

THE WING-T JET PACKAGE

Morgantown High School, West Virginia

As the head football coach at Morgantown High School, I am representing the football staff and our athletic department. We are located in Morgantown, West Virginia. We installed the wing-T seven years ago, and we have been in the State Playoffs the last six years. In 1998, we were the State Runner-Up, and in 2000, we won the State Championship.

In 1997, we installed the JET SERIES (split-end attacking series) because teams were loading up their defense to the tight end side to stop the buck sweep. Once we were successful in attacking the perimeter to the weakside, we forced teams to defend both the tight-end and the split-end side. Since our installation of the jet sweep series, our regular season record is 38 wins and 2 losses and our overall record is 46 wins and 5 losses.

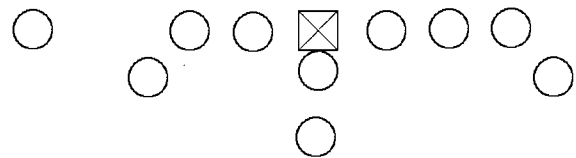
The Jet Sweep is an outstanding compliment to the already hard to defend wing-T. Today, I want to cover our wing-T Jet package. I will go fast so I can cover the entire package. That way, you can get a better idea of what we are trying to accomplish.

We can run our Jet package from eight different formations. We have ten running plays and six pass plays with this package. I will show the plays from a couple of formations and against a few different defenses that will give you a better feel for what we are doing. I will go fast, so stay with me.

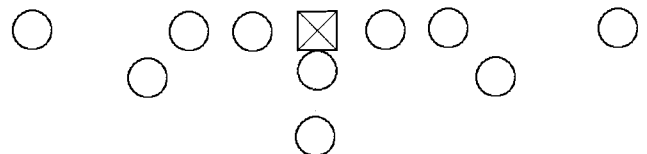
Our base formation is with a wing-T to the tight end, a slot to the split-end side, and one running back. We call this set our ace formation. The fullback heels are set at four yards. The wingback is one-yard wide and one-yard deep from the tight end. The tailback is two yards-by-two yards on the tackle.

We want the wingback and tailback in a two-point stance, slightly angled inside. They are going to be blocking down inside most of the time, or they are going to run the Jet route.

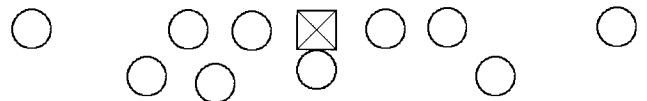
ACE RIGHT



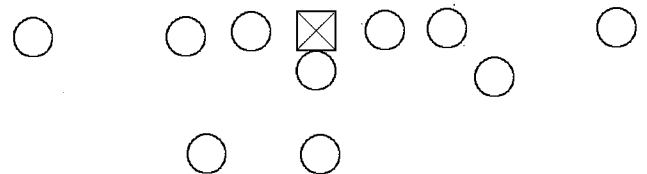
DEUCE RIGHT



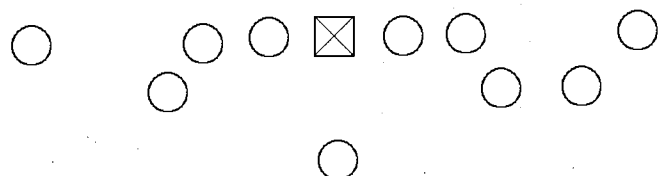
DEUCE QUEEN



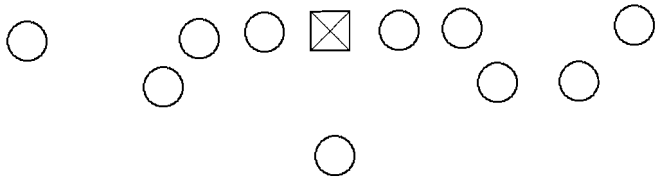
SLOT



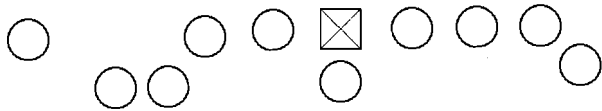
DEUCE OVER



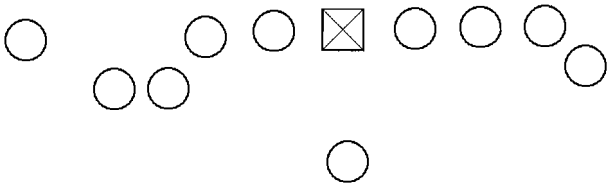
EMPTY GUN



RIGHT TRIPS GUN



RIGHT TRIPS GUN



Next, I want to list the plays we run from these formations. Again, we run ten running plays and six pass plays.

RUNNING PLAYS

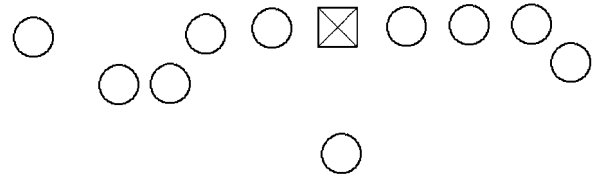
1. JET SWEEP
2. JET TRAP
3. JET SUCKER TRAP
4. JET REVERSE
5. JET BELLY
6. JET SALLY
7. JET COUNTER
8. JET POWER SWEEP
9. JET OPTION
10. JET CROSS BUCK

PASS PLAYS

1. JET WAGGLE
2. JET BOOTLEG
3. JET PASS
4. JET THROWBACK
5. JET REVERSE RAIL PASS
6. JET X/Y SCREEN PASS

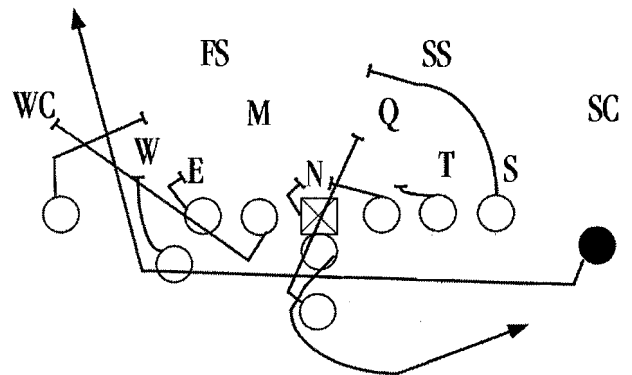
The first play is our Jet sweep. I will show you the play from three formations. Here is what it looks like from the ace set.

JET SWEEP

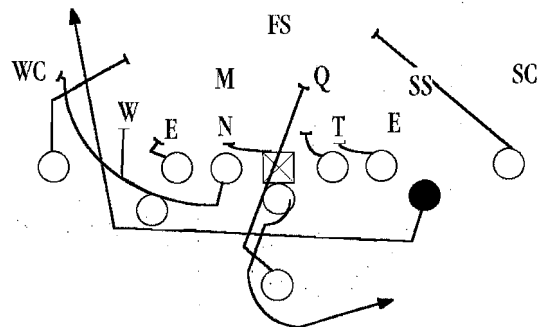


We can run the Jet from our deuce set against the 4-4 defense.

DEUCE FORMATION



We can run the Jet against the 4-3 defense from the empty set.



Rules for the Jet Sweep.

SE—Read crack block from FS to LB

S—Fire, on

SG—Pull and kick out contain

C—Fire, zone, backer

TG—Fire, zone, backer

TT—Fire, zone, backer

TE—Deep 1/3

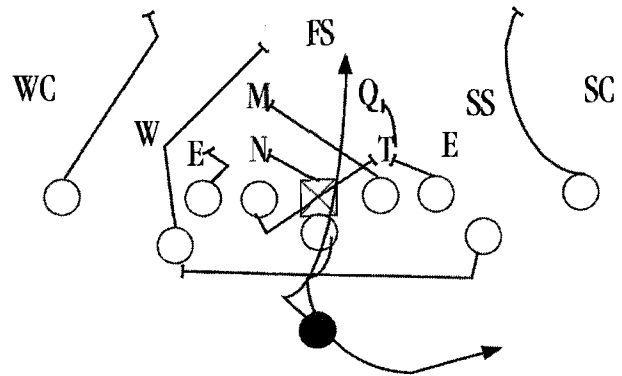
TB—Fire, on, backer

FB—Jab step, run trap path

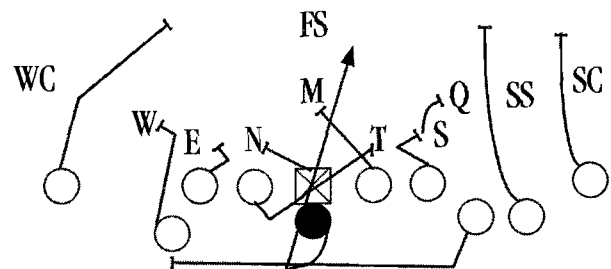
WB—Zip motion – receive ball and read block of SE and SG

QB—Open to TE side, hand ball to the WB, fake boot or waggle

JET TRAP



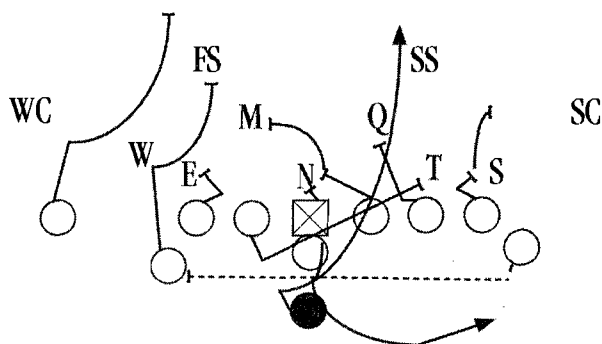
JET TRAP



We see a lot of 3- and 6-techniques to the tight-end side. On the split-end side, we see the 2- and 5-techniques. If the defense is playing sky coverage with the FS coming to the flats on the motion of the wingback, our SE will crack on him. If they are playing cloud coverage, the SE will crack on the scraping LB, and the SG will kick out on the contain player. Our QB will waggle or boot according to our game plan.

Our next play is our Jet trap. We want the play to look as much like the Jet sweep as possible. I will draw the Jet trap against all three defenses using the same three formations as the Jet sweep.

JET TRAP



SE—Stalk deep 1/3

ST—Shut down, LB

SG—Pull and trap #2

C—On, gap

TG—Gap, down, backer

TT—LB

TE—Deep 1/3

TB—Cut off to 1/3

FB—Run trap path

WB—Zip motion, fake Jet sweep

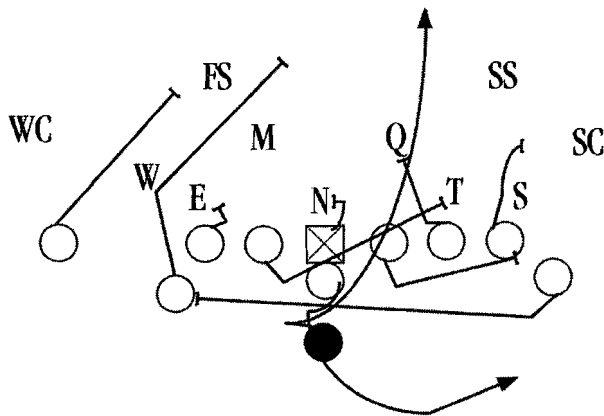
QB—Reverse out, fake Jet sweep, hand off on trap, run boot or waggle

We can run the trap to either side with this particular motion. We always trap the short side with a defensive tackle in the 1-technique. Our guard will make a short call, and the trapping guard knows he is

going to trap short instead of long. We like to keep the rules the same as much as possible.

The next play is the Jet sucker trap (SUBA) Against the 4-4 defense, we will not run the SUBA to the split-end side because we can not block the Mike LB. The SUBA to the TE side is a much better play because the Jet motion by the WB causes the Mike to scrape. We can run the play with either the TB or the WB motion depending on the formation.

JET SUCKER TRAP

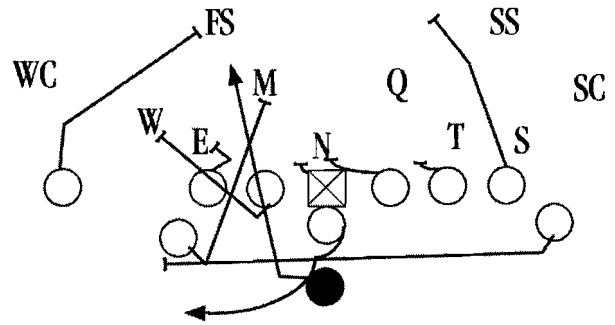


- SE—Stack deep _
- ST—Shut down
- SG—Pull, trap #2
- C—On, gap
- TG—Pull, kickout #3
- TT—Backer
- TE—Stack deep 1/3
- TB—Cut off
- FB—Run Trap Path
- WB—Zip motion, fake Jet
- QB—Fake Jet, hand off on trap, run boot or waggle

On all traps, we can run them to either side with motion from either the TB or WB.

The next play is the Jet belly. We want the WB to fake the Jet sweep. The FB and TB run the belly path, and the FB cuts off the blocks of the TB and split guard.

JET BELLY



- SE—Stalk 1/3
- ST—On, gap, down
- SG—Pull, kick out #3
- C—Fire, on, backer
- TG—Zone
- TT—Zone
- TE—Deep 1/3
- TB—Drop step, backer
- FB—Belly path
- WB—Zip motion, fake Jet
- QB—Reverse out, fake Jet sweep, hand off to fullback on belly and continue on option.

How many of the wing-T Coaches here run the wing-T sally play? It may be the best play in wing-T football. Some teams pull and trap on the sally. We do not trap on the sally. The frontside of the line runs

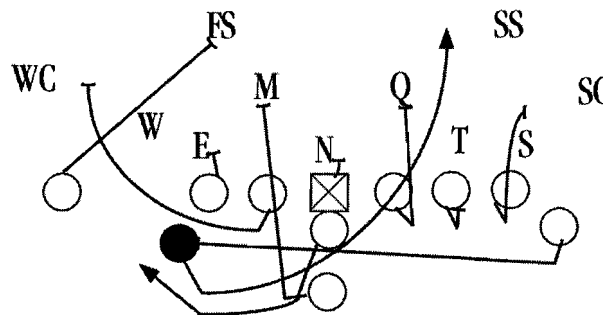
a Jet look, and the backside shows pass and blocks according to what the defense does. We want the tailback to fake a block on the DE, and then take three drop steps before he starts on his sally path. This gives him a better angle to hit the open seam. The wingback runs the Jet sweep and then blocks #3. The quarterback fakes the Jet sweep and hands the ball off inside to the TB and then continues on the waggle.

We needed another play to go back to the tight end-side other than the sally for our TB. We run the play to both sides. It is a counter trey off the Jet sweep look.

- SE—Stalk deep 1/3
- ST—On, gap, down
- SG—Pull and block contain if uncovered. If covered, block on or gap
- C—On, #2, #1
- TG—Pass set, block #2 or #1
- TT—Pass set, block #2 or #3 or #1
- TE—Pass set, block #3 to #4
- TB—Fake block on #3, drop three steps and receive ball on inside from the quarterback.
- WB—Fake Jet sweep, block #3
- FB—Lead on #1 to split-end side
- QB— Fake Jet sweep, sprint to SE. Hand ball to tailback on the inside, then run the waggle

We put this play in two years ago in the ninth game of the year. The first time we ran it, our tailback ran 75 yards for a touchdown. I thought it was a good play after that. We have been running it ever since. It is a better play against the 50 defense than against the 44.

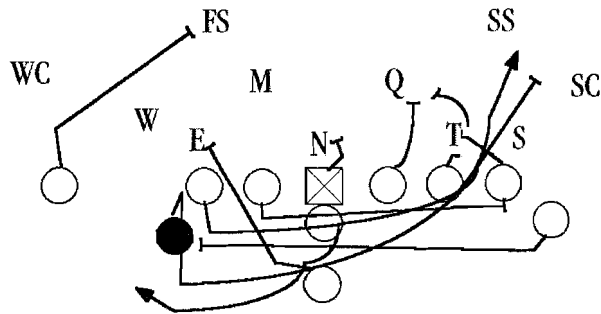
JET COUNTER



- SE—Stalk/deep 1/3
- ST—Pull and lead through on #4
- SG—Pull and kick out on #3
- C—On, gap, backer
- TG—On, gap, backer
- TT—On gap, down, backer
- TE—Gap, down, backer
- TB—Drop step three steps, receive ball on inside handoff, read block of SG and ST
- FB—Fill for pulling guard
- WB—Fake Jet and block 33
- QB—Fake Jet, hand ball to TB on inside, continue running option path

The next play is the Jet reverse. We can run it from several different formations. Again, we start the Jet sweep action, and the #1 receiver will become the ball carrier after a handoff from the Jet sweep player.

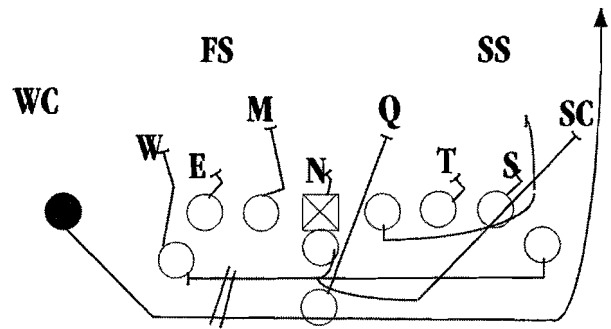
JET REVERSE



- SE—Cut down split, run reverse, receive the ball on the outside
- ST—On, gap, down
- SG—Fire, on, backer, pull
- C—Fire, on, backer
- TG—Fire, on, backer
- TT—Fire, on, backer
- TE—On, gap, down
- TB—On, gap, down, next level
- FB—Lead through B gap on LB
- WB—Receive ball on Jet, hand off to split end on outside
- QB—Handoff ball on Jet, lead on reverse

The next play is the Jet power sweep. There is no difference between the Jet power and the Jet sweep except we put our FB in a queen alignment (between the tackle and guard). We now have two lead blockers — the fullback and the SG.

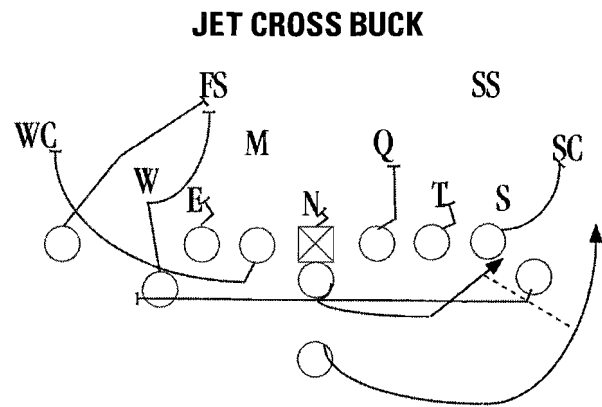
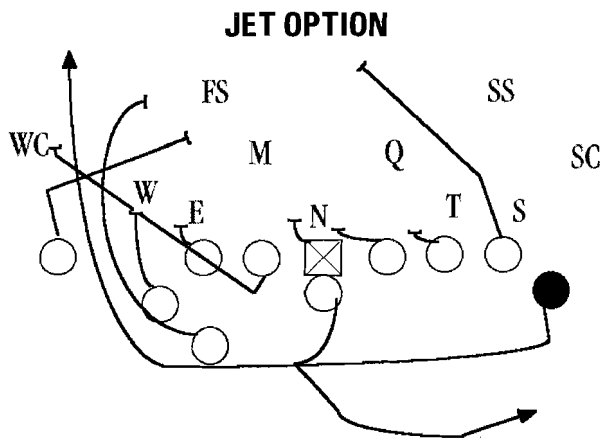
JET POWER SWEEP



- SE—Read crack block from FS to ILB
- ST—Fire, on
- SG—Pull and kick out contain
- C—Zone
- TG—Zone
- TT—Zone
- TE—Stalk deep 1/3
- TB—Fire, on
- FB—Queen alignment — lead block
- WB—Zip motion, receive ball, read block on free safety by the SE, SG, and FB
- QB—Handoff ball to WB, run waggie or boot

We lead with the FB, and everything else is the same as the Jet sweep. We can run the trap and sally from the queen formation, so we don't give away the fact that we are running the power sweep every time we align in the queen set.

The next play is the Jet option. We arc block on the #4 man with our tight end. We tell our quarterback to pitch the ball most of the time because we do not want him to run the football.



SE—Deep 1/3

ST—Zone, backer

SG—Zone, backer

C—Zone, backer

TG—Zone, backer

TT—Zone, backer

TE—Arc release on #4

TB—Deep 1/3

FB—Option path

WB—Fake Jet

QB—Fake Jet, run at #3, read for pitch

SE – Deep 1/3

ST – Fire, on

SG – Pull and kick out #2 or #3

C – Fire, on, chip

TG – On, gap, down, chip

TT – On, gap, down, chip

TE – Inside release, deep 1/3

TB – Drop step two steps, receive ball on outside handoff from quarterback, read block of pulling guard

FB – Fake veer dive, fill for pulling guard

WB – Zip motion, when wingback gets to the guard – turn inside on dive and block linebacker

QB – Fake dive to fullback, hand ball to tailback on outside and continue option path

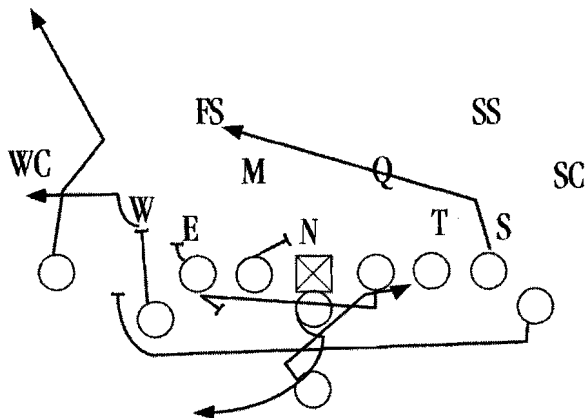
On the Jet cross buck, we can run it to both sides. We bring the wingback inside on the linebacker. He starts in motion, and the ball is snapped as he gets to the guard.

I will show these plays so you can see how they look in a game. If you have questions, let me hear from you.

The Jet waggle is identical to the waggle. The difference is that we can motion either the wingback or the tailback.

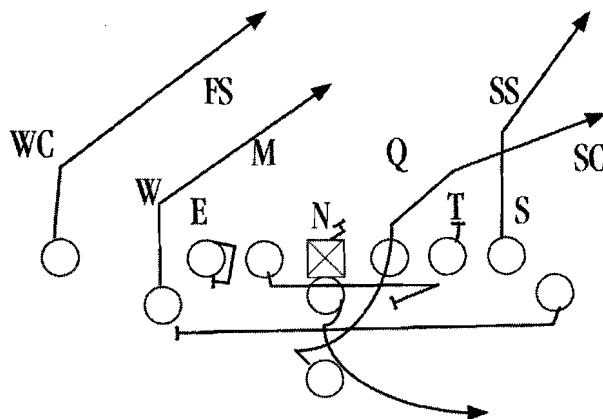
I want to get to the Jet Boot real quick. It is the same play you run out of the Wing-T offense.

JET WAGGLE



- SE—Post corner
- ST—On, gap, down
- SG—Pull and log #3
- C—Fire, on, backside
- TG—Sickle pull, to backside
- TT—Hinge block
- TE—Drag at 12 yards, post route if split
- TB—Fake Jet, block #3, release to flats at five yards
- FB—Flats at five yards, control step and block #3 to TE side
- QB—Fake Jet, fake to fullback, run waggle play

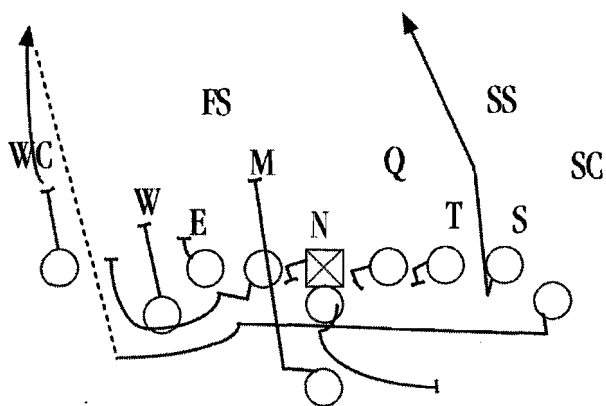
JET BOOT



- SE—Post, trail
- ST—Hinge
- SG—Sickle pull to backside
- C—Fire, on, backside
- TG—Pull and log #3
- TT—On, gap, own
- TE—Post corner
- TB—Drag at 12 yards
- FB—Fill for guard to five yards
- WB—Fake Jet and block #3
- QB—Fake Jet, fake to fullback, run boot

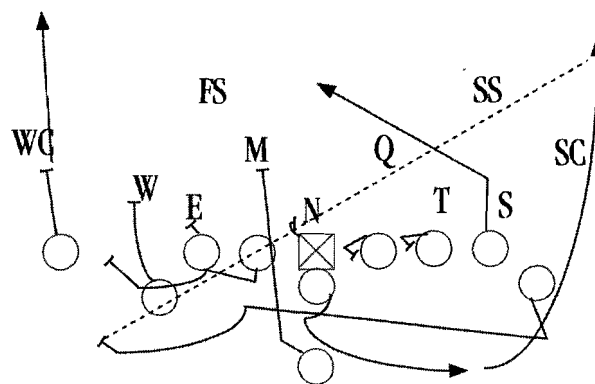
On the Jet pass, we make it a play-action pass. It is just like the run, except we throw the pass to the wide receiver.

JET PASS



SE—Post / fake block on corner – release deep
 ST—Hinge
 SG—Hinge
 C—Fire, on, backside
 TG—Pull and log #3
 TT—On, gap, down
 TE—Split if ball is coming to you – drag at 12 yards if going away
 TB—Fire, on / zip motion and throw the pass
 FB—Fill for pulling guard
 WB—Fire, on / zip motion and throw the pass
 QB—Hand off ball on Jet and block backside

JET THROWBACK PASS



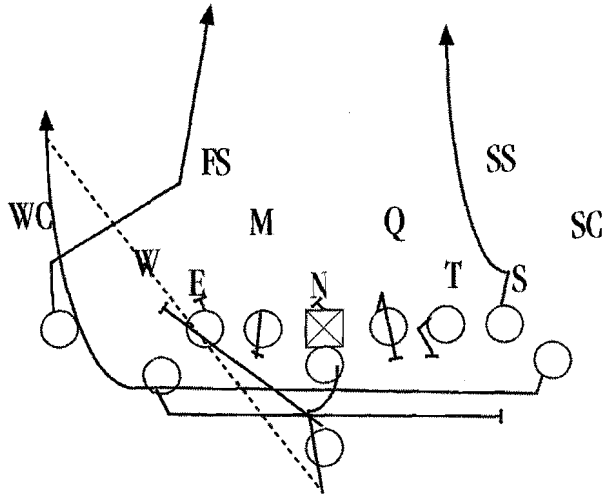
SE—Post pattern
 ST—Hinge
 SG—Hinge
 C—Fire, on, hinge
 TG—Pull and seal #4, to ballside
 TT—Fire, on
 TE—Drag at 12 yards if run to you, block #3 if Jet runs to your side
 TB—Run Jet – pass ball to quarterback, fire, on
 FB—Fill for pulling guard
 WB—Run Jet, pass ball to quarterback, fire, on
 QB—Hand ball on Jet run – run rail pass route

If the tailback is going to throw the pass, the wingback blocks inside. If the wingback is going to throw the pass, the tailback blocks inside.

Next, is our Jet throwback pass. This will keep the backside honest.

On our Jet reverse rail pass, we fake the Jet reverse. We like to throw the ball to the wingback down the sideline. The quarterback must make a good fake on the Jet and reverse.

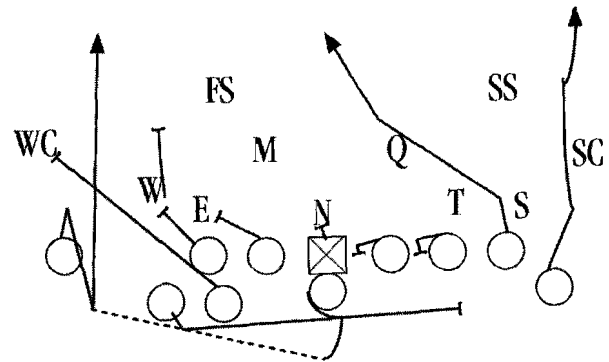
JET REVERSE RAIL PASS



- SE—Post pattern
- ST—Fire, on
- SG—Fire, on
- C—Fire, on
- TG—Fire, on
- TT—Fire, on
- TE—Skinny post
- TB—Fake reverse and block #3
- FB—Block #3 on TB side
- WB—Fake Jet and run rail pattern
- QB—Fake Jet, fake reverse, 3-step drop and read patterns

On our Jet screen pass, we can throw the ball to the split end or the Z-back. We can run it to both sides. We can motion the tailback or the wingback. We like to move the fullback up and run the man next to him in motion and screen to that side. We can run these plays from all of our formations. Let me show the Jet package on film. This is what we do with the Jet series.

JET X/Z SCREEN PASS



- SE—Take 2 steps forward – drip step – come back and look for ball
- ST—Pass block – release on WLB
- SG—Fire, on gap, hinge
- C—Fire, on, gap
- TG—Fire, on, gap, hinge
- TT—Fire, on, gap, hinge
- TE—Skinny post / if split, 2 steps forward and drop step/ look for ball
- TB—Fake Jet – drag at 12 yards
- FB—Block corner on play side
- WB—Fake Jet – skinny post
- QB—Fake Jet – throw ball to X or Z (called side).

I hope you have gotten an idea or two that may help you. If you have any questions, feel free to contact me. I will list my address and email if you want to contact me or anyone on our staff.

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