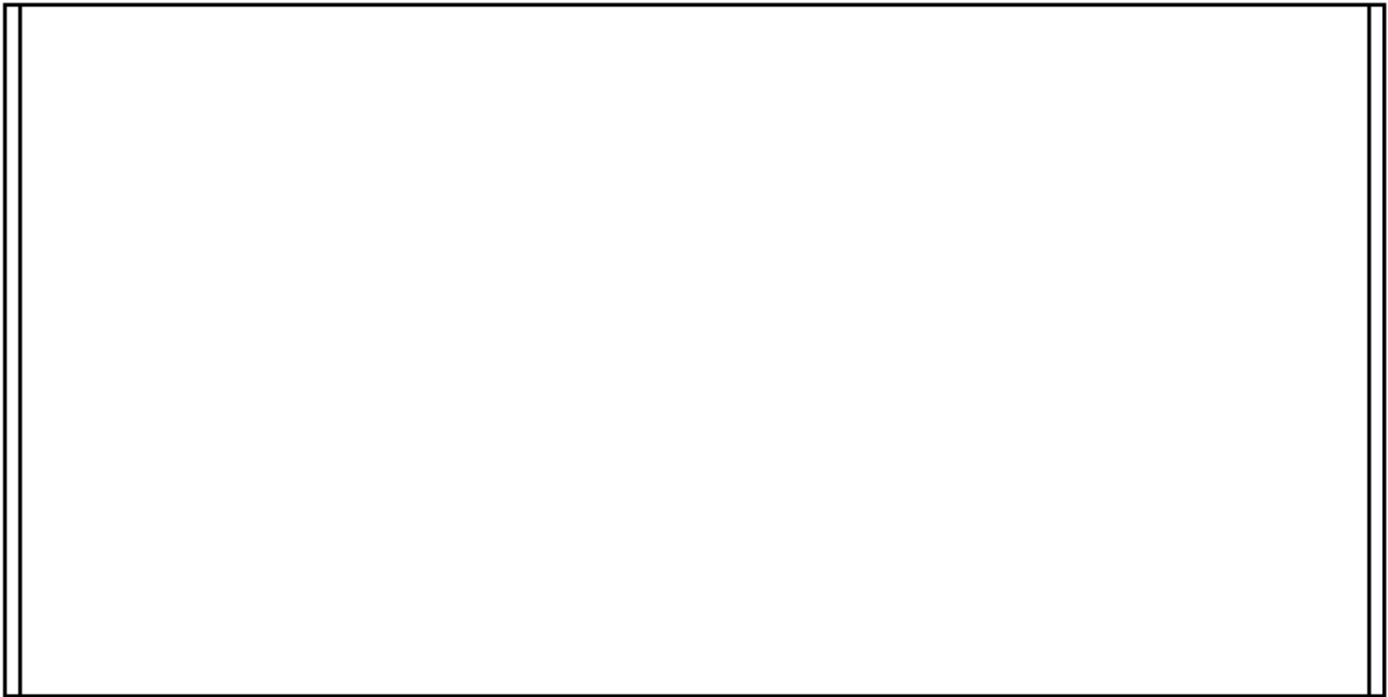
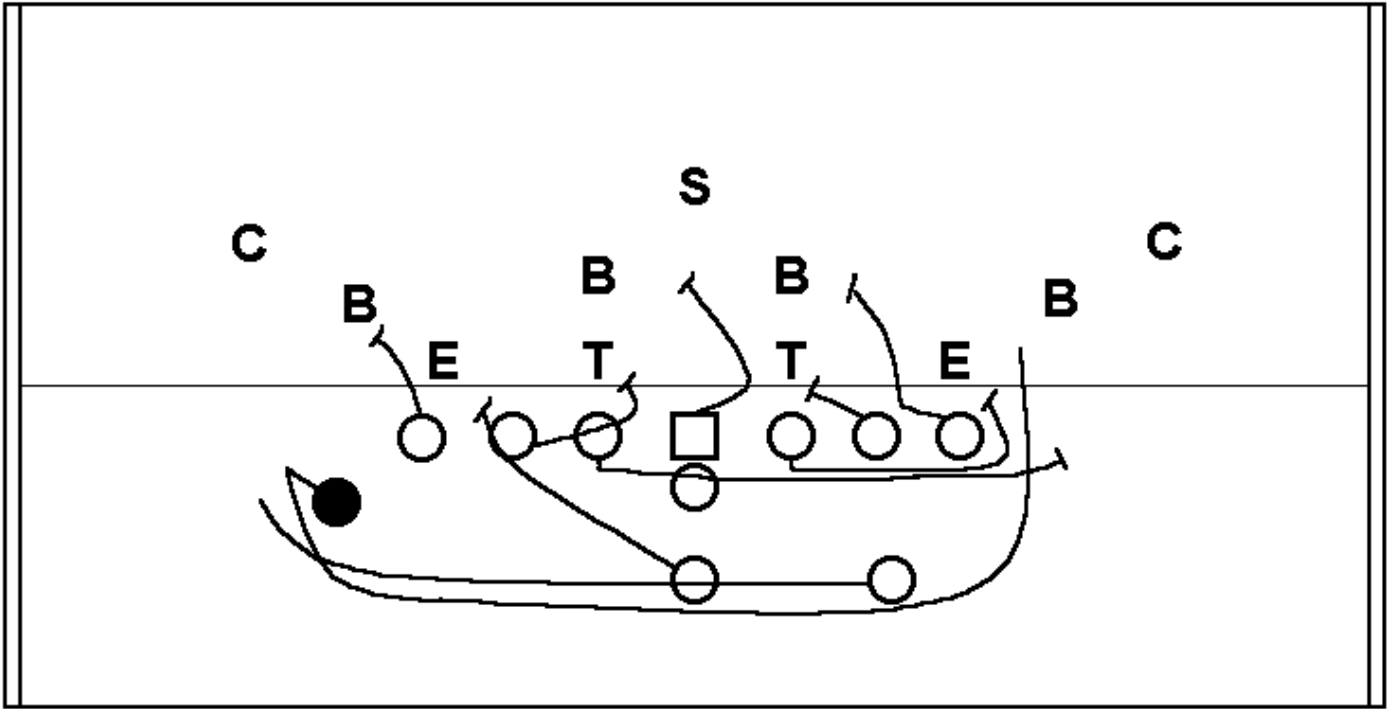
## Tight 139 CTXX



- 2 - Block out
- 3 - Block 2nd man on or outside 5
- 4 - Pull-block through and in
- 5 - On-area-left
- 6 - Pull-hook 1st man outside of 8's block
- 7 - Gap-inside
- 8 - Gap-on-inside
- QB - Reverse pivot-hand ball off to LH-bootleg-block outside in
- LH - Receive handoff-criss cross ball outside to RH-fake at one
- RH - Carrier: Jab step with right foot-reverse for outside criss cross handoff-get depth-turn up field
- FB - Check off outside foot of 3

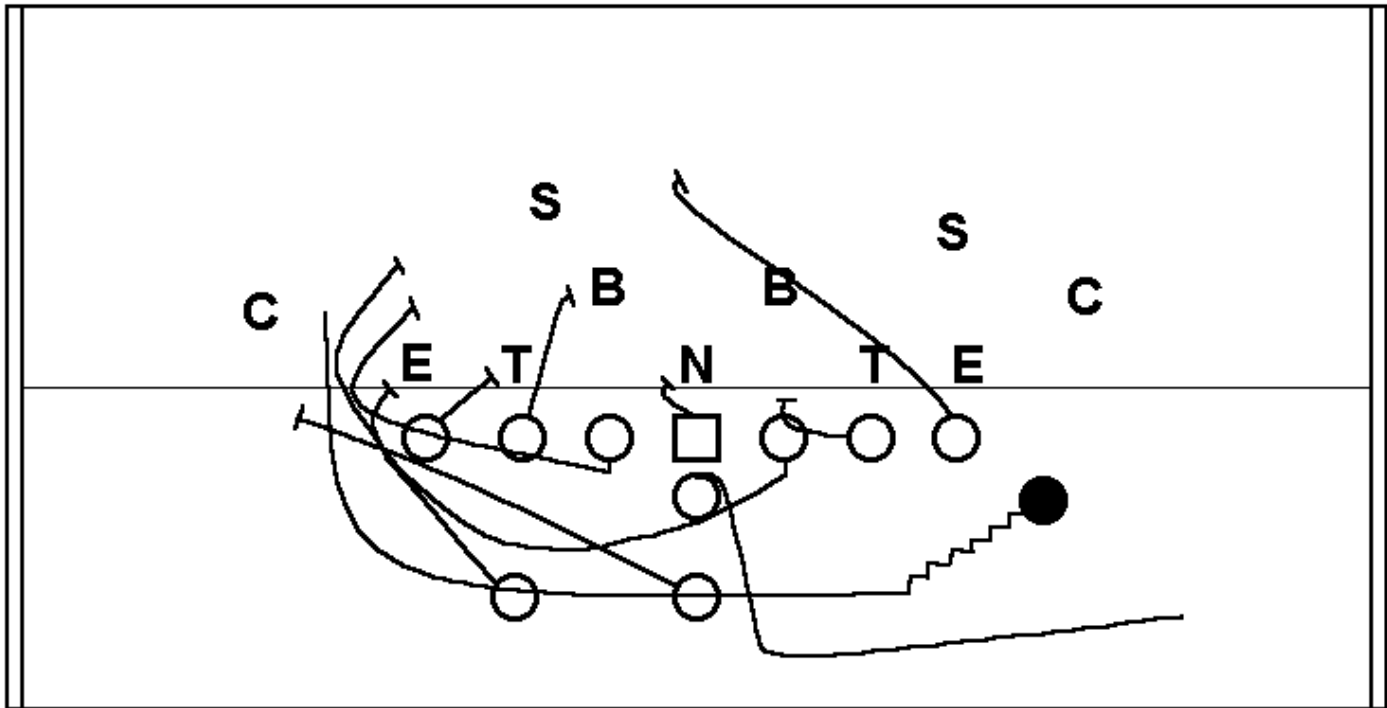


# Tight 931 CTXX





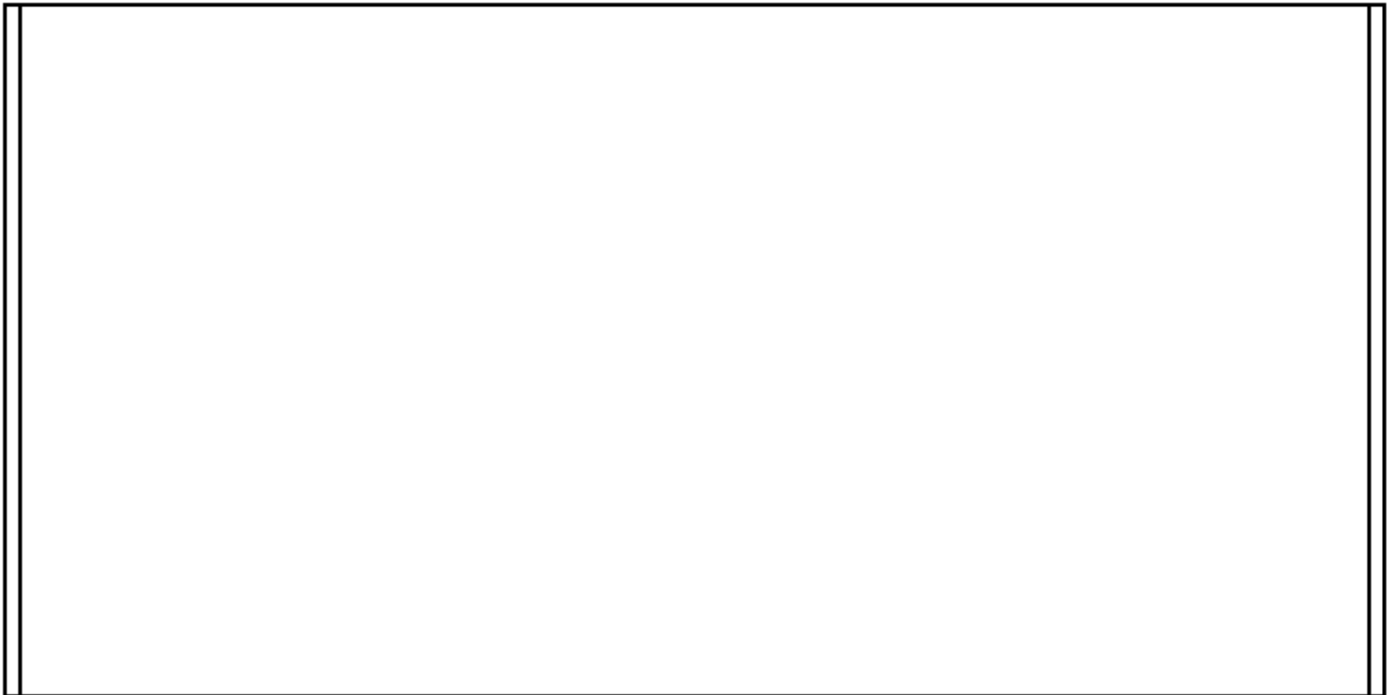
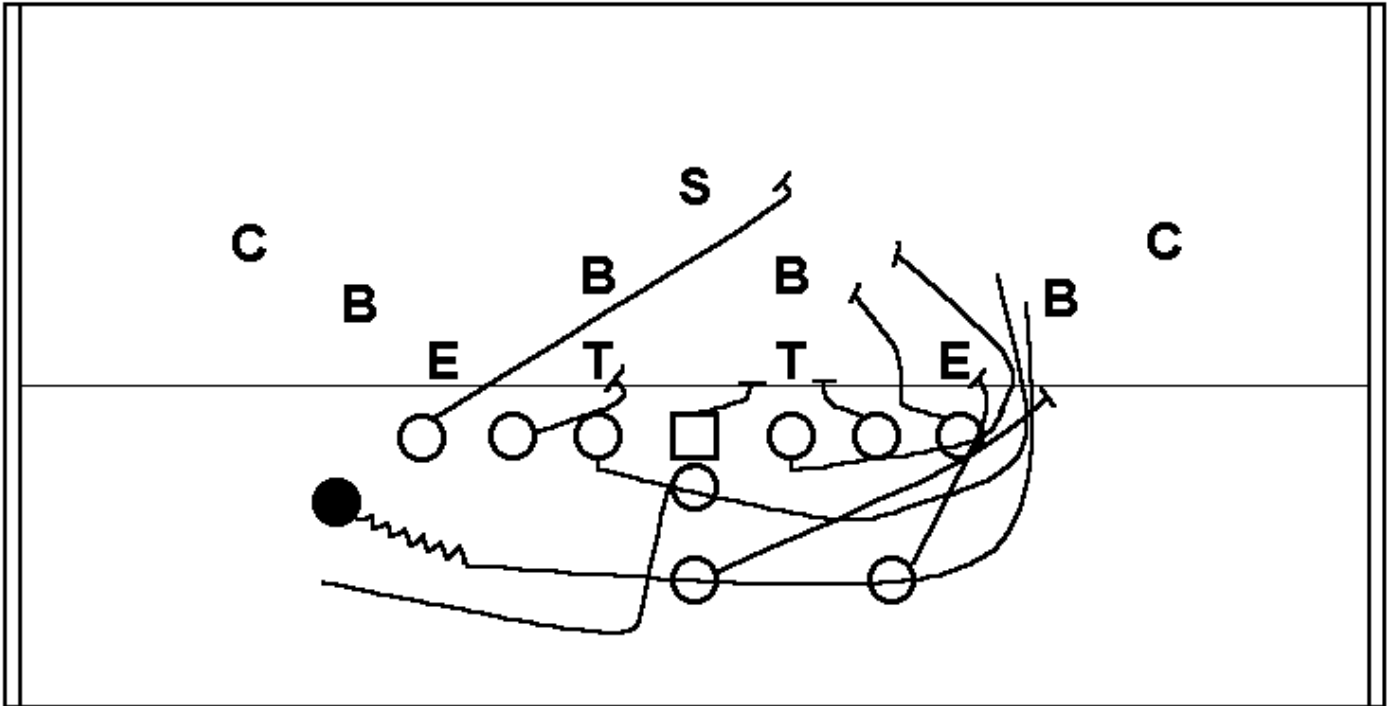
## Tight 139



- 2 - Cutoff
- 3 - Block 1st man outside of 5
- 4 - Pull-personal escort
- 5 - On-block left
- 6 - Pull-turn up-wall off
- 7 - Gap-inside
- 8 - Gap-on-inside
- QB - Reverse pivot-hand off-fake bootleg at one
- LH - Block outside in-1st man outside of 8
- RH - Carrier: Leave in motion-carry at nine-use LH's block then FB's
- FB - Block out-1st man outside of LH's block(if LH is blocking out-turn in before blocking out.)

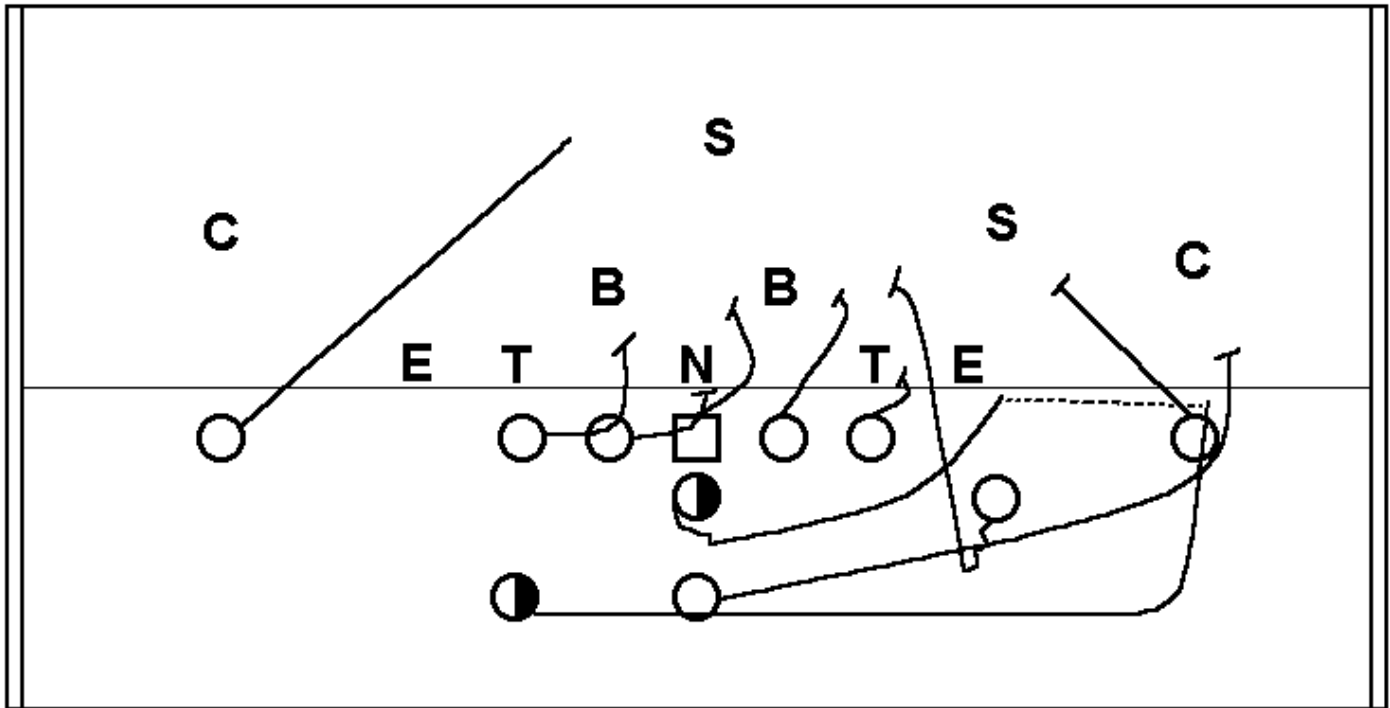


# Tight 931





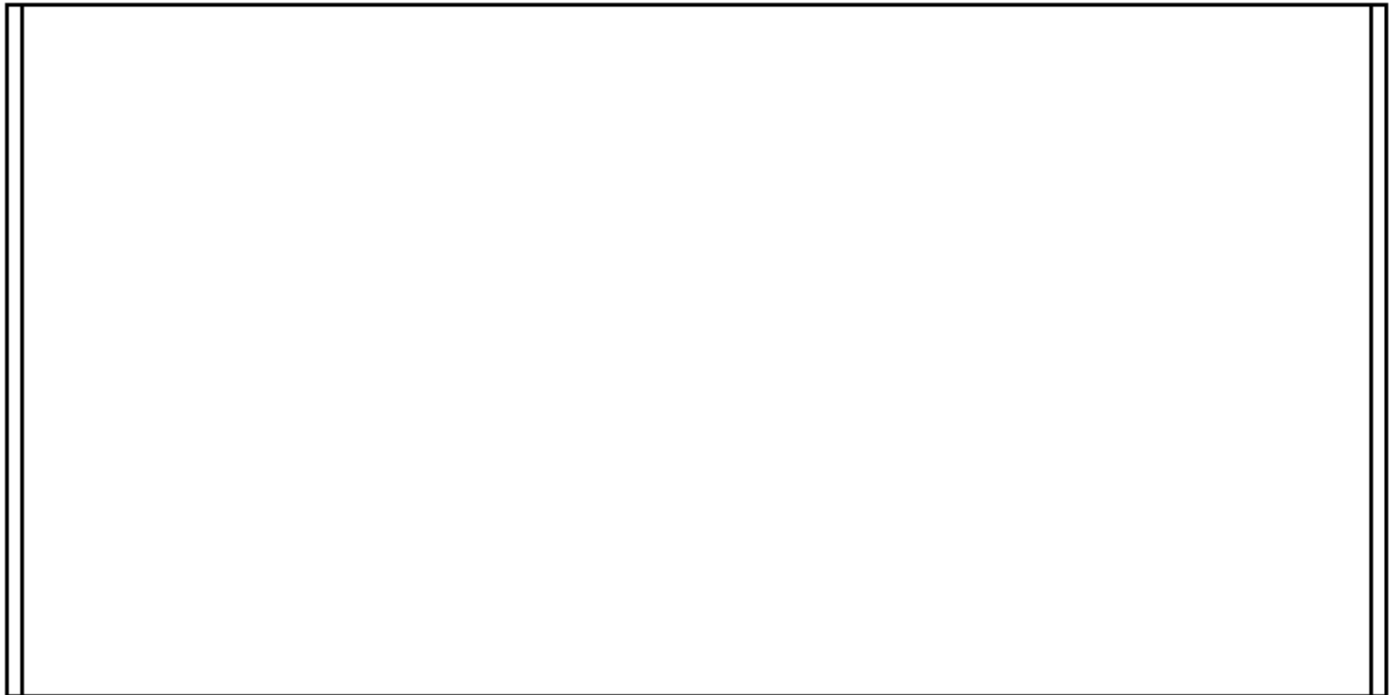
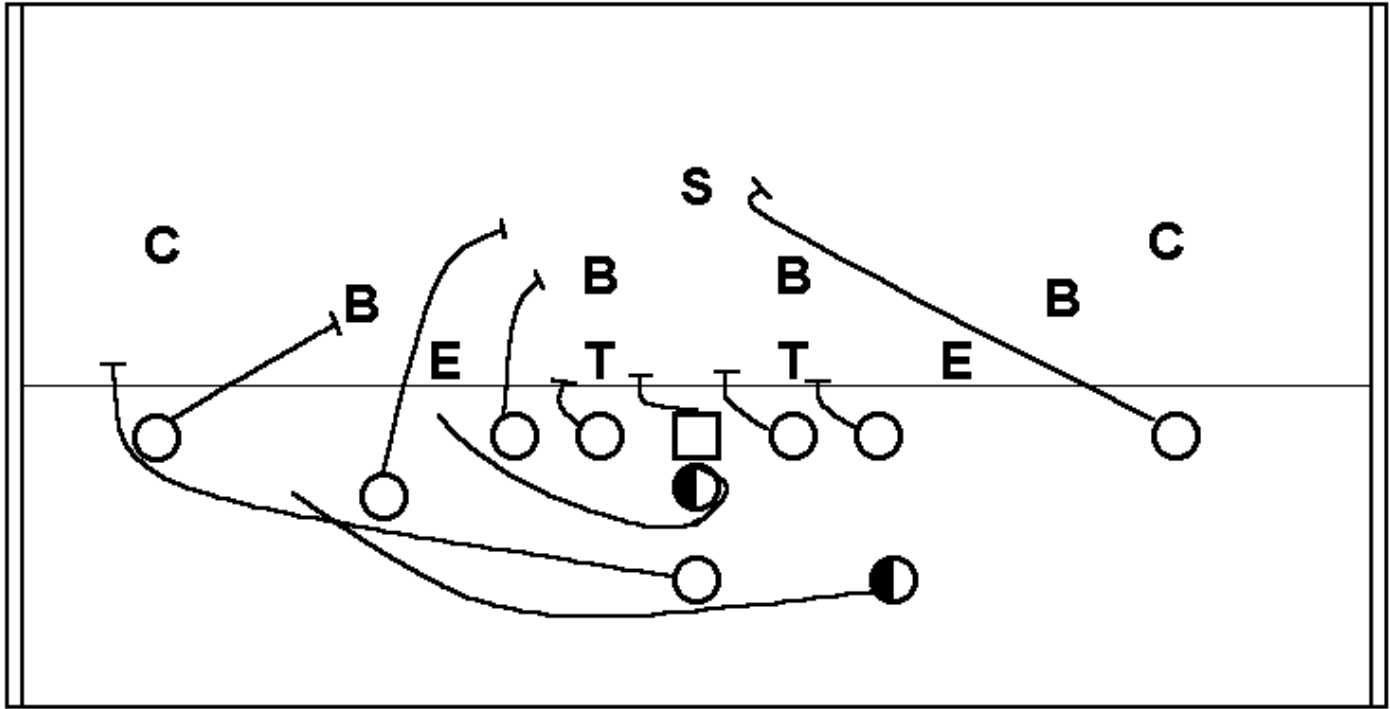
## Loose M 131 Option Wall



- 2 - Crack 2-stalk 1
- 3 - Reach-on-backer
- 4 - Reach-on-backer
- 5 - Reach-on-backer
- 6 - Reach-on-backer
- 7 - Pull-check
- 8 - Cutoff(short yardage or goal line-pull check)
- QB - Reverse pivot to midline for 2 steps-execute option
- LH - Take off on snap-run option path-look for pitch
- RH - Prevent penetration-wall off
- FB - Flare-block support

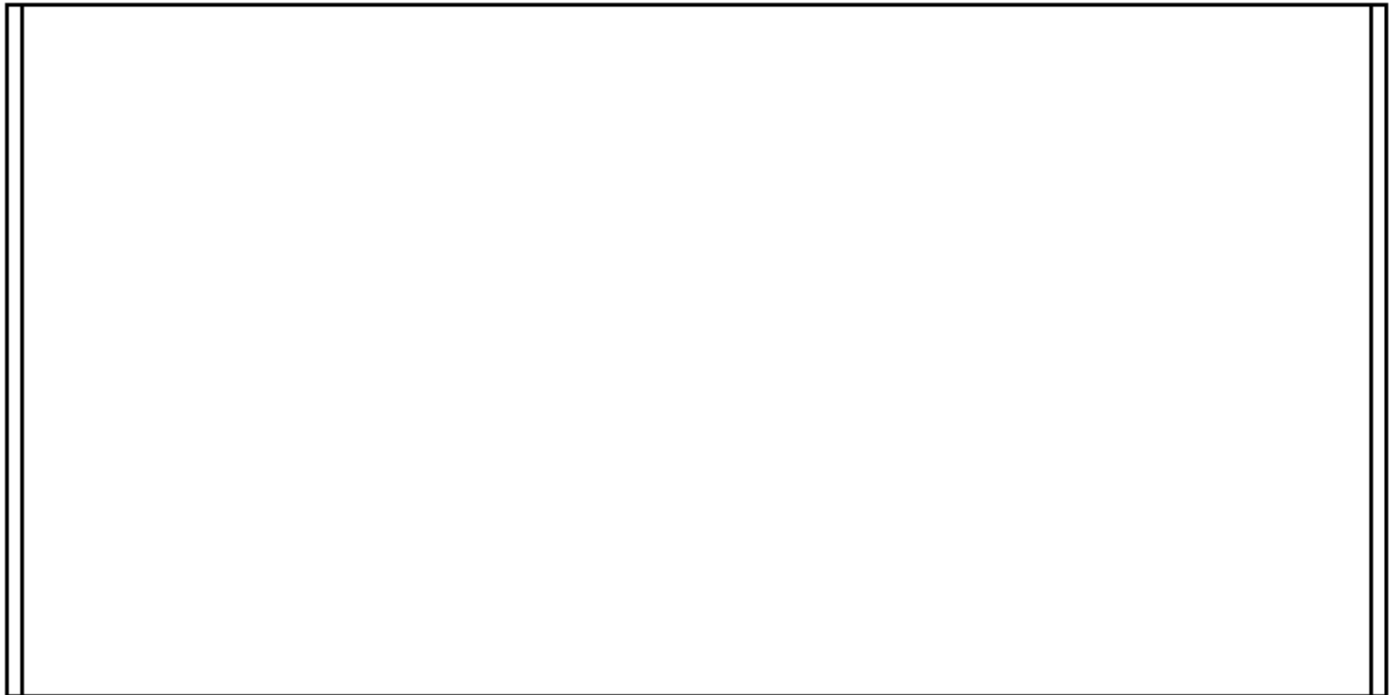
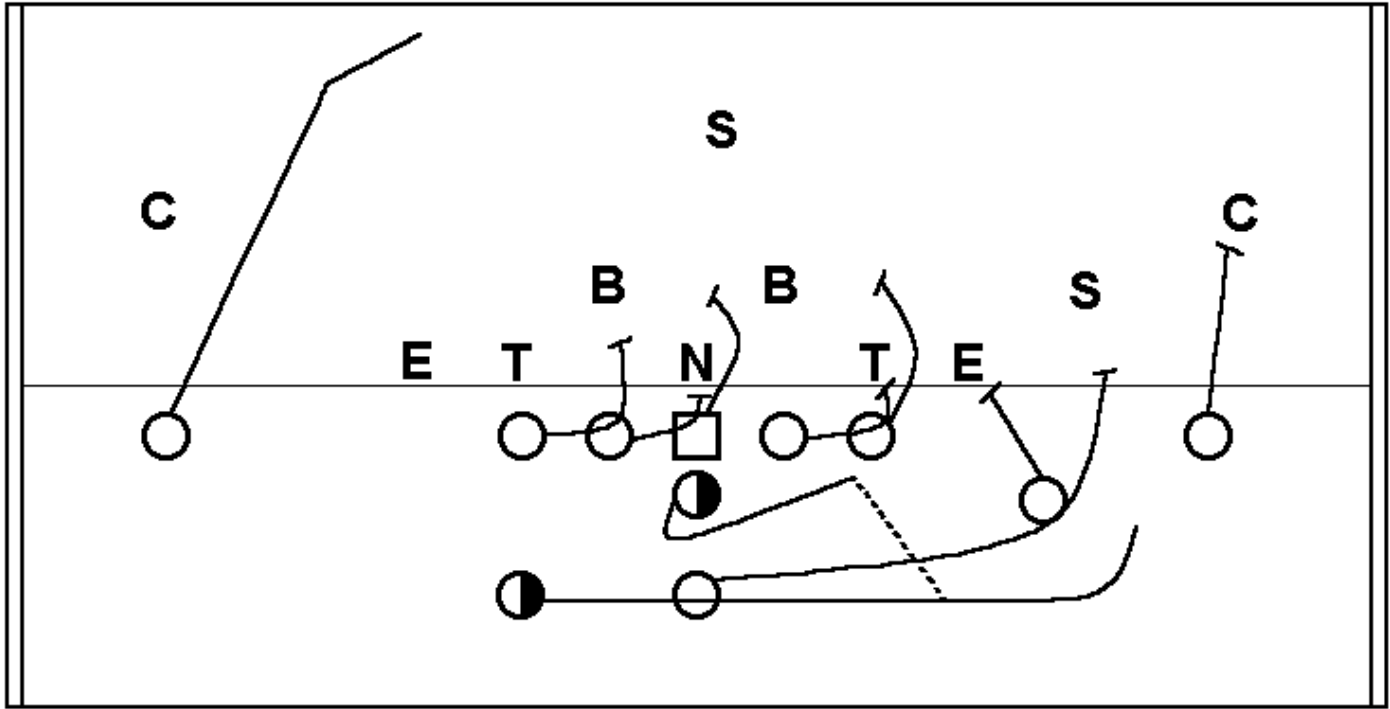


# Loose M 939 Option Wall



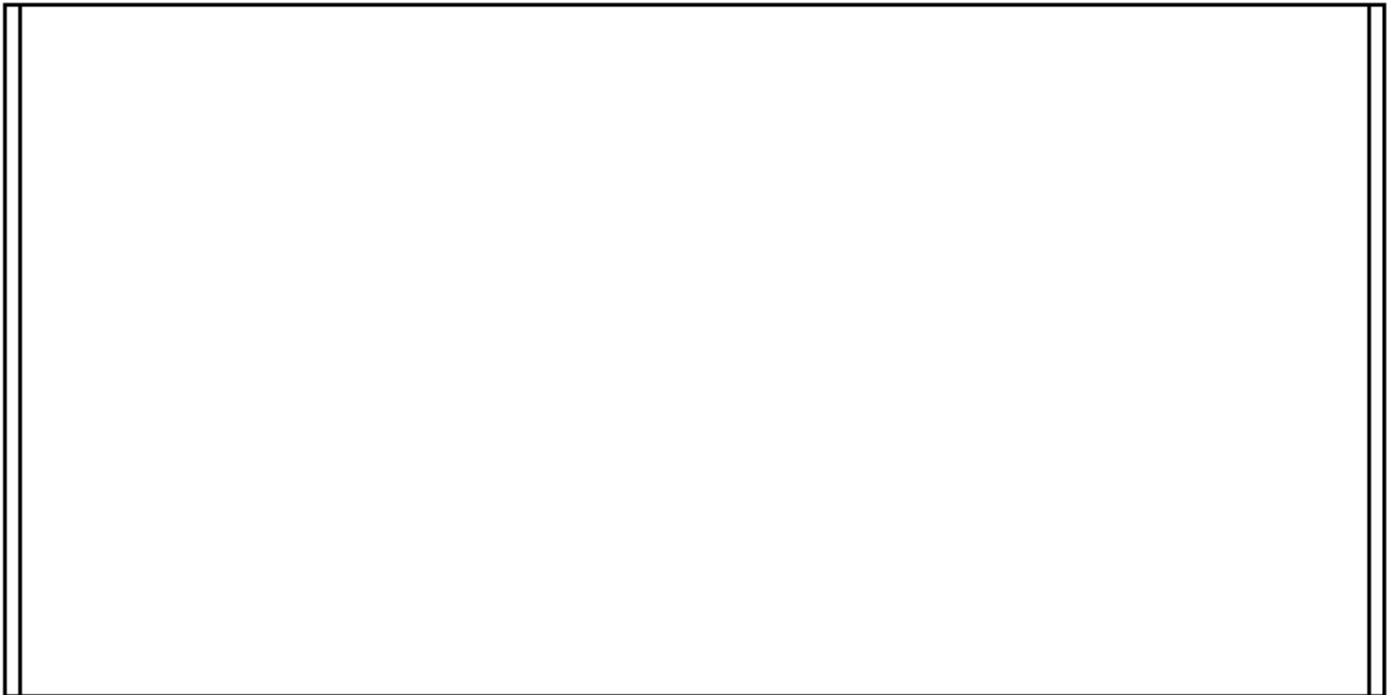
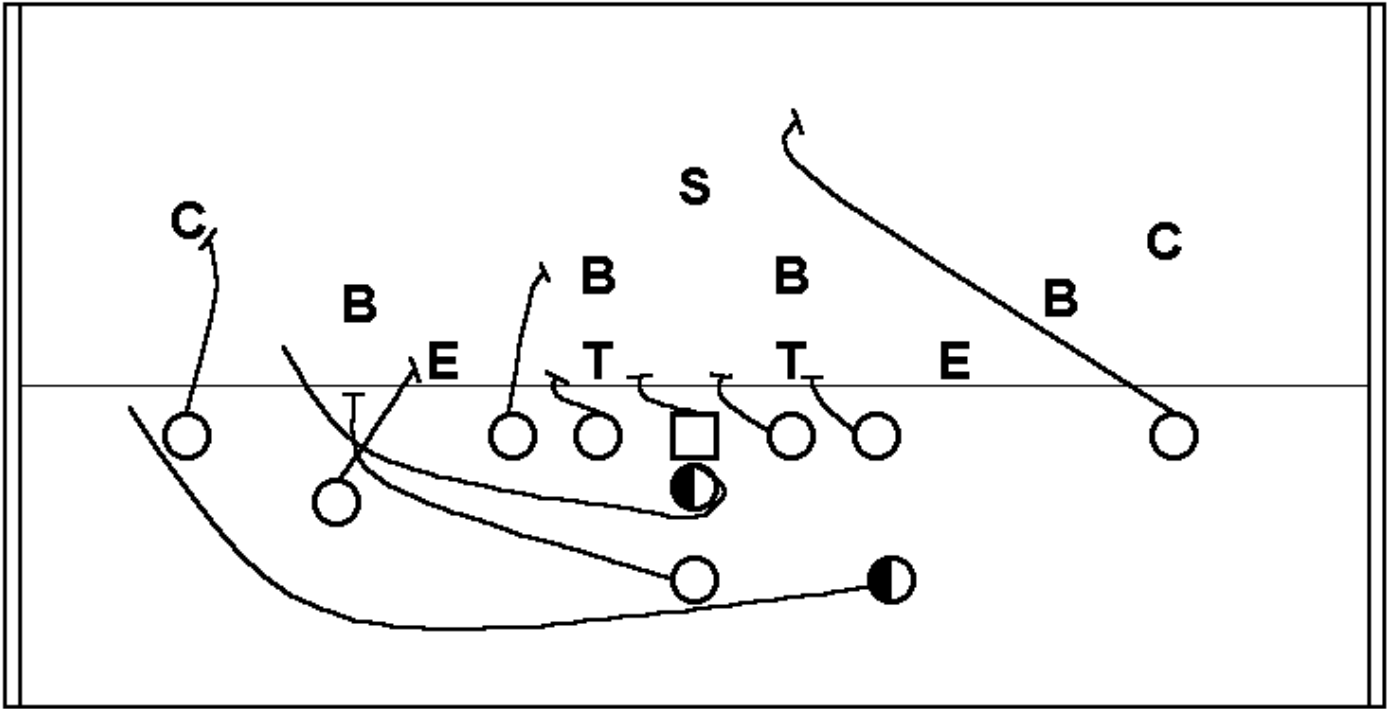


# Loose 131 Load



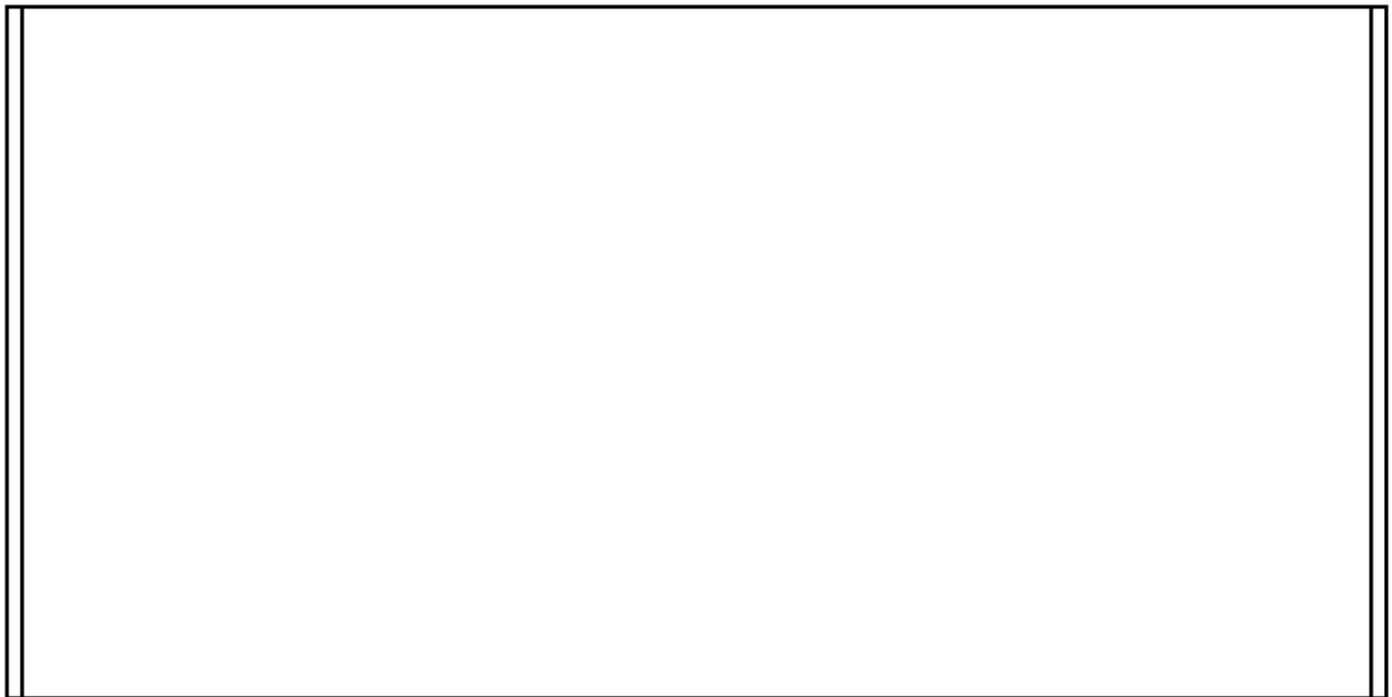
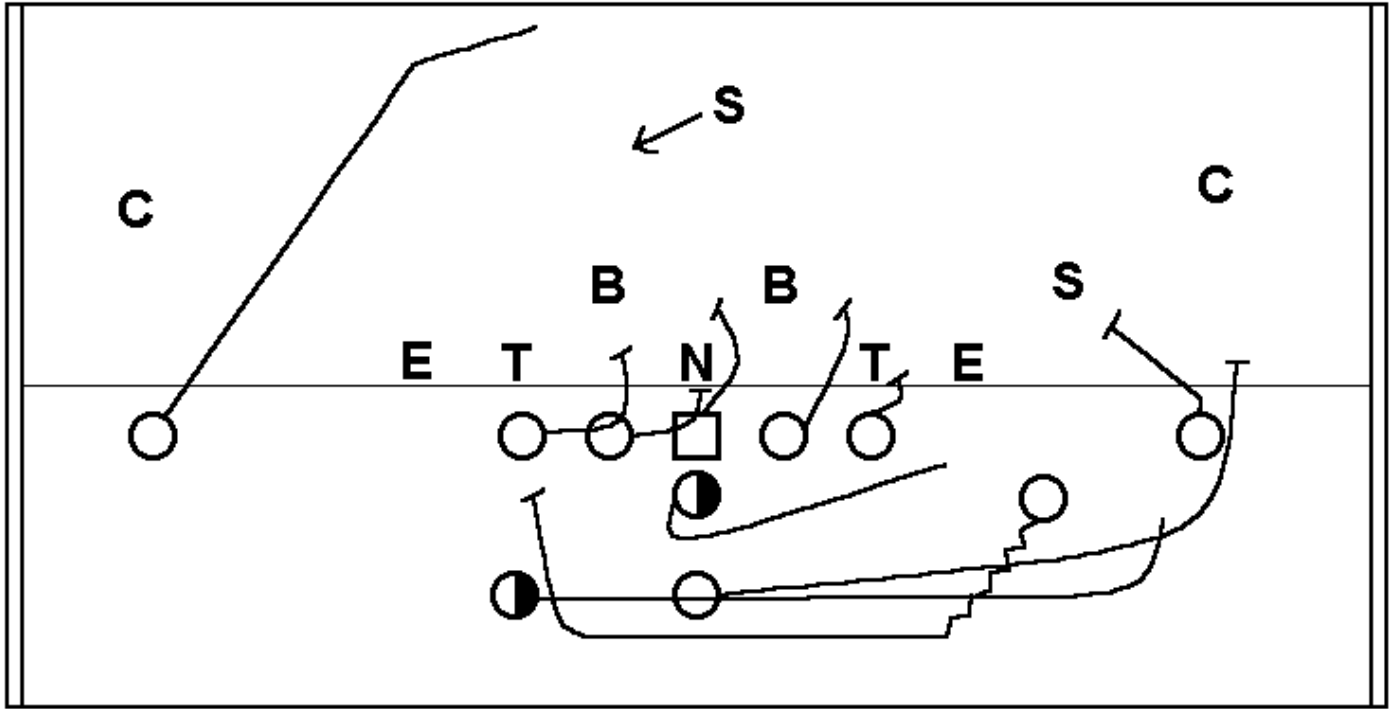


# Loose 939 Load





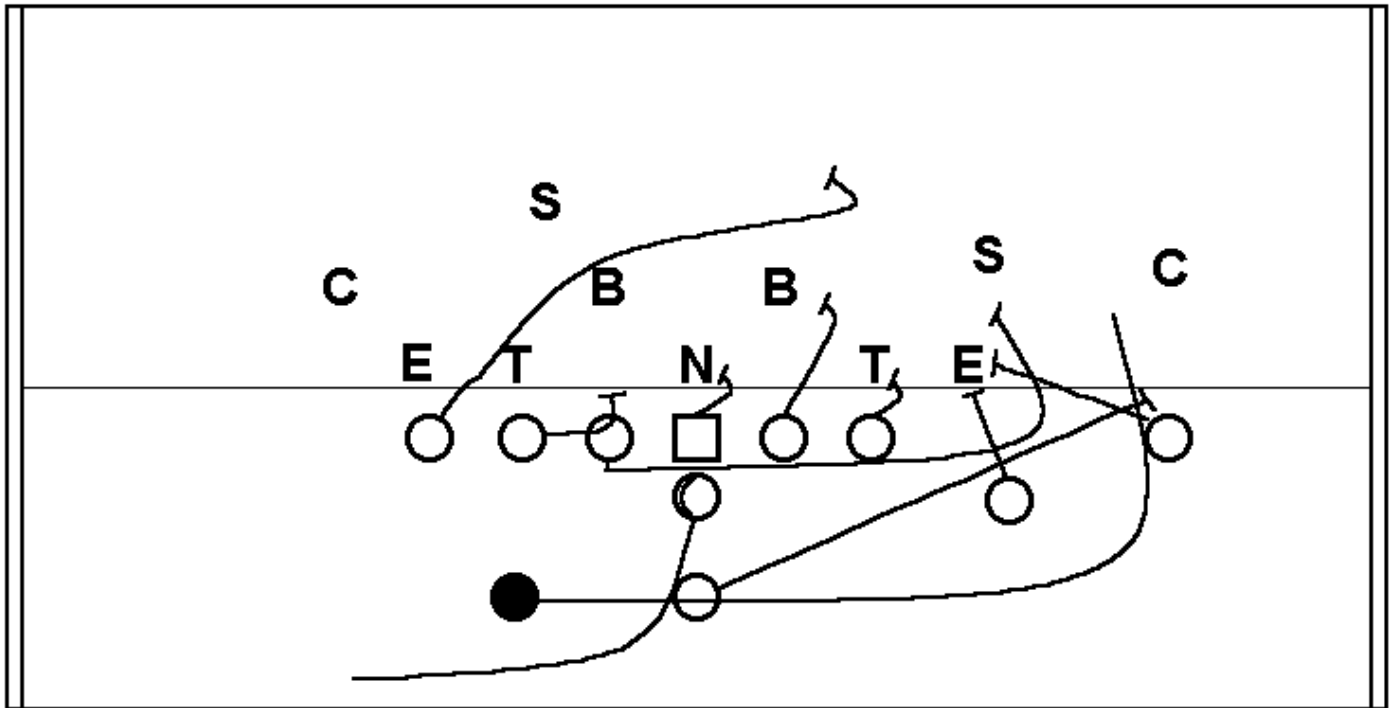
# Loose Z 131 Option







## Slot 131 Fan



**2 - Block 1st man inside**

**3 - Gap-on-outside**

**4 - Gap-on-inside**

**5 - On-block left**

**6 - Pull-turn up-wall off**

**7 - Block 2nd man on or outside of 5**

**8 - Cutoff**

**QB - Reverse pivot-hand ball off ot LH-fake bootleg at nine**

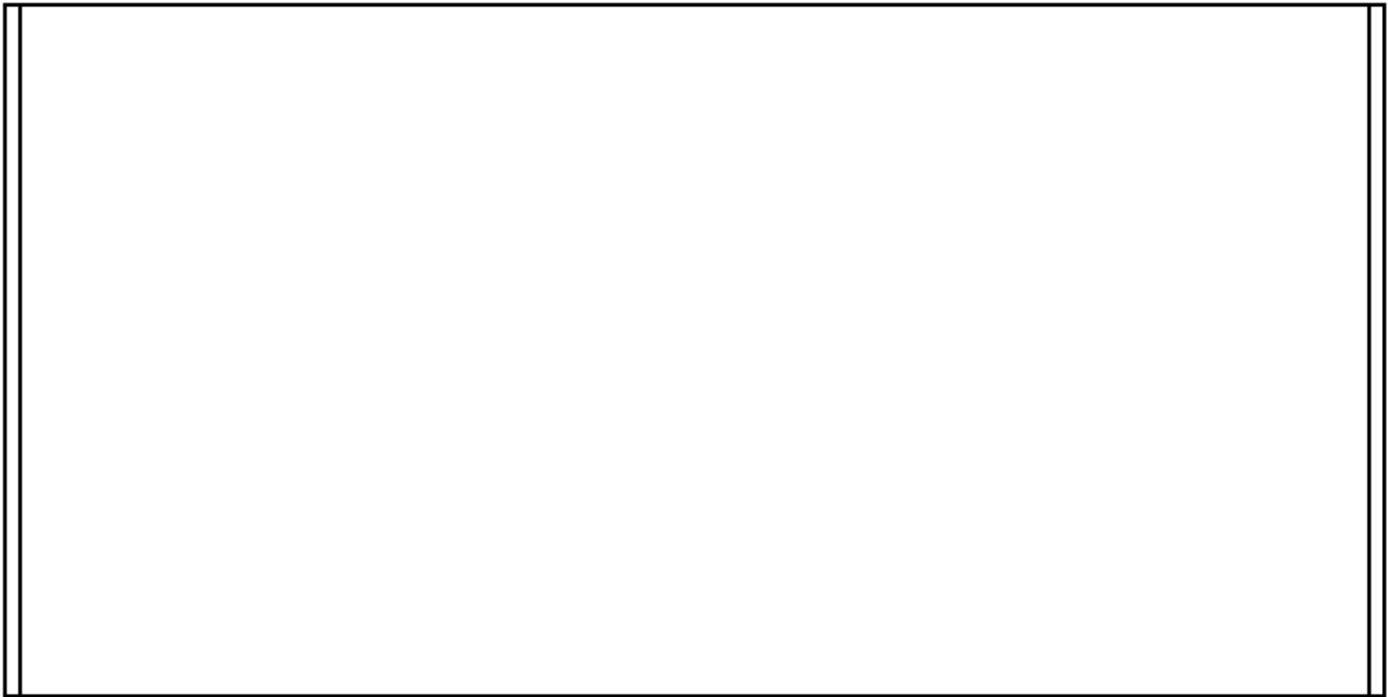
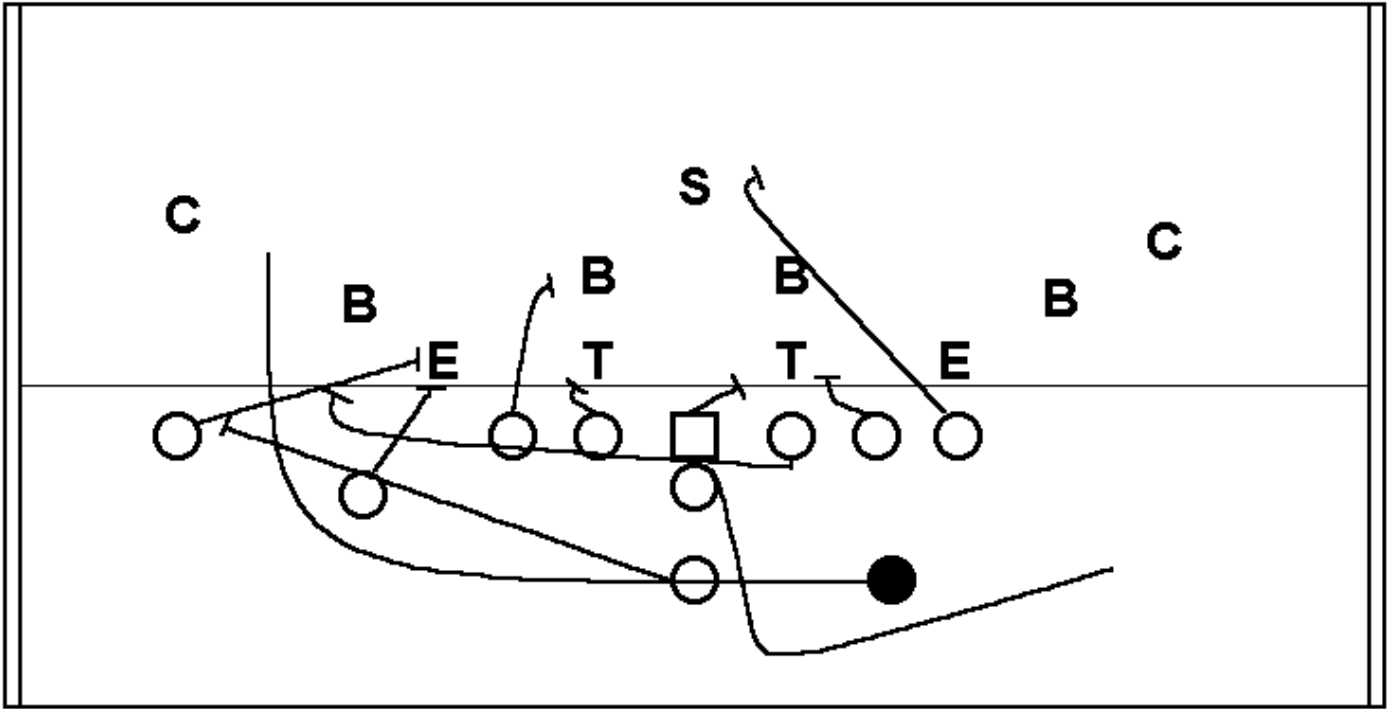
**LH - Carrier: Receive ball-look for end's block-turn upfield**

**RH - Block 2nd man on or outside 3-use appropriate shoulder**

**FB - Block 1st man outside of 2's block(any way)**

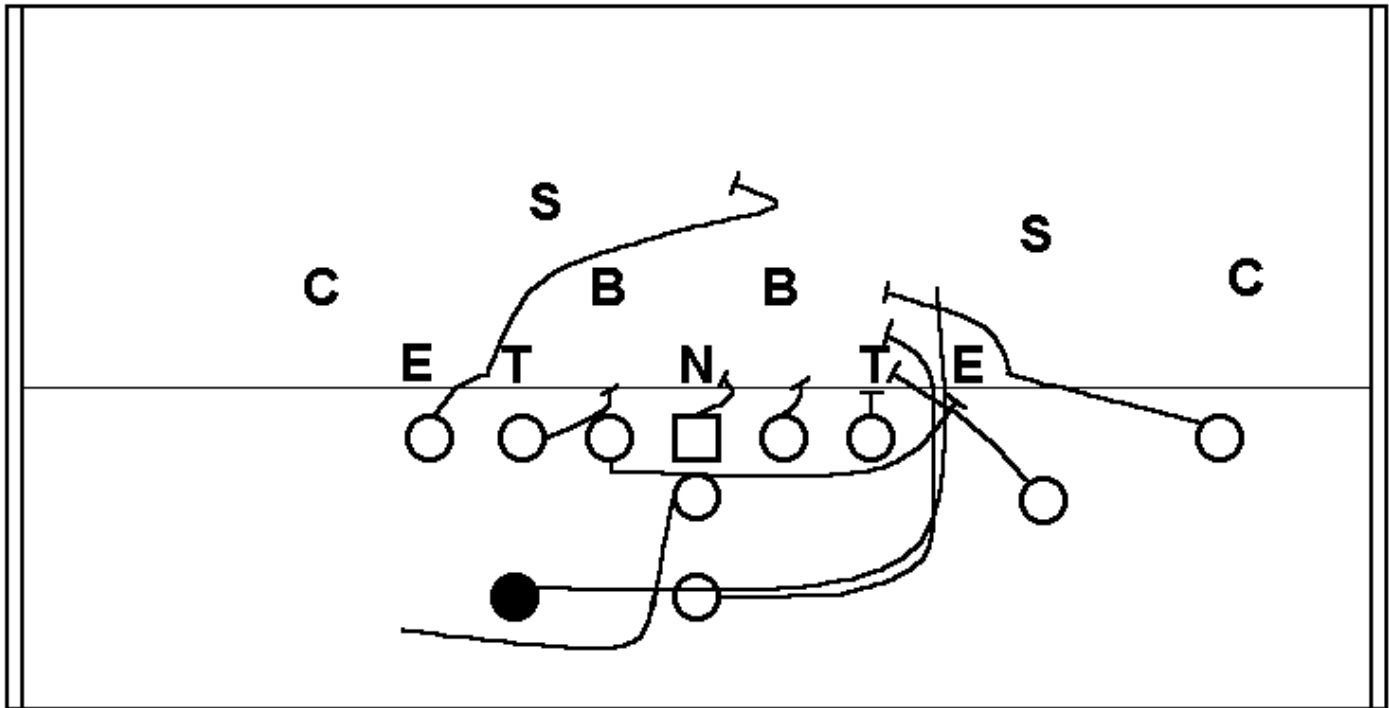


# Slot 939 Fan





## Slot 133



2 - Fake sweep block-wall off

3 - Gap-post-lead

4 - Gap-area-post

5 - On-left

6 - Pull-inside out

7 - Block 2nd man on or outside of 5

8 - Cutoff

QB - Reverse pivot-hand ball off to LH-fake bootleg at nine

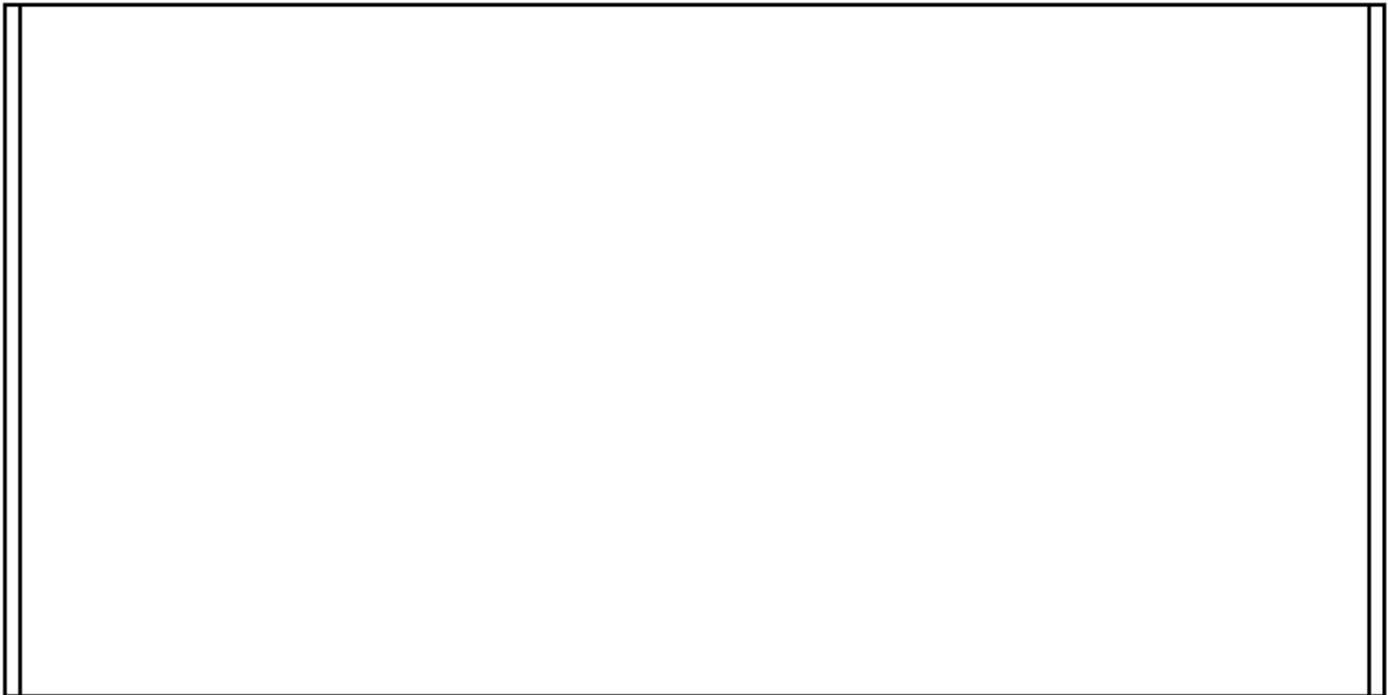
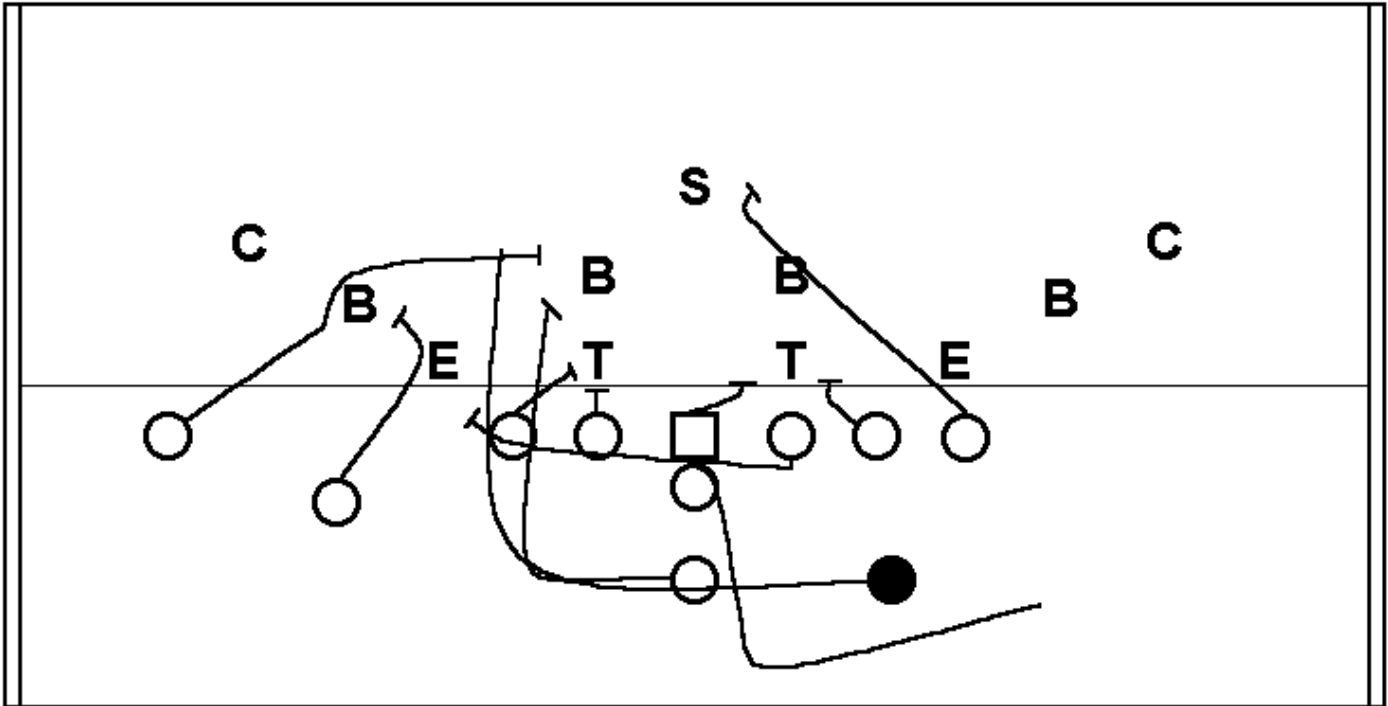
LH - Carrier: Receive handoff from QB-run parallel to L.O.S.-turn off post blocker

RH - Block lead-influence and block 1st man outside

FB - Run parallel to line-block through the hole and in

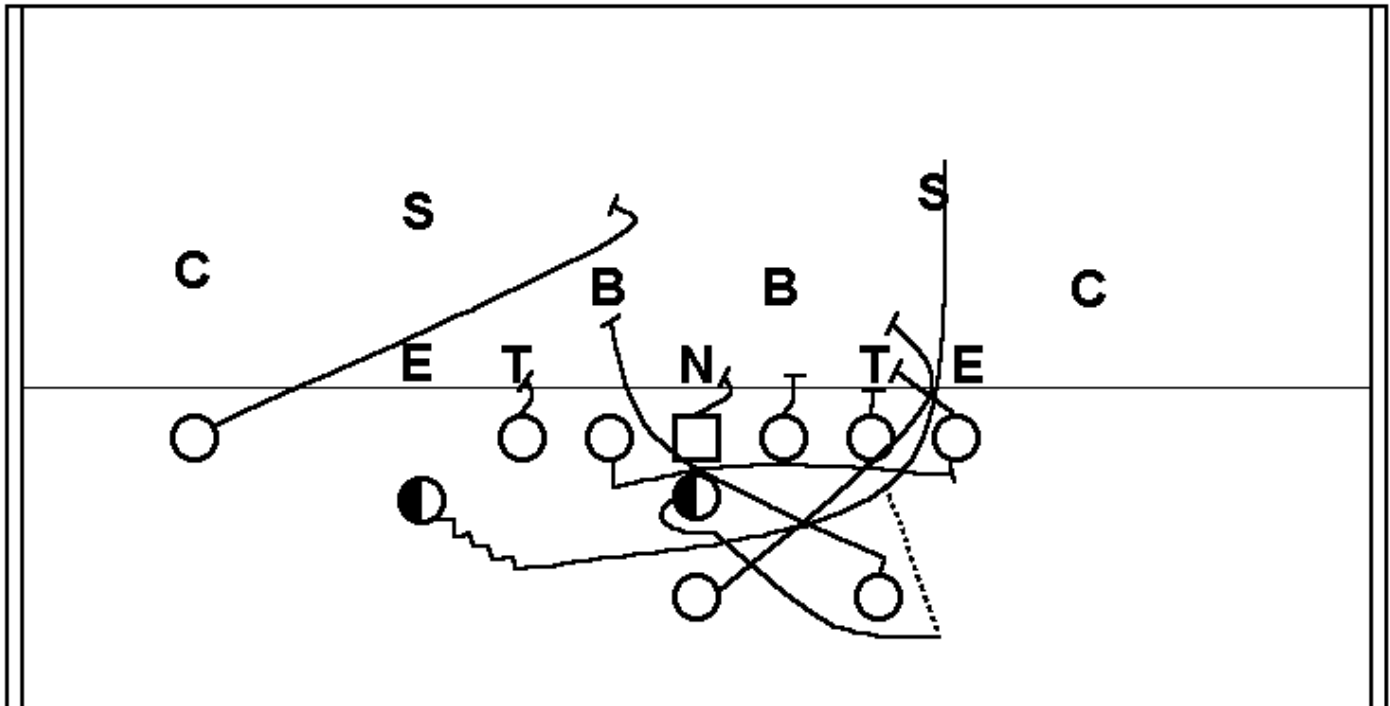


# Slot 937





## Slot 932 CT Shuffle Pass



2 - Lead-block right

3 - Gap-post-lead

4 - Gap-area-post

5 - On-area-check left

6 - Inside out

7 - Block 1st man outside of 6

8 - Cutoff

QB - Reverse pivot-fake 36 CT Boot-get 7 yards depth-pass ball to LH

LH - Leave in one count motion-go in front of FB's original position-head for tail of 3-receive pass-turn up field

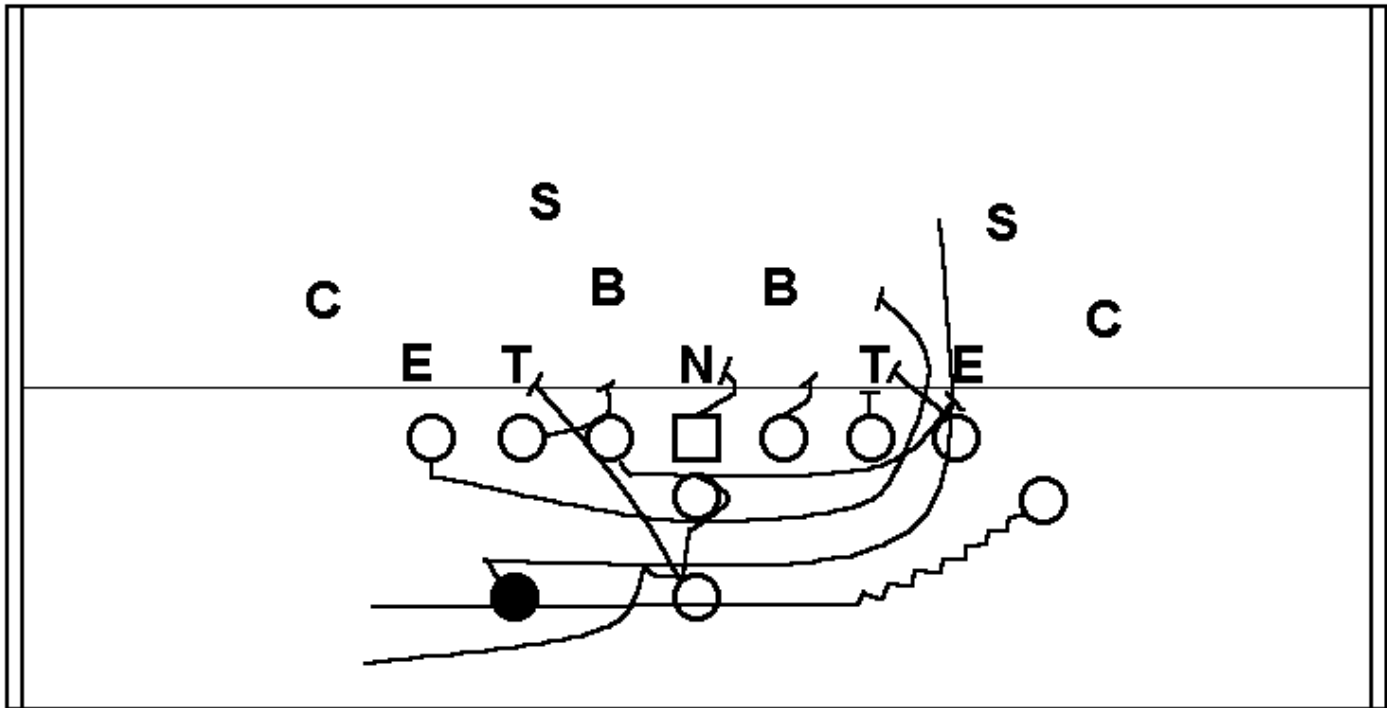
RH - Fake 36 CT

FB - Cheat to right and up-sprint for tail of 3-turn in-wall off





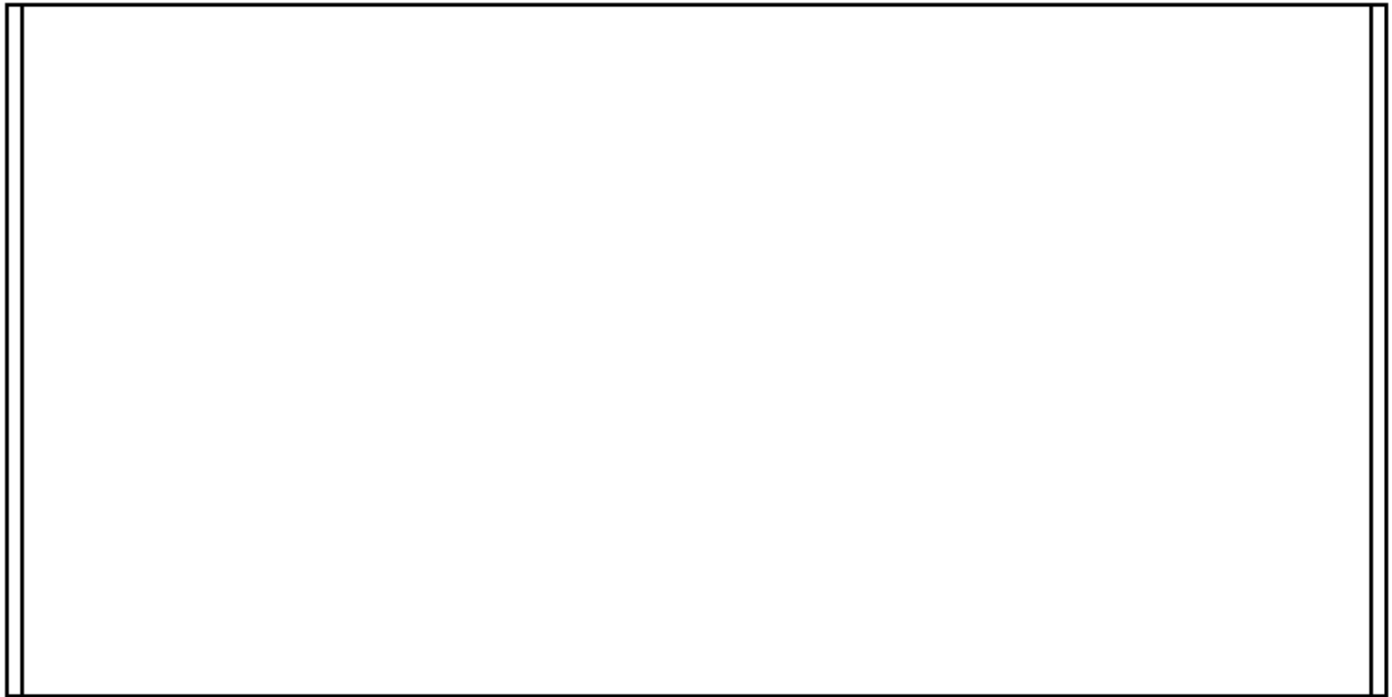
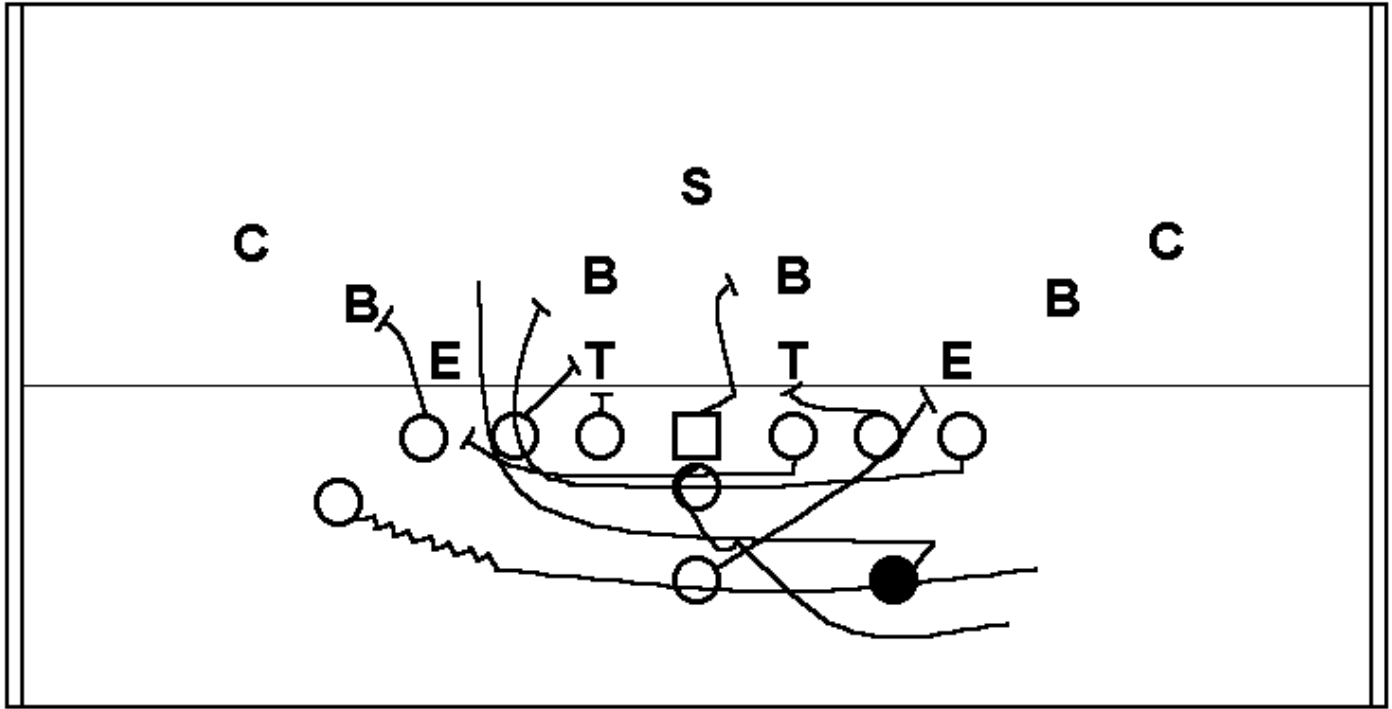
## Tight 132 CT



- 2 - Lead-block right**
- 3 - Gap-post-lead**
- 4 - Area-post**
- 5 - On-area-left**
- 6 - Inside out**
- 7 - Block 2nd man on or outside 5**
- 8 - Pull-block through hole and look inside**
- QB - Reverse pivot-handoff ball inside to LH-fake at nine**
- LH - Carrier: Step up and out with left foot-trail end as you receive inside handoff**
- RH - Fake at nine-leave in motion or fake one block and release**
- FB - Block check-dive for 6-7 seam-block 1st man in area**



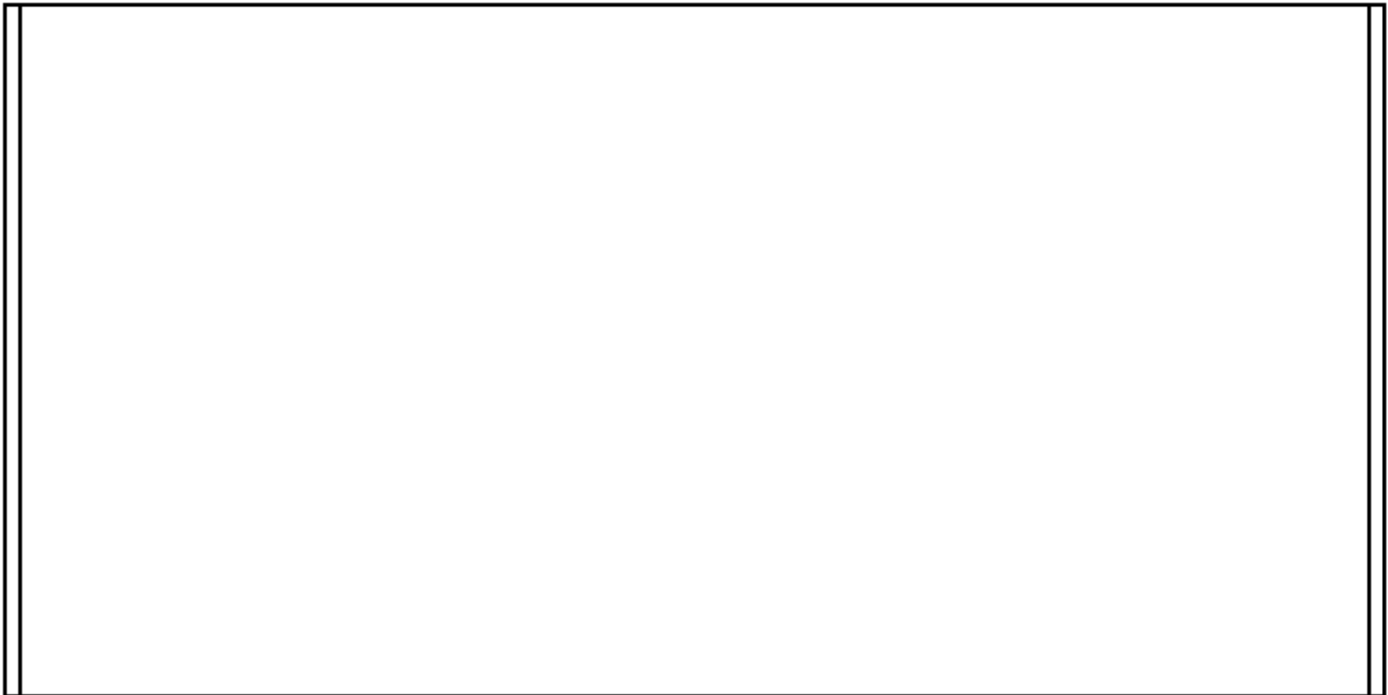
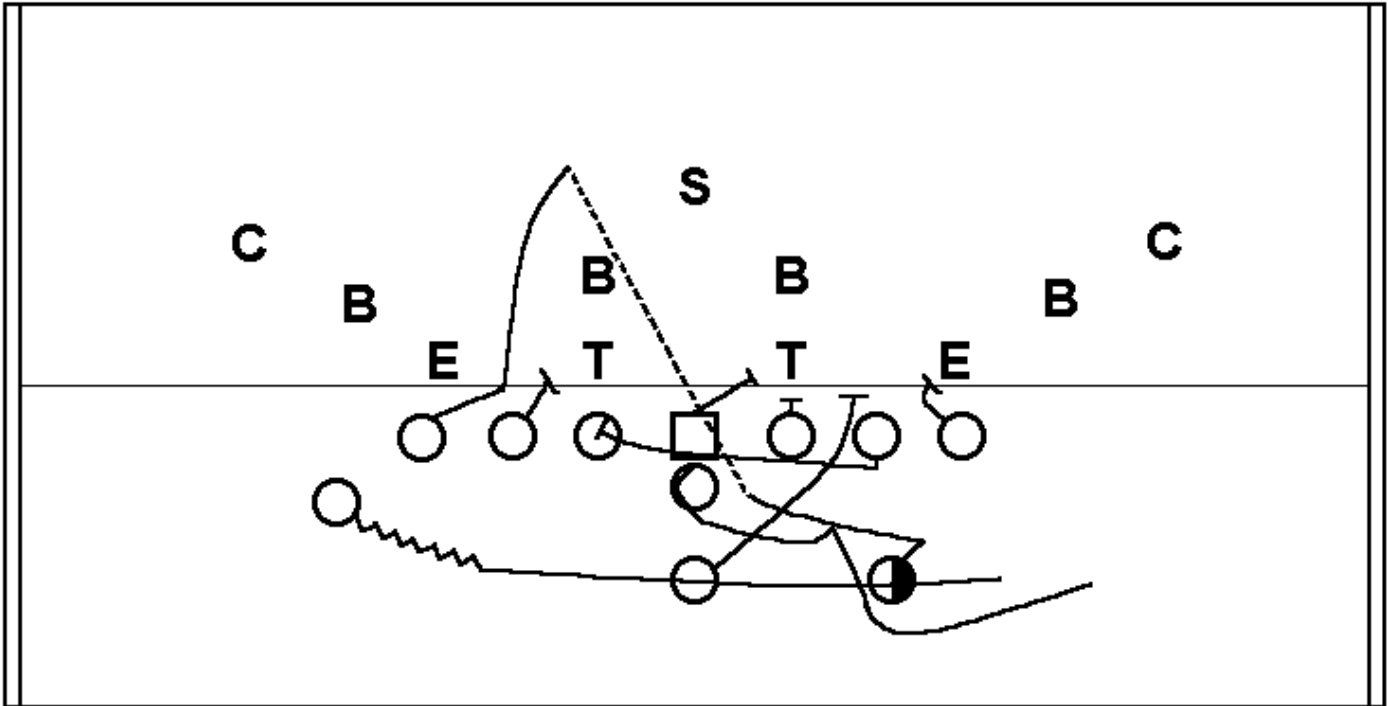
# Tight 938 CT





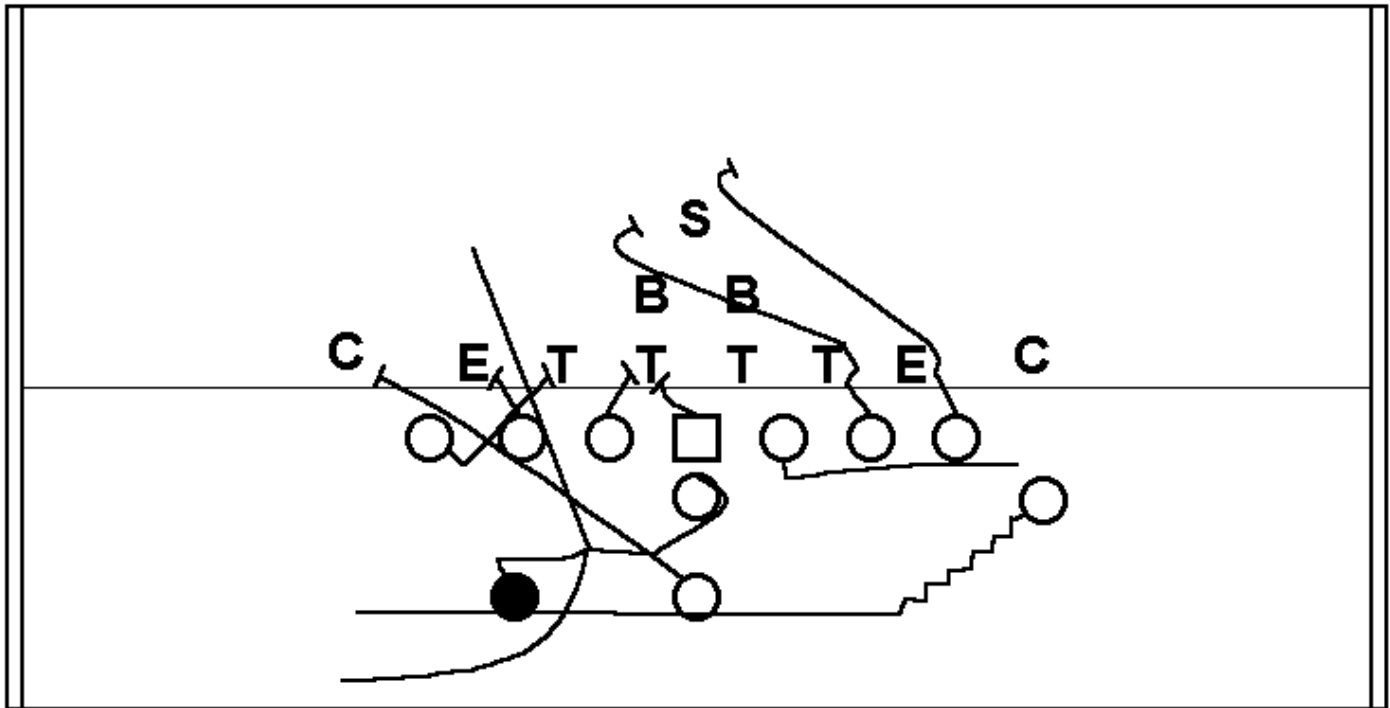


# Tight 936 CT Jump Pass





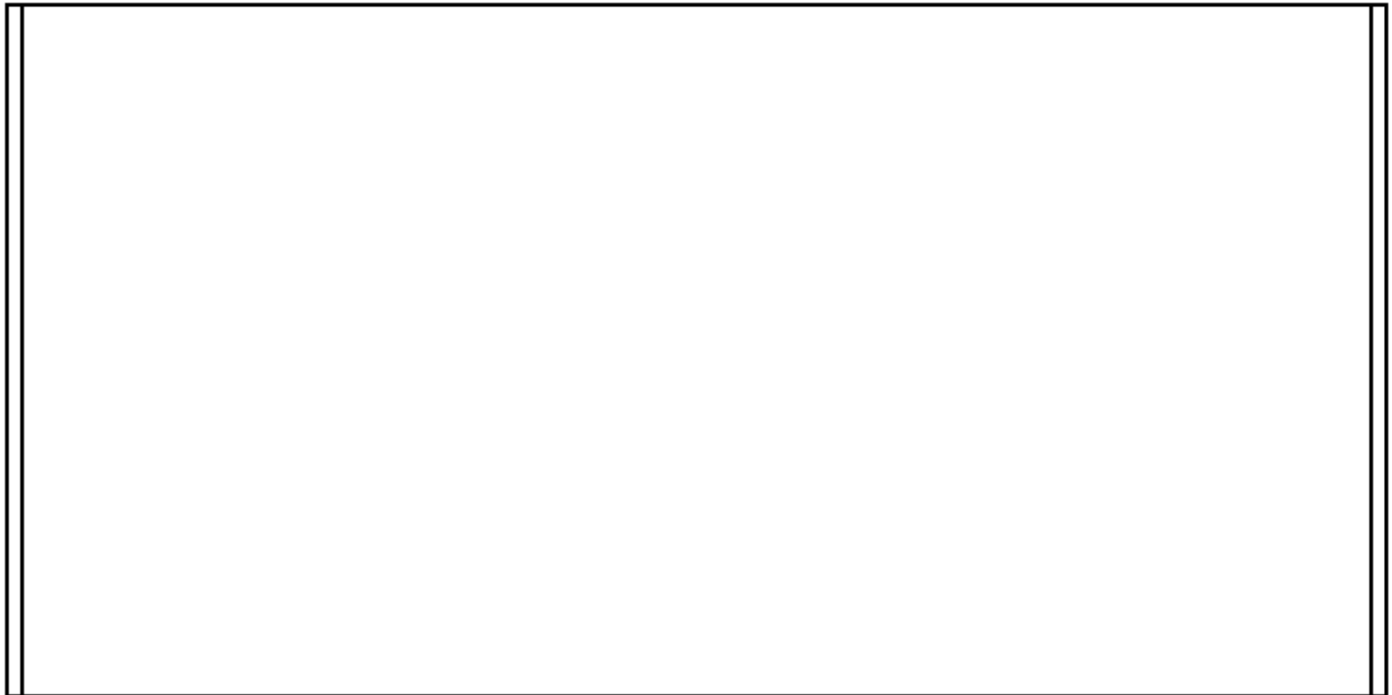
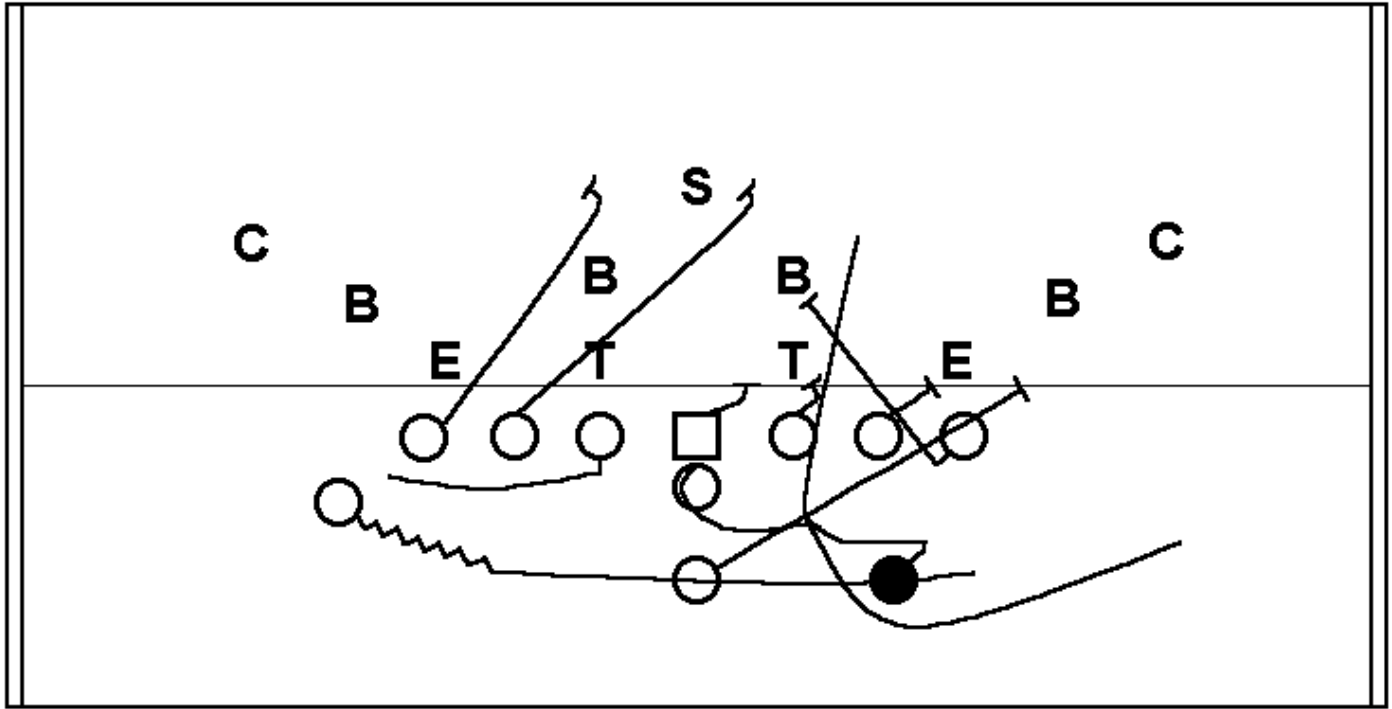
## Tight 137 Dive to LH



- 2 - Cutoff
- 3 - Cutoff
- 4 - Pull-fake away one play
- 5 - On-over-left gap
- 6 - Widen-block gap-pull away
- 7 - Outside-on-over
- 8 - Pull-block 1st man inside of 7
- QB - Reverse pivot-hand ball off to LH-fake keep at nine
- LH - Carrier: Step up and out with left foot-receive ball-use 8's block
- RH - Leave in motion-fake at nine
- FB - Cheat up 2 feet-drive for tail of 7-1st man outside of 7's block

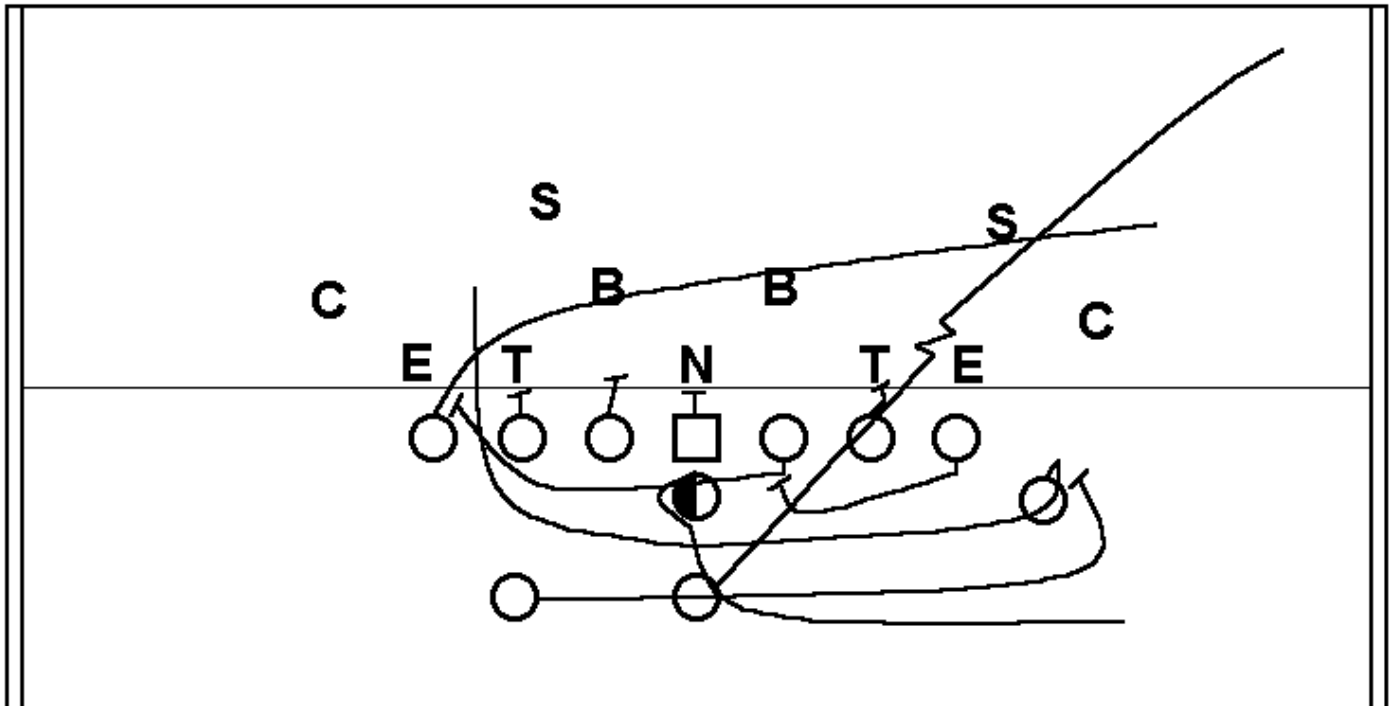


# Tight 933 Dive To RH





## Tight 138 CTXX Boot Pass



2 - Pull-fill hole left by 4 man

3 - Block 2nd man on or outside 5-head on right side

4 - Block inside out as 38-keep head on right side

5 - On-area-left

6 - Gap-area-post

7 - Gap-man on-you will not post but take him alone

8 - Run across pattern-flat and fast

QB - Reverse pivot(as 132)-fake to LH as on 123 keep pass-place ball on hip and drift to about 8 yards-throw to open man

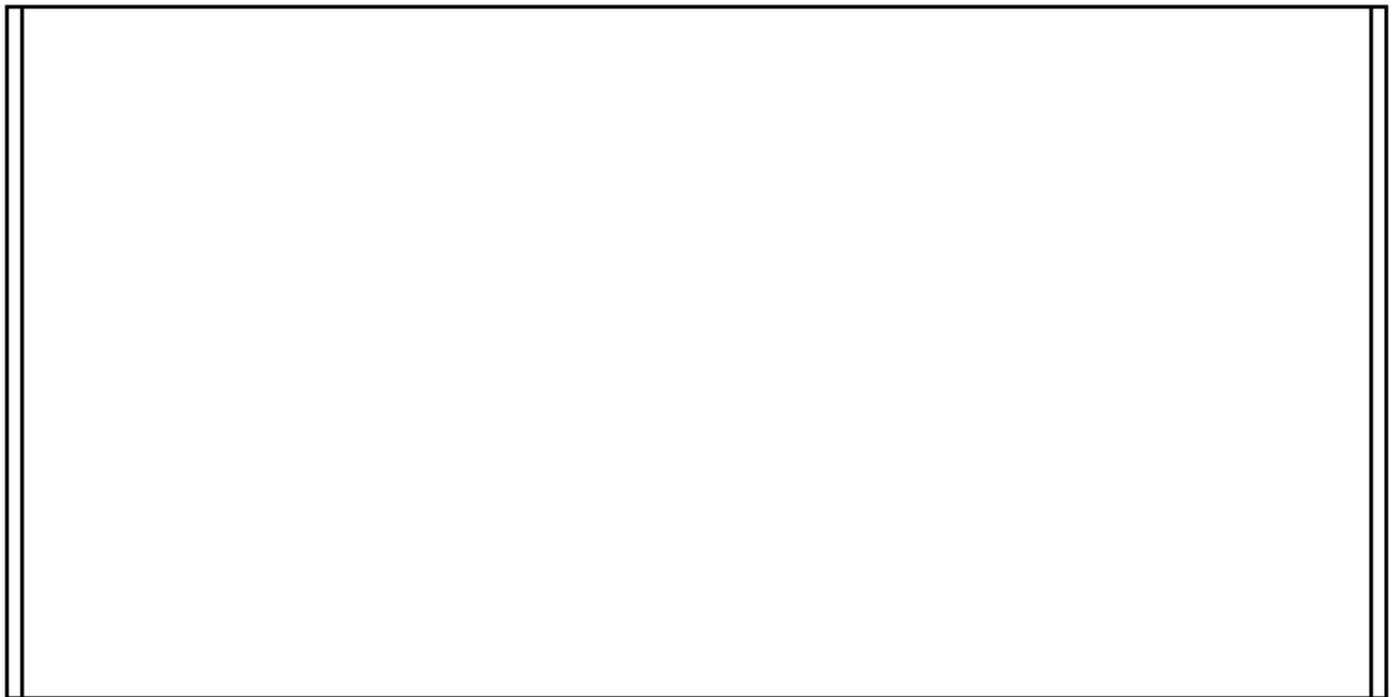
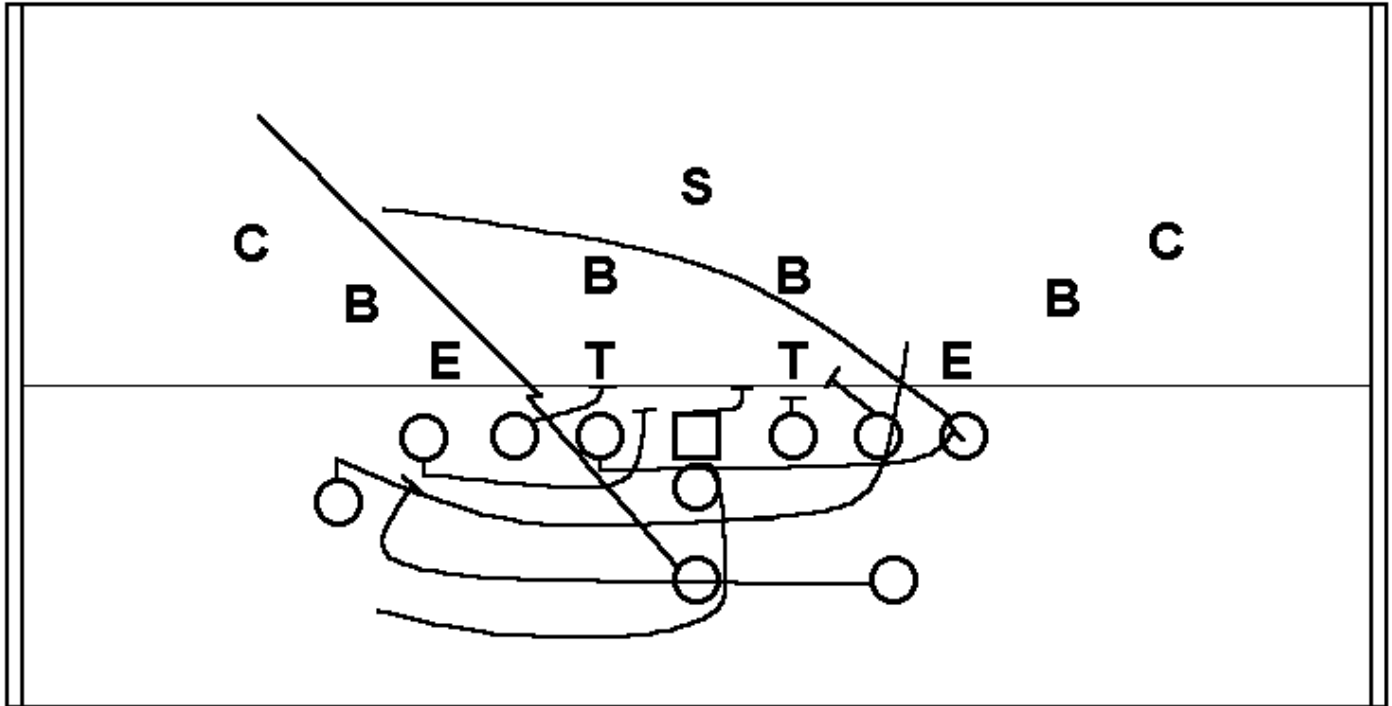
LH - Fake 138 CTXX

RH - Fake 138 CTXX

FB - Drive for inside leg of 2-run under control for 5 yards-sprint for the flag looking over your right shoulder

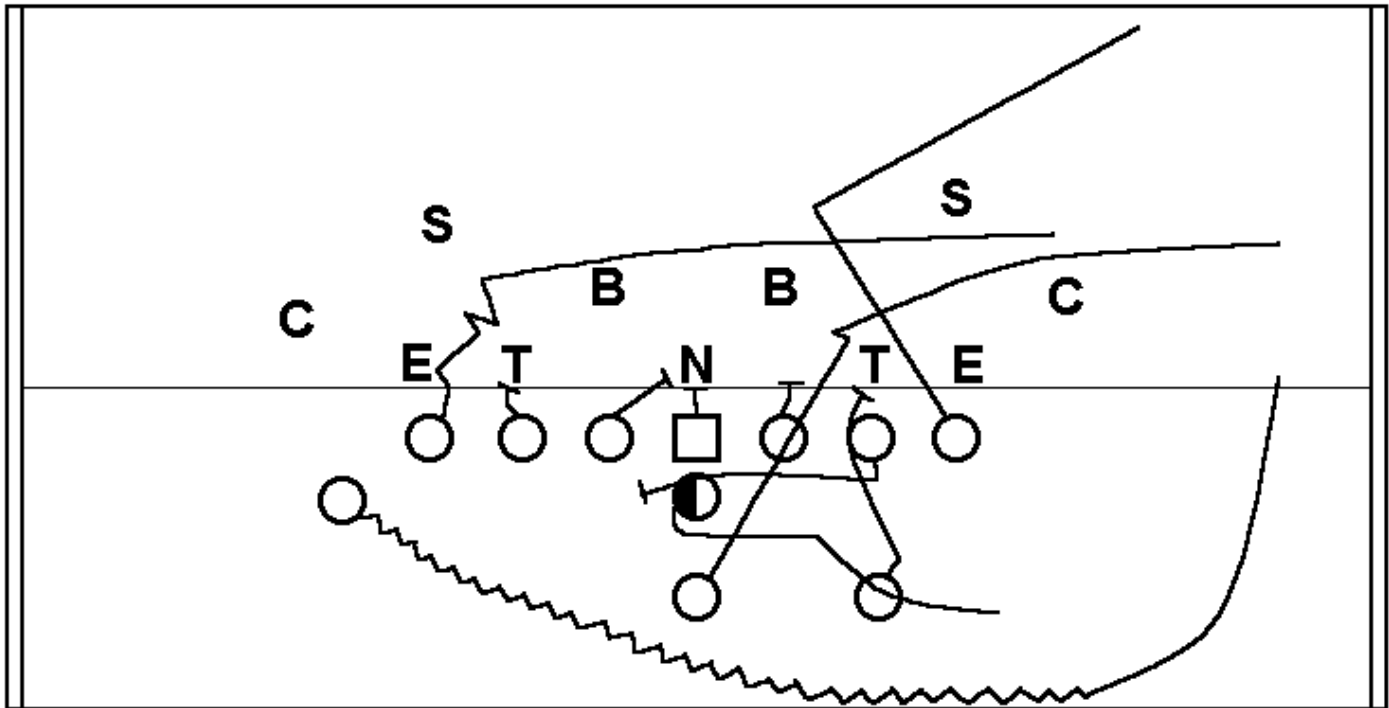


# Tight 932 CTXX Boot Pass





## Tight 936 CT Pass



2 - Run normal bootleg pattern

3 - Pull-block inside out

4 - Same 936 CT-block post(4-5 gap)-no man on or over 5 post-man on or over block man on block right

5 - Same as 936 CT-block gap-post on or over-lead

6 - Lead-area

7 - On-area

8 - Run across pattern delayed

QB - Rverse pivot-move quickly to RH-fake 33 Dive-keep ball and throw to open man

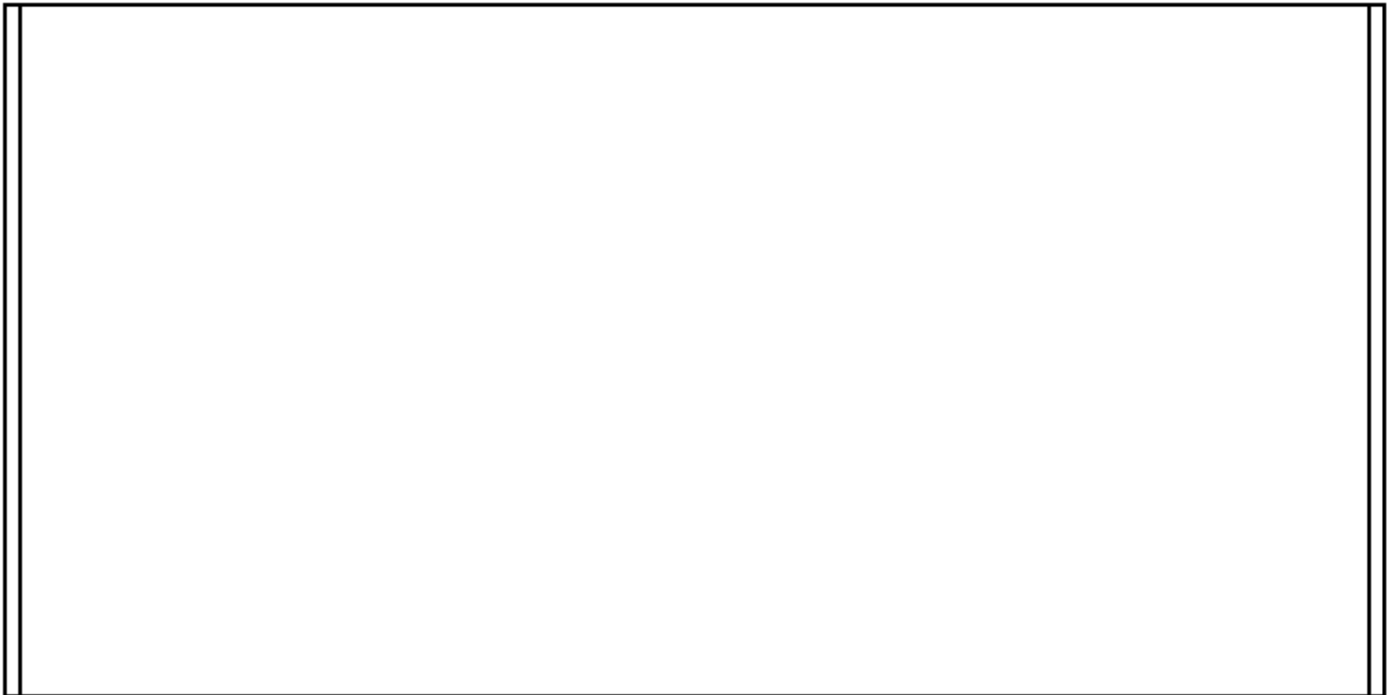
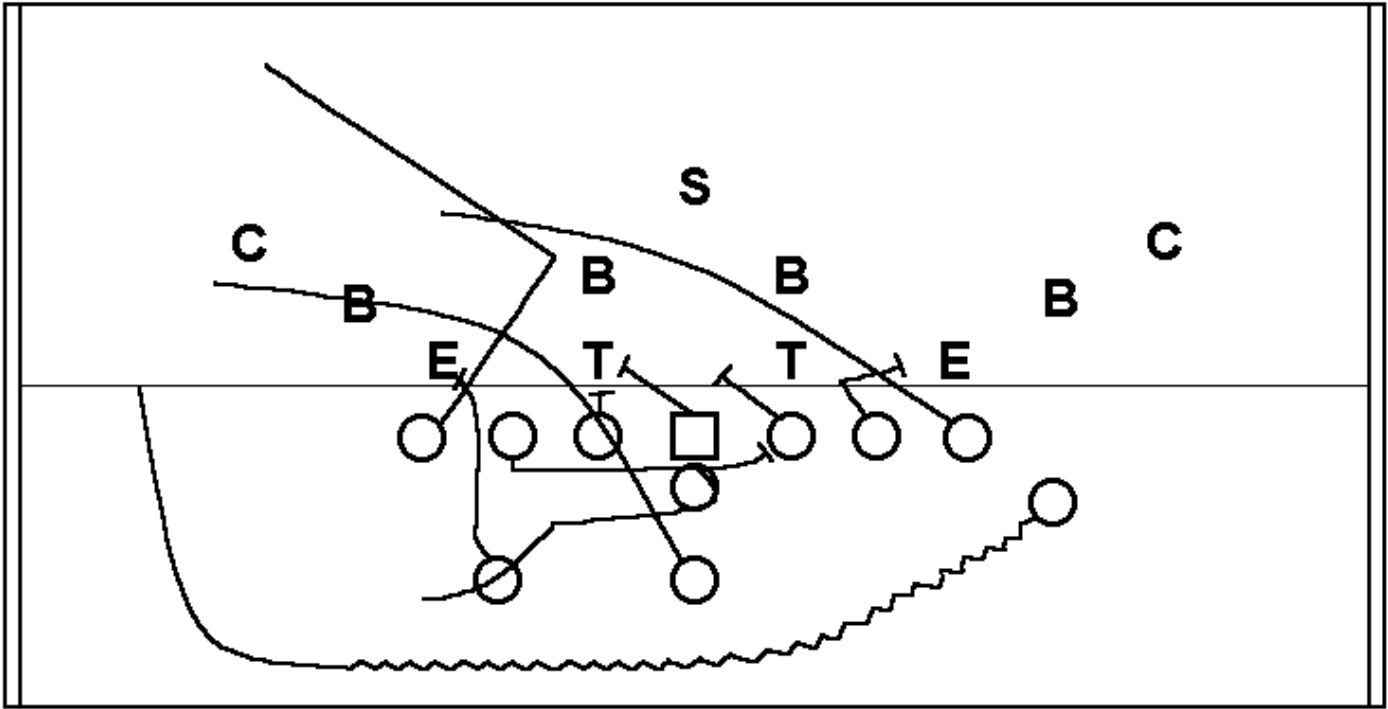
LH - Leave in early motion-get way out in front of QB-turn up into flat

RH - Fake 933 Dive-block 1st man outside of 3's block

FB - Dive for tail of 3(follow RH)-take open spot and slip into flat at 5 yards

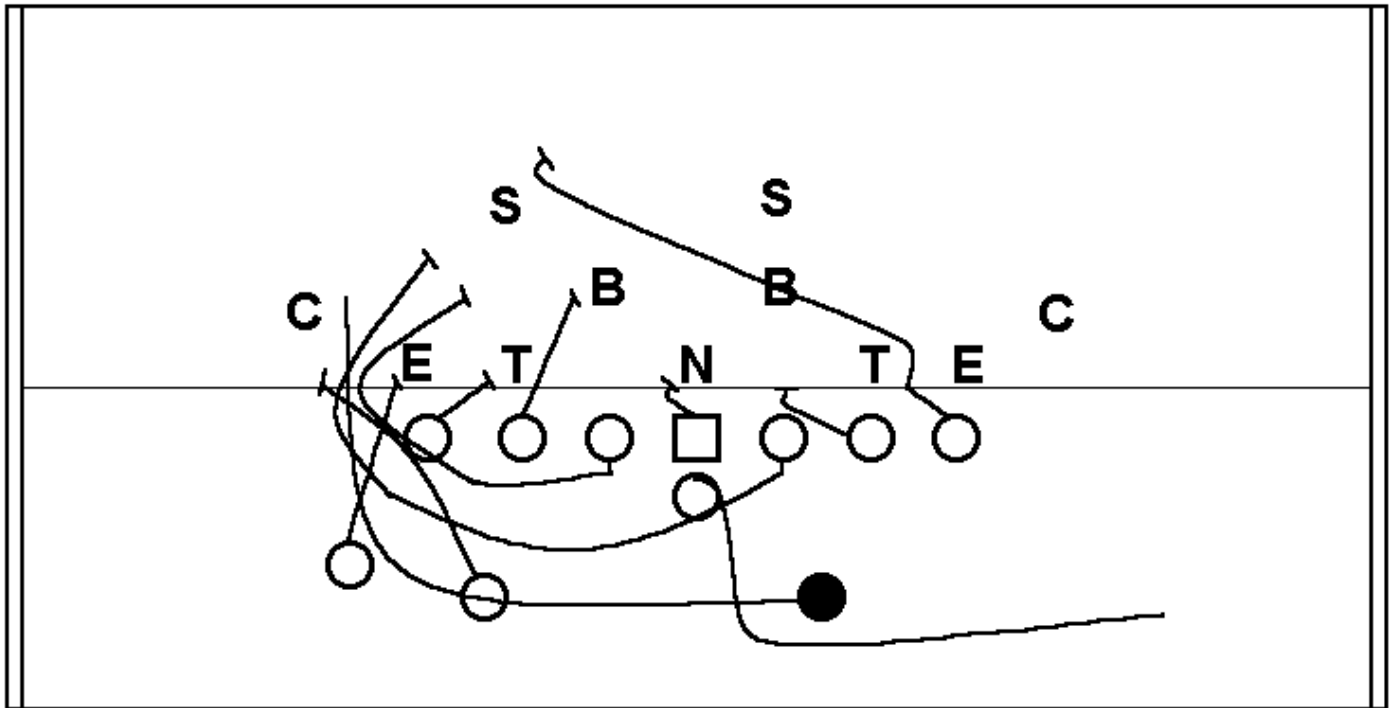


# Tight 134 CT Pass





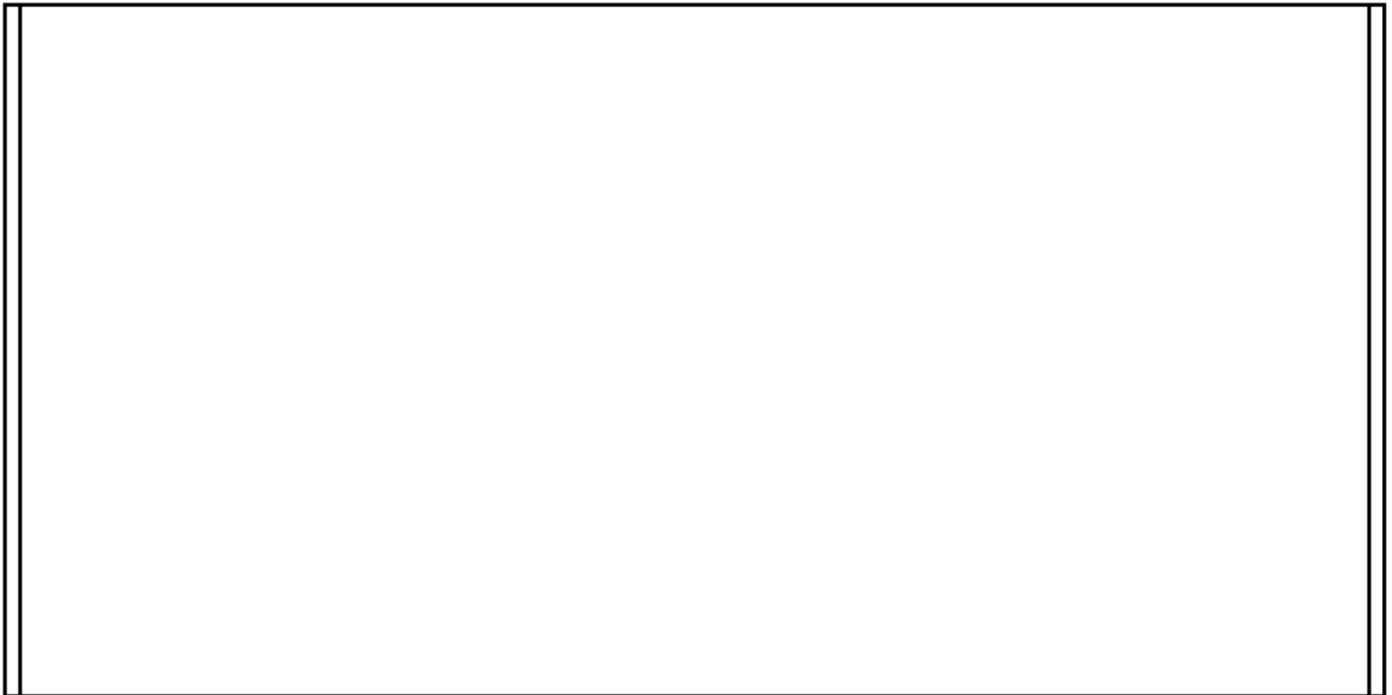
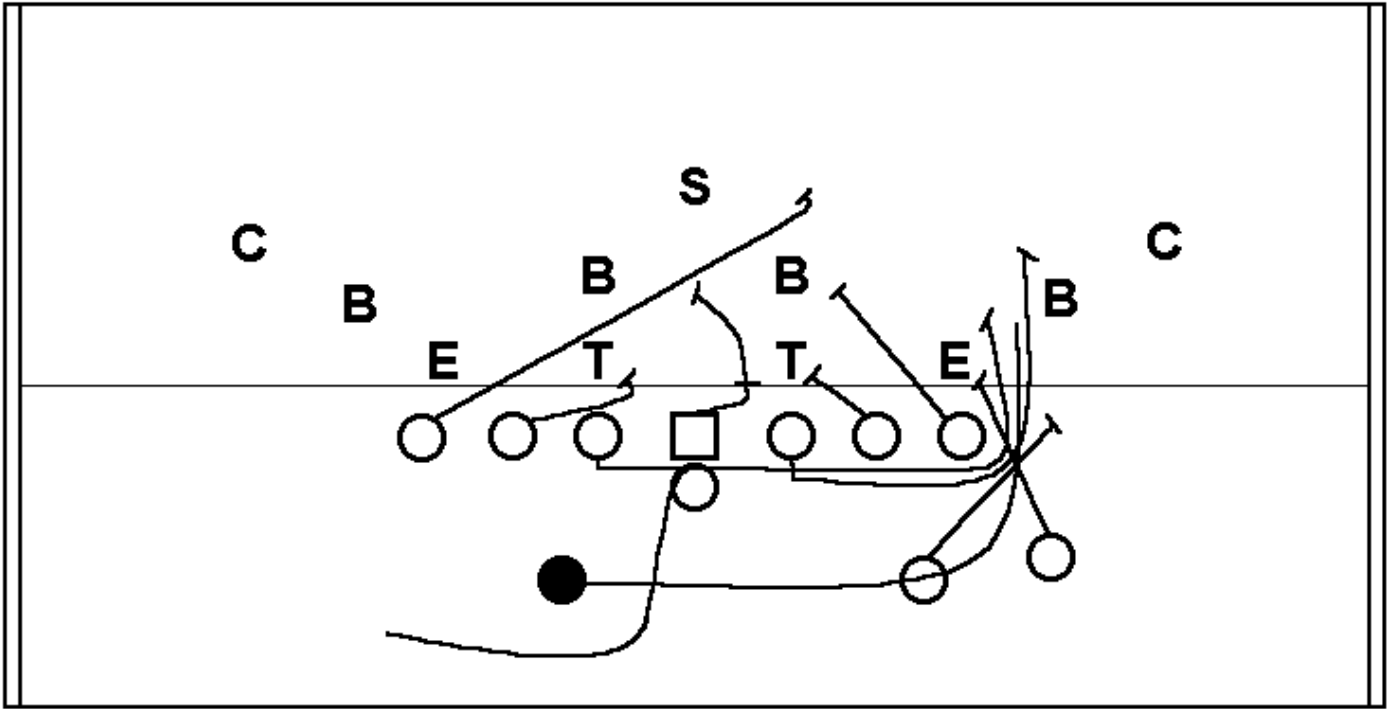
# X139



- 2 - Cutoff
- 3 - Block 1st man outside of 5
- 4 - Pull-personal escort
- 5 - On-left
- 6 - Pull-turn up-wall off
- 7 - Gap-inside
- 8 - Gap-on-inside
- QB - Reverse pivot-hand off-fake bootleg at one
- LH - Block inside out-1st man outside at fullback's block
- RH - Carrier: Leave in motion-carry at nine-use FB's block then LH's
- FB - Block 1st man on or outside 8



X931

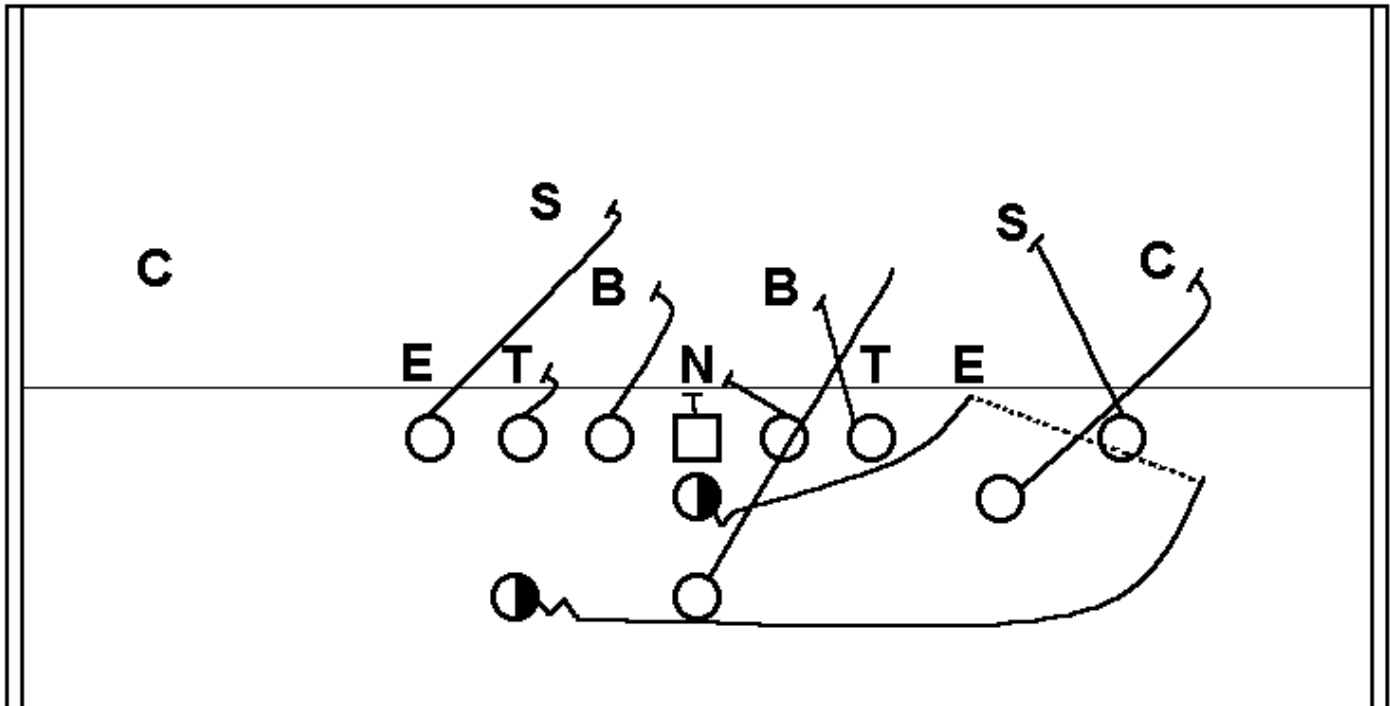


## 40 Series

1. Slot 141 Option/Slot 949 Option
2. 142 Option Gut/948 Option Gut
3. Loose 143 On/Loose 947 On
4. Tight T 944 Wedge
5. Tight T 944 Wedge QB Sneak
6. Blue 41 Option Pass/Red 49 Option Pass
7. Right Loose Red 41 Option/Left Loose Blue 49 Option
8. Tight 149/Tight 941
9. Spread 44 Arc
10. Spread 44 Seal



## Slot 141 Option



2 - Spread: Crack 2-stalk 1

3 - Gap-bump-lead-backer

4 - Gap-on-lead

5 - Reach-on-backer

6 - Reach-on-backer

7 - Reach-on-backer

8 - Cutoff

QB - Step back-ride ball to FB-execute triple option

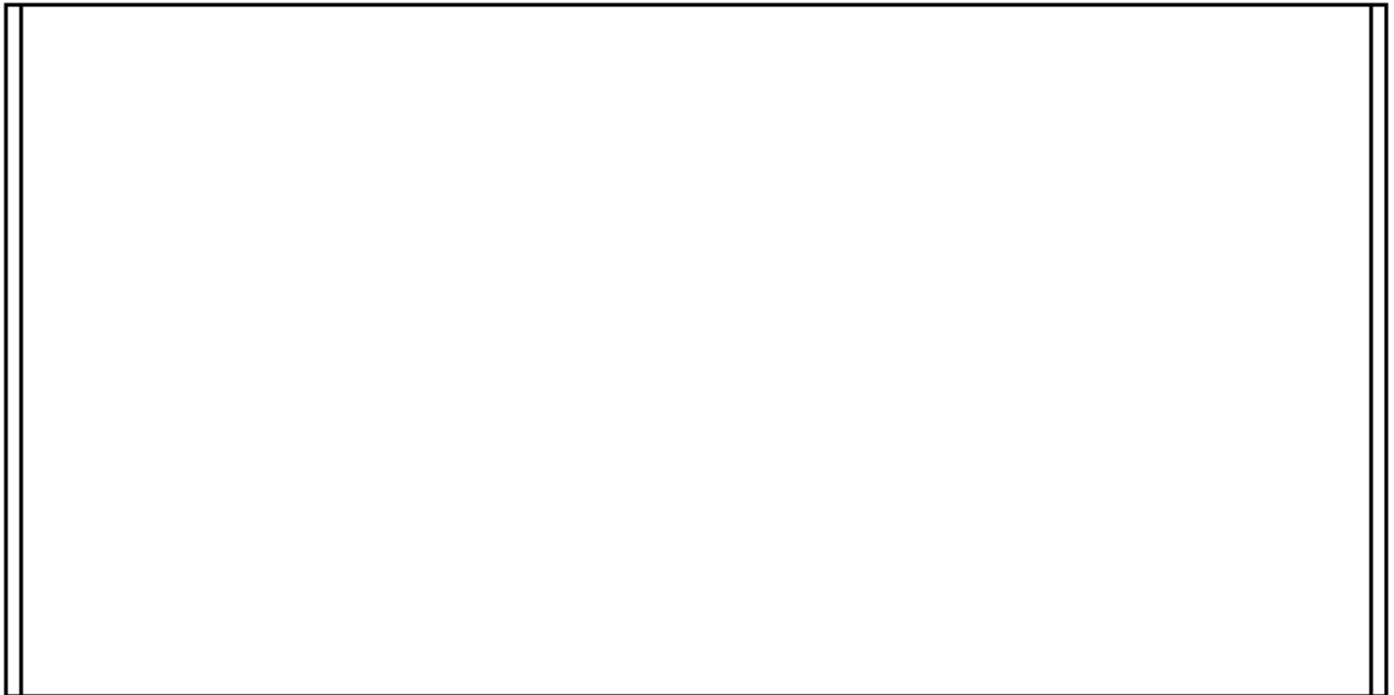
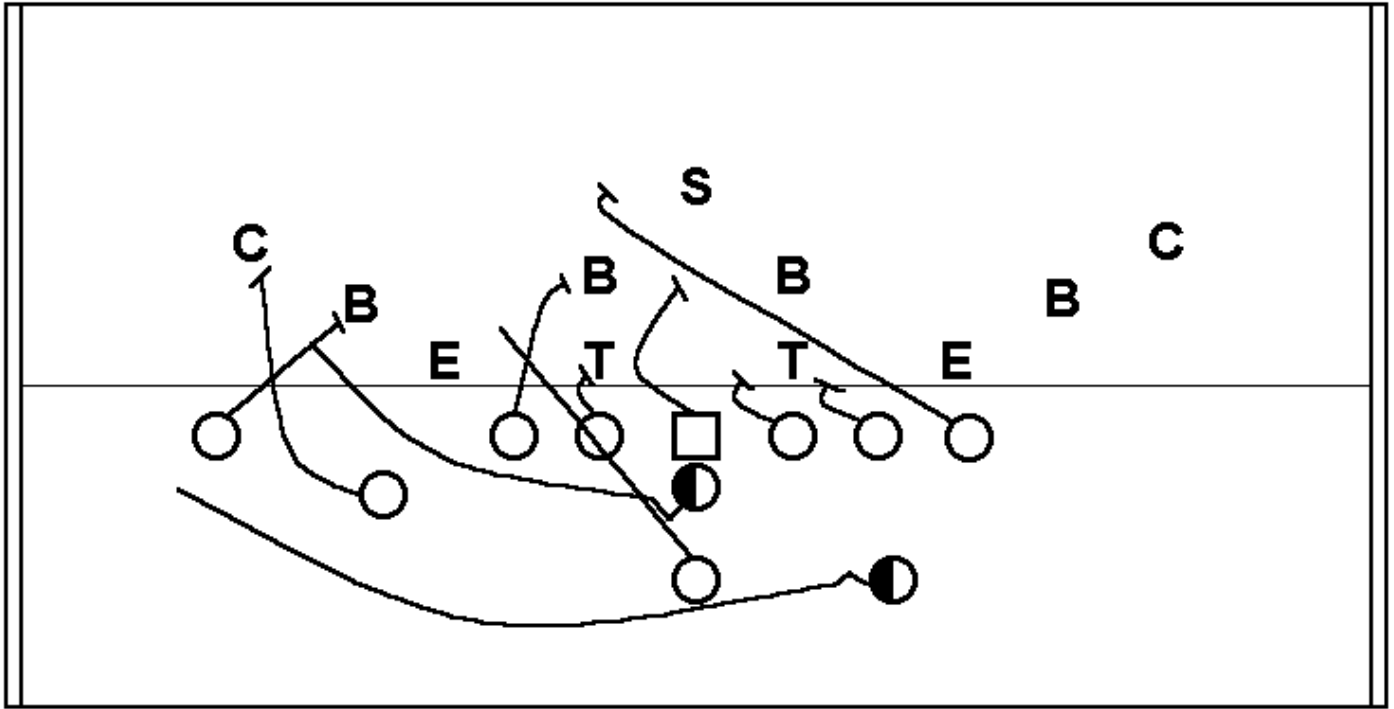
LH - Leave in one step motion-be in position to receive the pitch

RH - Check 2-stalk 1. If 3 men are outside of 3 man-wall with 2

FB - Dive for outside hip of 4 man-accept handoff or fake and block area

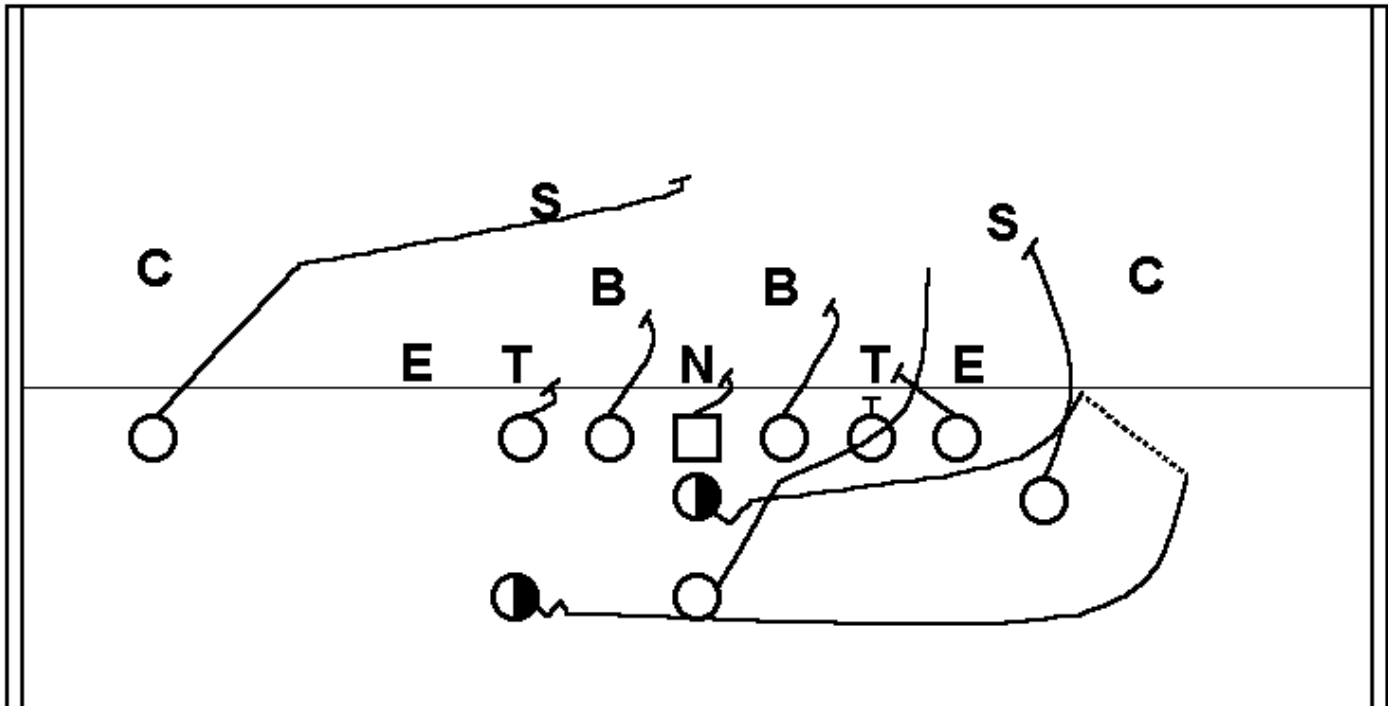


# Slot 949 Option





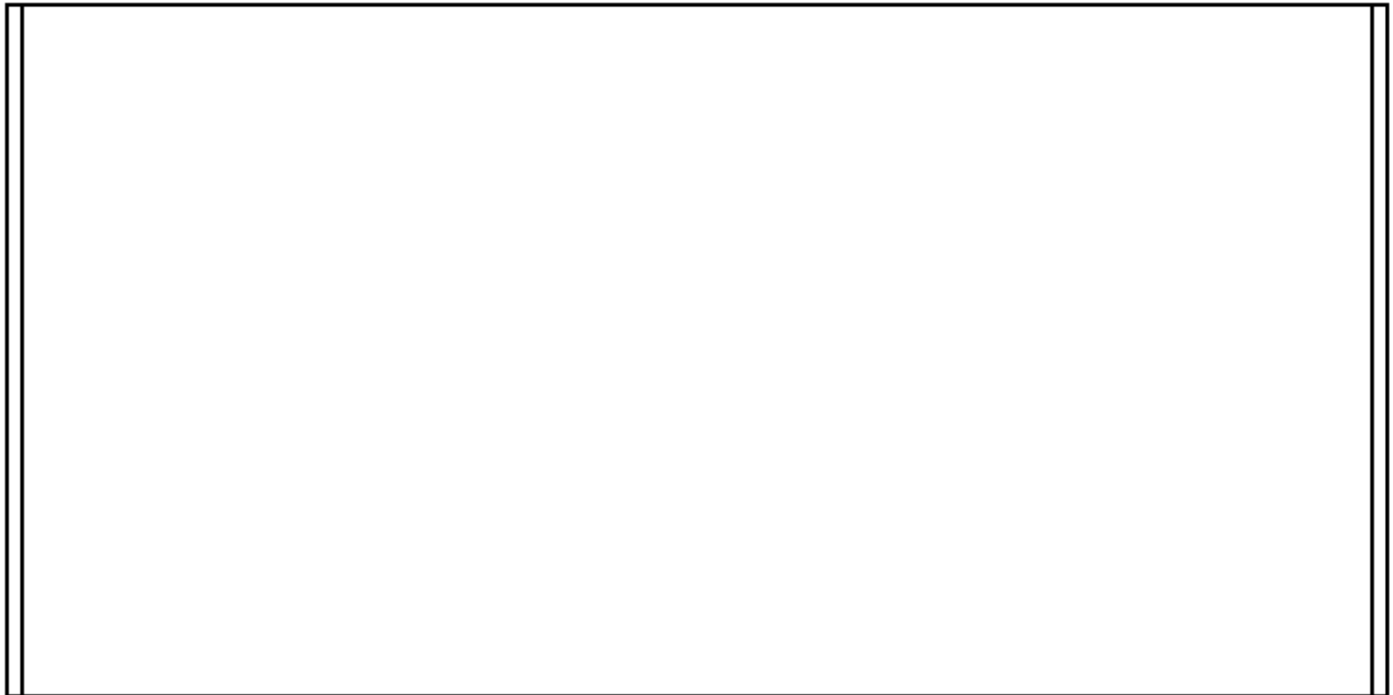
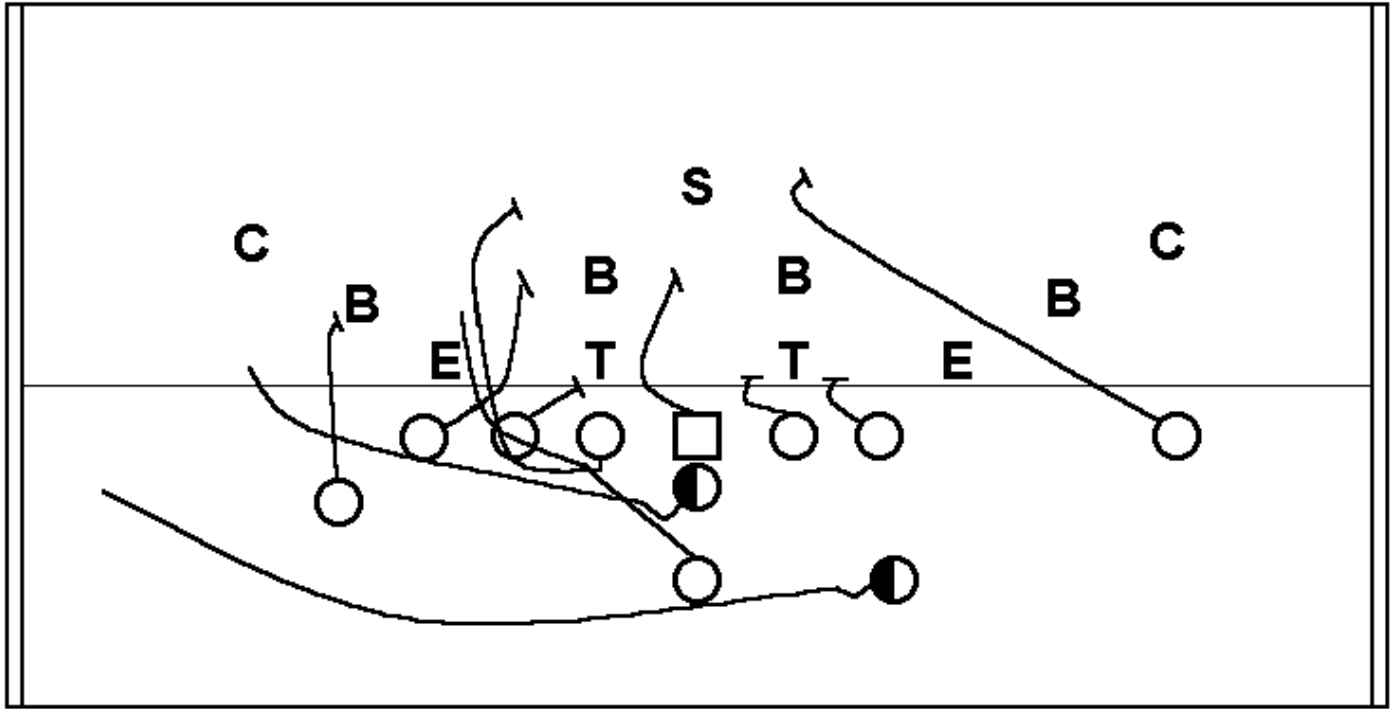
## 142 Option Gut



- 2 - Down-backer(Double team on "60" call)
- 3 - Gap-down-backer(man on double team "60" call)
- 4 - Pull-gut backer to FS(block LB on "60" call)
- 5 - Reach-on-backer
- 6 - Reach-on-backer
- 7 - Reach-on-backer
- 8 - Cutoff
- QB - Step back-ride ball to FB-execute veer option
- LH - Leave in early motion-be in position to receive pitch
- RH - Block LB to FS
- FB - Dive for outside hip of 4 man-except handoff or or fake an block area

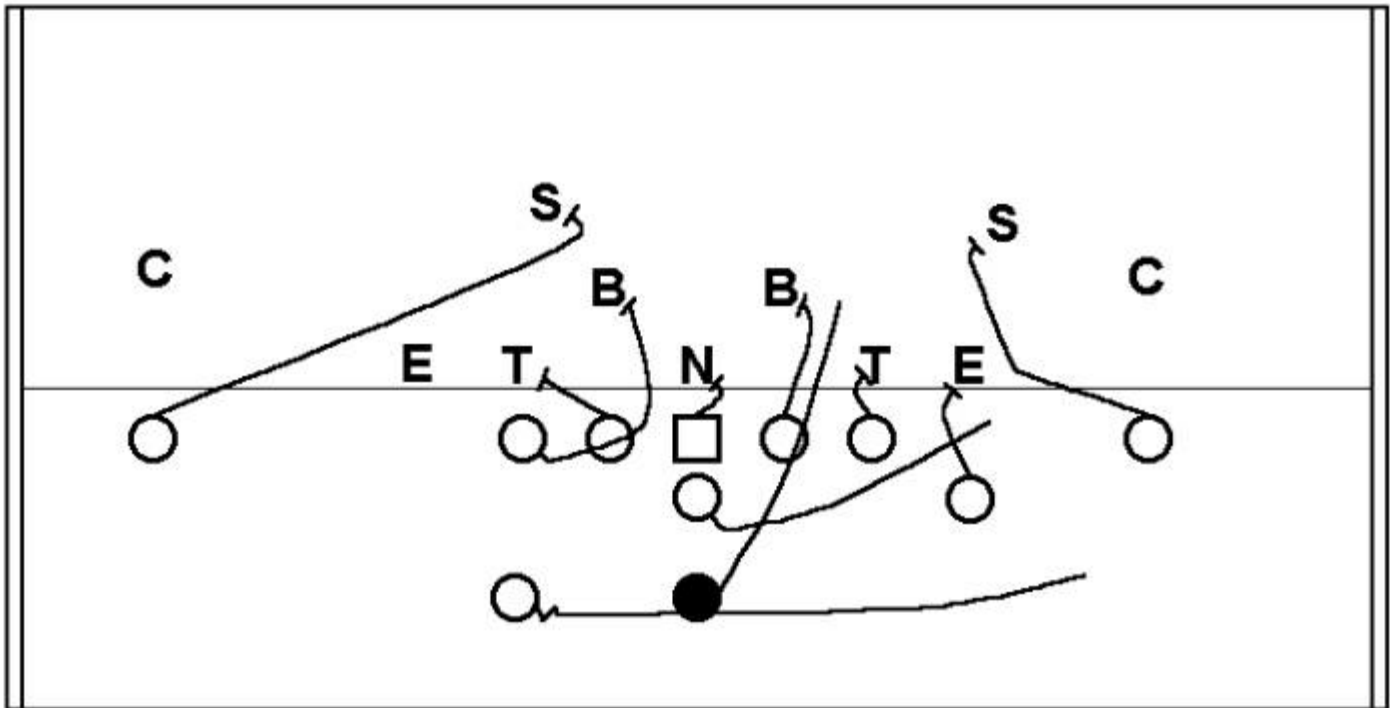


# 948 Option Gut





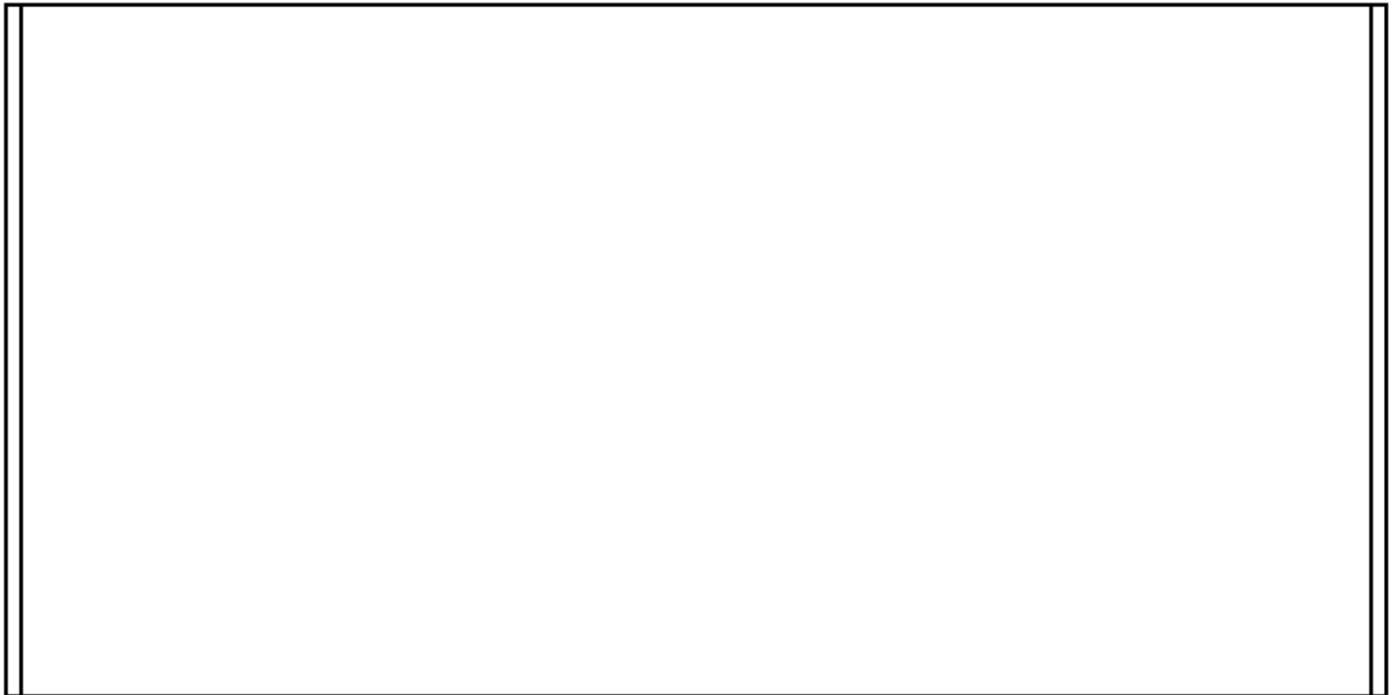
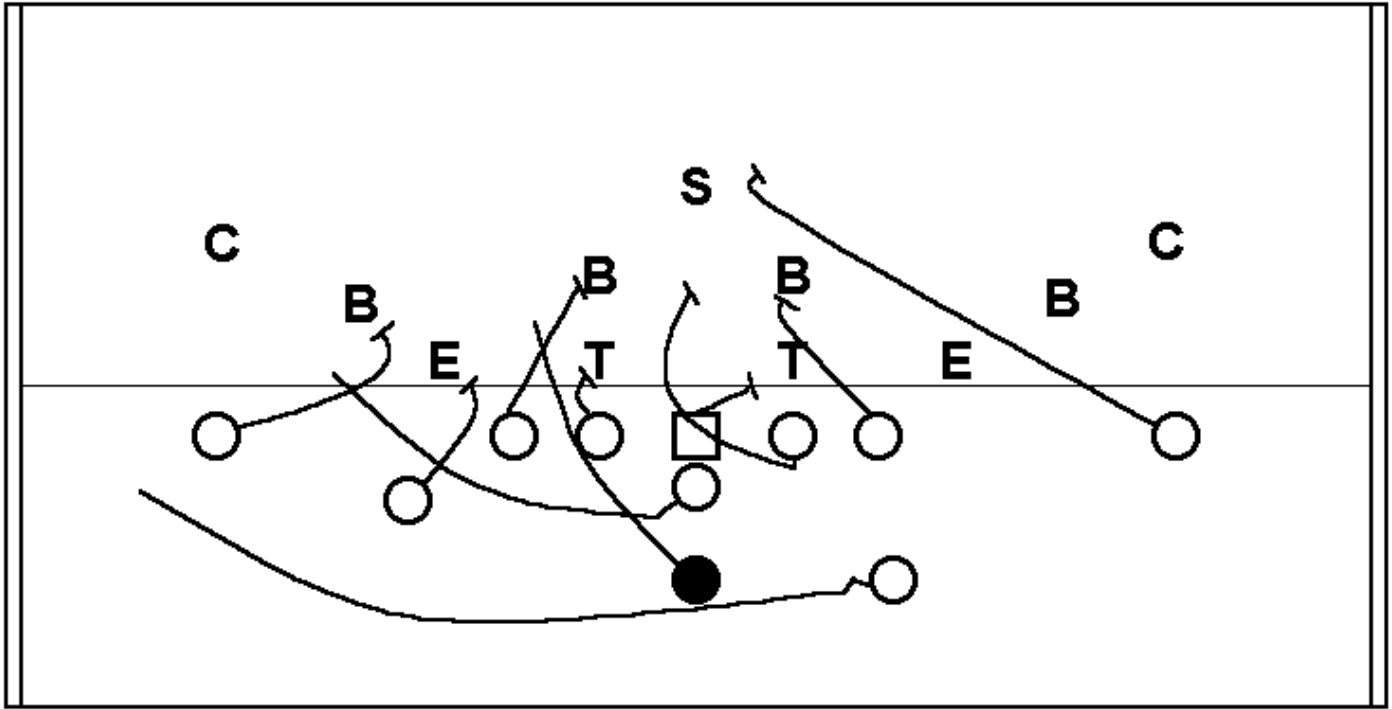
## Loose 143 On



- 2 - Fake crack-cutoff  
Tight: Gap-on-backer
- 3 - Gap-on-backer
- 4 - Gap-on-backer
- 5 - On-left
- 6 - Pull-wall off tail of 5 man(block out on "odd" call)
- 7 - Reach-on-backer(loop around 6 man to LB on "odd" call)
- 8 - Cutoff
- QB - Step back-hand ball off to FB-fake 41 option
- LH - Leave in one step motion-fake 41 option
- RH - Block first man on
- FB - Carrier: Clear the outside hip of the 4 man-read defensive tackle(noseguard on "odd" call)-select opening

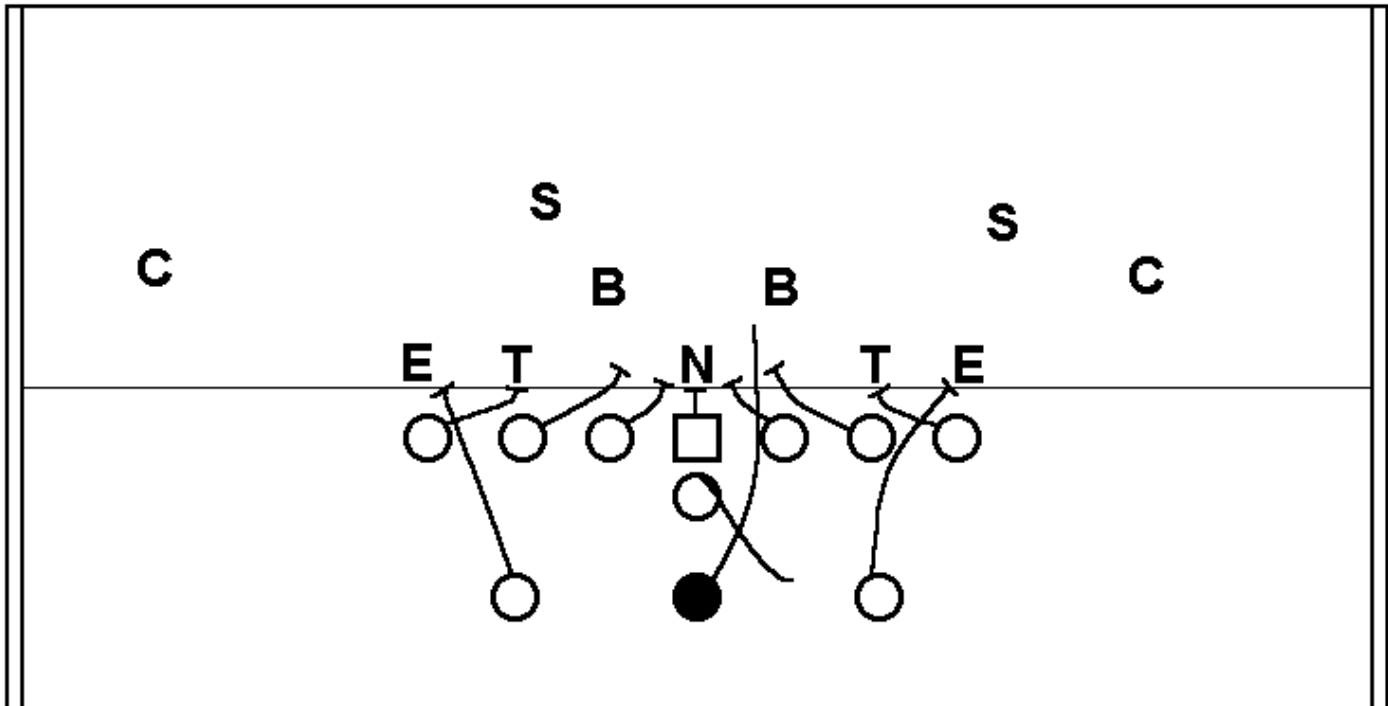


# Loose 947 On





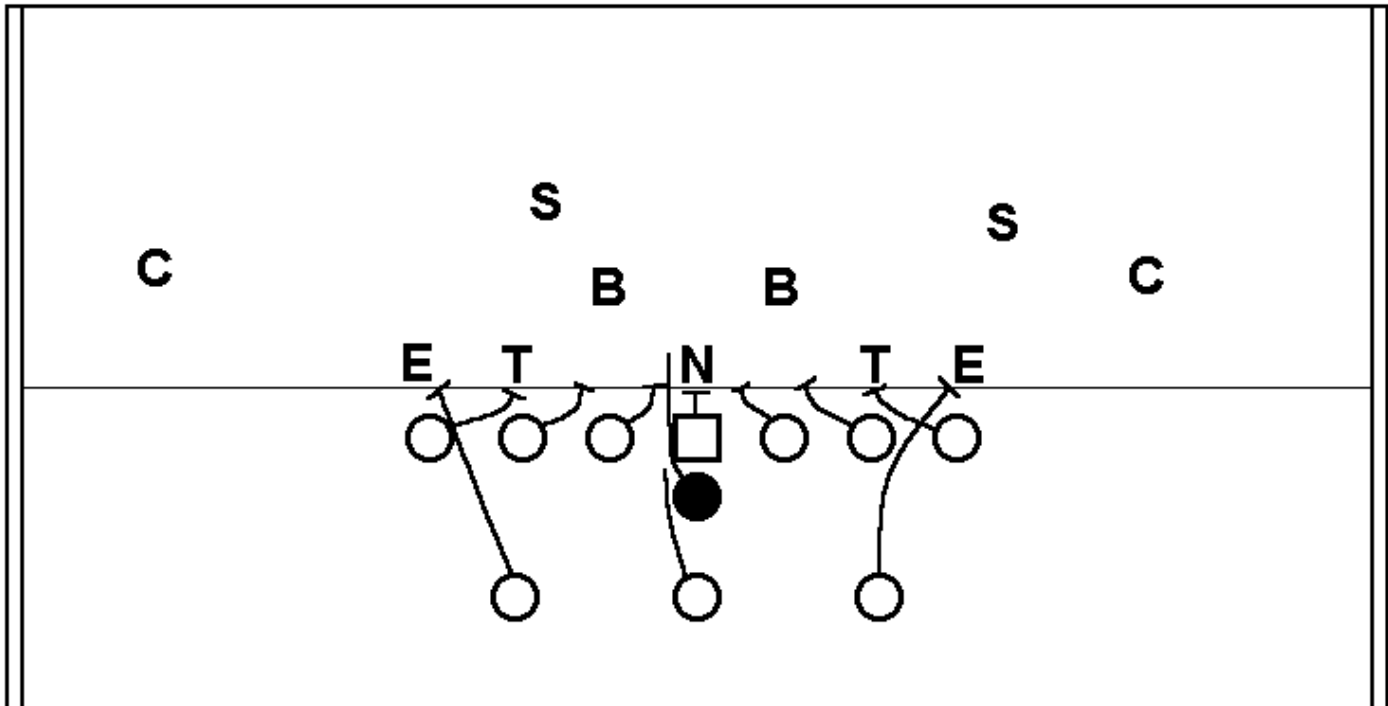
## Tight T 944 Wedge



- 2 - Close with left footwedging area from 3 man's shoulder
- 3 - Close with left foot wedging area from 4 man's shoulder
- 4 - Wedge your left shoulder-blocking area
- 5 - Wedge your right shoulder-blocking area
- 6 - Close with right foot wedging area with 5 man's shoulder
- 7 - Close with right foot wedging area with 6 man's shoulder
- 8 - Close with right foot wedging area with 7 man's shoulder
- QB - Open to FB-bring ball to him quickly
- LH - Shorten-block 1st man outside of 8 man's wedge
- RH - Dive for tail of 3 man-block first man outside of 2 man's wedge
- FB - Carrier: Receive ball-quickly run to line-dive or slide to opening for yardage



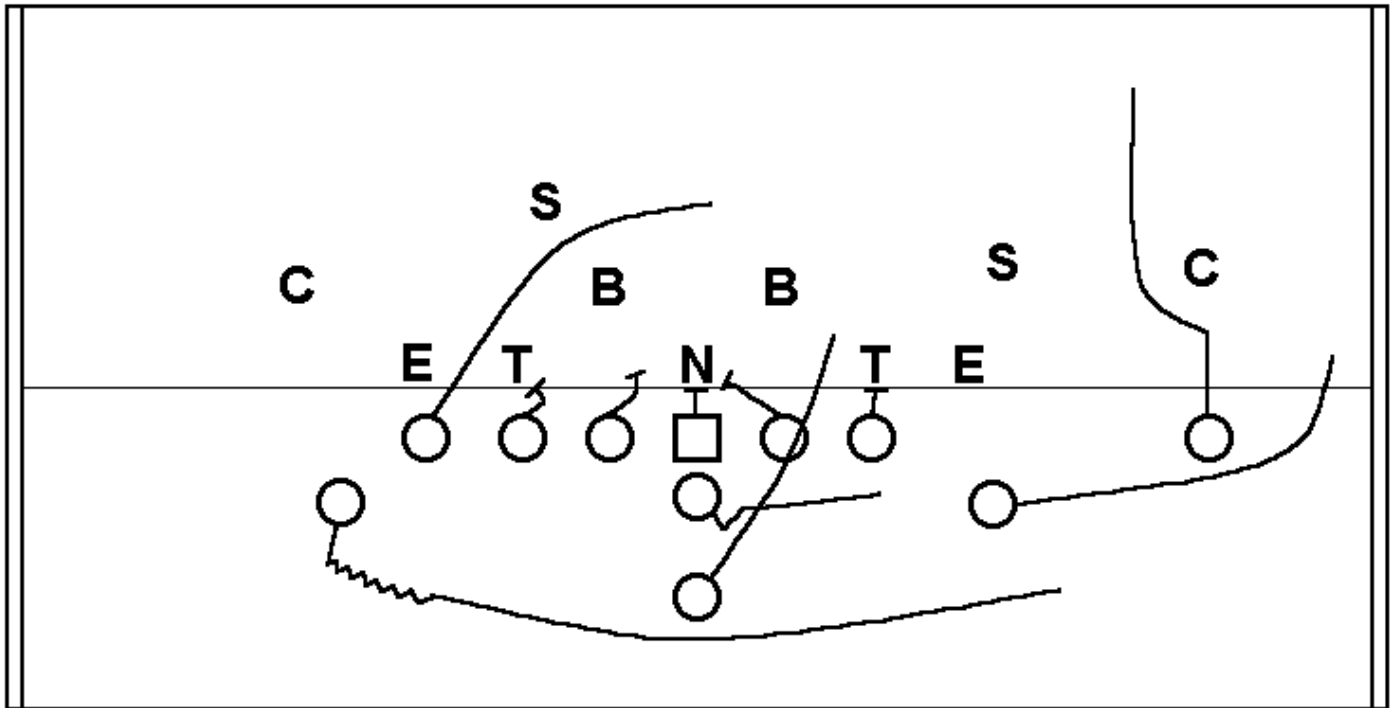
## Tight T 944 Wedge QB Sneak



- 2 - Close with left shoulder wedging area from 3 man's shoulder
- 3 - Close with left foot wedging area from 4 man's shoulder
- 4 - Wedge your left shoulder-blocking area
- 5 - Wedge your right shoulder-blocking area
- 6 - Close with right foot wedging area with 5 man's shoulder
- 7 - Close with right foot wedging area from 6 man's shoulder
- 8 - Close with right foot wedging area from 7 man's shoulder
- QB - Dive or slide to opening for yardage
- LH - Shorten-block 1st man outside of 8 man's wedge
- RH - Dive for tail of 3 man-block 1st man outside of 2 man's wedge
- FB - Follow QB to hole



# Blue 41 Option Pass



2 - Slant

3 - Gap-on-area

4 - Gap-on-lead

5 - Post-area

6 - Reach-on-area

7 - Reach-on-area

8 - Release inside-crossing

QB - Step back-ride ball to FB-read secondary-pass or option

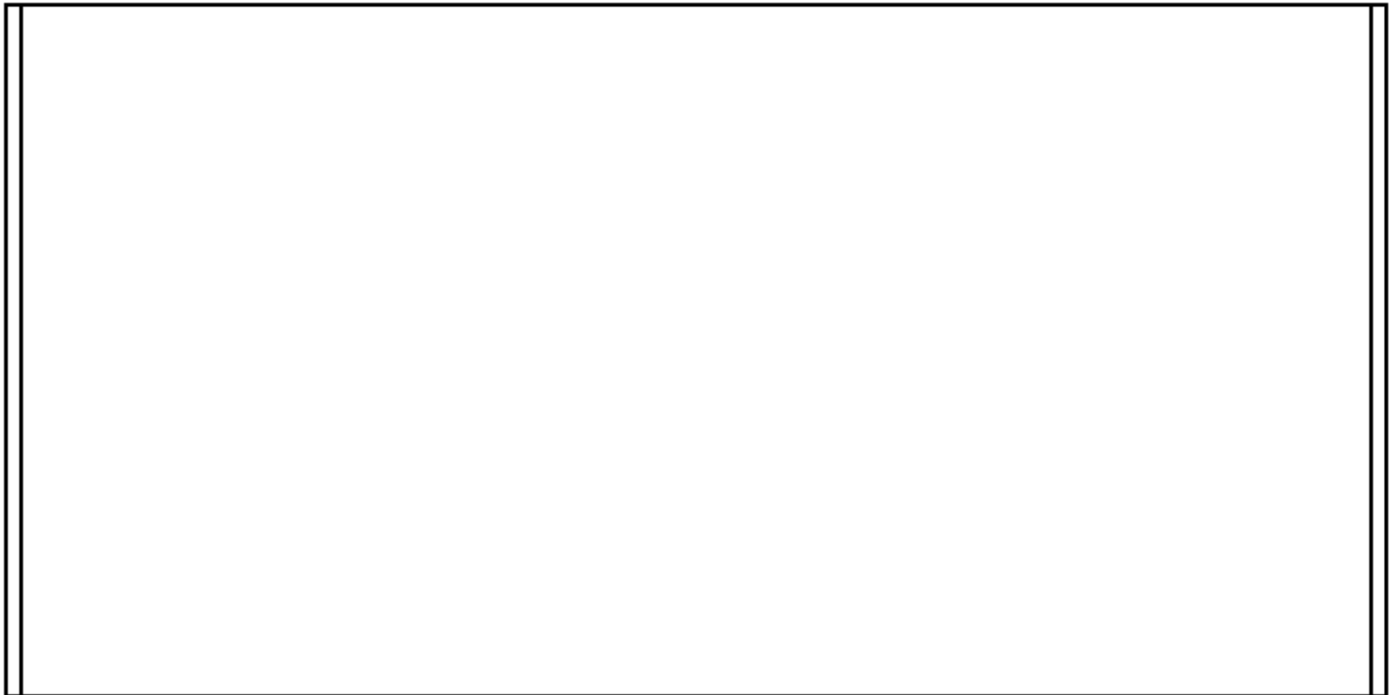
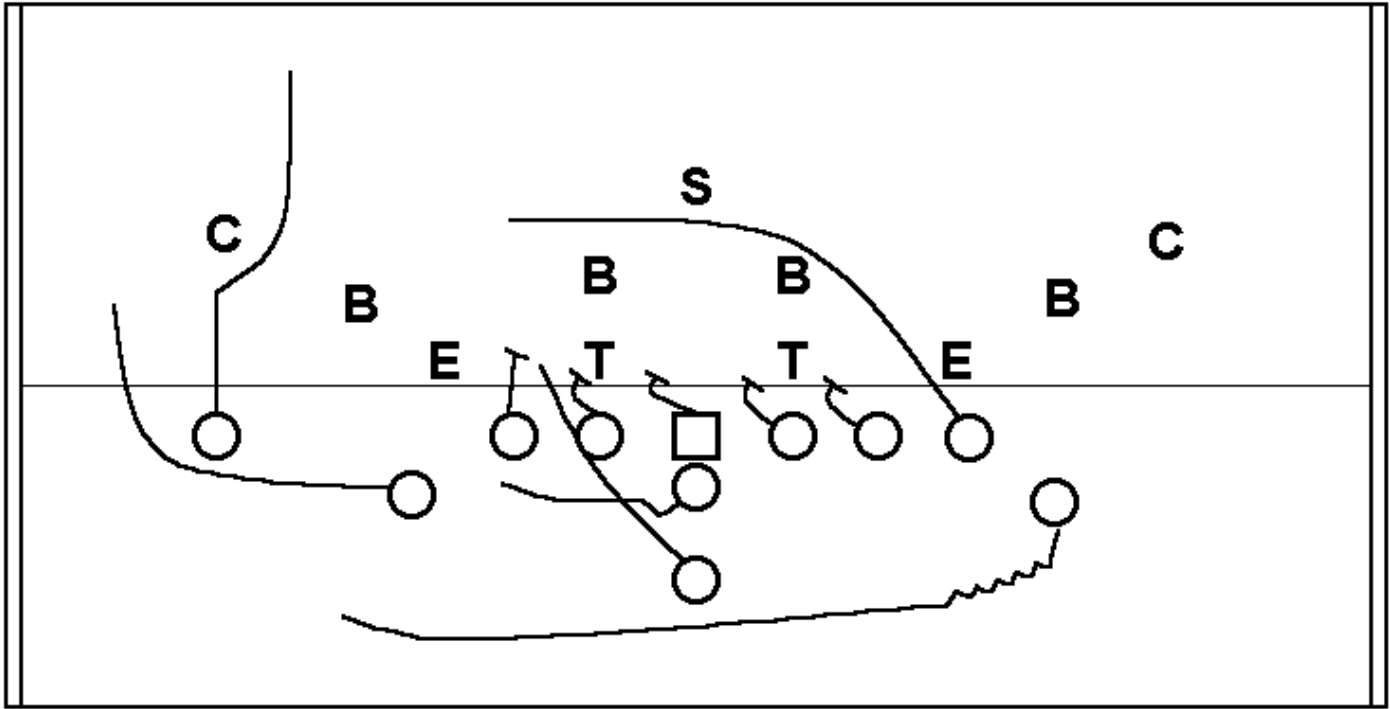
LH - Leave in one step motion-be in position to receive pitch or pass

RH - Flare outside slant pattern-block

FB - Fake 41 Option



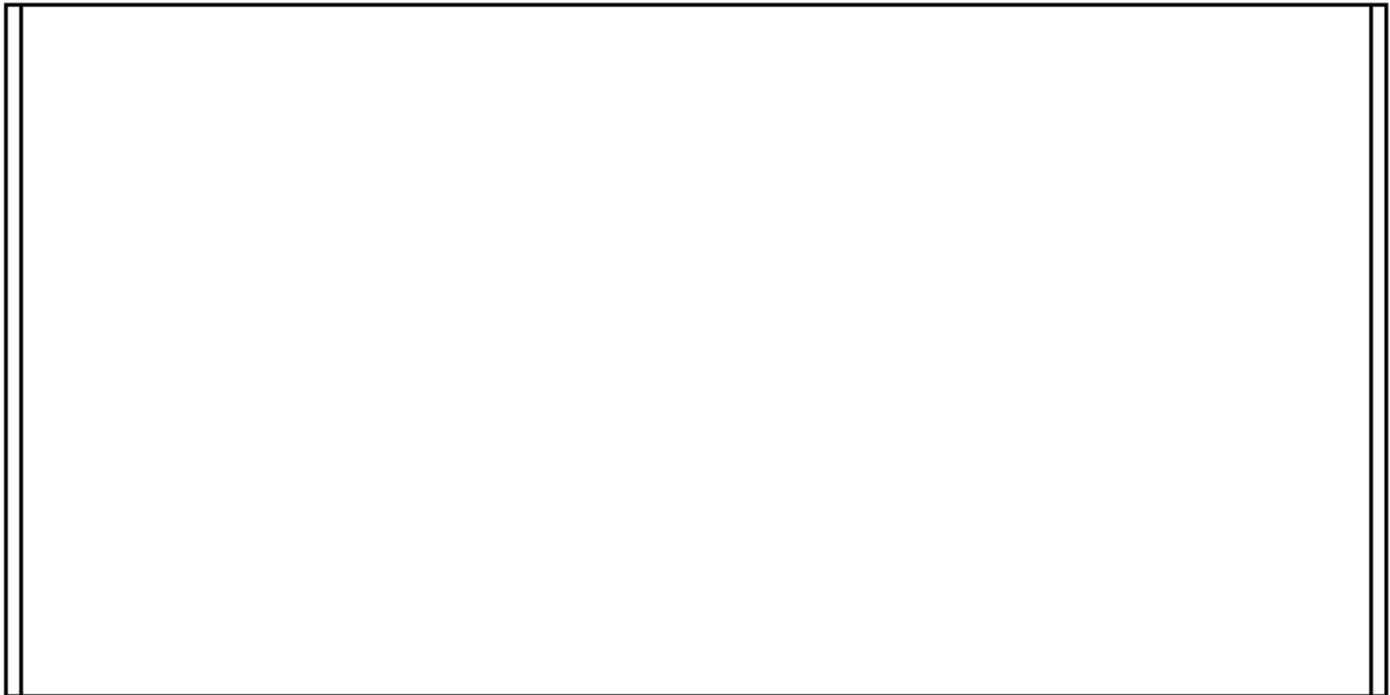
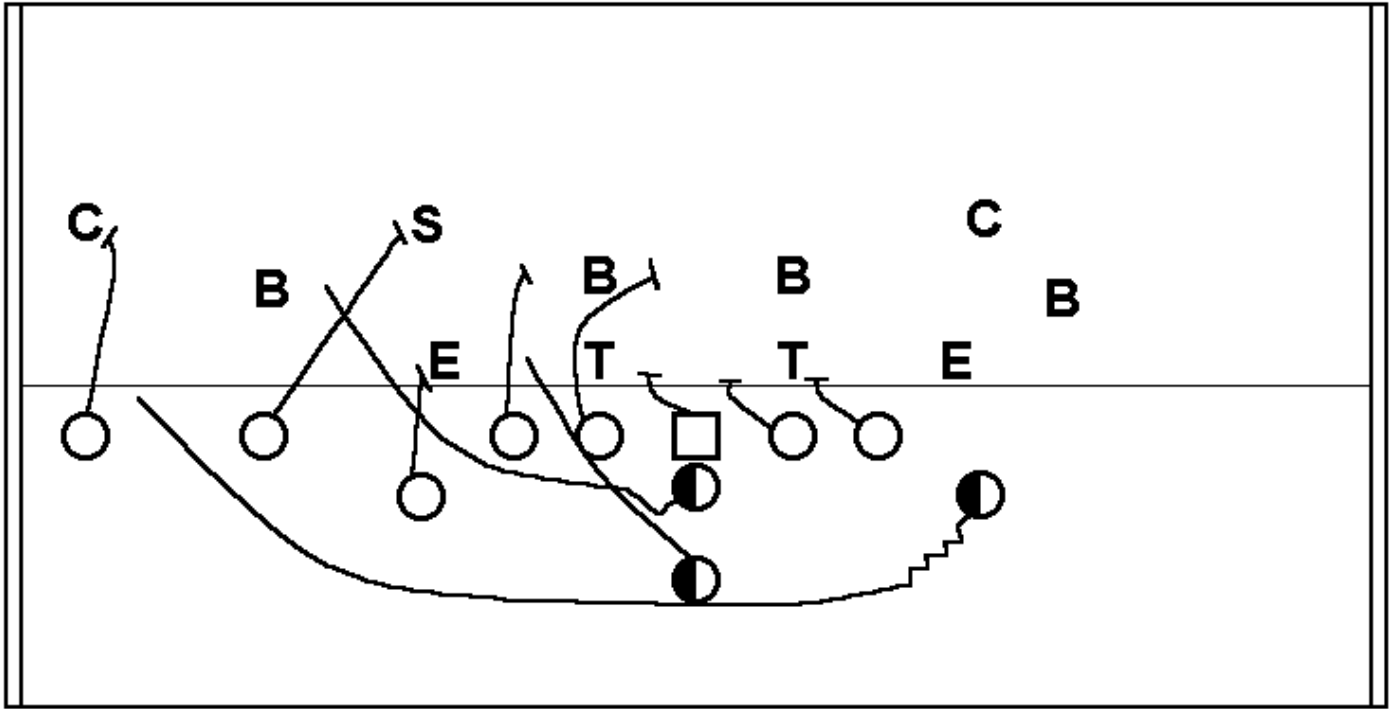
# Red 49 Option Pass





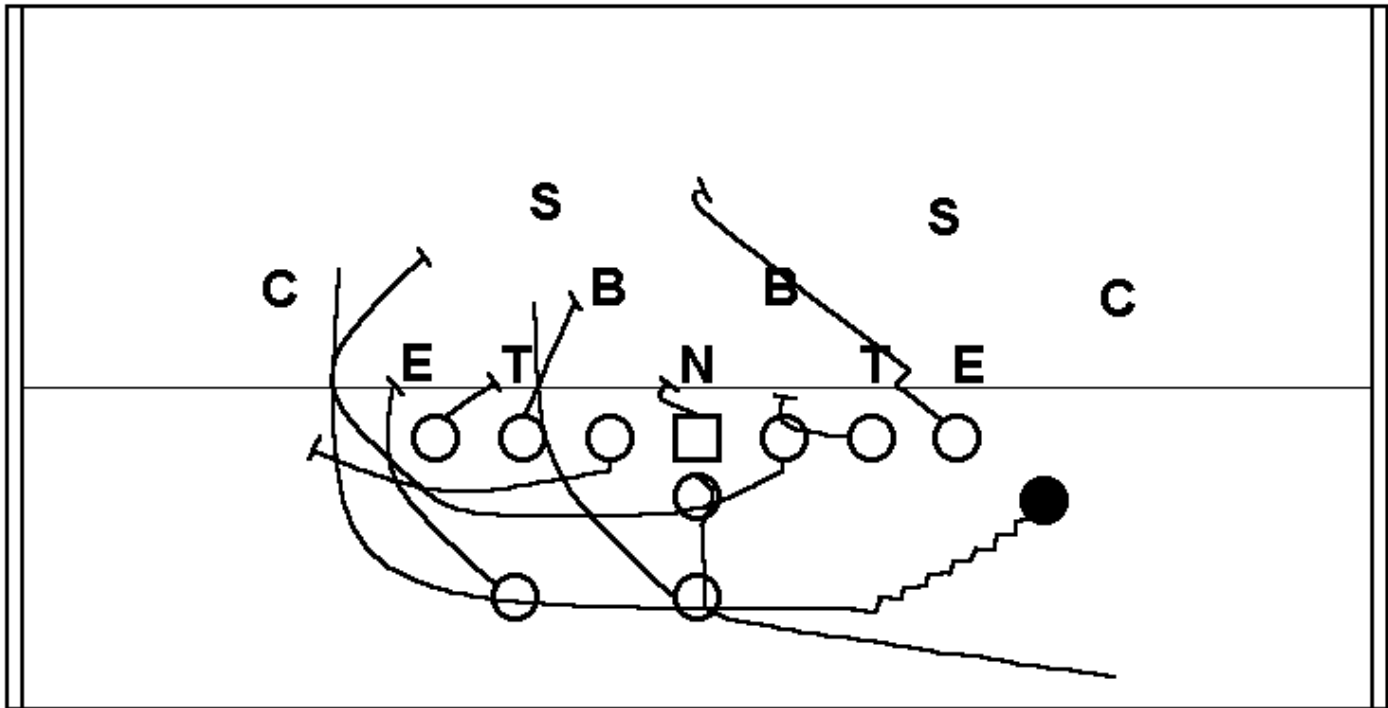


# Left Loose Blue 49 Option





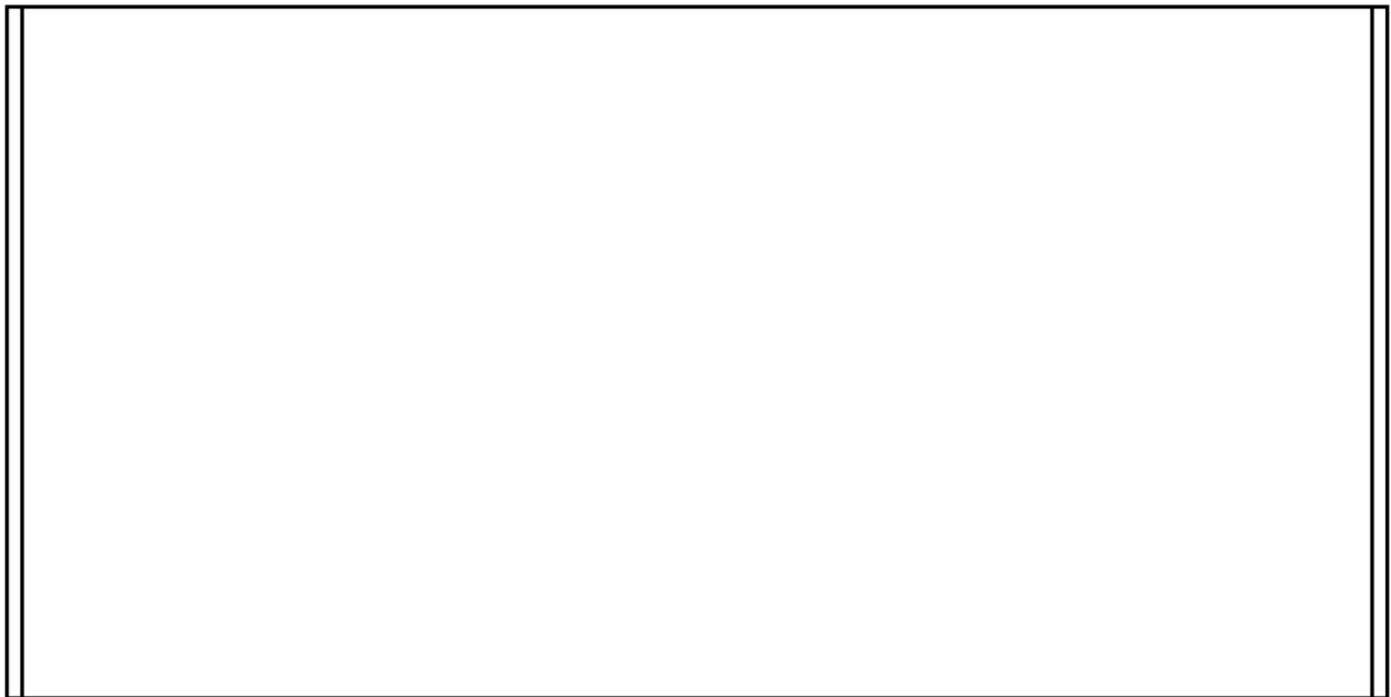
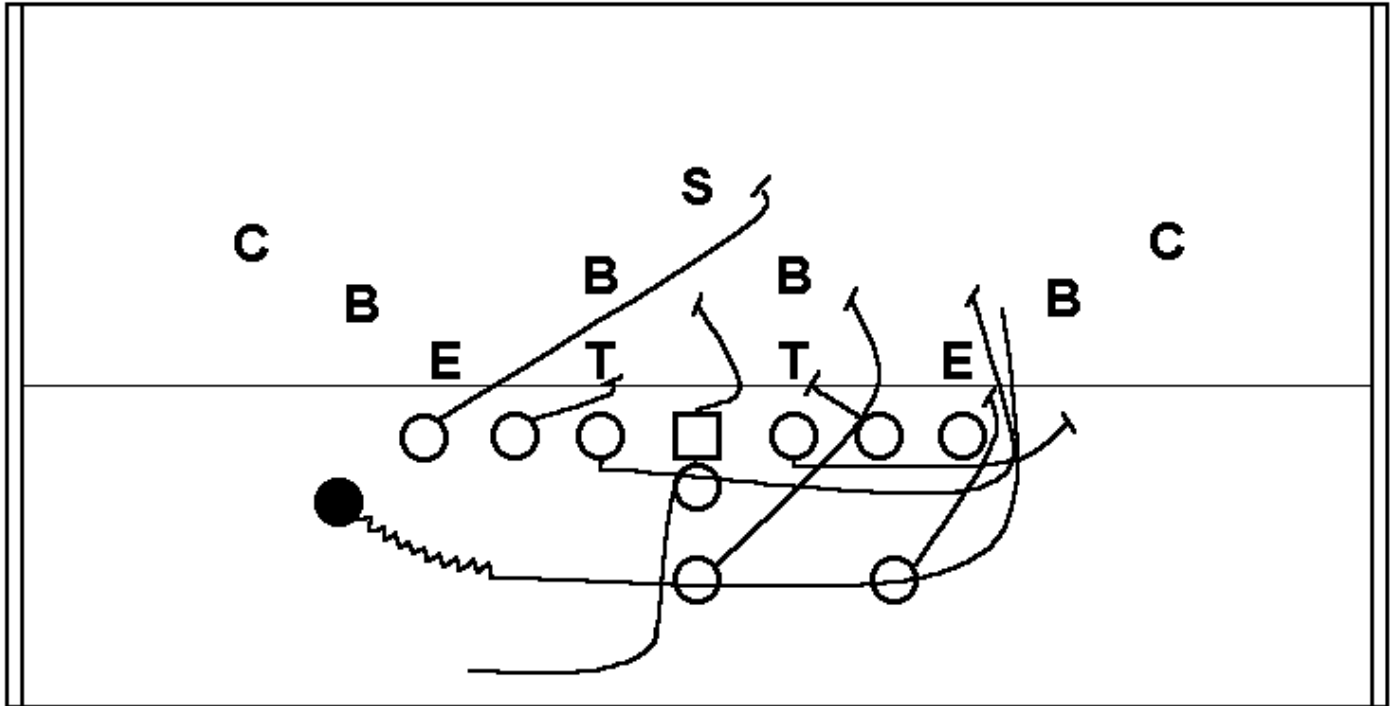
## Tight 149



- 2 - Cutoff
- 3 - Block 1st man outside of 5
- 4 - Pull-personal escort
- 5 - On-left
- 6 - Pull-block out on DB(adjust course to LH's block)
- 7 - Gap-inside
- 8 - Gap-on-inside
- QB - Reverse pivot-handoff to RH-fake bootleg at one
- LH - Block outside in-first man outside of 8
- RH - Carrier: Leave in motion-receive ball-use LH's block then 6's
- FB - Drive for 7-6 seam-turn in-wall off

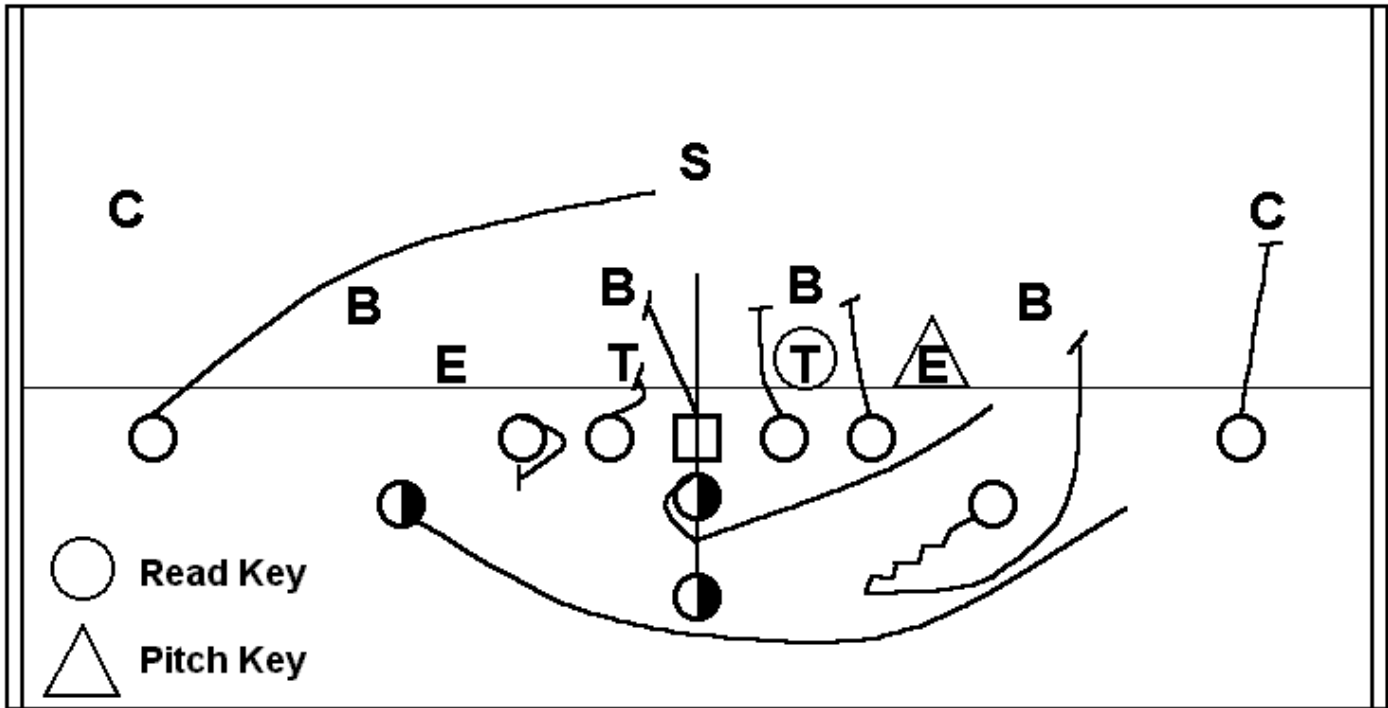


# Tight 941





# Spread 44 Arc



**ALWAYS RUN MIDLINE TO "3" TECHNIQUE**

**2 - 3 or more push crack-otherwise stalk**

**3 - 1st backer fom 5**

**4 - Gap-backer**

**5 - Fire-on-left-backer**

**6 - Reach-on-backer**

**7 - Hinge**

**8 - Cutoff**

**QB - Open off midline-run option-if in doubt don't give to FB**

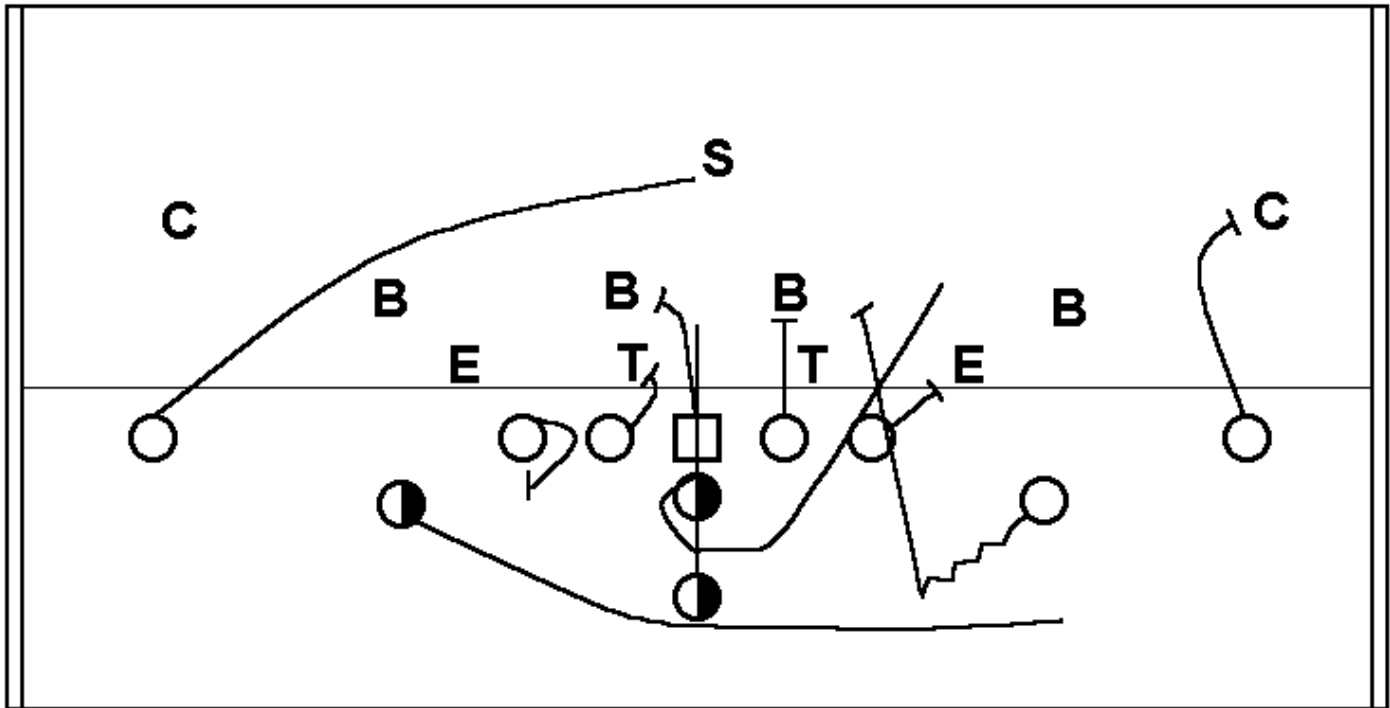
**LH - Take off on snap-run option path-look for pitch**

**RH - M Motion-arc support**

**FB - Dive for crack of center**



## Spread 44 Seal



**ALWAYS RUN MIDLINE TO "3" TECHNIQUE**

**2 - Outside**

**3 - Outside-backer**

**4 - Gap-backer**

**5 - Fire-on-left-backer**

**6 - Reach-on-backer**

**7 - Hinge**

**8 - Cutoff**

**QB - Open off midline-run option-if in doubt don't give to FB**

**LH - Take off on snap-run option path-look for pitch**

**RH - Motion block "C" gap backer**

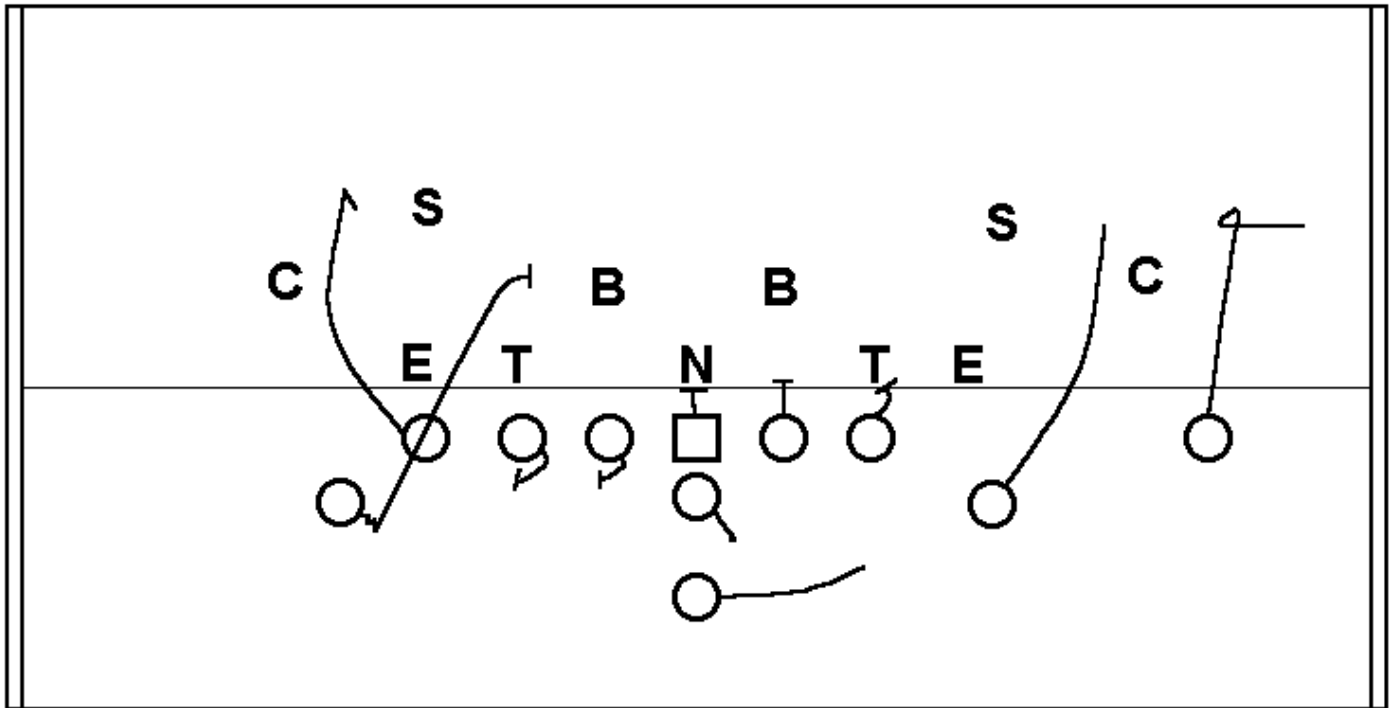
**FB - Dive for crack of center**

## 50 Series

1. Blue 51/Red 59



## Blue 51



2 - Run loop "out" at 6 yards

3 - Gap-on-outside

4 - Gap-on-inside

5 - Step and cup

6 - Step and cup

7 - Step and cup

8 - Hook at 12 yards by 5 yards

QB - Drop back right 3 steps-then to 5-7 on on individual call

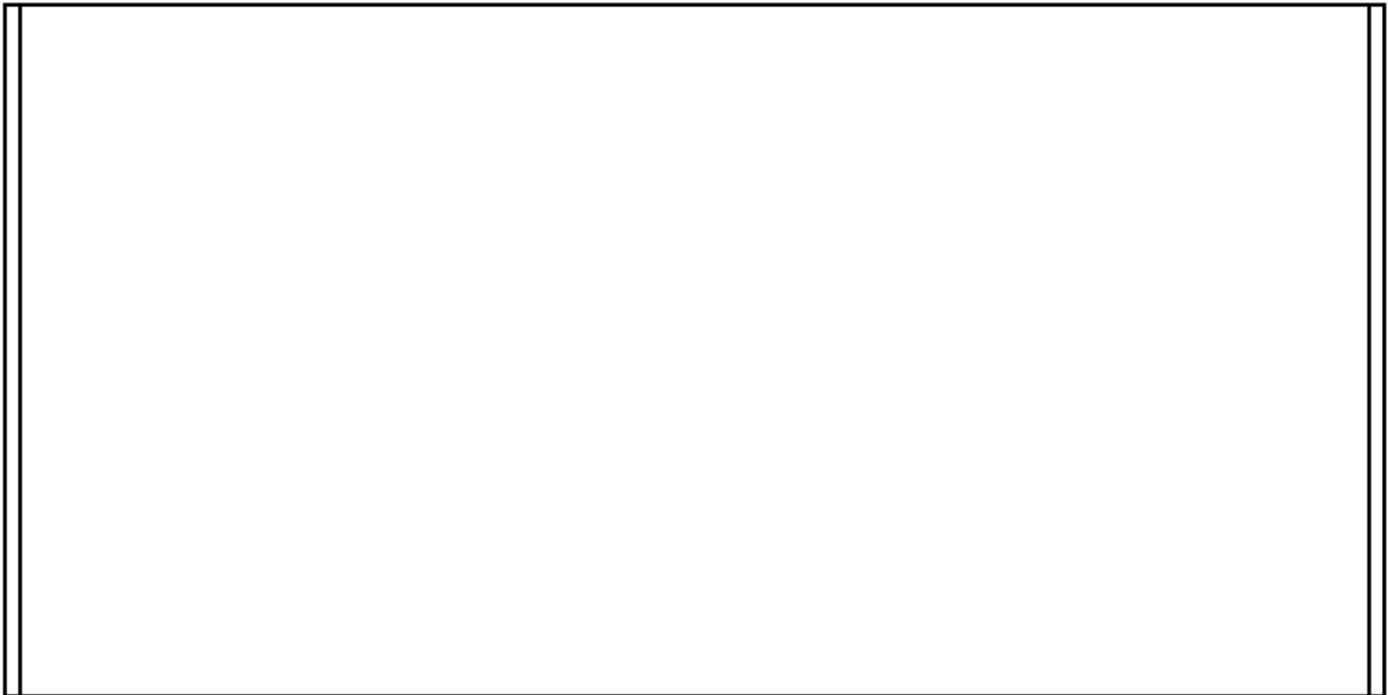
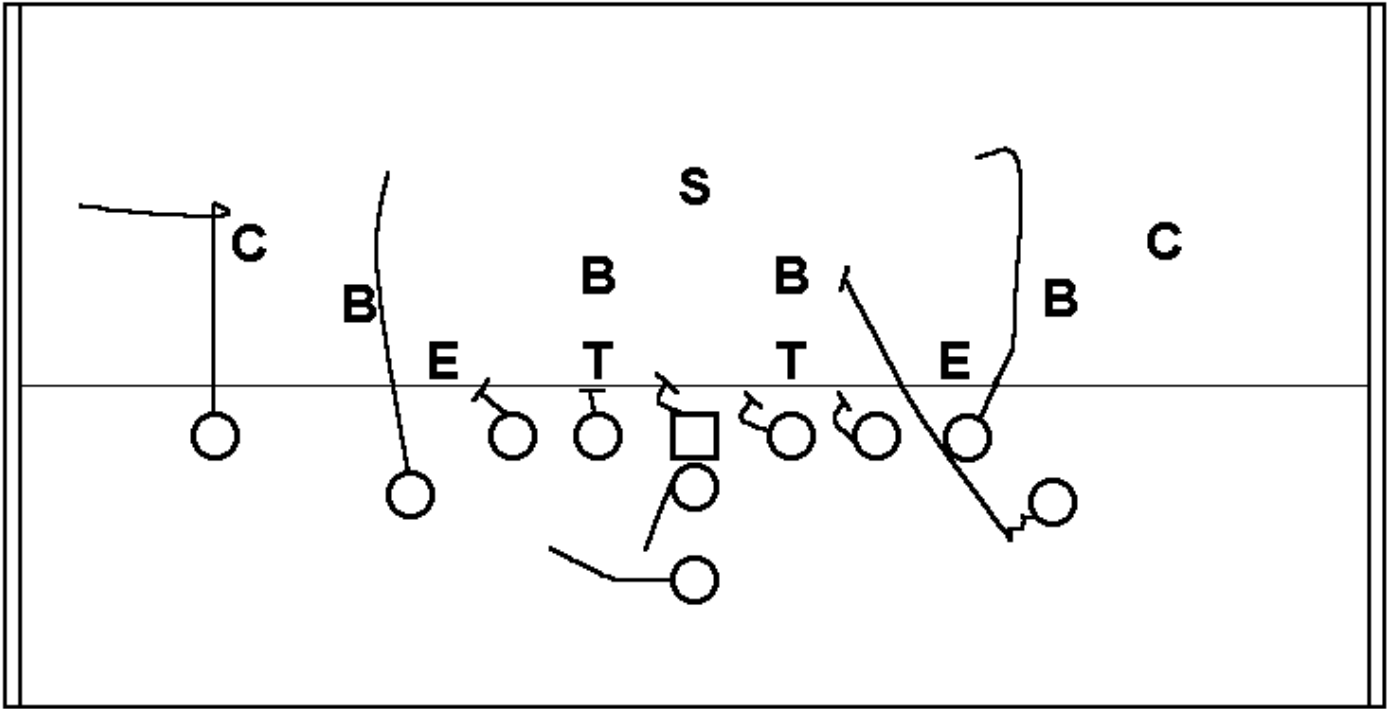
LH - Block 1st free backer-drag if backer drops and hook at 5 yards in open area

RH - Turn up field and look over inside shoulder(hook at 12 yards)

FB - Watch 3 man-block if rushes-run flare pattern if drops into coverage



# Red 59

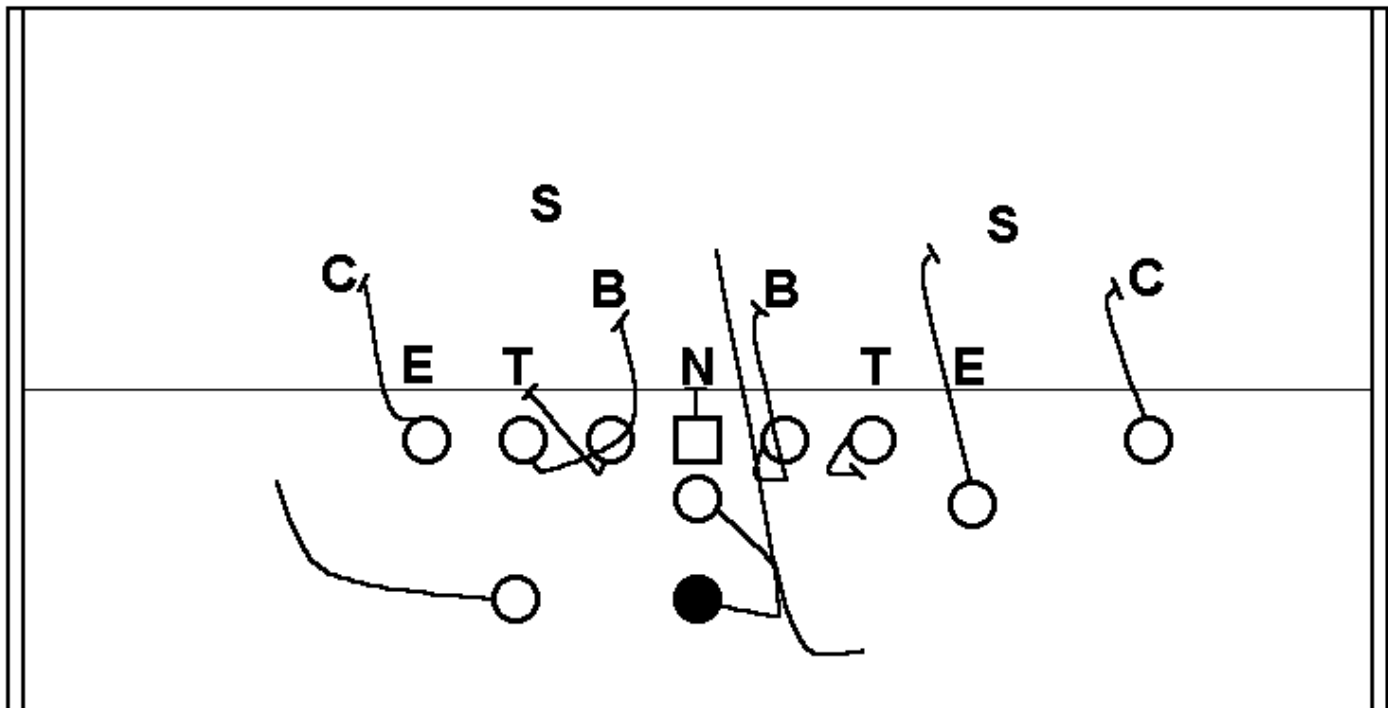


## 60 Series

1. Slot 163 Draw/Slot 967 Draw
2. Spread 61 Y Screen Left
3. Loose 61



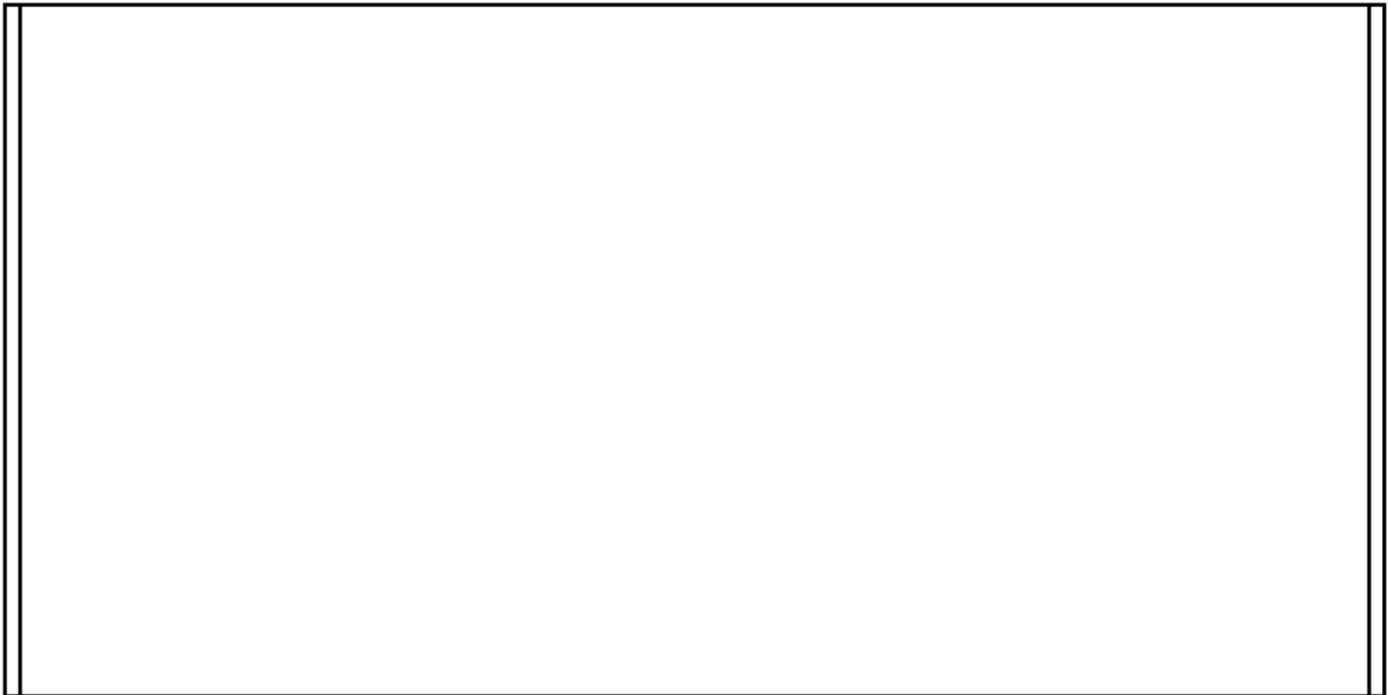
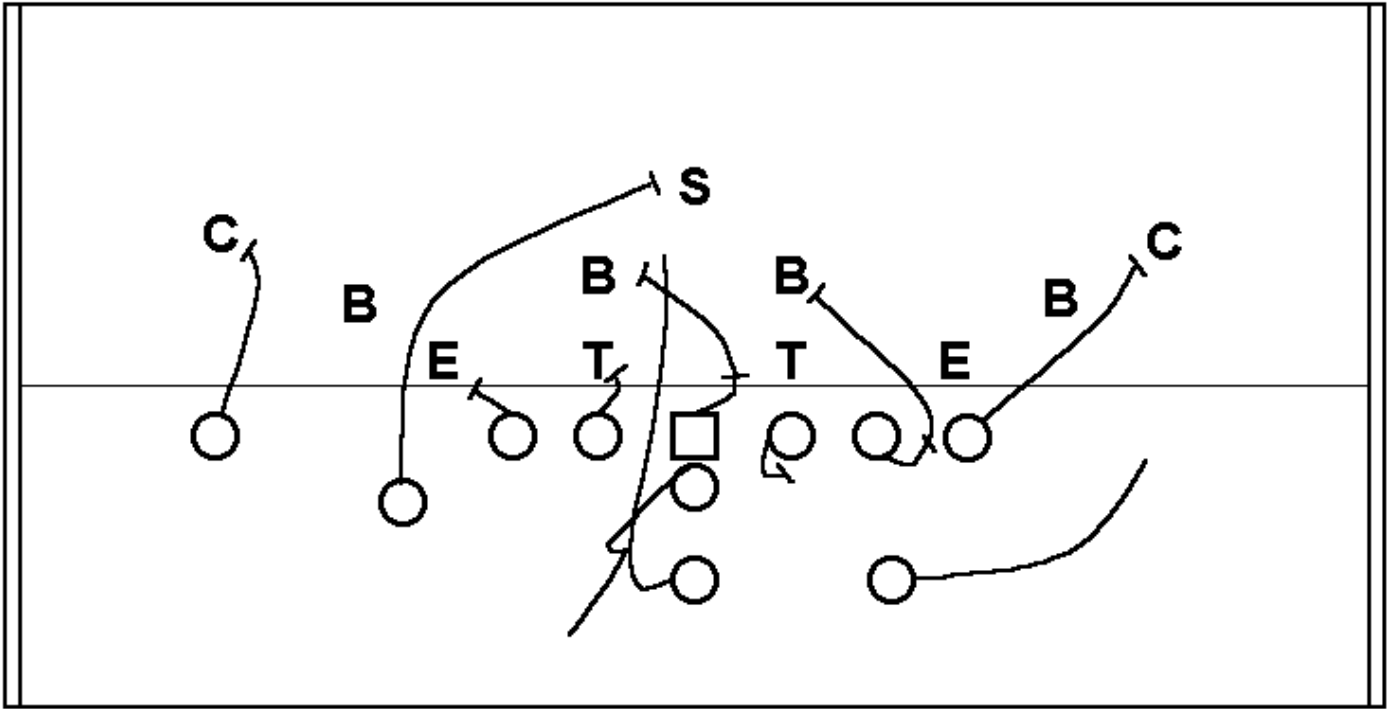
## Slot 163 Draw



- 2 - Release-block down field
- 3 - Gap-on-outside
- 4 - Gap-on-delayed backer
- 5 - On-left
- 6 - Fake pass protection-gut(block out on "odd" call)
- 7 - On-outside(loop around 6 man to backer on "odd" call)
- 8 - Release-block down field
- QB - Drop back behind 4 man-give ball to FB-continue fake
- LH - Flare
- RH - Release-block down field
- FB - Carrier: Step to side of play-accept ball from QB-read front

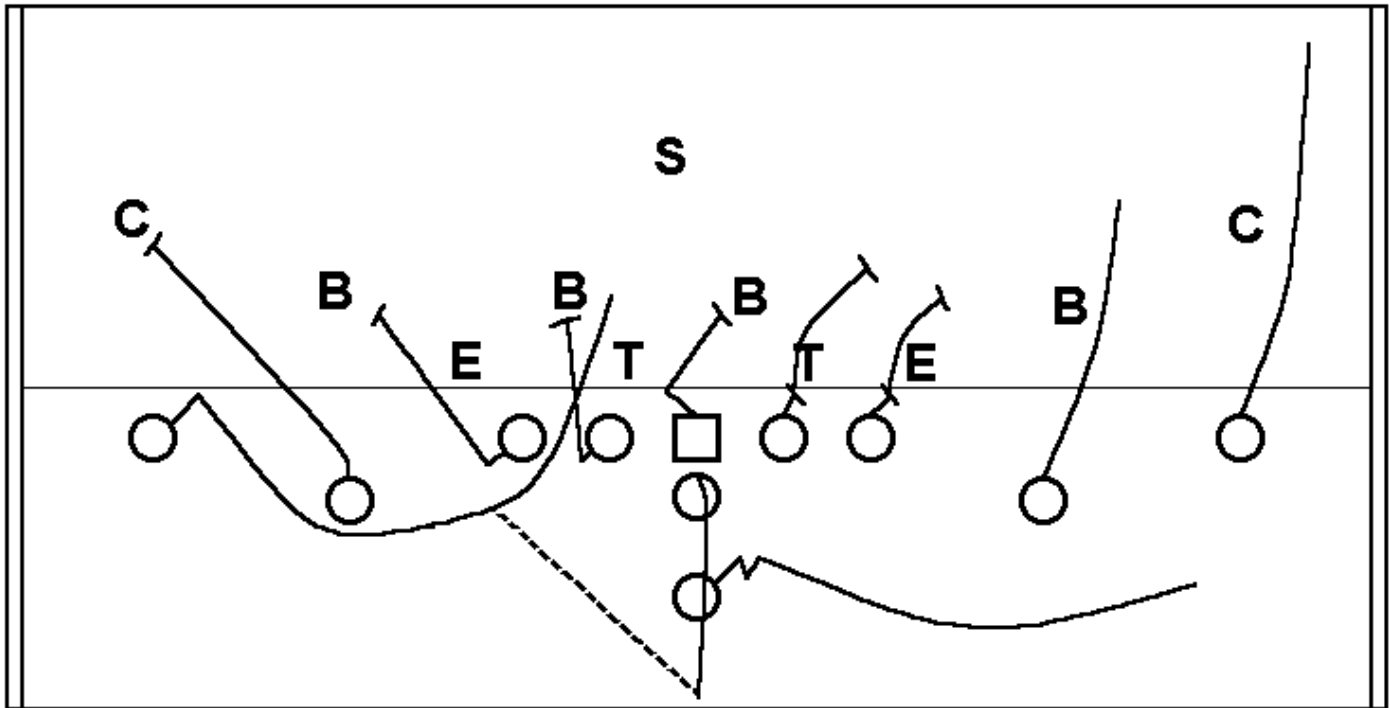


# Slot 967 Draw





# Spread 61 Y Screen Left





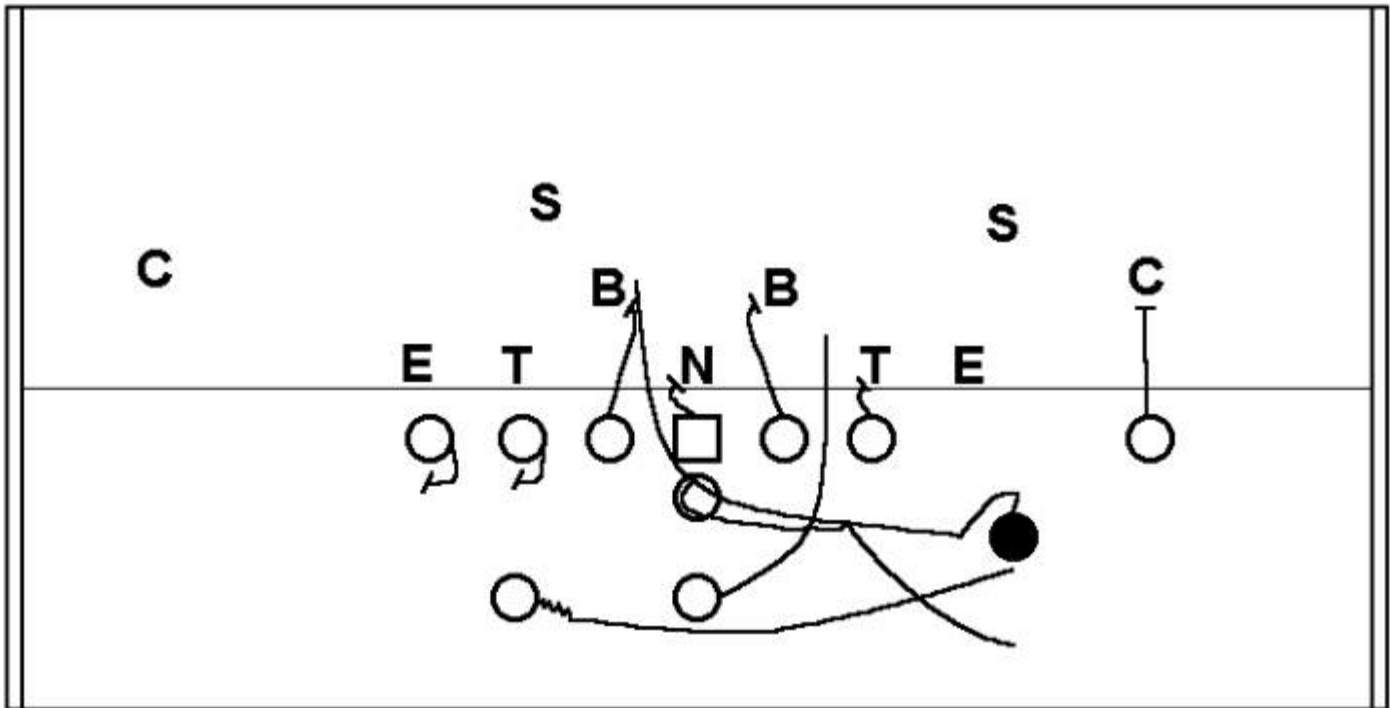
# 70 Series

## 80 Series

1. Slot 181 Sally at 7/Slot 989 Sally at 3
2. 182 Down/988 Down
3. 182 Option/988 Option
4. Slot 181 Keep Pass/Slot 989 Keep Pass
5. 187/983
6. 187 XBL/983 XBL
7. 189 Belly Load/981 Belly Load
8. 189 Option/981 Option
9. 189 Option Load/981 Option Load
10. 189 XBL Double Dive/981 XBL Double Dive
11. Blue 81 Waggle/Red 89 Waggle
12. Red 81 Keep Pass/Blue 89 Keep Pass
13. Right Loose Red 81 Option/Left Loose Blue 89 Option
14. Red Rip 82 Down Option
15. Red Rip M 782 Down
16. Spread Motion RT Toss RT/Spread Motion LT Toss LT



## Slot 181 Sally at 7



2 - Release(Tight: Gap-on-backer)

3 - Gap-on-backer

4 - Gap-on-backer

5 - Step and cup-block on-outside-delayed backer

6 - Step and cup-block on-outside-delayed backer

7 - Step and cup-block on-outside-delayed backer

8 - Step and cup-block on-outside-delayed backer

QB - Reverse pivot-fake ball to FB-hand off to RH

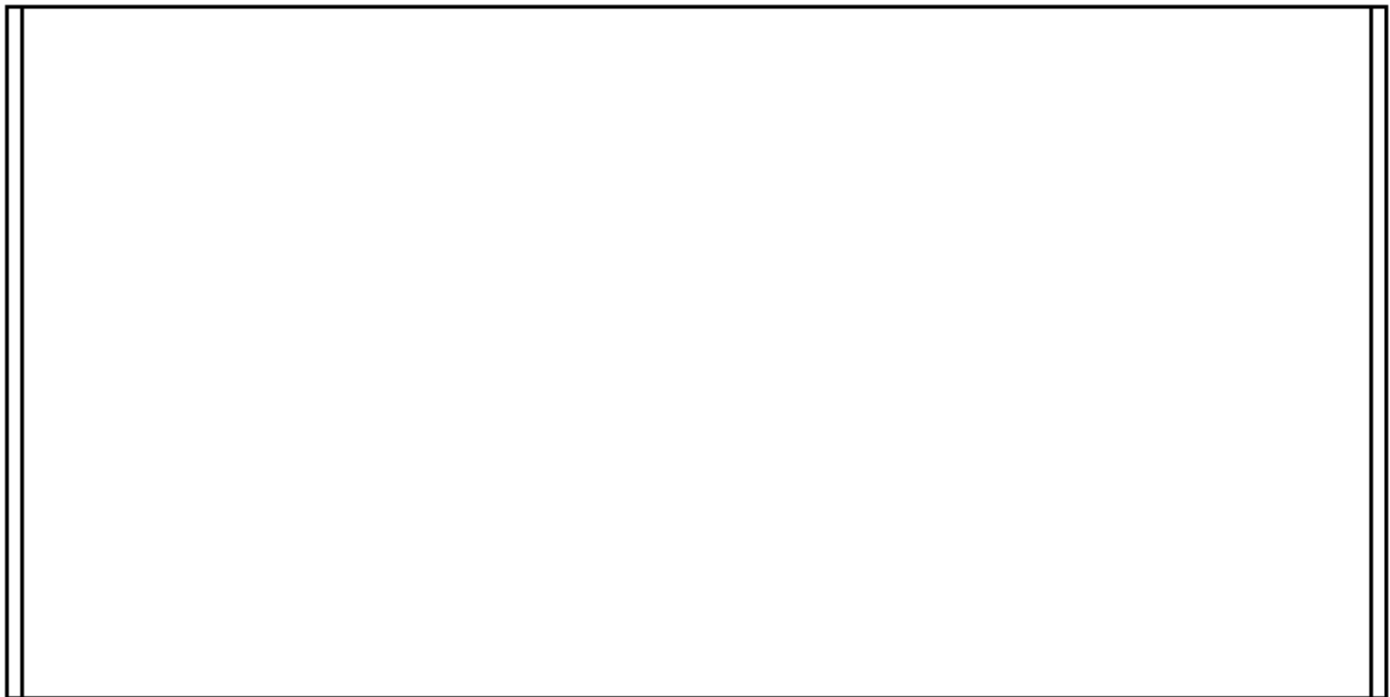
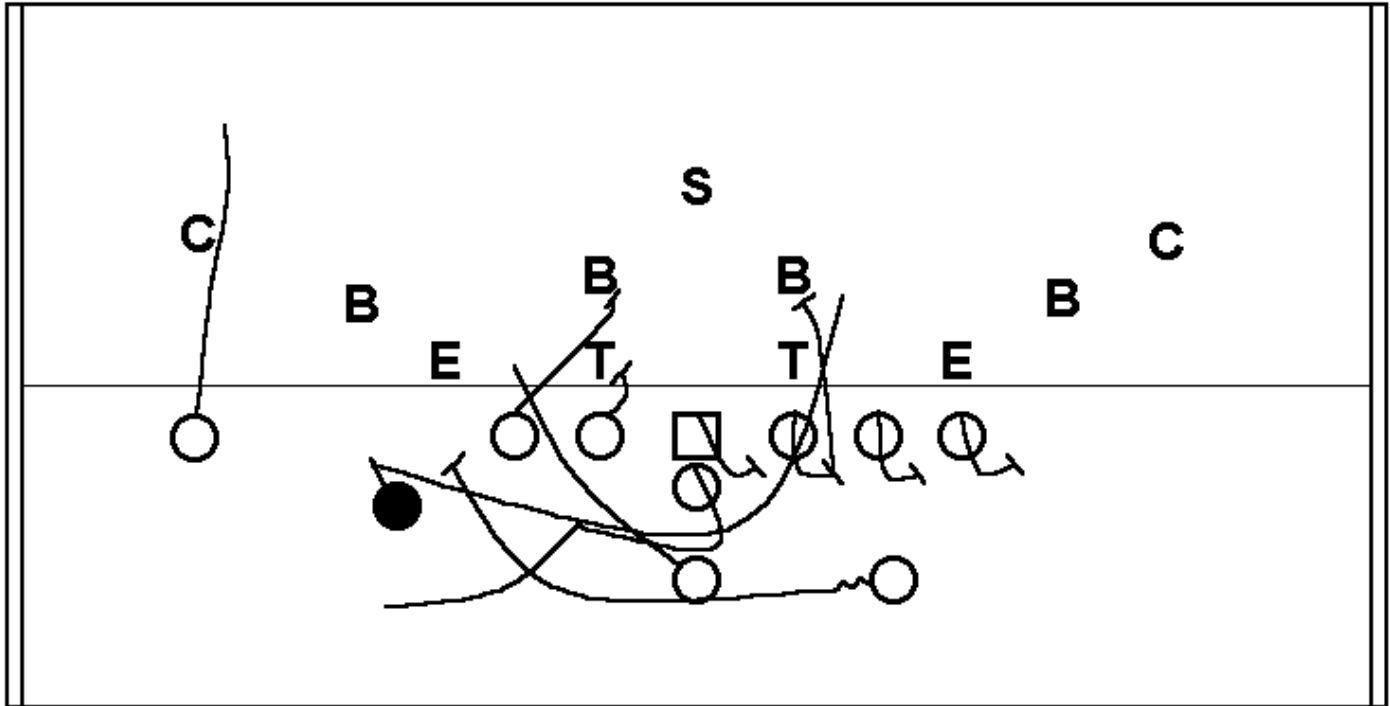
LH - Leave in early motion-fake 81 Keep Pass

RH - Carrier: Counter step-receive ball from QB-head for tail of 6 man

FB - Fake 83

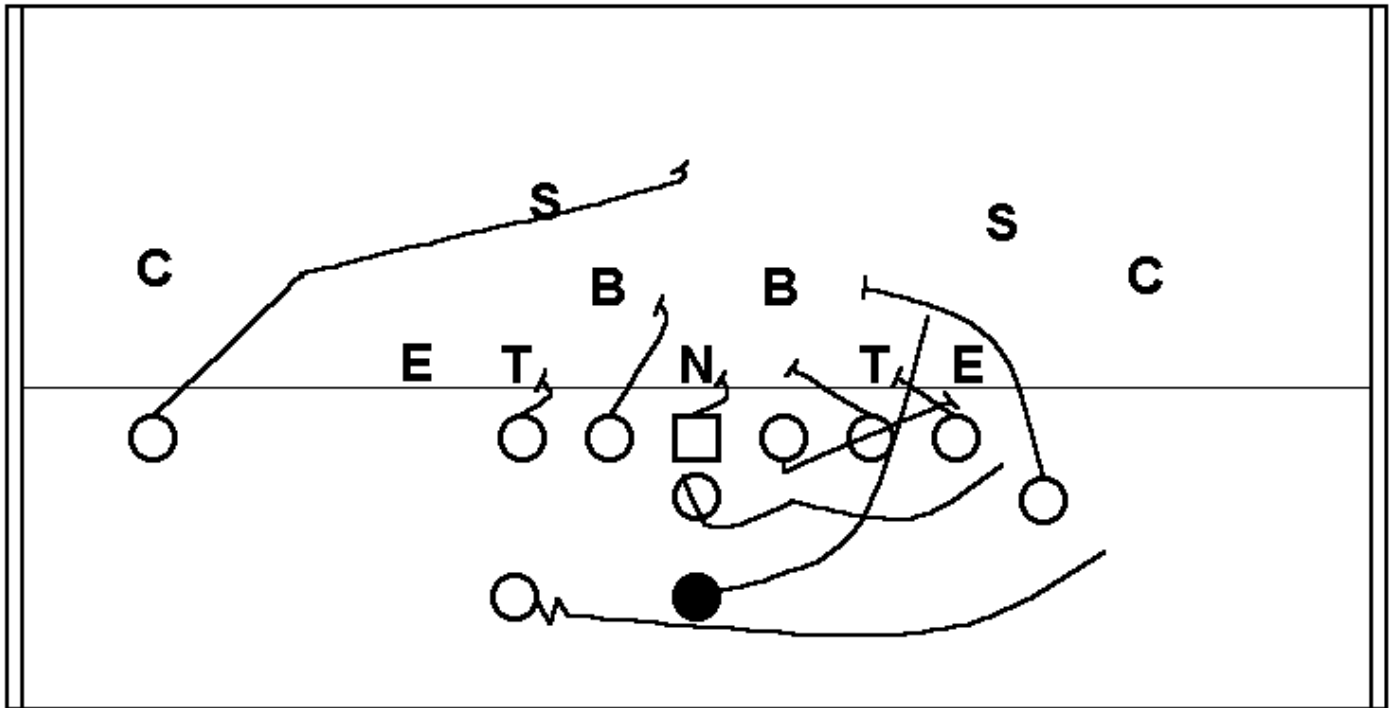


# Slot 989 Sally at 3





# 182 Down

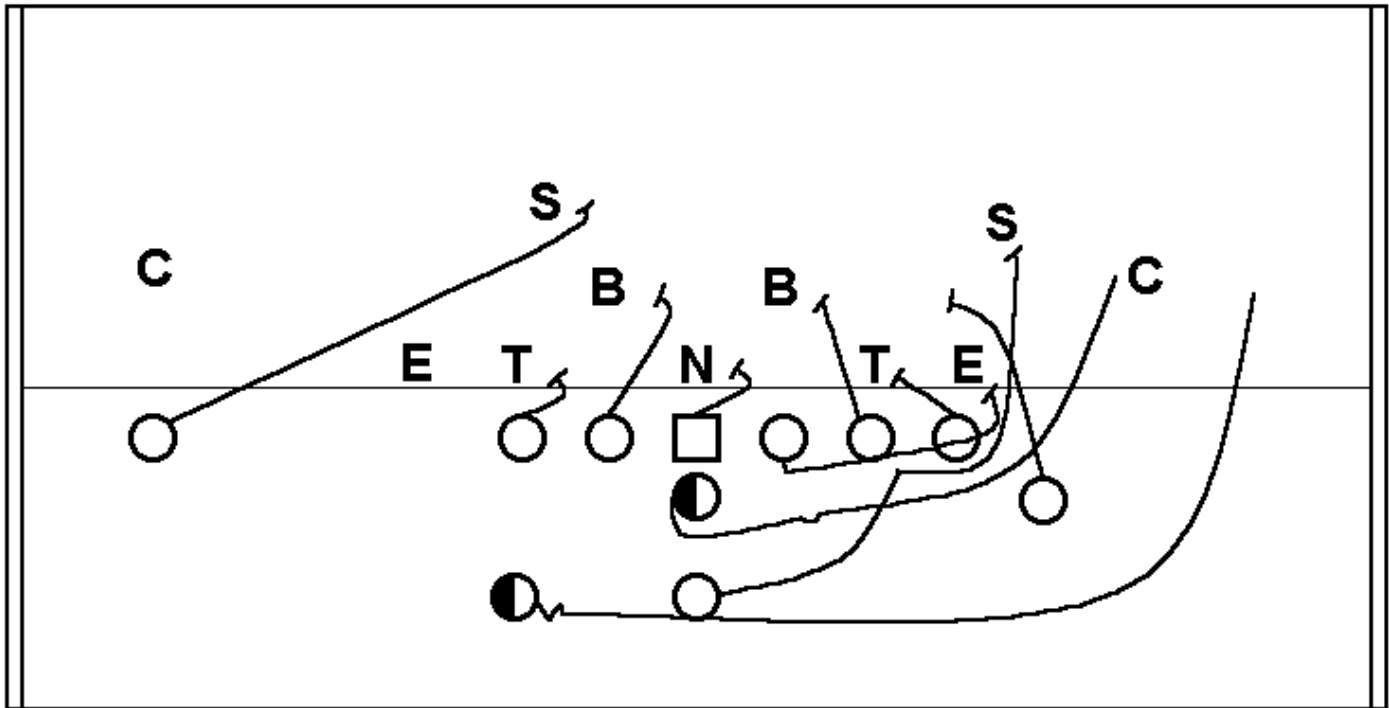


- 2 - Gap-down-backer
- 3 - Gap-down-backer
- 4 - Pull-block out
- 5 - Reach-on-backer
- 6 - Reach-on-backer
- 7 - Reach-on-backer
- 8 - Out cut
- QB - Reverse pivot-hand off to FB-fake option
- LH - Leave in one step motion-fake pitch
- RH - Influence first man on or outside 2 man-block area
- FB - Carrier: Run for inside foot of 2 man





## 182 Option



2 - Gap-down-backer

3 - Gap-down-backer

4 - Pull-log first man on or outside TE

5 - Reach-on-backer

6 - Reach-on-backer

7 - Reach-on-backer

8 - Cutoff

QB - Reverse pivot-ride ball sharply to FB-execute option

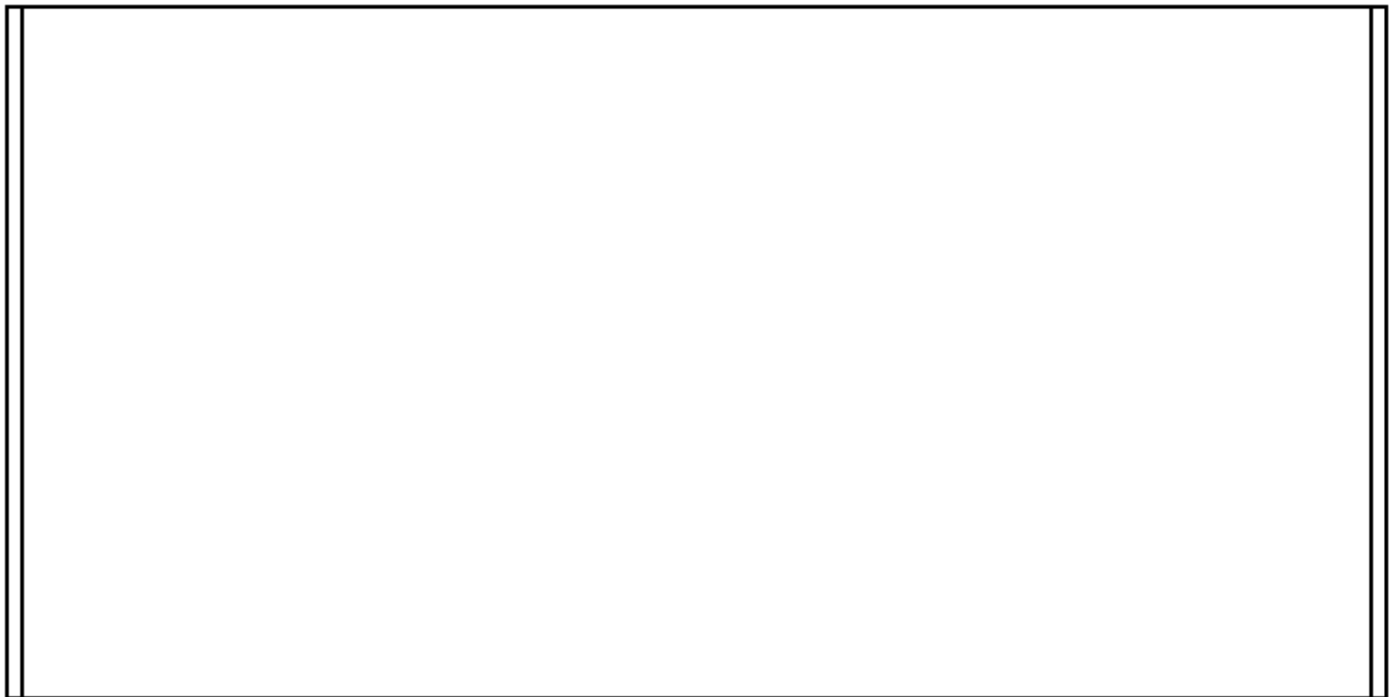
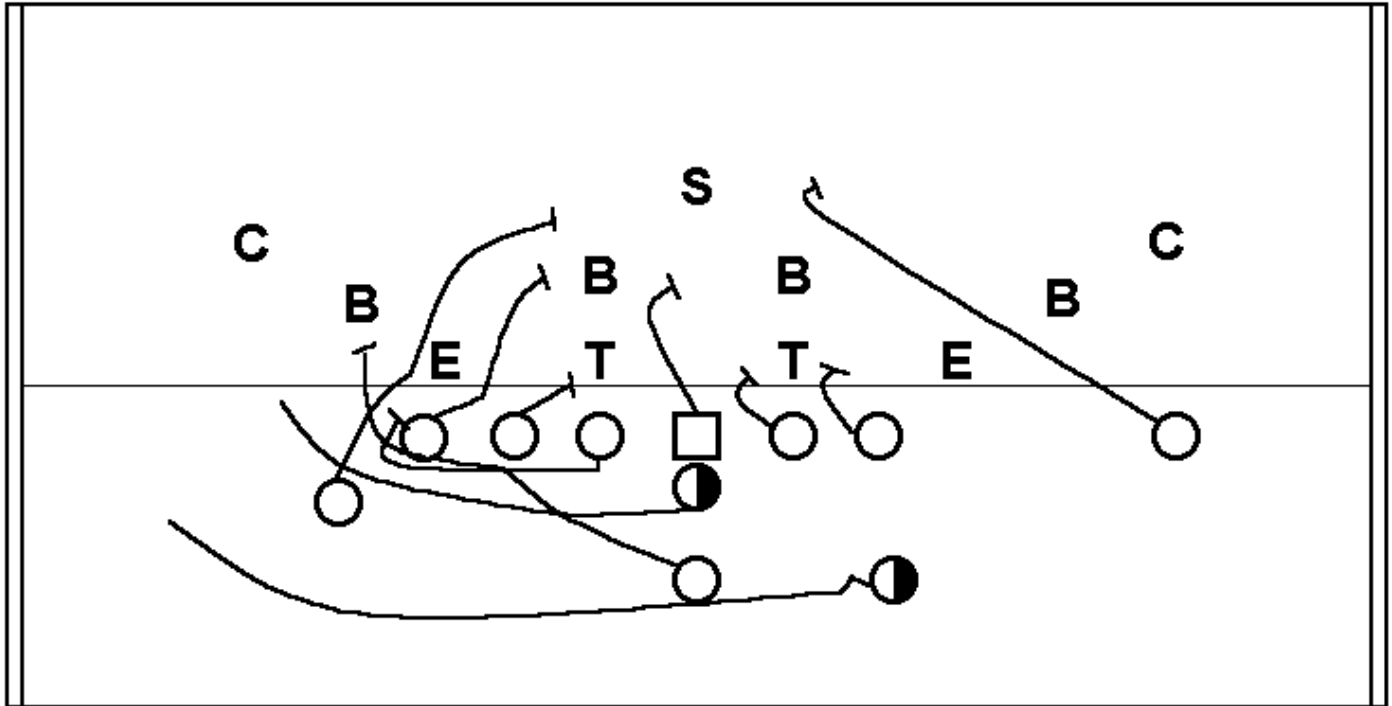
LH - Leave in one step motion-be in position to receive pitch

RH - Block first LB to inside

FB - Drive for inside foot of 2 man-block LB to FS

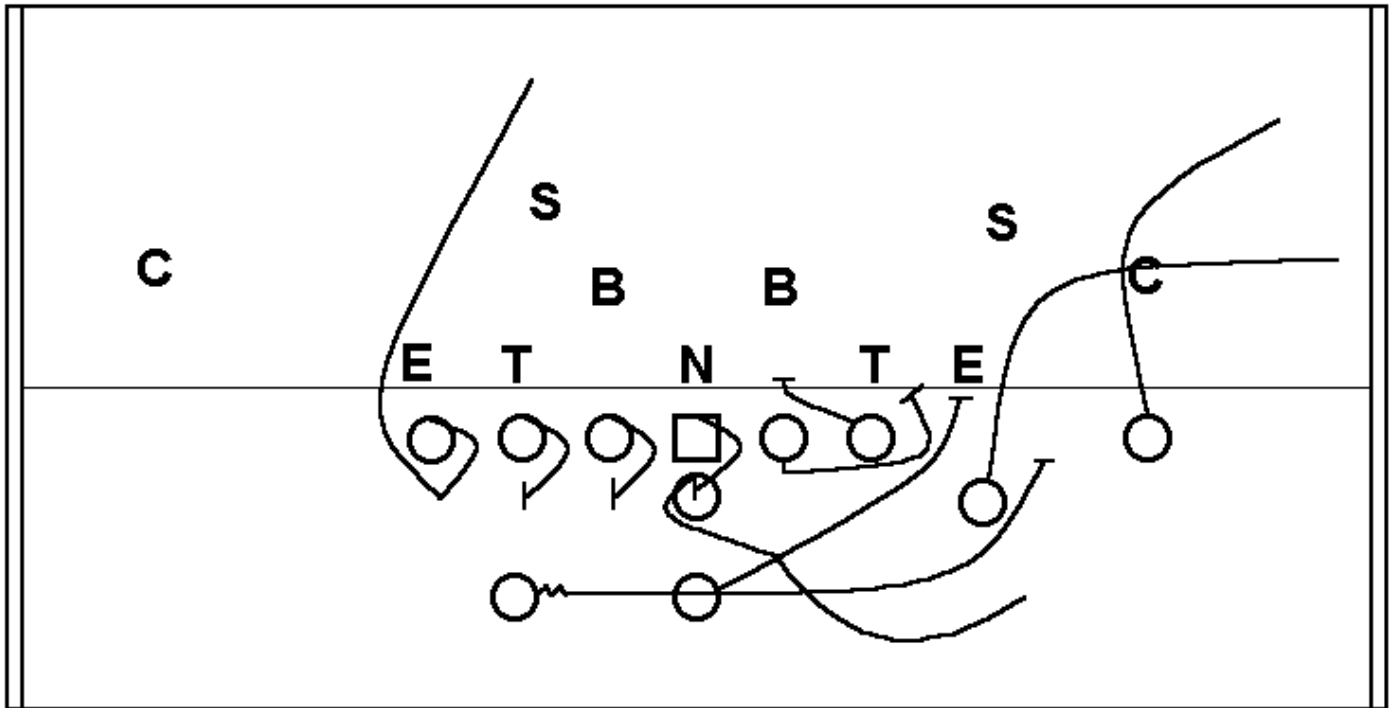


# 988 Option





## Slot 181 Keep Pass



2 - Out at 15 yards

3 - Gap-down-area

4 - Gap-pull-log 1st man on or outside of 3 man

5 - Step and cup

6 - Step and cup

7 - Step and cup

8 - Tight: Step and cup-drag

QB - Reverse pivot-ride ball to FB-option run or pass

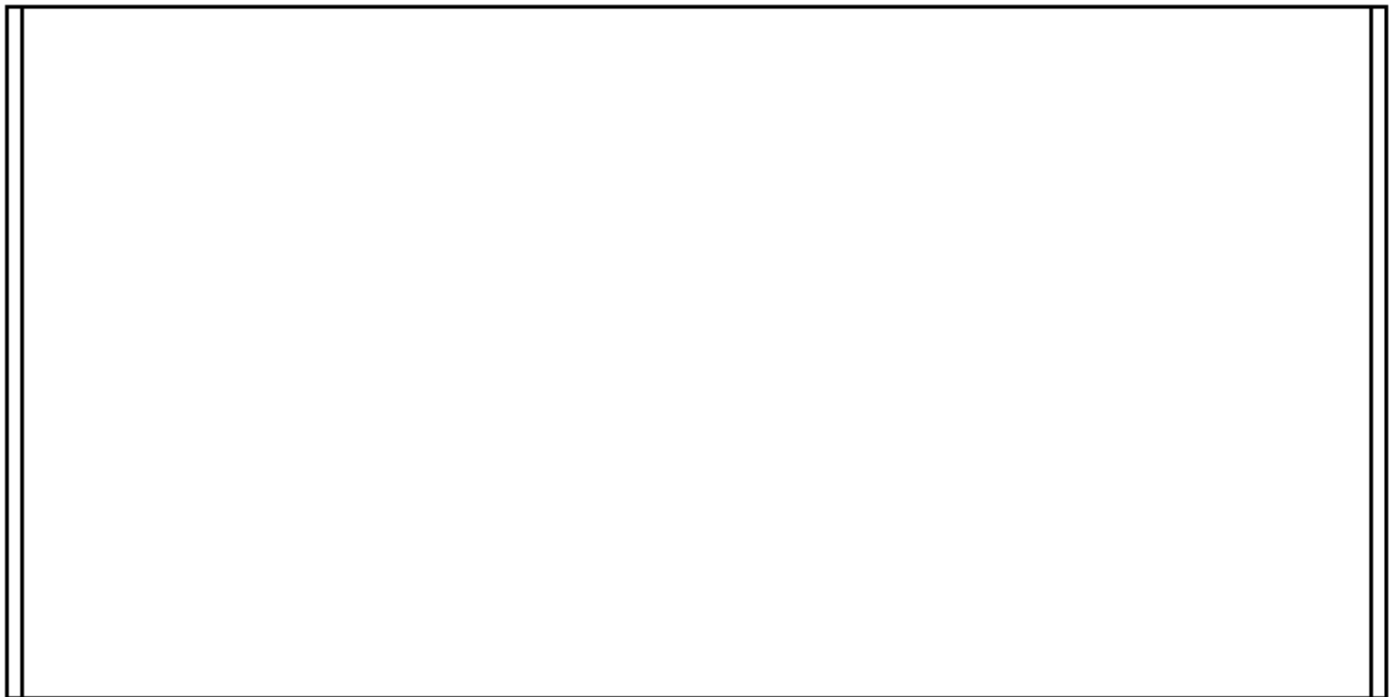
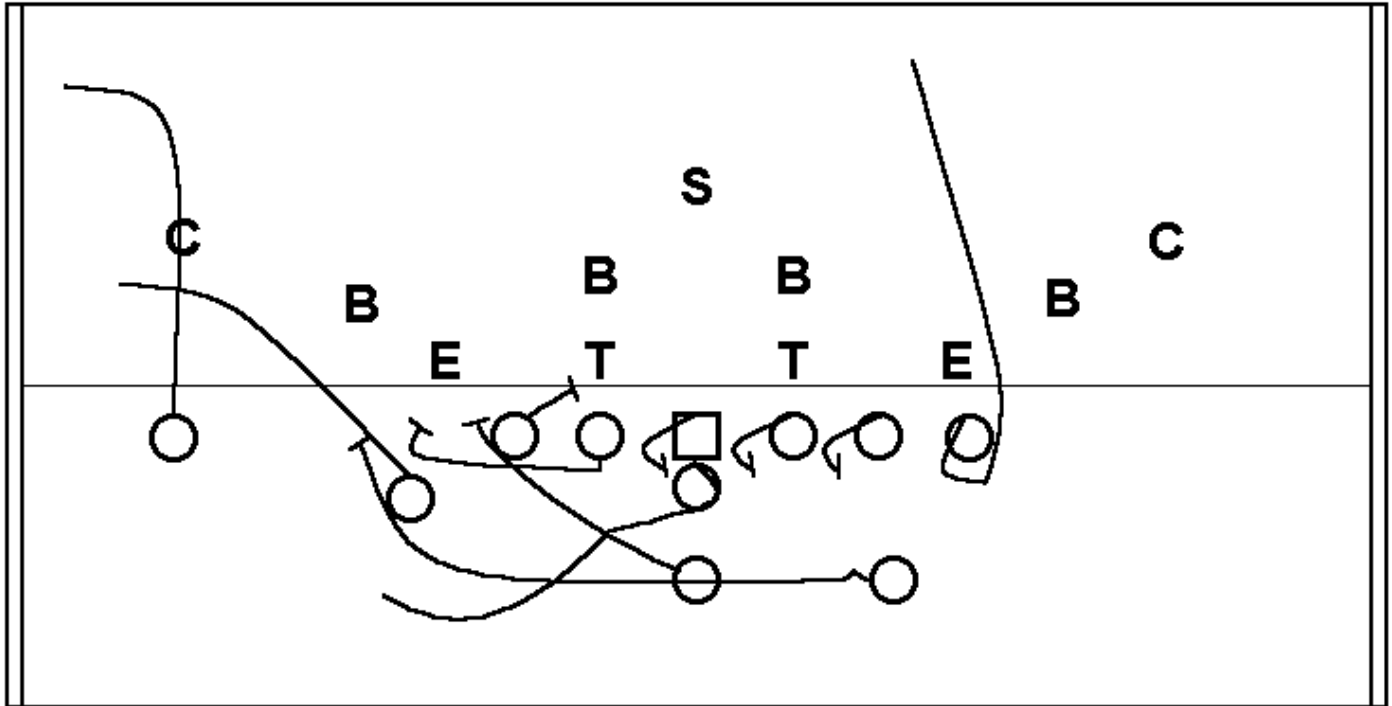
LH - One step motion-get in front of QB-block 1st man off corner

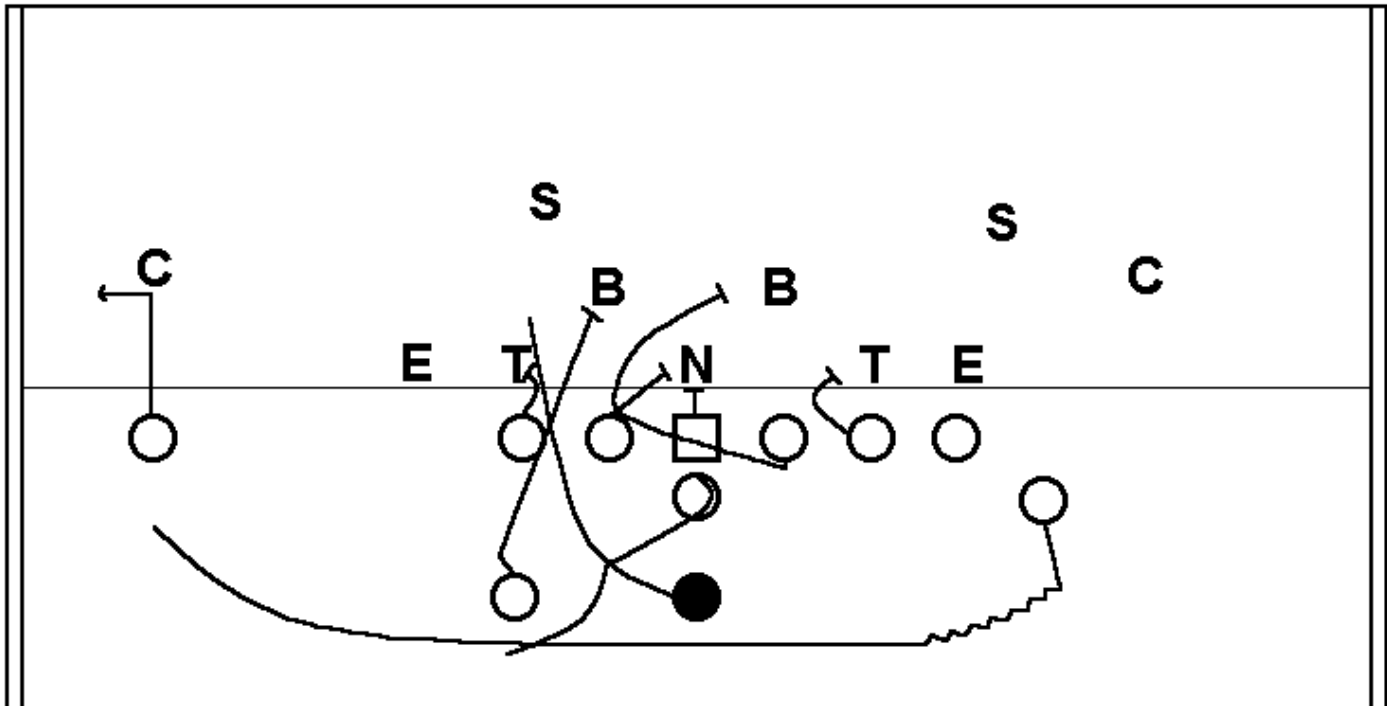
RH - Sprint to flat(look immediately)

FB - Straighten path from outside foot of 3 man-block 1st man in area(hook at 5 yards with called pattern)



# Slot 989 Keep Pass





2 - Cutoff

3 - Pull-check

4 - Pull-block through hole

5 - Post-right

6 - Gap-on-lead

7 - On-outside gap-backer

8 - Tight: On-outside-backer

Split: Out cut

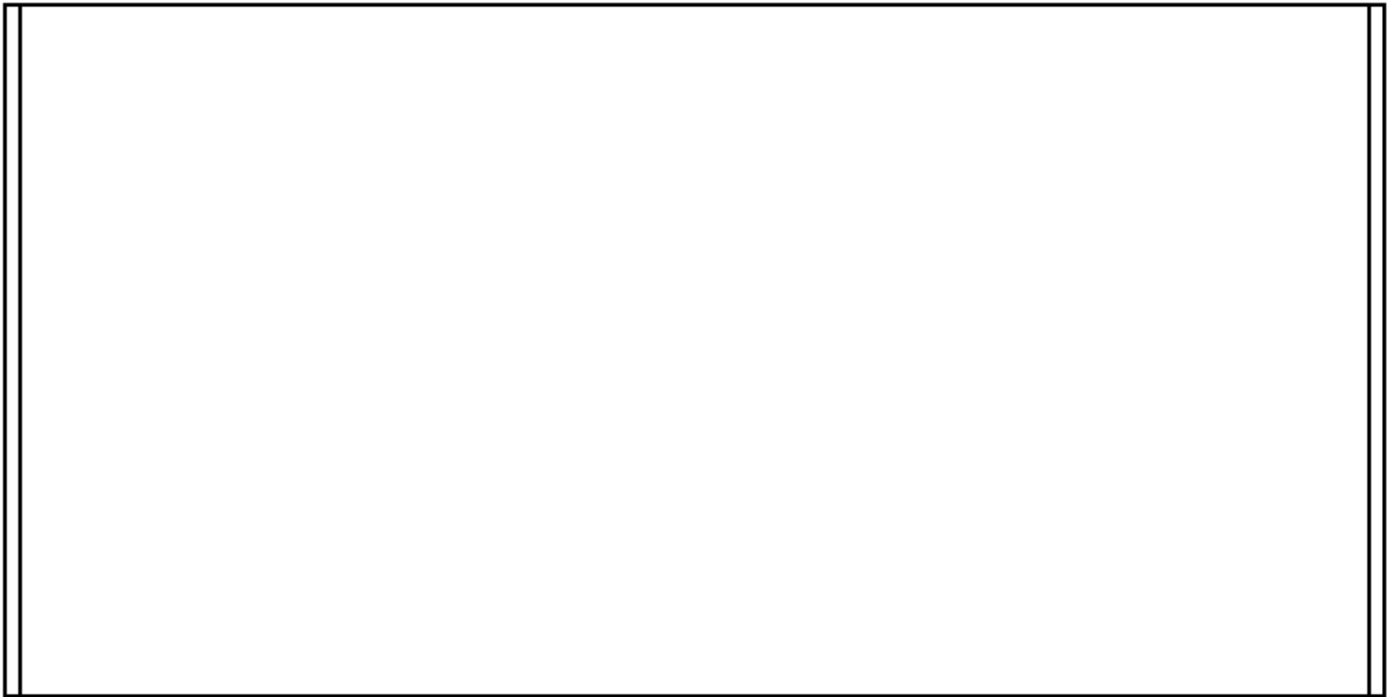
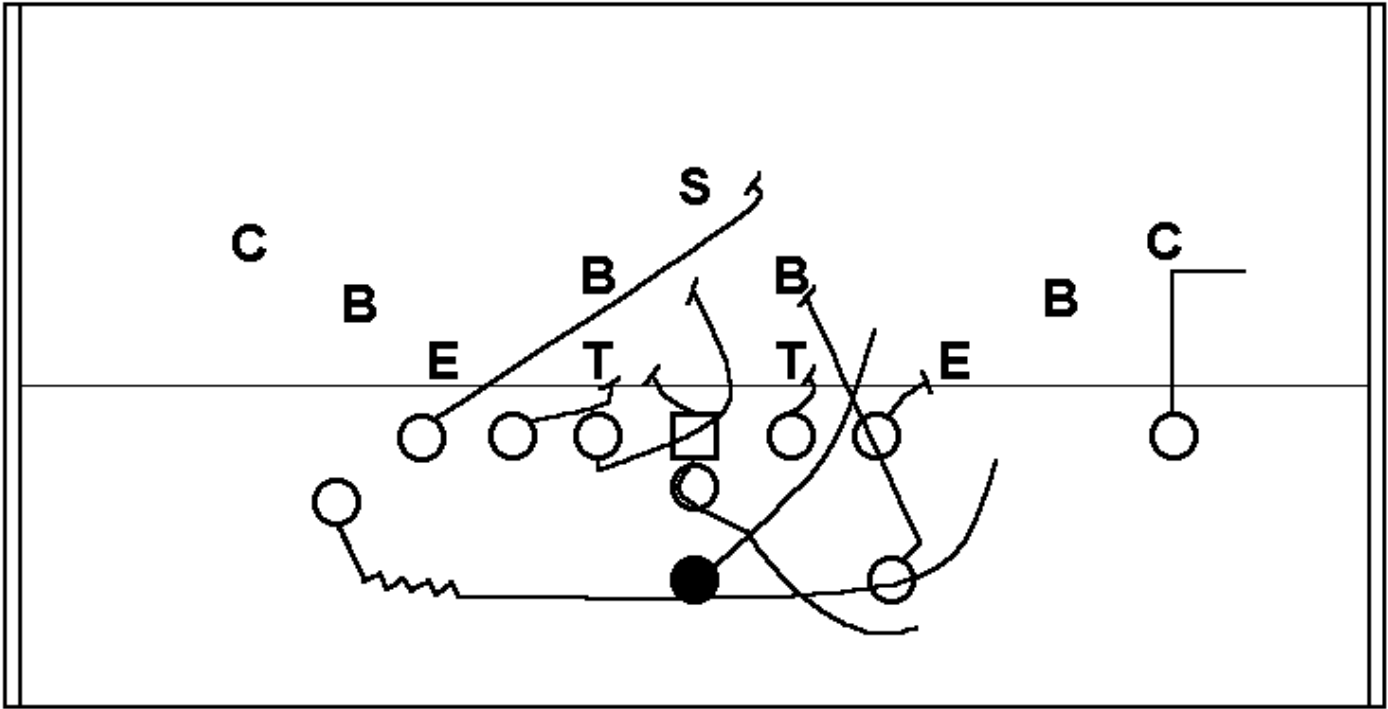
Spread: Out cut

QB - Reverse pivot-ride ball to FB-fake 89 Keep Pass

LH - Step up 45 degrees-read tackle-block first backer from 5 man

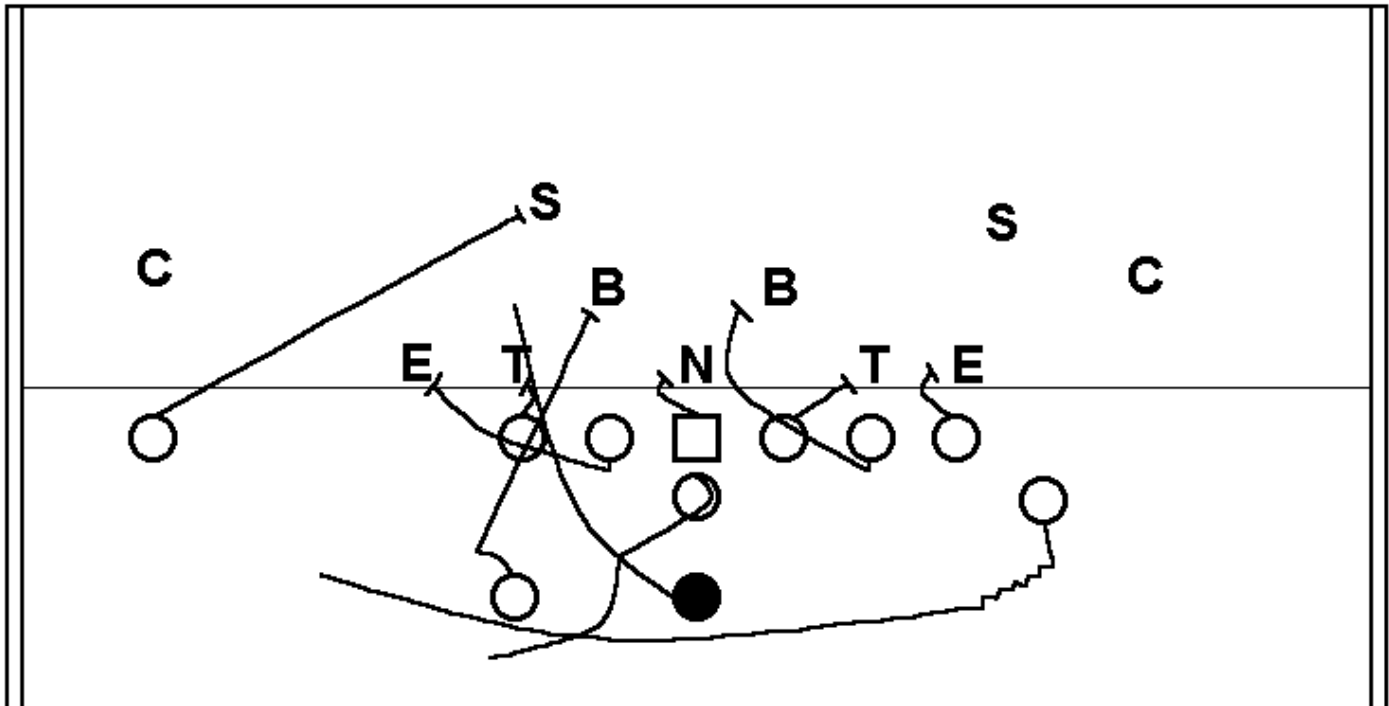
RH - Leave in early motion-fake 89 Keep Pass

FB - Carrier: Lead step-bend path for inside foot of 7 man-read defensive tackle-select opening





# 187 XBL



2 - Gap-on-outside

3 - Gap-on-outside(loop around 4 man to backer on "odd" call)

4 - Pull-wall off tail of 5 man(block out on "odd" call)

5 - On-right

6 - Gap-pull-block out

7 - Gap-down-on

8 - Tight: Backer

Split: Fake crackback-backer

Spread: Cutoff

QB - Reverse pivot-ride ball to FB-fake 89 Keep Pass

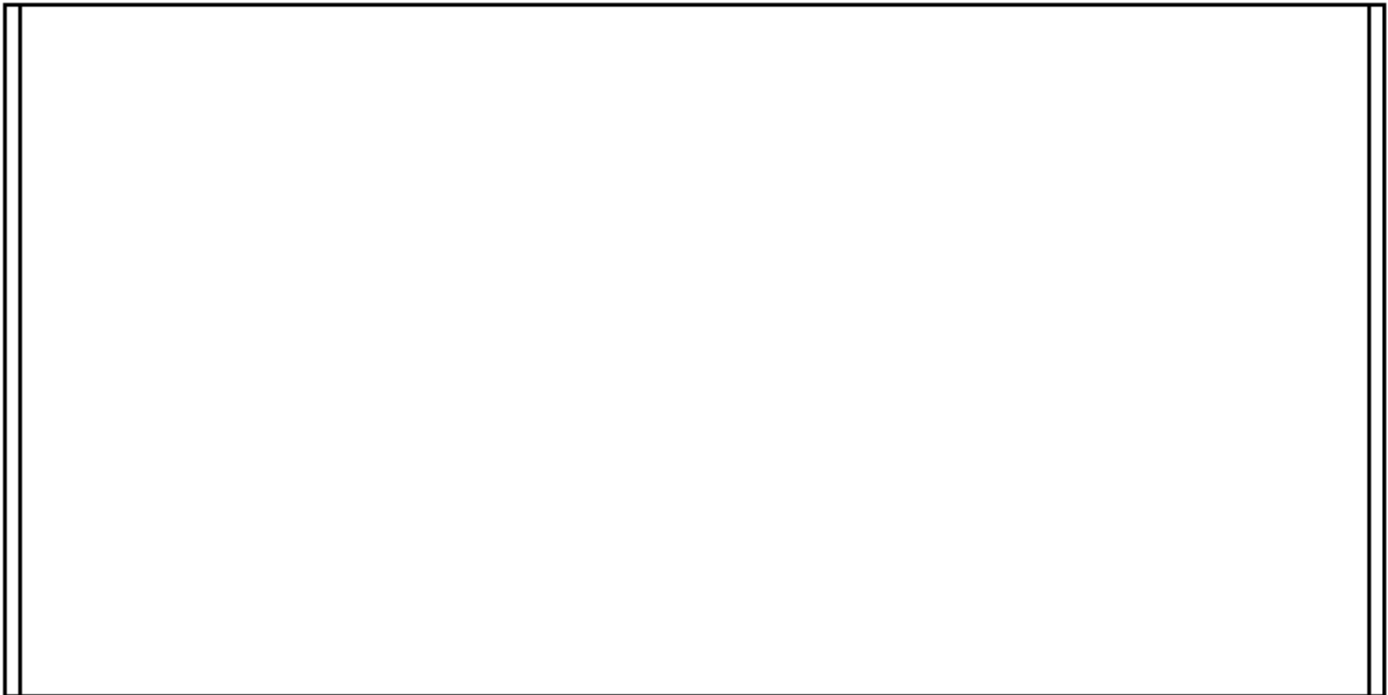
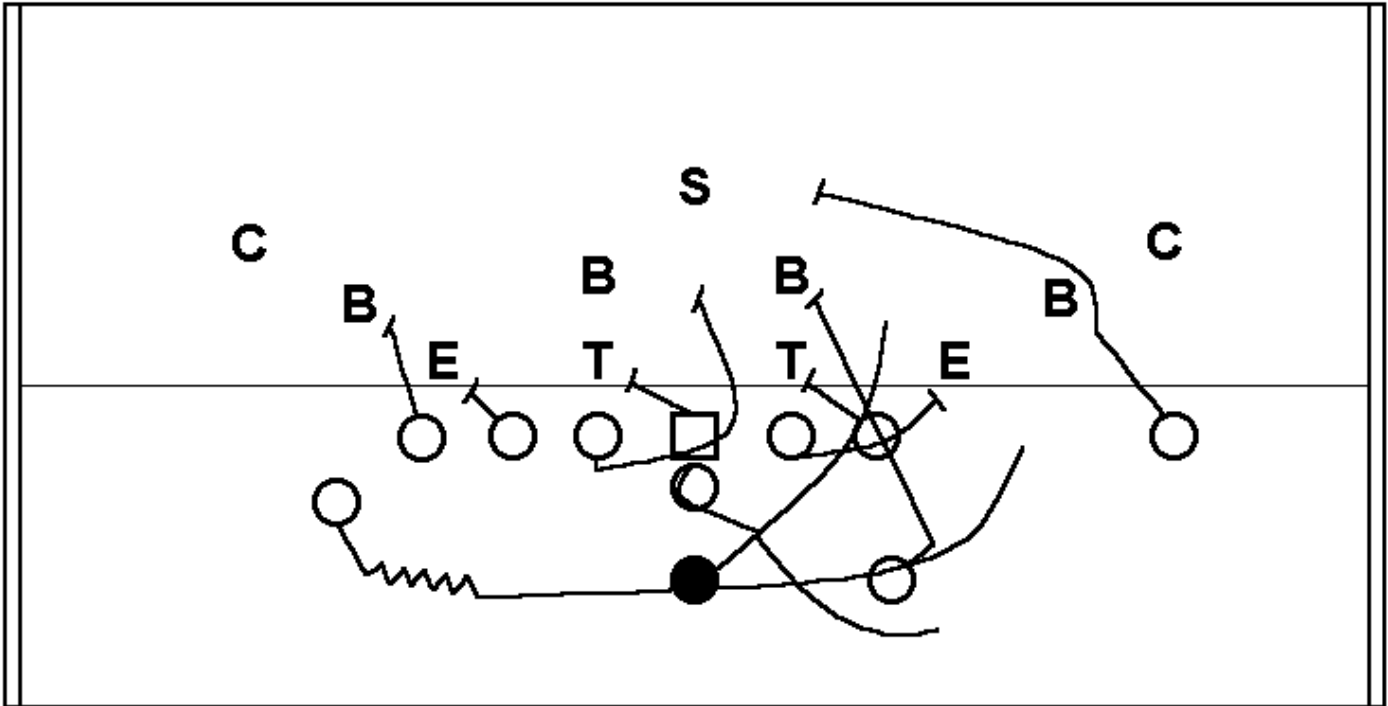
LH - Step up 45 degrees-dive for 7 man's tail-block first backer from 5 man

RH - Leave in early motion-fake 89 Keep Pass

FB - Carrier: Lead step-bend path for inside foot of 7 man-read defensive tackle(nose on "odd" call)-select opening



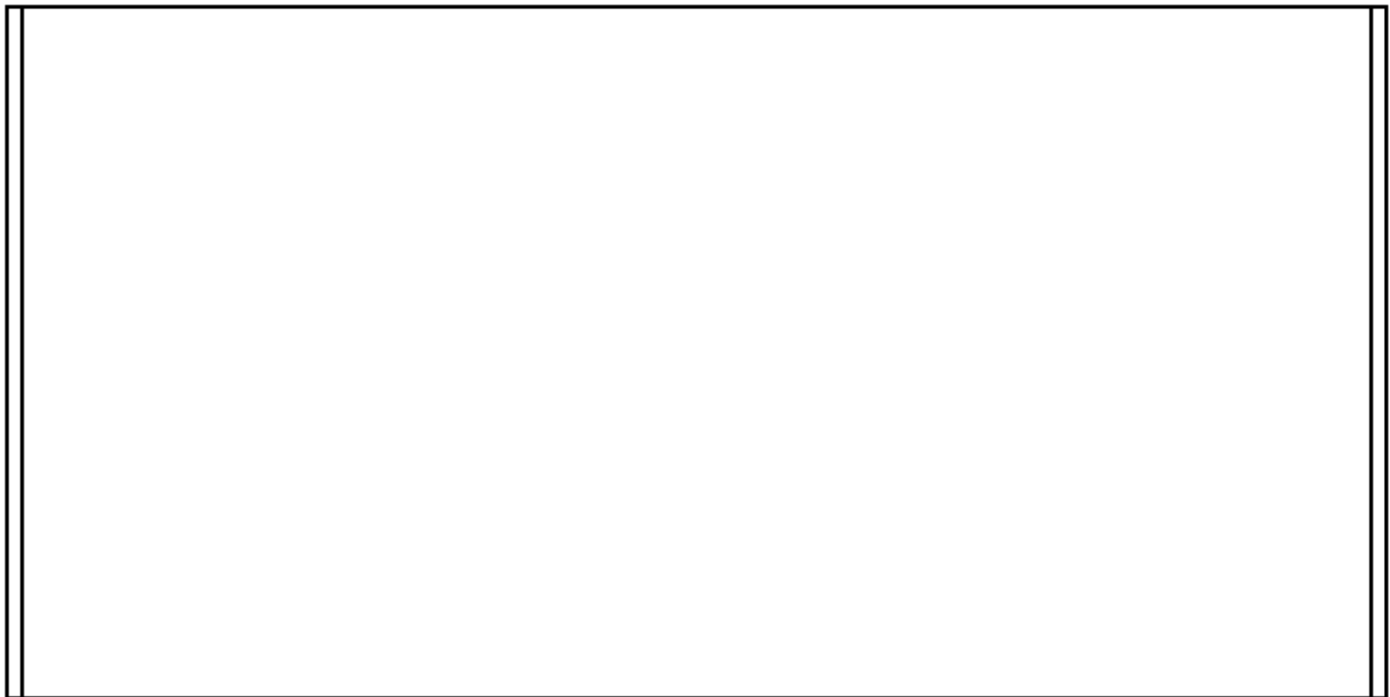
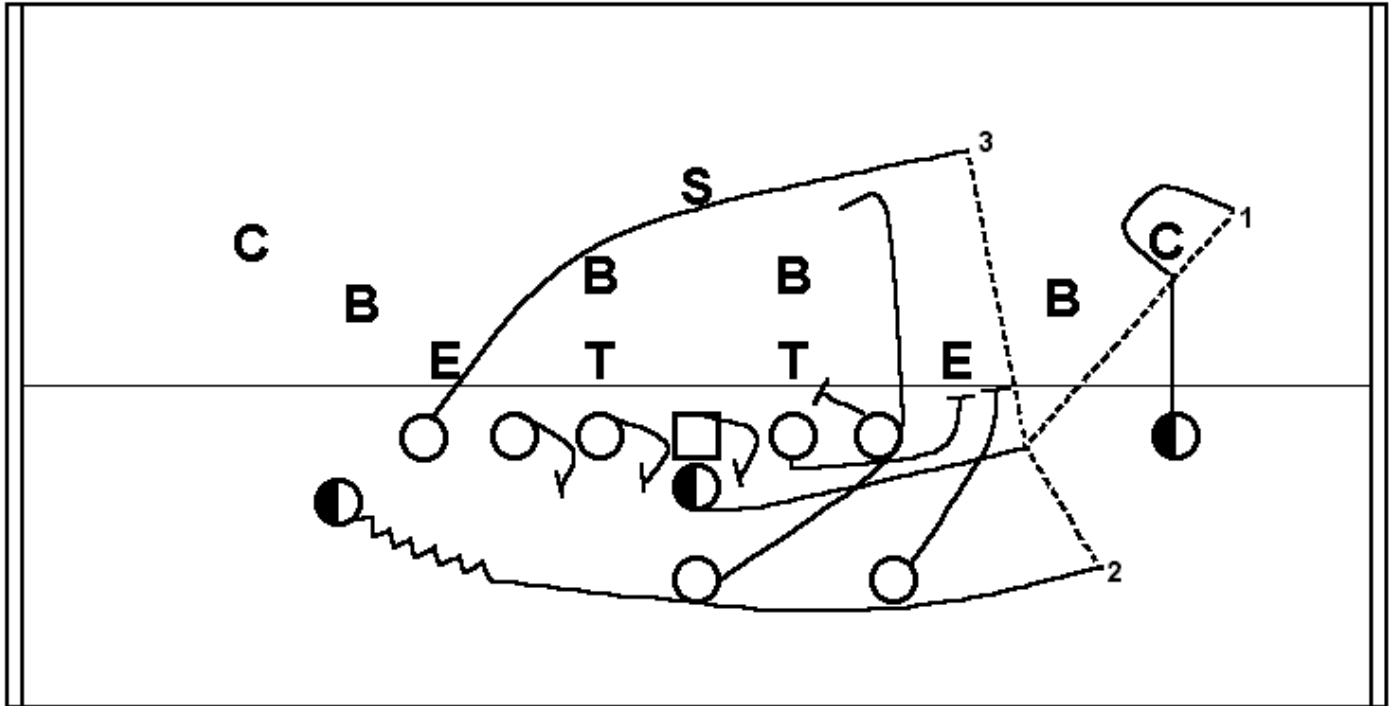
# 983 XBL







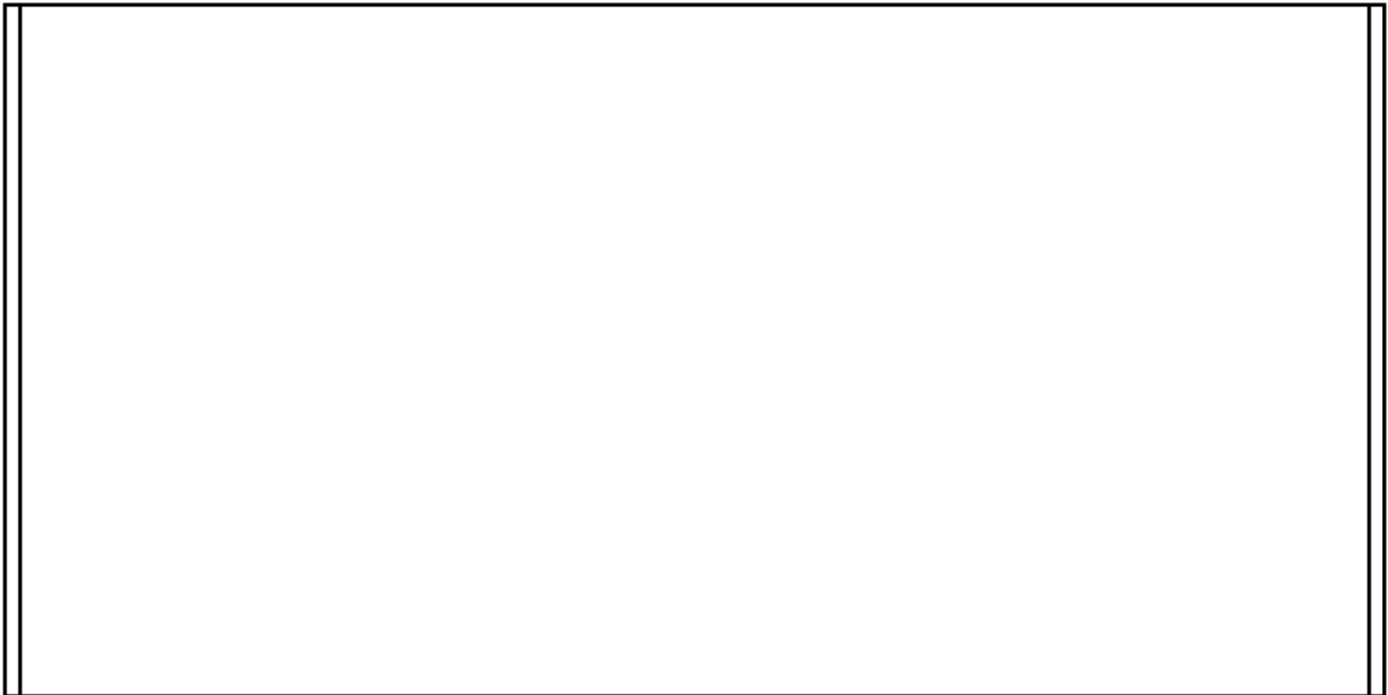
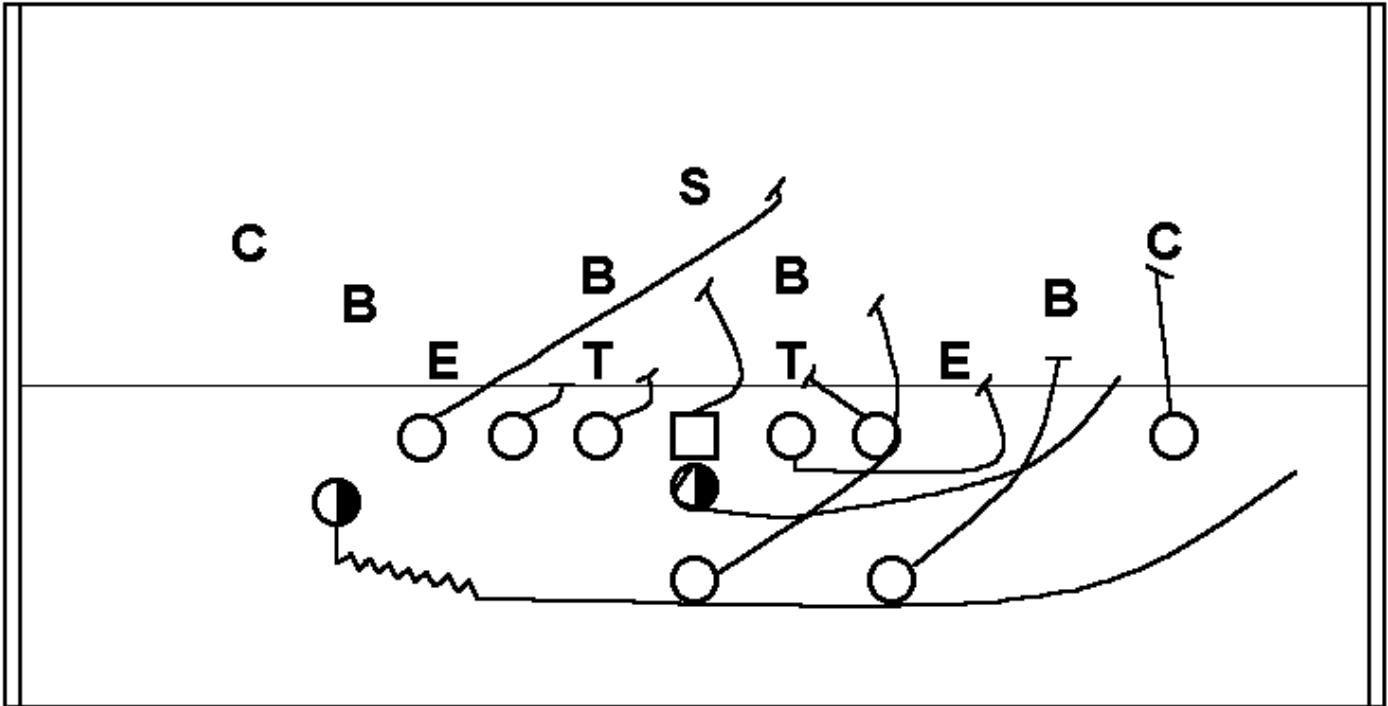
# 981 Belly Load





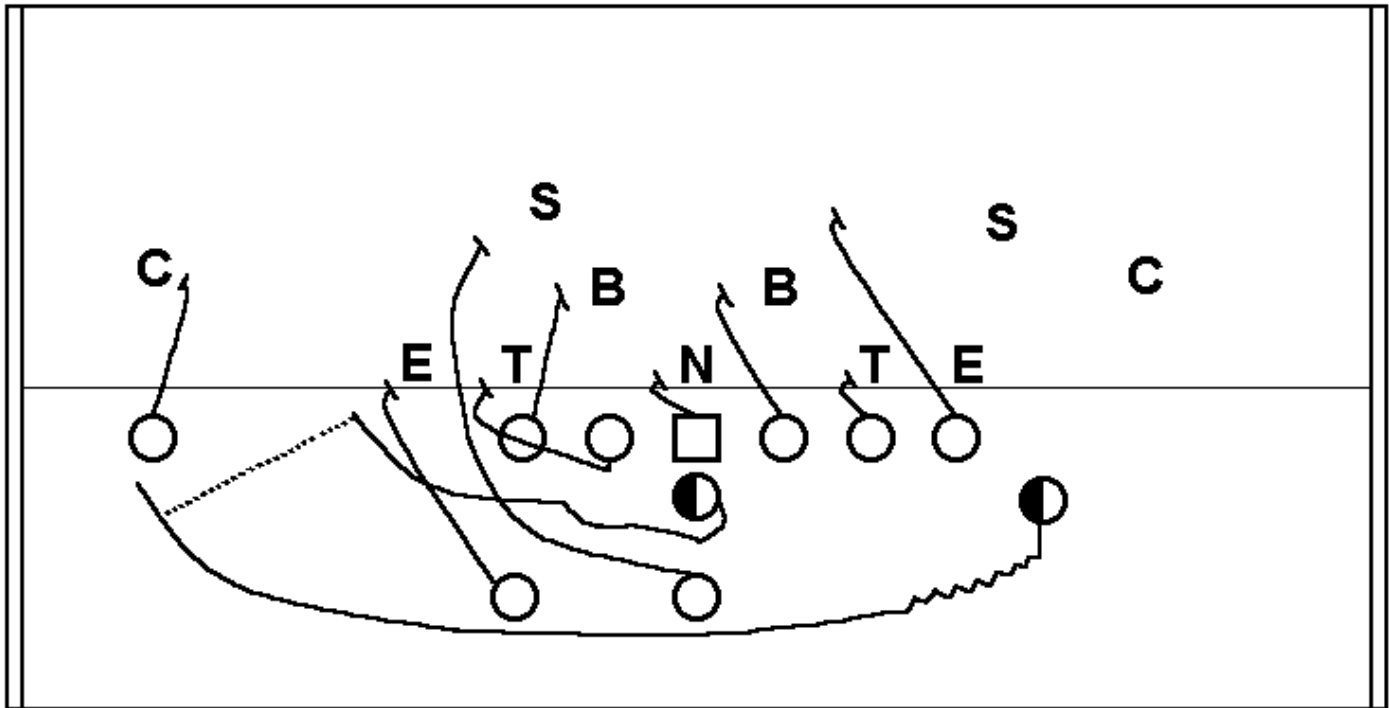


# 981 Option





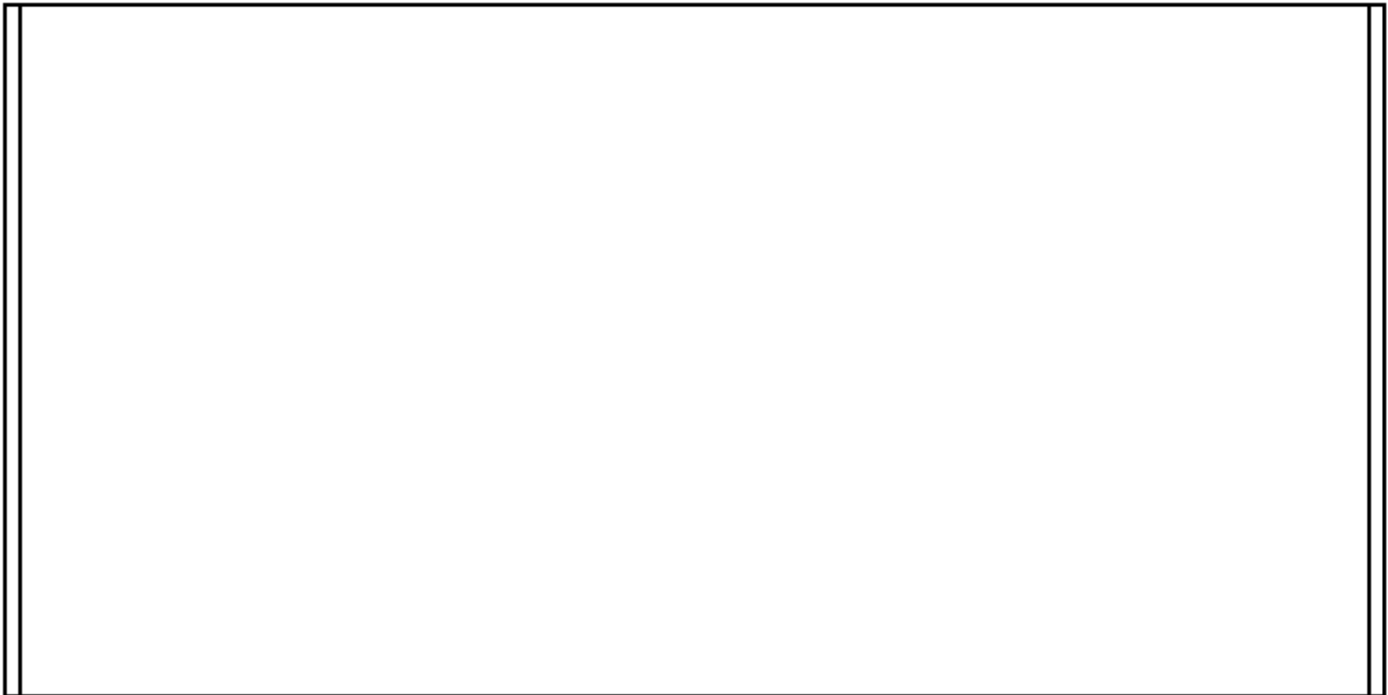
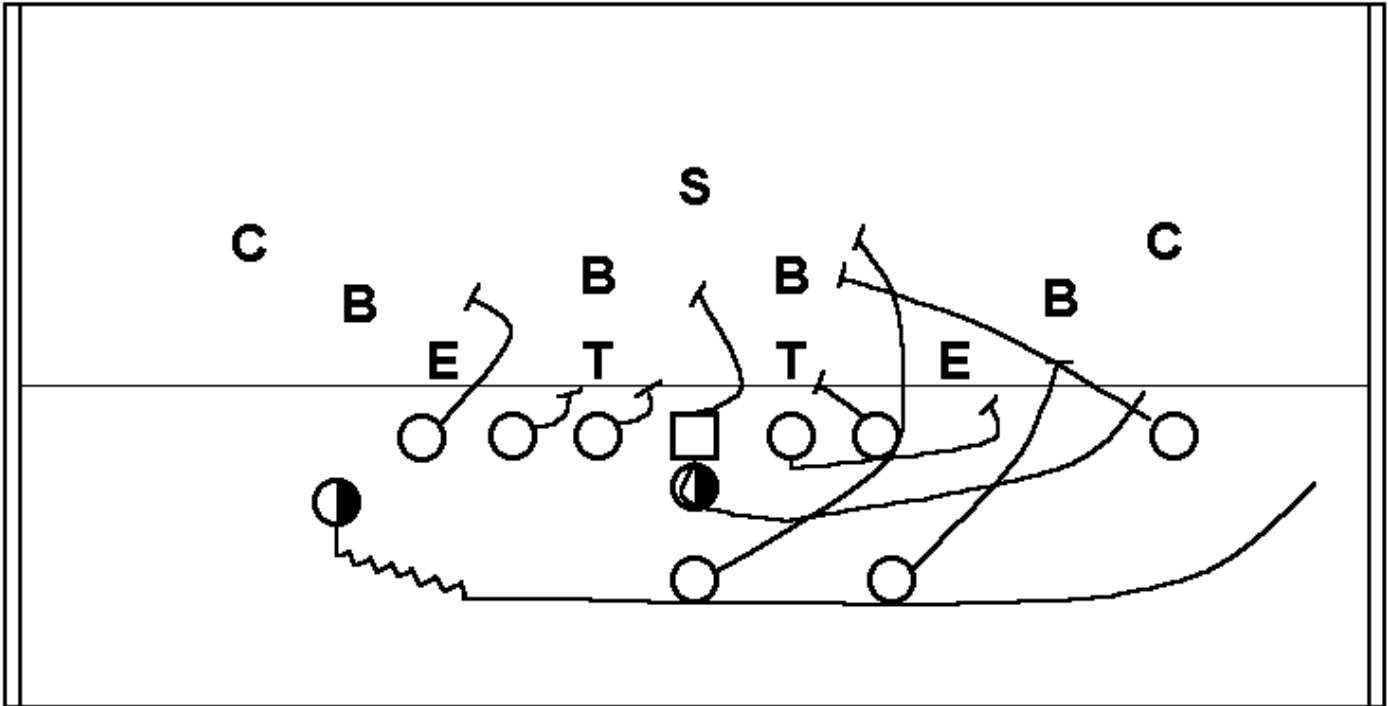
## 189 Option Load



- 2 - Release-block outside defender**
- 3 - Reach-on-backer**
- 4 - Reach-on-backer**
- 5 - Reach-on-backer**
- 6 - Pull-log first man on or outside of 7 man(reach)**
- 7 - Gap-down-backer(reach)**
- 8 - Dive outside tackle-block first man in area to inside**
- QB - Reverse pivot-ride ball sharply to FB-execute option**
- LH - Block 2**
- RH - Leave in early motion-be in position to receive pitch**
- FB - Drive for outside foot of 7 man-turn up an block pursuit**

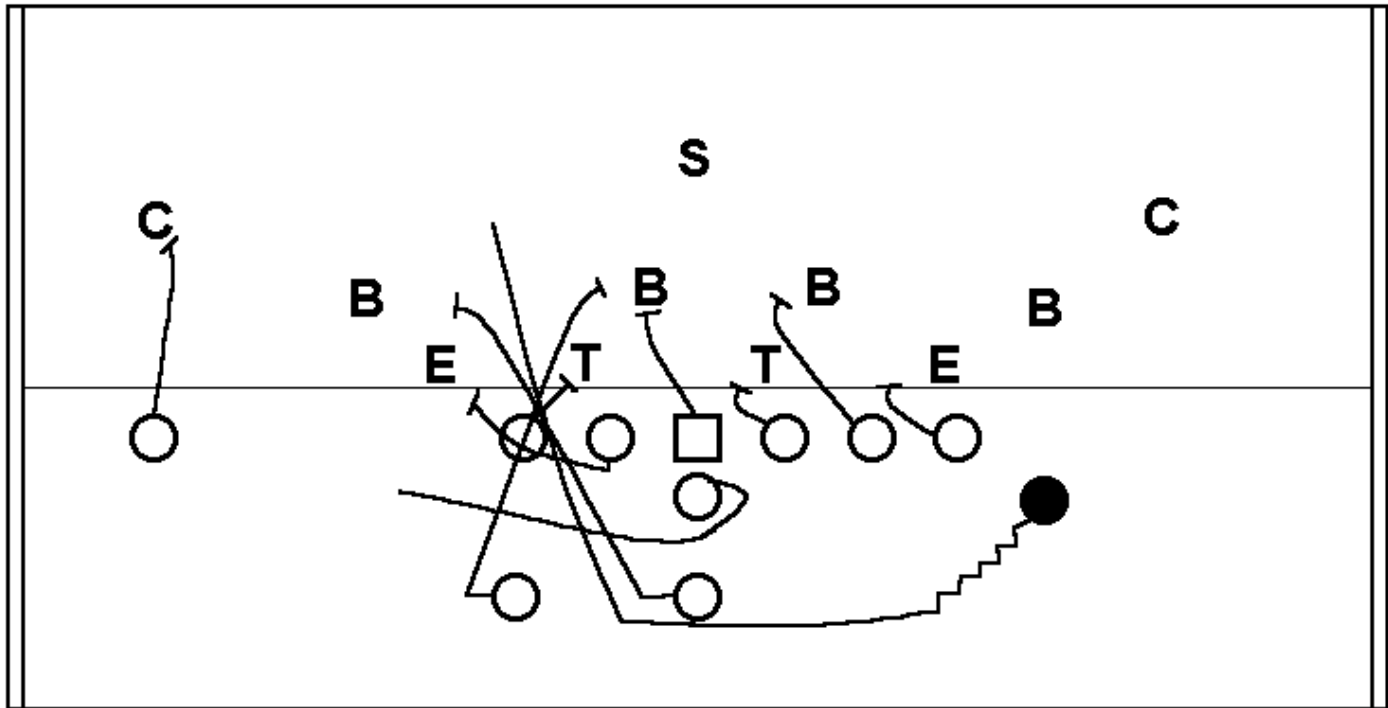


# 981 Option Load





## 189 XBL Double Dive



2 - Reach left

3 - Reach left

4 - Reach left

5 - Reach on-backer

6 - Gap-pull-block out

7 - Gap-down-on

8 - Stalk 1

QB - Reverse pivot-hand ball to RH-continue down the line

LH - Jab step left-dive for 7 man's tail-block 1st backer from 5

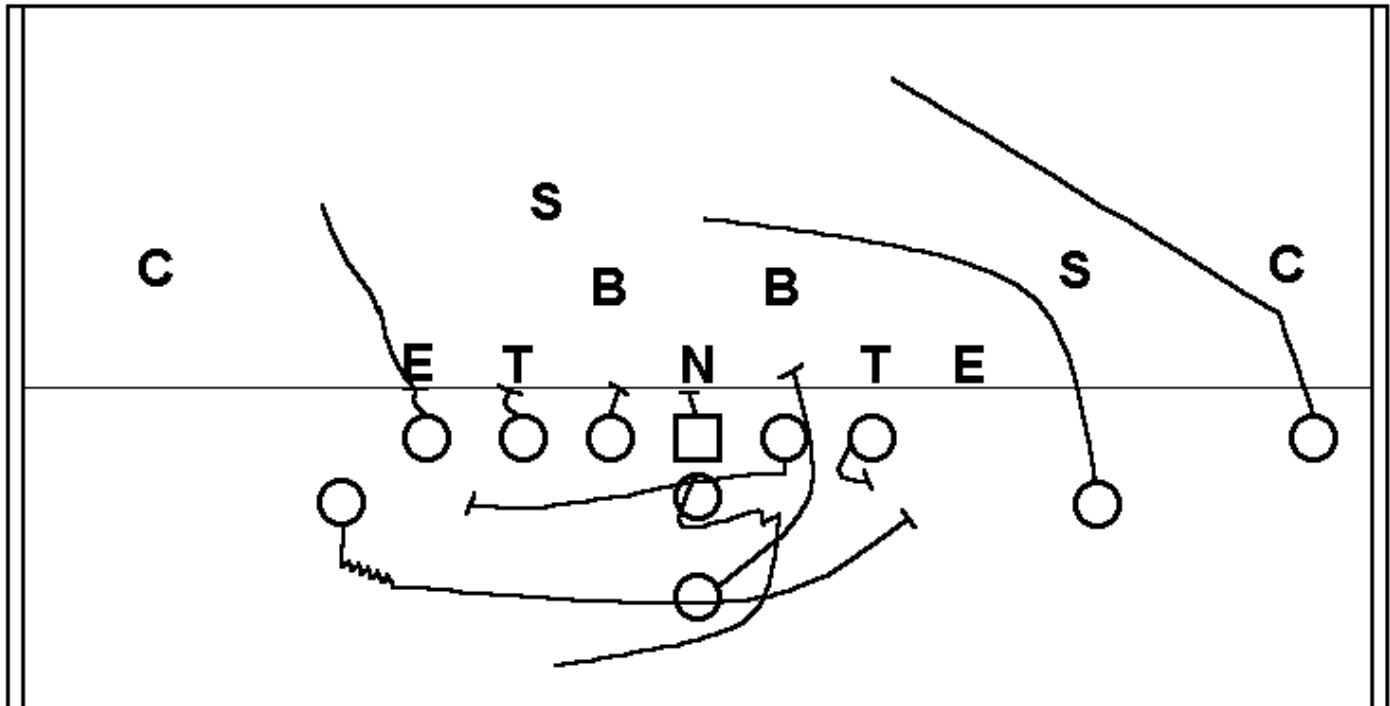
RH - Carrier: leave in early motion-turn up at B gap-receive handoff

FB - Jab step left-dive for outside foot of 6 man-block 2nd backer from 5





## Blue 81 Waggle



**2 - Tight: Crossing pattern**

**Spread: Post pattern**

**3 - Step and cup**

**4 - Pull(get depth)-block first man outside of 7 man's block**

**5 - On-right**

**6 - Gap-on-outside**

**7 - Gap-on-outside**

**8 - Waggle pattern**

**QB - Reverse pivot-on midline-place ball on hip-get depth but do not threaten flank**

**LH - Motion-Block 1st man outside of 3 man's block**

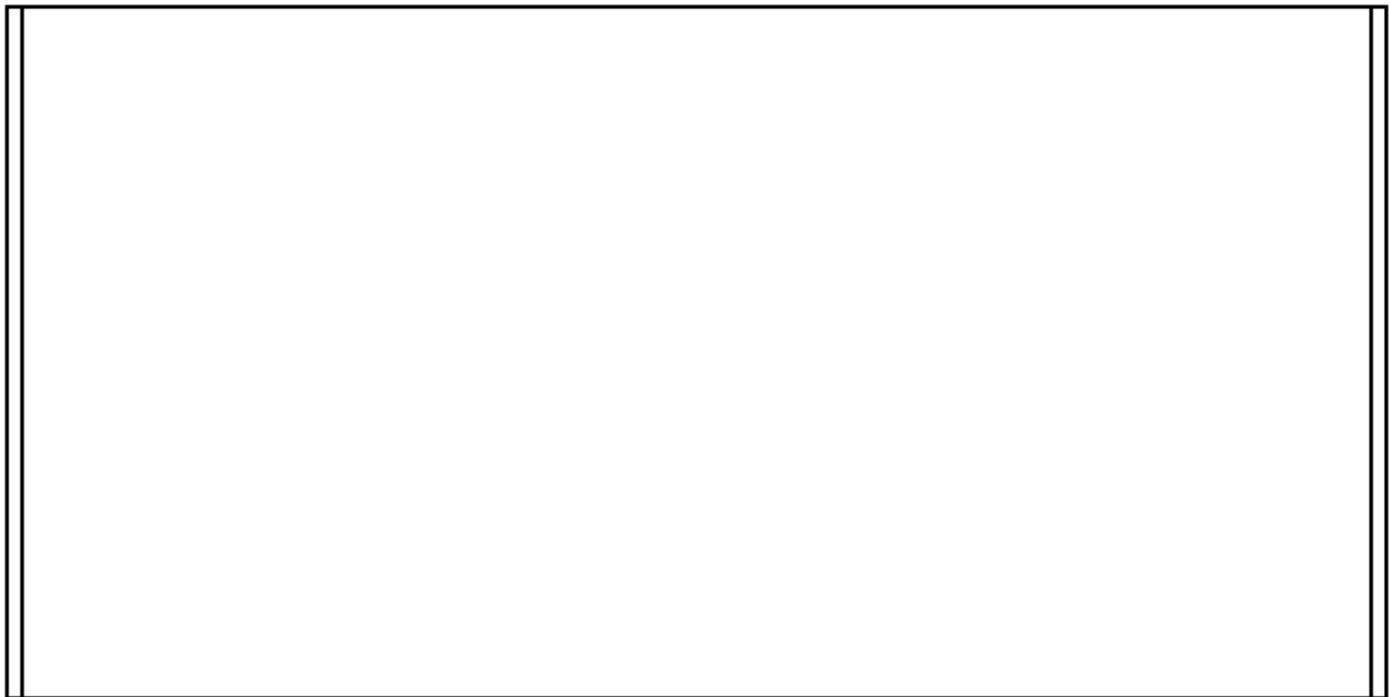
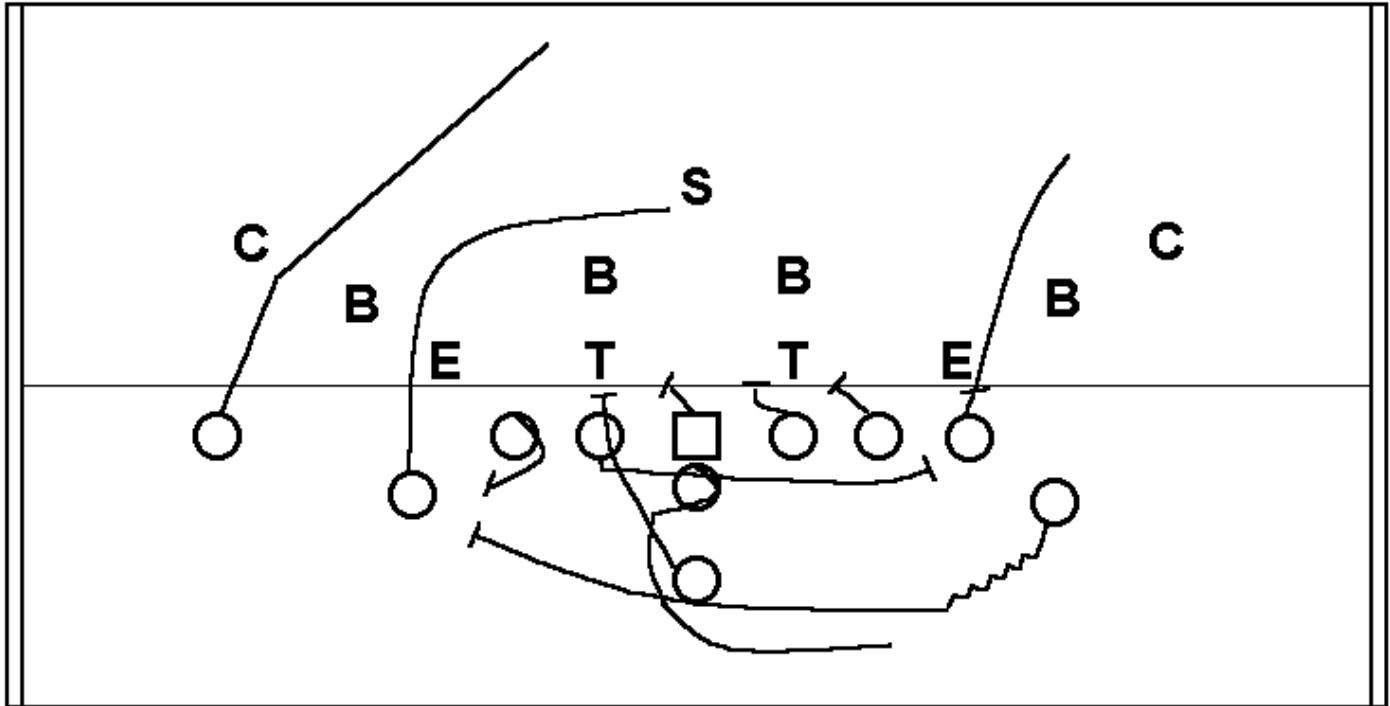
**RH - WB: Run crossing pattern**

**Slot: Run flat pattern**

**FB - Take one lateral step right-bend path to block first backer from 5 man**

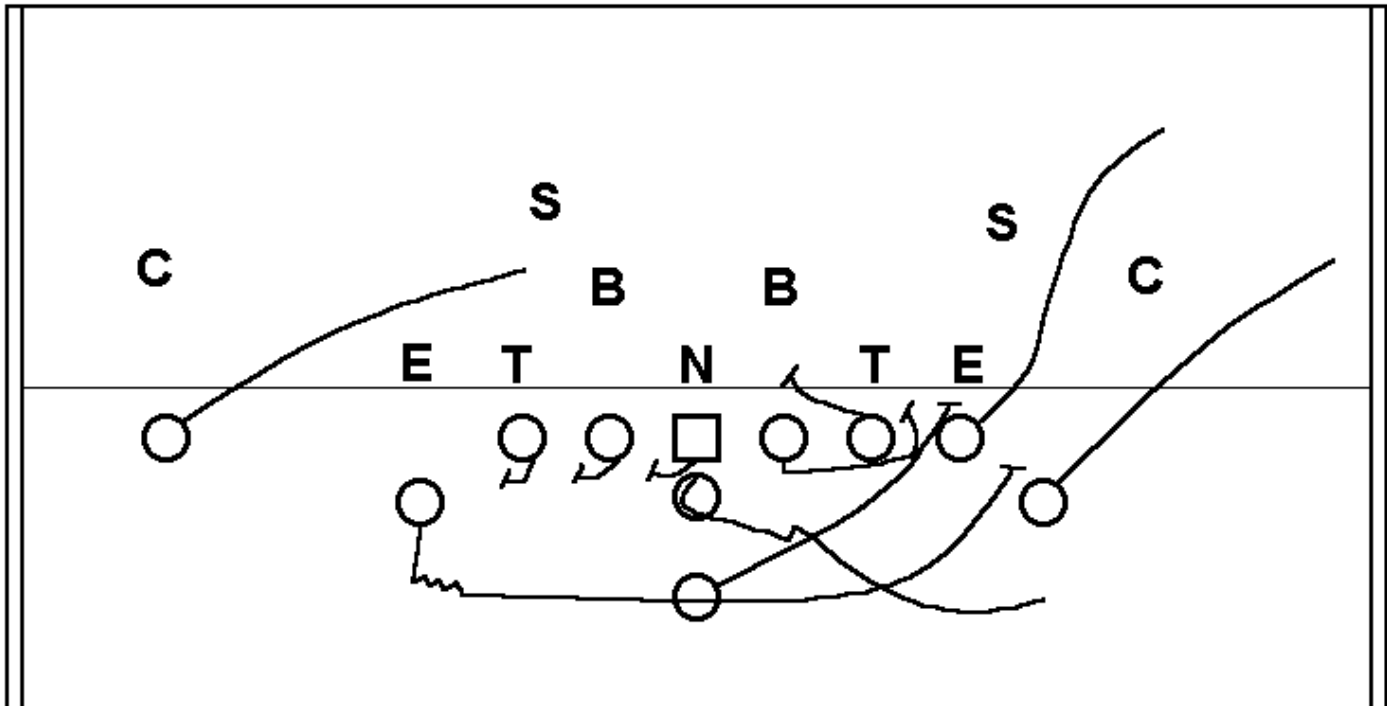


# Red 89 Waggle





## Red 81 Keep Pass



**2 - Tight: Seam**

**Spread: Out at 15 yards**

**3 - Gap-down-area**

**4 - Gap-pull-log 1st man on or outside of 3 man**

**5 - Step and cup**

**6 - Step and cup**

**7 - Step and cup**

**8 - Tight: Step and cup-drag**

**Spread: Crossing**

**QB - Reverse pivot-ride ball to FB-option run or pass**

**LH - One step motion-get in front of QB-block 1st man off corner**

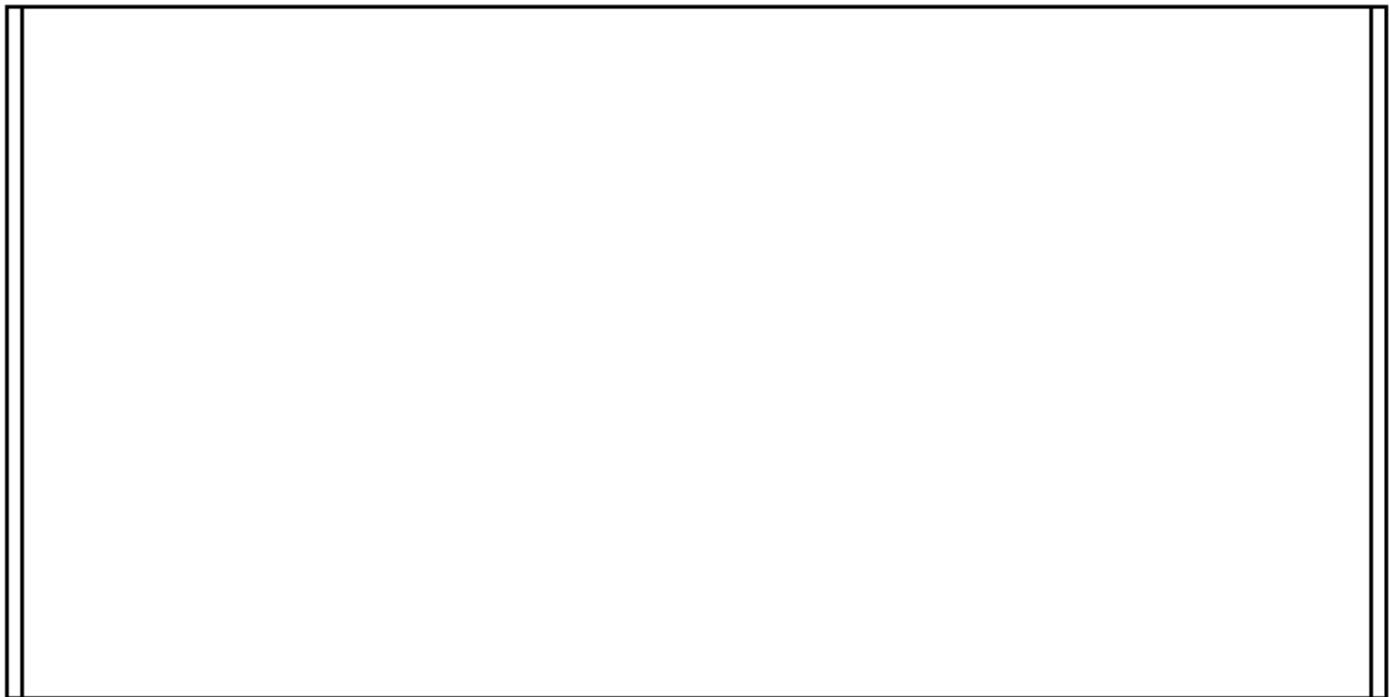
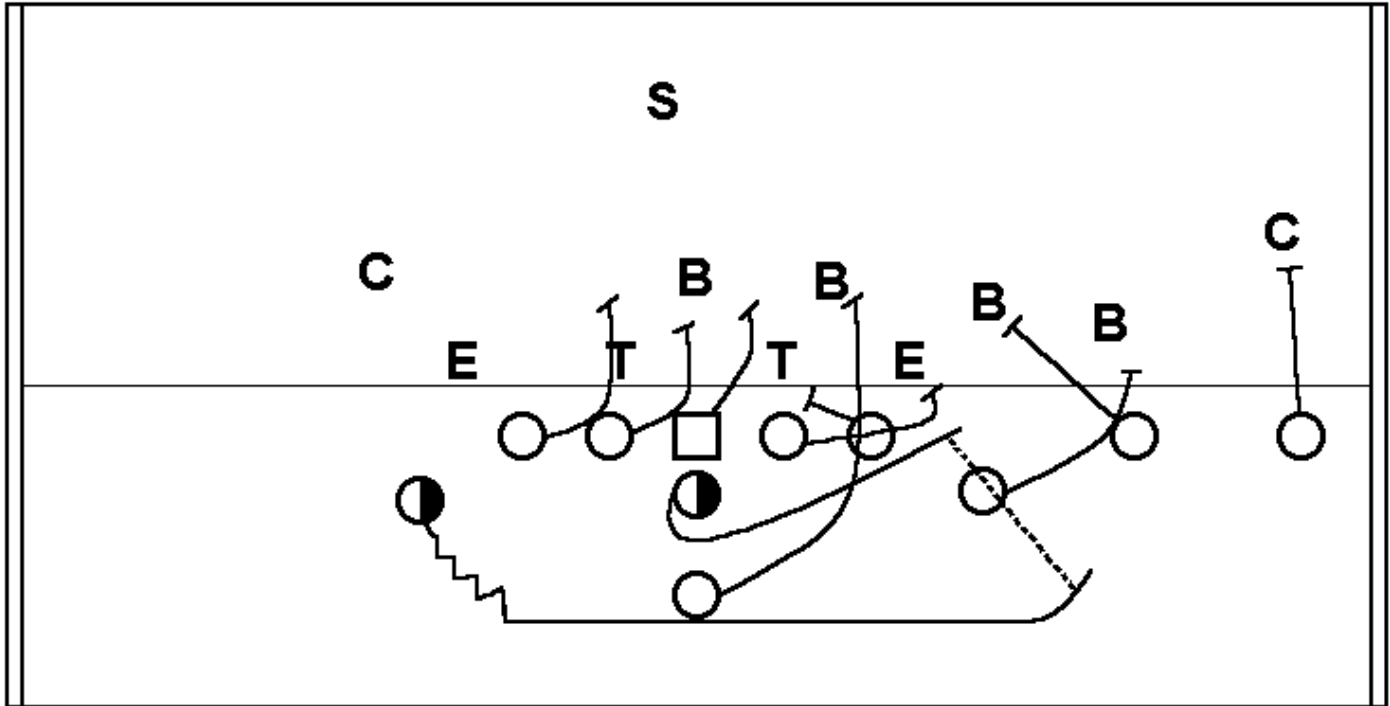
**RH - Sprint to flat(look immediately)**

**FB - Straighten path from outside foot of 3 man-block 1st man in area(hook at 5 yards with called pattern)**



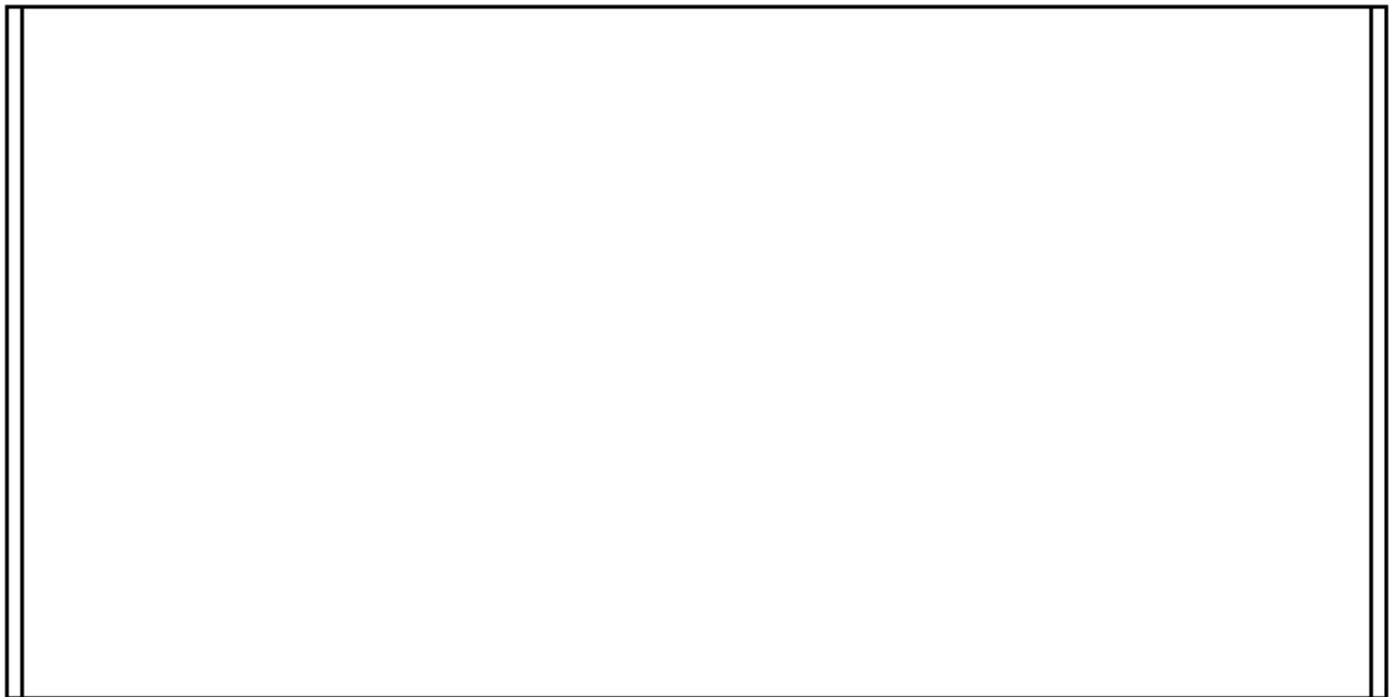
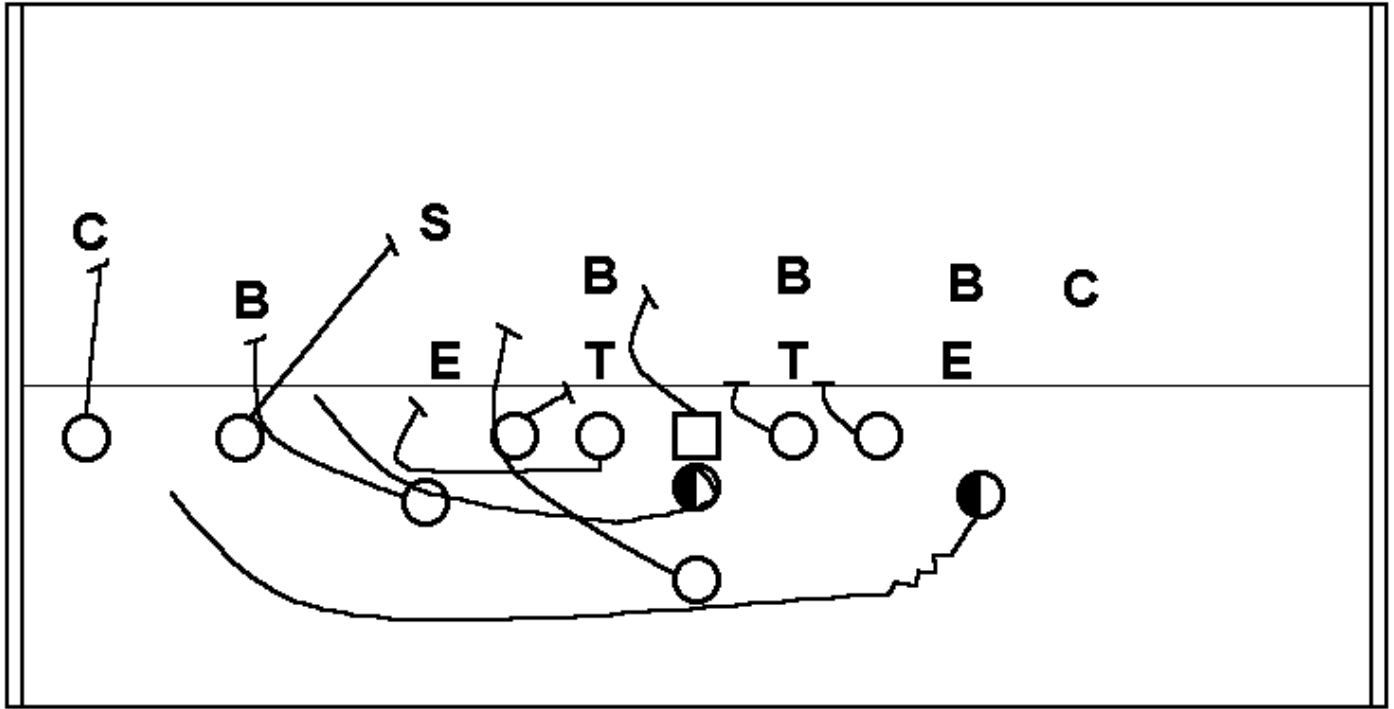


# Right Loose Red 81 Option



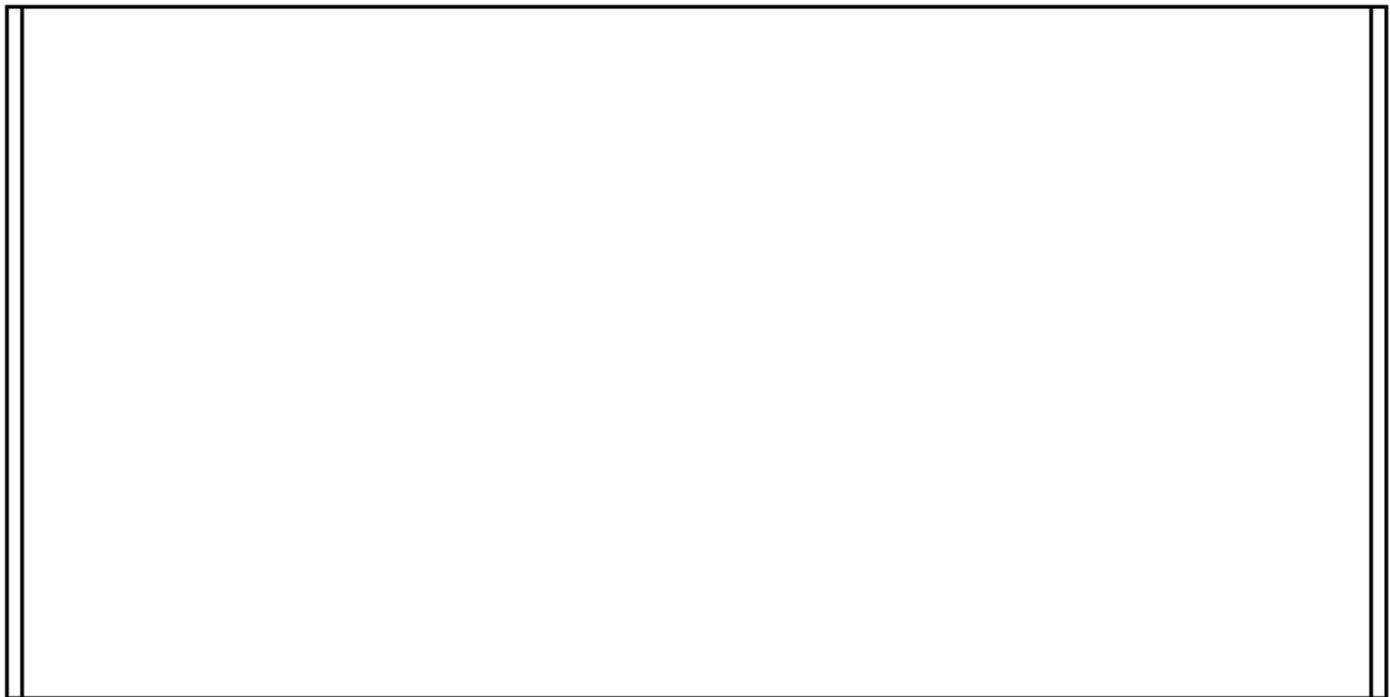
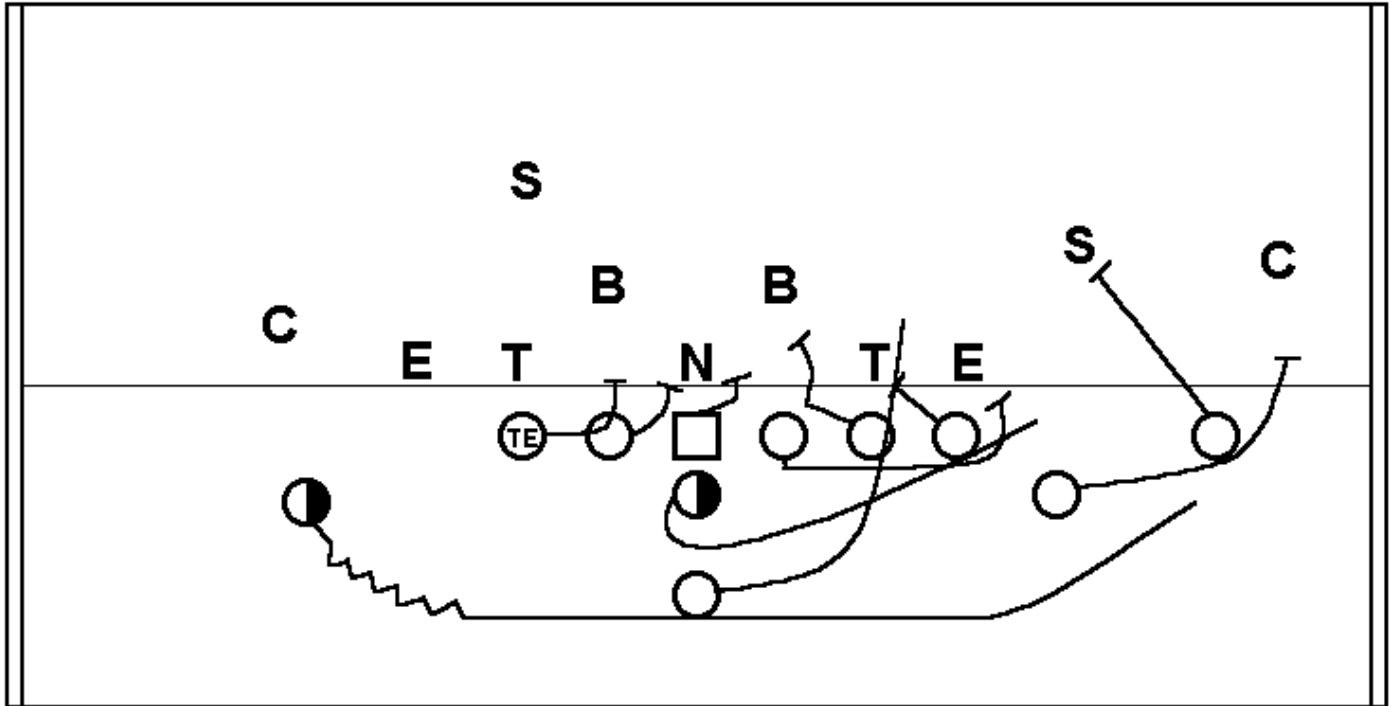


# Left Loose Blue 89 Option



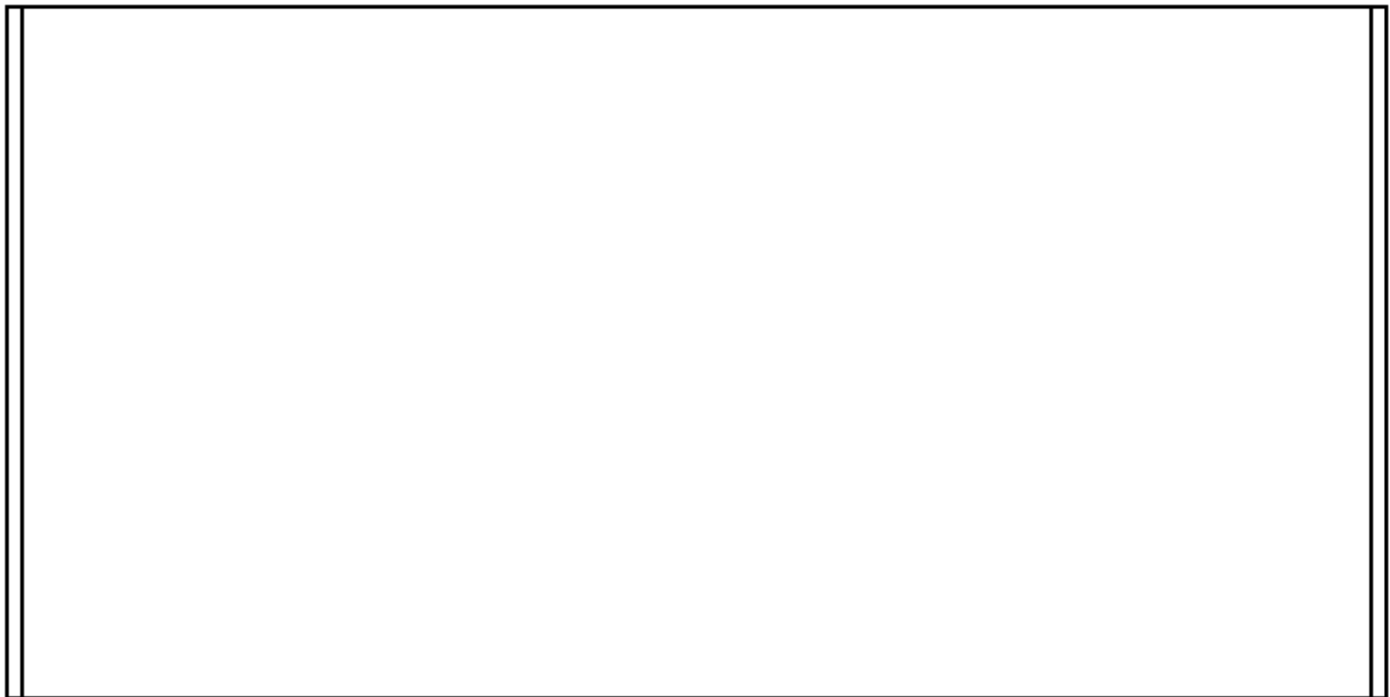
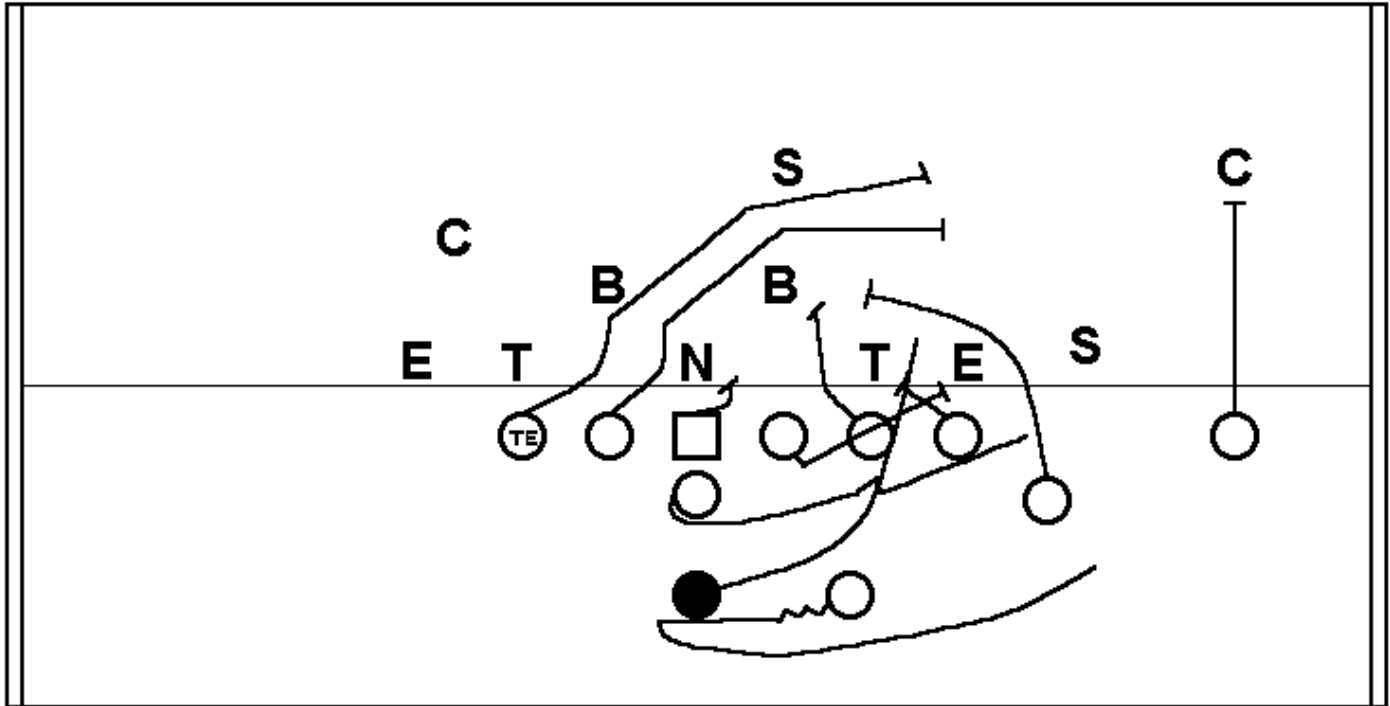


# Red Rip 82 Down Option





# Red Rip M 782 Down





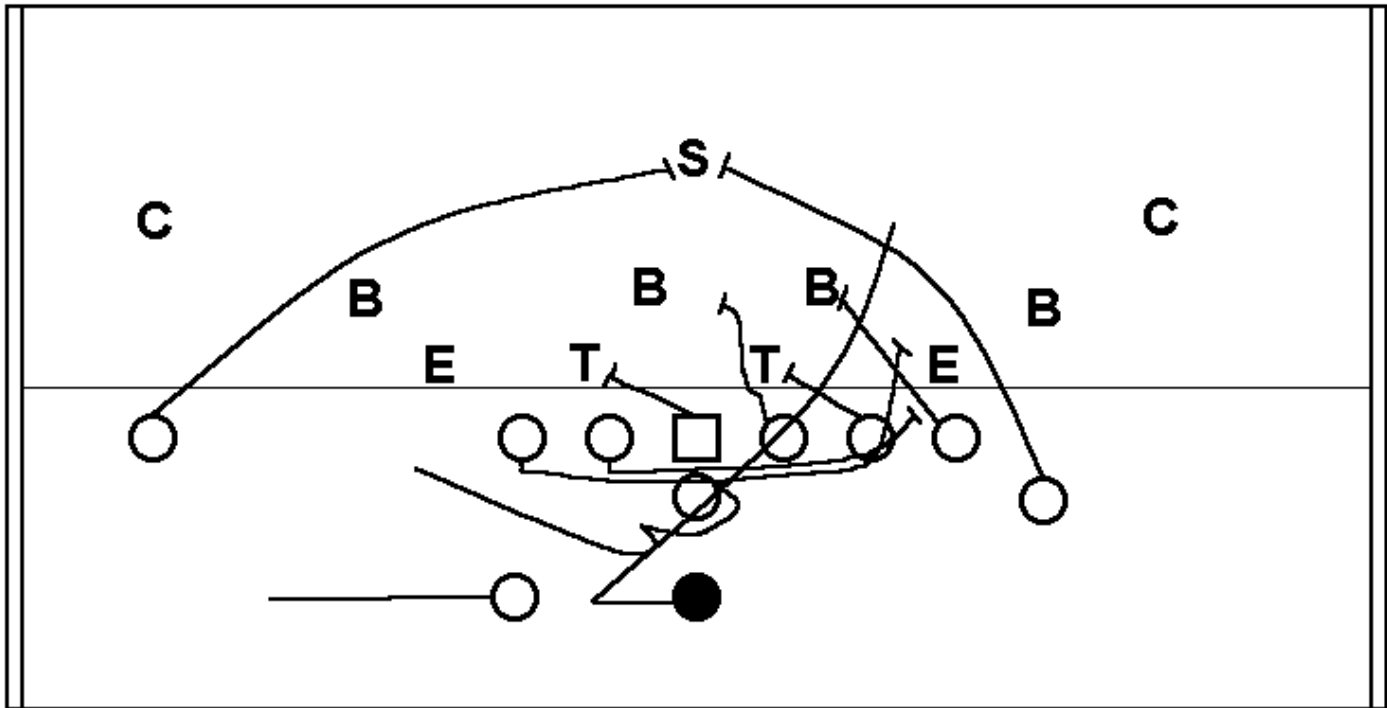


## 90 Series

1. 193 CTR Trey/997 CTR Trey
2. Slot 199 Option/Slot 991 Option



## 193 CTR Trey



**2 - Down-backer**

**3 - Down-backer**

**4 - On-backer-lead**

**5 - Post on-backside**

**6 - Pull-kick out 2**

**7 - Pull-turn up inside of 6 man's block-block first color outside-in**

**8 - Vs. 3 deep: block safety**

**Vs. 2 deep: block free safety**

**QB - Reverse pivot-run like option-handoff with left hand to FB at 6 continue down the line**

**LH - Run left full speed**

**RH - Vs. 3 deep: block safety**

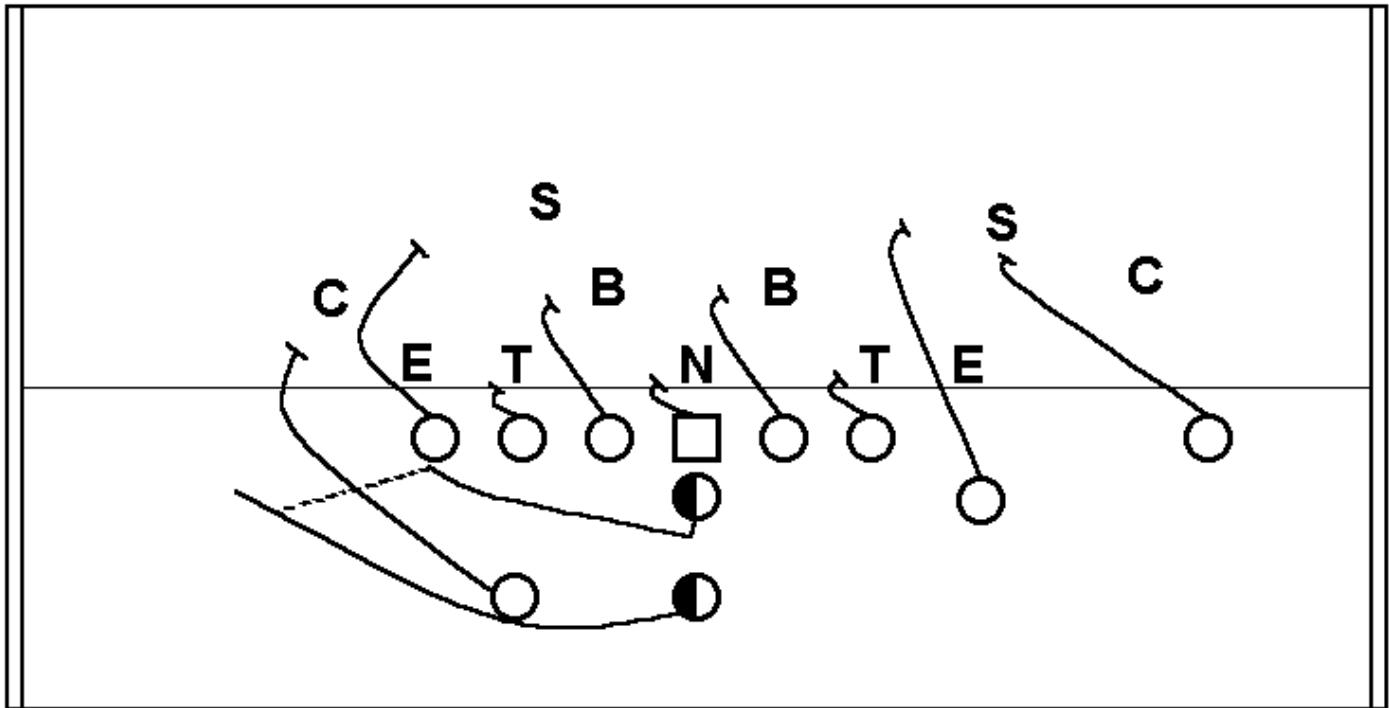
**Vs. 2 deep: block strong safety**

**FB - Carrier: Fake sweep action-jab step at 6-reverse direction-follow 7 man into the hole**





## Slot 199 Option



- 2 - Cutoff
- 3 - Reach-on-backer
- 4 - Reach-on-backer
- 5 - Reach-on-backer
- 6 - Reach-on-backer
- 7 - Reach-on-backer
- 8 - Release-stalk 2
- QB - Take one step back-sprint left-execute option
- LH - Flare-block 1
- RH - Cutoff
- FB - Carrier: Sprint left-receive pitch



# Slot 991 Option

